

Who Told You That?

Sermon Based Questions

"Who Told You That? Part 4: You Are Your Desires" – Nathan Blais

Sunday, May 3, 2026

The sexual revolution told us desire is destiny, and millions have built their identity on that belief. But what if that foundation is collapsing under us? In this message, we dismantle the cultural lie that "you are your desires" and discover the life-changing truth of who God says we are, why our bodies matter, and how the gospel brings real freedom. **RATED PG**

Share

1. What's one part of your identity (job, hobby, role, etc.) that people most often associate with you?
2. Have you ever been labeled or defined by one thing in a way that felt too simplistic or inaccurate?
3. What's something about you that people might not immediately see but is important to who you are?

Discuss

4. Read *1 Corinthians 6:9–11*. What stands out to you about the phrase "such were some of you," and what does it suggest about identity and change?
5. Read *1 Corinthians 6:12*. What does Paul mean by "I will not be dominated by anything," and how does that challenge the idea of following every desire?
6. How does the cultural message "you are your desires" compare with what *James 1:14* says about desire?

Reflect

7. When you think about your own desires, are there any that feel like they've had too much influence or control in your life?
8. Read *1 Corinthians 6:19–20*. What does it mean to you personally that your body is a "temple of the Holy Spirit"?
9. Where do you feel tension between defining yourself and allowing God to define you?

Apply

10. What is one specific area of your identity or desire that you can intentionally surrender to God this week?
11. What is one practical way you can remind yourself daily that your identity comes from God, not from your desires or others' opinions?