

## INVITATION TO COMMUNION:

One: We rejoice in the God of life who gives us bread, the fruit of the earth worked with human hands, and who makes it into the bread of life. We rejoice in the God of life who gives us wine, the fruit of the vine tended with daily care, and who puts the flavour of the new world into it.

**Many: As the wheat and grapes are joined on this table in bread and wine – into a visual symbol for us – may our church join together into a visual symbol for the entire world.**

One: We are not alone!  
Lift up your hearts.

**Many: We lift them up to God.**

One: Let us give thanks to the Lord our God.

**Many: It is right to give our thanks and praise.**

### Words of Remembering:

Remember Jesus, the friend of sinners,  
who were the oppressed, the estranged, the weak, the sick,  
widows, orphans.

Remember Jesus, the one disliking of the common structure and  
power.

Remember Jesus, the one sharing of daily food in life.

Remember Jesus, the one liberating from a dictator.

We remember your suffering, Jesus, at your Last Supper. *(Korea, adapted)*

We remember Jesus by sharing the prayer that he taught his  
disciples:

**Our Creator....**

**Amen**

### Prayer of Consecration:

You emptied yourself completely, keeping nothing for yourself.

Now, naked, utterly stripped, you give yourself to us as bread that  
sustains us and as wine that consoles us.

You are Light and Truth

You are the Way and the Hope

You are Love. Grow in us. *(Guatemala)*

### Sharing of the Elements:

The ears of wheat are broken and scattered on the hillside to  
grow.

Gathered, they are broken again and scattered throughout the  
city to make bread.

The bread is scattered to each home and broken to make  
nourishment.

Broken and scattered, broken and scattered, and some becomes  
Christ's body broken for us as we are the people of God scattered  
through the city and, perhaps, broken to give nourishment to  
others. *(South Africa)*

Holy Mystery, God the Spirit,  
we call on you to transform these familiar things,  
as you continually transform the world around us.

Bless this bread and this cup,  
the wheat and the grape,  
the farmer and the harvest,  
the seed and the sower.

So that in the sharing of these simple elements in community,  
we may taste and see your goodness,  
so that we might catch a glimpse of what it is to be in communion  
with you and with one another.

**All: We receive this bread, broken, scattered, and made  
whole. We drink this cup, thirsty, longing, willing to be  
poured.**

### Distribution of the Elements:

**The gifts of God for the people of God.**

**Prayer of Thanksgiving after Communion:**

**We give you thanks, O Lord, for all food that has arrived at our table from your generosity. Bless the people who have made it possible, from the cultivation of the earth until it arrived to us. Give bread to those who are hungry, and to those who have bread give us hunger for you. Amen.**  
*(Mexico, grace contributed from an orphanage in Colima, may not be the original source)*

***INVITATION TO COMMUNION***



## GATHERING AS COMMUNITY

### PRELUDE

#### WELCOME & TERRITORIAL ACKNOWLEDGEMENT

*Hadih, Bundada hoonzoo*, welcome in the name of The Creator, the Christ, and the Holy Spirit.

**All: We are here, and we honour the ancestral and unceded lands of the Lheidli T'enneh people.**

One: We are grateful and we honour the millennia of stewardship, care, and relationship that the Lheidli T'enneh have with their key'oh. We are in relationship with them, with their sovereignty, with the land, and with the legacy of uninvited settlers.

**All: We gather this morning in celebration, proclaiming the Risen Christ and the promise of healing that the resurrection brings**

One: We proclaim publicly, intentionally and explicitly that every human being is cherished as a vibrant part of the Body of Christ on earth.

**All: Be present with God and with one another here**

One: Bless our community this morning, O God, with your breath, your presence, and your love.

### LIFE & MINISTRY

Prayer of Approach (unison)

**Creator God, we hear your wilderness cry from the depth of our souls and long to answer. We seek you out in the silence and beauty of nature, in the sound of the birds, the rustling trees, the lapping water, and the crunching of branches. Our eyes and ears are opened to your presence in the newness of day, the brisk air, and the colours of the sunrise. Be with us in this time of storytelling and memories, guiding us along the forest's edge into oneness with you. May we follow faithfully the way of Jesus in this and all the paths of our lives. Amen.**

### THE PEACE OF CHRIST

The peace of Christ be with you!  
**And also with you.**

### SHARING THE PEACE OF CHRIST – Lheidli Dakelh

Peace of Christ be with you – Dez-ghel nawhulh 'unt'oh  
And also with you – Cha nyulh 'unt'oh

† HYMN: *Come In, Come In and Sit Down* **VU#395**

#### CALL TO WORSHIP (Responsive)

One: God, our creator, has crafted the cosmos with their love

**Many: Our lives are an echo of God's breath over the waters**

One: The Holy One has crafted this earth, this water, this air that sustains us

**Many: Our lives are made, breath by breath, from these elements**

One: Divine Mystery weaves a pattern of connection with our bodies, the earth, and with one another

**Many: Our lives are held in sacred community by the Spirit. She draws us into the centre of the ever-unfolding story of God's love.**

One: Let us rejoice and worship knowing that God is abundance; knowing that the Body of Christ thrives when all people are held sacred;

**Many: Come, let us walk in this good way, let us belong to one another, just as we belong to God**

#### LIGHTING THE CHRIST CANDLE:

#### GROUNDING IN THE HOLY ONE

EMBRACING GOD'S LOVE AND GRACE (Unison)

God's love and grace is all around us; it is within us, entwining our spirits together in sacred community where each person is affirmed just as they are. We sing of the infinitely-faceted diversity of creation as the true image of God. Grateful, we sing of God the Spirit, animating all energy and matter and moving in the human heart. God's grace is meant for us, freely given. Nothing can separate us from the love of God. Amen

† HYMN: *My Love Colours Outside the Lines* **MV#138**

## A STORY FOR THE AGES

*Lectionary@Home: Acts 7:55–60, Psalm 31:1–5, 15–16, 1 Peter 2:2–10, John 14:1–14*

**FOCUS READING: Acts 7:55-60**

**New Revised Standard Version Updated Edition**

WA: Hear what The Spirit is saying to the church

**All: Thanks be to God.**

**ANTHEM: Come Christians, Join to Sing**

**SERMON: The Way**

**HOLY QUIET**

### BEING THE CHURCH THROUGH SERVICE

† **HYMN:** *For Everyone Born (A Place At The Table)* **TLUS# 23**

**INVITATION TO COMMUNION:** *(SEE INSERT)*

**PRAYERS OF THE PEOPLE (Responsive)**

**SHARING OUR GIFTS FOR MINISTRY**

**OFFERTORY PRAYER (Unison)**

God of abundance and creativity, receive our offerings as they are held up to you now: offered in hope, and in hope against hope, offered from pockets half-empty and overflowing, offered from lives busy and spare. We offer these gifts that they may be transformed by the hands of your community to midwife your loving vision of the world into being. We bring whole selves that we may share in the co-creation of your kin-dom. Holy One, we ask that you would bless these gifts, and multiply them for the crafting of an affirming world.

Amen.

† **HYMN:** *Hallelujah, Hallelujah, Give Thanks* **VU#179**

† **COMMISSIONING & BLESSING**

† **HYMN:** *You Shall Go Out With Joy* **VU#884**

**POSTLUDE**



## Trinity United Church

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*You are...Wanted...Valued...Included...Affirmed*

**Sunday, May 3<sup>rd</sup>, 2026 - 10:00 AM**

**Easter 5 – Mental Health Sunday**

† indicates stand as you are able

MV = More Voices

**Bold** indicates participation by the people

**VU** = Voices United

Core Values: Living Faith - Inclusive Fellowship  
Joyful Service – Being Anti-Racist – Affirming All



**PARTICIPATING IN WORSHIP LEADERSHIP TODAY:** *Worship Leader – Rev. Dr. Kendra Mitchell-Foster; Worship Assistant – Marilyn Blair; Pianist – Vic Steblin; Trumpet Player – Diane Kjørven; Choir Director – Erica Skowron; Associate Choir Director – Diane Kjørven; Adult Choir; Digital Ministry – Rebecca Fillier & Fya Garbutt*