

May 6, 2026

Stay Planted

May Series: Built Different

Week Focus: Rooted And Built Up

Scripture – Psalm 1:1–3

“...that person is like a tree planted by streams of water, which yields its fruit in season...”

Devotional Reflection

Growth is not just about starting—it is about staying. Psalm 1 describes a life that is planted, not constantly moving. This kind of life is steady, consistent, and connected to a source that sustains it. Being planted means you are not easily shifted by circumstances or distracted by every change around you.

Many times, inconsistency comes from constantly moving—moving from habit to habit, focus to focus, or season to season without staying rooted long enough to grow. But growth requires stability. When you remain planted, you give your life the opportunity to develop over time. Staying is what allows growth to take place.

A planted life is not stagnant—it is positioned. It is positioned near a source that continually provides what is needed. This is why the scripture says the tree yields fruit “in its season.” Growth does not happen all at once, but it does happen when you remain connected. Consistency creates the conditions for fruitfulness.

There will be moments when staying feels difficult. You may feel like nothing is changing or like progress is slow. But these are often the moments where the deepest growth is happening. Remaining planted in those times strengthens your foundation and prepares you for what is ahead.

Today, make the decision to stay planted. Resist the urge to constantly shift or start over. Instead, remain consistent in what God has already placed before you. Growth is not just about what you begin—it is about what you continue.

Focus for Today

I stay planted so I can grow.

Practice

- Identify one area where you need consistency
 - Commit to staying with it this week
 - Resist the urge to switch or stop
-

Prayer

Lord, help me remain planted and consistent in what You have called me to. In Jesus name, Amen.

Reflection Question

Where do I need to stop moving and start staying?