



The Lord is risen!
Alleluia!

On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

May 3, 2026
Fifth Sunday of Easter



Welcome!

We are so glad you have come to St. Mark's today!

In this place we do two primary things: we give thanks to God and pray for the world. If there is something on your heart you need to share with God, this is the right place to share it.

*You are God's Beloved Child, and you belong **here**.*

This morning in worship...

It is still Easter - three more weeks of it. Today we hear Jesus say, "Do not let your hearts be troubled." In a world of uncertainty, this can feel like a hard word to receive. In this Year of Invitation, you are invited—to trust, to rest in Christ, and to discover the way that leads to life.

Altar flowers are given today by **Betty-Ann and Ian Bainbridge** to the Glory of God with deep gratitude for all of God's blessings and for all our volunteers who give so much of themselves to help St. Mark's be a loving, vibrant and joyful church. To dedicate flowers, please sign up on the flower chart in the hall and let the office know your dedication.



Today's Scripture

From Introductions to the Lessons by Bill Bennett.

The Acts of the Apostles 7:55-60 The end of the story of Stephen, the first Christian martyr.

The First Letter of Peter 2:2-10 This reading contains a rich tapestry of images, most of which connect with images from the Old Testament. They all set the qualities of a new life in Christ.

John 14:1-14 The path of discipleship has already been created by Christ. His unique relationship with God is underlined.

St. Mark's Kids Club

Our children are a valued and cherished part of our community. As we continue to discern how best to support the spiritual lives of God's youngest members, there may be some Sundays when Kids Club does not meet. On those days, please make use of the activity tables, and remember: Jesus delights in the pitter-patter of little feet, and in the joyful noise and wonder of children.

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.

Next Week: May 10

Sixth Sunday of Easter

Acts 17:22-31; Psalm 66:7-18; 1 Peter 3:13-22; John 14:15-21

The Reverend **Peter Smythe** of the Mission to Seafarers preaches.



the Gathering of the Community

Alleluia! Christ is risen.

The Lord is risen indeed. Alleluia!

May his grace and peace be with you.

May he fill our hearts with joy.

Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Better Is One Day

Matt Redman

**How lovely is your dwelling place,
O Lord Almighty.**

For my soul longs and even faints for you.

**For here my heart is satisfied
within your presence.**

I sing beneath the shadow of your wings.

***Better is one day in your courts,
better is one day in your house,
better is one day in your courts
than thousands elsewhere.***

One thing I ask and I would seek:

to see your beauty,

to find you in the place your glory dwells.

**My heart and flesh cry out
for you, the living God.**

Your Spirit's water for my soul.

I've tasted and I've seen.

Come once again to me.

I will draw near to you,

I will draw near to you.

Come into His Presence

Unknown

**Come into God's presence singing
"Alleluia, alleluia, alleluia."**

**Come into God's presence singing
"Jesus is Lord, Jesus is Lord, Jesus is
Lord."**

**Praise the Lord together singing
"Worthy the Lamb, worthy the Lamb,
worthy the Lamb."**

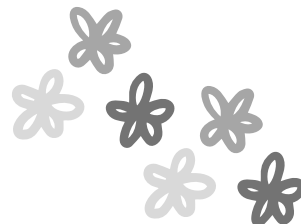
**Praise the Lord together singing
"Glory to God, glory to God, glory to
God."**

Risen Christ,

**give us grace to love one another, to
search for truth and to walk in the
ways of justice and peace, so that we
may abide in the Father's love always.
Amen.**

Commissioning of the Children

We have a wonderful program for your child this morning. They will return for Communion. Please note that all our children's workers have had a criminal record check and are approved by the Diocese of New Westminster to work with vulnerable people.



The peace of the Lord be always with you.

And also with you!

the Proclamation of the Word

We have large-print versions of the Scripture available for those who need one. Please ask a greeter for one.

The Acts of the Apostles (7:55-60). Listen
for God's Word.

Our hearts are open.

Psalms 31

In you, O Lord, have I taken refuge;
let me never be put to shame;

deliver me in your righteousness.

Incline your ear to me;

make haste to deliver me.

Be my strong rock, a castle to keep me safe,

for you are my crag and my stronghold;

for the sake of your name,

lead me and guide me.

Take me out of the net

that they have secretly set for me,

for you are my tower of strength.

Into your hands I commend my spirit,

for you have redeemed me,

O Lord, O God of truth.

My times are in your hand;

rescue me from the hand of my enemies,

and from those who persecute me.

Make your face to shine upon your servant,

and in your loving-kindness save me."

The First Letter of Peter (2:2-10).

Listen for God's Word.

Our hearts are open.

Celtic Alleluia

Christopher Walker, Fintan O'Carroll

Alleluia!

The Lord be with you.

And also with you.

The Holy Gospel

of our Lord Jesus Christ according to John.

Glory to you,

Lord Jesus Christ

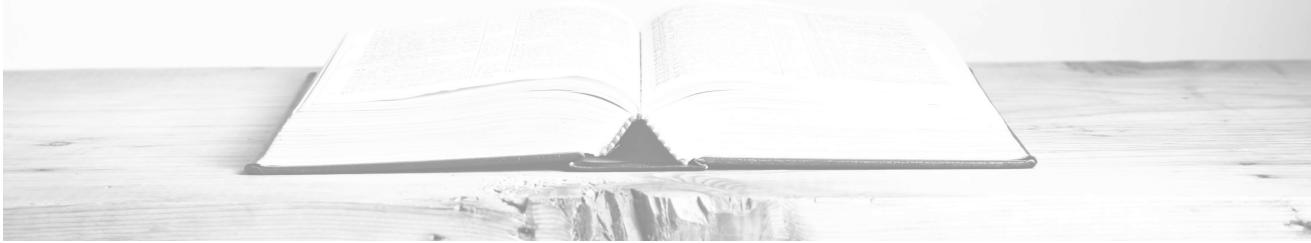
John 14:1-14

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Sermon Notes



The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through whom all things were made; who, for us and for our salvation came down from heaven; who by the power of the Holy Spirit became incarnate from the Virgin Mary, and was made human; who for our sake was crucified under Pontius Pilate; who suffered death and was buried; who, on the third day, rose again in accordance with the scriptures; who ascended into heaven and is seated at the right hand of the Father; who will come again in glory to judge the living and the dead, and whose kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father; who with the Father and the Son is worshipped and glorified; who has spoken through the prophets; we believe in one holy catholic and apostolic Church; we acknowledge one baptism for the forgiveness of sins; we look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

the Celebration of the Eucharist

*We collect our tithes and offerings and present them to the Lord. We give thanks to God for your generosity to the ministry of this community. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. **Today we use Eucharistic Prayer 1 from the BAS.***

My Redeemer Lives

Reuben Morgan

**I know he rescued my soul,
his blood has covered my sin.
I believe, I believe;
my shame he's taken away,
my pain is healed in his name.
I believe, I believe.**

**I'll raise a banner,
'cause my Lord has
conquered the grave.**

My redeemer lives!

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks

to the Lord our God.

**It is right to give
our thanks and praise.**

The priest continues in prayer.

Sanctus

Per Harling

You are holy, you are whole.

**You are always ever more
than we ever understand.**

You are always at hand.

Blessed are you coming near.

**Blessed are you coming here
to your church in wine and bread,
raised from soil, raised from dead.**

**You are holy,
you are wholeness, you are present.**

Let the cosmos praise you, Lord!

Sing hosanna in the highest!

Sing hosanna! Sing hosanna to our God!!

The priest continues in prayer.

The Lord's Prayer

Mallotte

**Our Father, which art in heaven, hallowed by thy
name. Thy kingdom come, thy will be done on
earth as it is in heaven. Give us this day our
daily bread, and forgive us our debts, as we
forgive our debtors. And lead us not into
temptation but deliver us from evil; for thine is
the kingdom, and the power, and the glory,
forever. Amen.**

Lord, we died with you on the cross.

Now we are raised to new life.

We were buried in your tomb.

Now we share in your resurrection.

Live in us, that we may live in you.

Alleluia! Alleluia! Alleluia!

The gifts of God for the Children of God.

Thanks be to God.

All are invited to receive Communion.

Prayer for healing is offered during communion on the right side of the sanctuary.

His Eye is on the Sparrow

Charles Gabriel & Civilla Martin

Why should I feel discouraged?

Why should the shadows come?

Why should my heart be lonely

and long for heaven and home

when Jesus is my portion?

My constant friend is he:

his eye is on the sparrow,

and I know he watches me.

His eye is on the sparrow,

and I know he watches me.

I sing because I'm happy,

I sing because I'm free;

For his eye is on the sparrow,

And I know He watches me.

"Let not your heart be troubled."

His tender words I hear;

and resting on his goodness,

I lose my doubt and fear.

Tho' by the path he leadeth

but one step I may see:

his eye is on the sparrow,

and I know he watches me.

His eye is on the sparrow;

and I know he watches me.

Common Praise 569

Come, my Way, my Truth, my Life:

such a way as gives us breath,

such a truth as ends all strife,

such a life as killeth death.

Come, my Light, my Feast, my Strength:

such a light as shows a feast,

such a feast as mends in length,

such a strength as makes his guest.

Come, my Joy, my Love, my Heart:

such a joy as none can move,

such a love as none can part,

such a heart as joys in love.

Common Praise 500

Sister, let me be your servant,

let me be as Christ to you;

pray that I may have the grace

to let you be my servant too.

We are pilgrims on a journey,

fellow travellers on the road;

we are here to help each other

walk the mile and bear the load.

I will hold the Christ-light for you

in the night-time of your fear;

I will hold my hand out to you,

speak the peace you long to hear.

I will weep when you are weeping;

when you laugh I'll laugh with you.

I will share your joy and sorrow

till we've seen this journey through.

When we sing to God in heaven,

we shall find such harmony,

born of all we've known together

of Christ's love and agony.

Brother, let me be your servant,

let me be as Christ to you;

pray that I may have the grace to

let you be my servant too.

Announcements & Celebrations

Glory to God,

whose power, working in us, can do

infinitely more than we can ask or

imagine. Glory to God from generation

to generation, in the Church and in

Christ Jesus, for ever and ever. Amen.

Blessing

Common Praise 430

**Will you come and follow me
if I but call your name?**

**Will you go where you don't know
and never be the same?**

**Will you let my love be shown,
will you let my name be known,
will you let my life be grown
in you and you in me?**

**Will you leave yourself behind
if I but call your name?
Will you care for cruel and kind
and never be the same?
Will you risk the hostile stare
should your life attract or scare?
Will you let me answer prayer
in you and you in me?**

**Will you let the blinded see
if I but call your name?
Will you set the prisoners free
and never be the same?
Will you kiss the leper clean
and do such as this unseen,
and admit to what I mean
in you and you in me?**

**Will you love the "you" you hide
if I but call your name?
Will you quell the fear inside
and never be the same?
Will you use the faith you've found
to reshape the world around,
through my sight and touch and sound
in you and you in me?**

**Lord, your summons echoes true
when you but call my name.
Let me turn and follow you
and never be the same.
In your company I'll go
where your love and footsteps show.
Thus I'll move and live and grow
in you and you in me.**

Alleluia! Alleluia! Go forth into the world,
rejoicing in the power of the Spirit!

Thanks be to God! Alleluia! Alleluia!

*Lyrics are printed with permission through:
CCLI 445657, OneLicense A-727134*



Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark - Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the greeter, or the priest.

Donations can be made
by **cash** or **cheque**

(made out to the Parish of St. Mark - Ocean Park),

by **Pre-Authorized Debit (PAD)**,
at the **Electronic Donation Station (EDS)** in
the foyer (please ask the usher for assistance),
by **e-Transfer** at

stmark.op.treasurer@gmail.com, or
through **CanadaHelps** on our website.

If you would like donation **envelopes**, please
connect with the office.

All donations will receive a tax-receipt in
February of the following year.



The Pulse

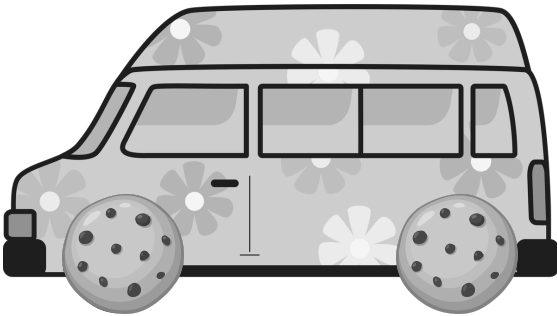
Youth News

Youth Group
Grades 8 - 12
Fridays from 7 - 9 pm

This Week:

Flour Power Night!

the power of flour
to make the world go 'round.
Bring a friend!



News for Kids & Families

Sunday Videos!

Check out our YouTube channel each Sunday for great videos to watch with your children!

est.mark-oceanparkanglicanc3043

St. Mark's Kids Club

Offered during the service when volunteers are available.



The Lunch Basket is given this week by **Maha Sarraf and Kingsley Griffin** with thanks to God for His great glory, and in gratitude for his love and many blessings.



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at lynnehl@telus.net. She will share your request with a community of faithful intercessors!

To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the back of the sanctuary, connect with **Michael** at michael@klaverrealtor.ca, or contact the office.

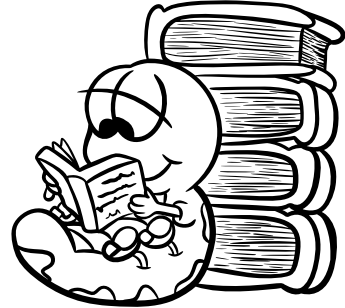
Library News

It's Not Supposed to Be This Way: Finding Unexpected Strength When Disappointments Leave You Shattered

by Lysa TerKeurst

Find hope and assurance in God's faithfulness when it feels like your world is crumbling.

New York Times bestselling author Lysa TerKeurst invites you into her own journey, amid heart-shattering circumstances, and shows you how to live assured when life doesn't turn out how you expected.



News & Events

This week at the Parish

Wednesday	Morning Prayer, 10 am
Thursday	Contemplative Prayer 7 pm Choir Practice 7:30 pm
Friday	Sr. Youth Group 7:00 pm

New-Comers Gathering

May 24, following the 10am service

New to St. Mark's, or feeling new? Join us for a simple lunch on Pentecost Sunday. It's a relaxed chance to meet others, share a bit of your story, and learn more about our community – no pressure, just connection.

Sign up on the table in the entry!

Donations for ACW Place

It's that time of year when **ACW Place** prepares baby bales for new mothers in communities in northern BC/YT. We are collecting **NEW layette items for infants up to 12 months.**

ACW Place is also looking for **donations of travel size toiletries.**

Be sure to check the **Community Bulletin Board** in the hall for upcoming events at and around the Parish!

36th annual South Surrey Garden Club Plant Sale

Saturday May 9th
9am to Noon
southsurreygardenclub.ca



Handel Society of Music Choir and Baroque Orchestra Spring Concert

Saturday May 16th at 7:30pm
handelsociety.ca

Recycle with Purpose

Thank you for supporting our church through your refundables – every return makes a difference!

Please take bottles and cans directly to a Return-It depot. Pre-tagged bags and instructions are available in the hall, or use your own bag and enter 604-535-8841 at the kiosk to print a sticker.

Clergy Conference

This week the clergy of the diocese will meet in White Rock for the annual Clergy Conference. Please keep them in your prayers!

Loon Lake Retreat May 15-17

Facilitated by: the Reverends **Peter Elliott, Lorie Martin** and textile artist Mr. **Thomas Roach**.

The Centre's annual retreat at Loon Lake offers exquisite space to come away and enter a sacred time of silence, nature, spiritual practice, community connecting, learning, and creative expression.

Visit thecentreforspiritualrenewal.org for registration details!

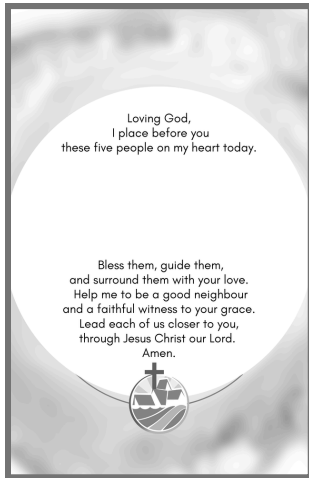


The Spirituality of Invitation

Take a copy of this booklet and begin exploring how God is inviting you to live, pray, and reach out to others in this Year of Invitation.

Baptism Sunday

We will celebrate the new life of Jesus through baptism at the 10am service on **June 28**. If you would like to be baptized, or know someone who might be, please get in touch with David.

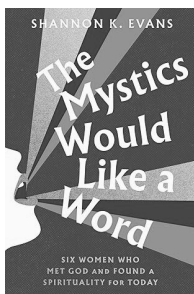


Pray for 5

As part of our Year of Invitation, you are invited to pick up a "Pray for 5" card from the entryway. Write down the names of five people in your life and commit to praying for them regularly—that they may know God's love, peace, and presence.

This is a simple but powerful practice. Prayer opens hearts—ours and theirs—and prepares the way for invitation, relationship, and grace.

Pick up a card this Sunday and begin.



Lent/Easter Book Study with Father Dara Thursday at 6pm

The Mystics Would Like a Word:

Six Women Who Met God and Found a Spirituality for Today

May 7, Julian of Norwich



Jesus often connected love with generosity. He spoke about sharing bread with the hungry, giving clothing to those in need, and caring for the poor. Love, in the way of Jesus, **moves beyond good intentions into concrete action.**

Generosity is not only about money. It includes giving our time, our attention, our encouragement, and our resources. Sometimes generosity looks like donating to a cause. Other times it looks like offering help when someone feels overwhelmed.

The spiritual practice of generosity reminds us that everything we have ultimately comes from God. As we pray in the old words of our tradition: *"All things come of you, and of thine own have we given thee."* When we give freely, we participate in God's own generosity toward the world.

Spiritual Practice #2: Holy Giving

Small acts of giving can have surprising impact: **bringing a meal** to someone who is sick, **helping a neighbour** with yard work, **supporting a local charity**, or **encouraging someone** who feels discouraged.

When generosity becomes a habit, our hearts begin to change. We learn that love grows when it is shared.

Generous God, you have given us so much. Free our hearts from fear and teach us to share what we have with joy. May our generosity become a sign of your love in the world. Amen.

Daily Bible Readings

Monday Matthew 6:1-6, 16-18 Wednesday Matthew 6:19-24 Friday Matthew 7:1-12
Tuesday Matthew 6:7-15 Thursday Matthew 6:25-34 Saturday Matthew 7:13-21



the Parish of St. Mark - Ocean Park
STMARKBC.ORG

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