

- II. Body
 - A. Spiritual Life is Found Only in Christ.
 - B. Spiritual Growth is Found Only in Christ
 - C. **Live With a Heavenly Perspective**

Live With a Heavenly Perspective

A Study in Colossians

I. **The Text - Colossians 3:1-4** (See Block Diagram handout)

II. **The Meaning**

A. Reference Point #1 - You have been _____ with Christ. (1a.)

1. Key words to note:
 - a) *If* then -

 - b) *Raised* with Christ -

B. Reference Point #2 - You have _____, and your life is _____ with Christ. (3)

1. Key words to note:
 - a) *For* -

 - b) You have *died* -

 - c) Your life is *hidden* with Christ -

C. Reference Point #3 - Aim for things that are _____. (1b-2)

1. Key words to note:
 - a) *Seek* -

 - b) *Set your minds* -

 - c) *Things above* -

D. The Contentment of a heavenly perspective. (4)

1. When we view our life from a heavenly perspective, we can be _____ knowing all we need in life we have in Christ and one day we will be together with Him in heaven.

III. The Application

Case Study: Michael

Michael sought counseling after his wife observed that he had become increasingly restless and irritable. Though financially stable and respected at work, he frequently expressed frustration about feeling “stuck” and unfulfilled. He spends significant time thinking about career advancement, financial growth, and recognition. When goals are reached, satisfaction is brief before new dissatisfaction sets in. Michael describes his life this way: “I thought by this point I'd feel like I made it. Instead, I feel like something’s missing. I just want to feel satisfied.” Though Michael professes faith in Christ, he admits that spiritual matters feel distant and secondary to everyday pressures.¹

Discernment Questions:

1. What encouragement or hope could you offer Michael before you start to correct some of his thinking?

2. As you listen to Michael, what do you discern as potential issues within his heart leading to his current struggle?

¹ Counseling Through Colossians – Session 6
Pete Potloff - Pastor of Biblical Counseling - Salem Heights Church – Salem, Oregon

3. What wisdom or direction does Colossians 3:1-4 offer these internal causes (root) for the presenting issues (fruit)?

4. What would exhortation look like for Michael?

5. What would be some good verses for Michael to memorize to help him to set his mind on things above?

6. What other counseling topics could this passage address?