

Hope in Hormones

The female body: uniquely designed, painfully fallen.

Gen 1v27-28, 31

Gen 3v16

“For you formed my inward parts;
you knitted me together in my mother’s womb.
I praise you, for I am fearfully and wonderfully made
Wonderful are your works; my soul knows it very well.” (*Psalm 139v13-14*)

The female disciple: defined by our hope not our hormones

1 Cor 6v19-20

2 Cor 4v16-17

Hormonal changes:

- 1. Remind us of our weakness**

- 2. Are an opportunity to grow in holiness**

Read Col 3v1-14

- How does Paul show us how we should train our minds and actions at all times (including during hormonal change)?
- What encouragement is there for us when we feel like it is an impossible struggle to be godly?

Implications:

- i.
- ii.
- iii.
- iv.
- v.

“Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing.” (*James 1v2-4*)

Panel reflections