

COMPOSE NEWSLETTER

March Monthly Newsletter - Who is Preaching, What is Happening in March at Southwood, Recap of Events

Newsletter will be sent on March 2, 2026

Southwood United Church

March Monthly Newsletter - Who is Preaching, What is Happening in March at Southwood, Recap of Events



March Reflections

Please Join Us @ 10:30 am

- March 1 - Simpson Gilbert
- No Sunday School
- March 8 - Rev. Dr. Stephen Harper
- March 15 - Rev. Dr. Lisa Waites
- No Sunday School
- March 22 - Rev. Dr. Stephen Harper
- March 29 - Rev. Bob Mutlow



Prayer Shawl Ministry

Wednesday, March 4th from 1:00 - 2:30 pm

Please join us for fellowship, bring your knitting or crocheting to work on, share tips and leave a bit more lighthearted.

All are welcome to join us!



Drop In Coffee Time

Friday, March 13th from 1:30 - 3:00 pm

Please note that there is no coffee time on March 6 as it has moved to March 13th. There will be no coffee time in April as the first friday of April is Good Friday.

You are welcome to join us on Friday, March 13 for a beverage and to share in the conversation.

This is a wonderful chance to re-acquaint yourself with others or meet new-to-you folks.

We meet in the Fireside Room. Come for what ever time you have available.



Coping & Caring Ministry

No March Meeting

Please note there is no meeting in March and will resume again in April.

Please come and join us for our monthly meeting in the Fireside Room. Our meetings are on the second Wednesday of the month.

Life sometimes needs a helping hand and this group offers support through those times.



Southwood Church Women (SCW)

Monthly Meeting

The next SCW meeting will be Thursday, March 12th at 1:30 p.m.

Please join us for a time of conversation and coffee. Please remember that all women of Southwood are automatically members of SCW.

We look forward to seeing you there.



March Senior Congregant & Friends Luncheon

Friday, March 20th at 11:00 a.m.

Starting at 11 a.m., there will be entertainment from the Prairie Mountain Fiddlers followed by lunch.

Congregants and up to 3 friends can be signed up for the luncheon. See below for the signup.

Beginning Monday, March 16th, if there are spots available, the waiting list will be used to fill the open spots. If space permits, then registration will be available on our website.

Anyone else can call 403-253-2979 and leave a message or email the office at office@southwoodchurch.ca

Registration fills up fast so don't delay!

Please note that the signup software says volunteer but it is used for our signups.

For more information visit:
<https://volunteersignup.org/PRRBR>

Volunteer Luncheon Signup - WE NEED HELP!

Thursday, March 19th & Friday, March 20th

Welcome to the Volunteer Seniors Luncheon sign up. There will be a sign up each month for anyone who would like to help for this event.

We will need help for prepping on Thursday and on Friday for set up, serving and clean up. All are welcome to join us in reaching out to serve others.

For more information visit:
<https://volunteersignup.org/RMYDH>



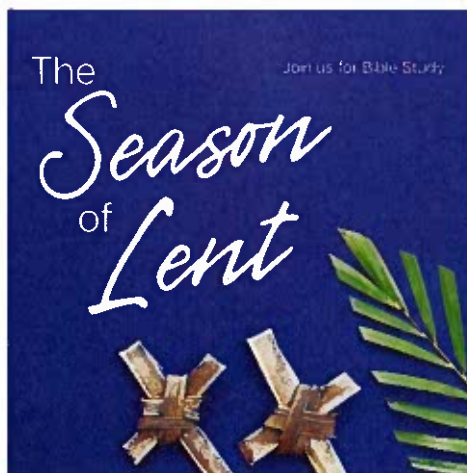
Sunday Morning Coffee Setup

We are looking for people to sign up to make coffee before service on Sunday mornings and then to clear up after Coffee Time after the service.

We need 3 people for each before and after per Sunday. This is a fun and easy job! Instructions will be provided.

Thank you for your help.

For more information visit:
<https://volunteersignup.org/RQL9D>



Lent Bible Study

February 25th - April 8th

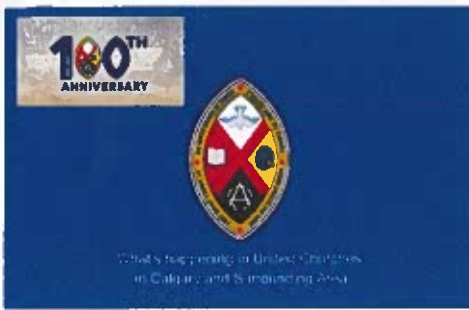
Jan McLean will be leading a Learning Circle Wednesday mornings from 11:00 am to noon. The circle will run February 25-April 8.

We will be following "The Hardest Part"- a Lent study guide recommended by Stephen Harper, our new part-time minister.

Each lesson is stand alone, so please feel free to come to any session.

Registration is not required. There is no cost and print copies will be made available or the guide can be found online at

https://katebowler.com/seasonal_devotional/the-hardest-part/#group



Happenings in Calgary United Churches

Following are the highlights of happenings in United Churches in Calgary and surrounding areas. See posters on bulletin board for details for these events and others.

World Day of Prayer - Friday, March 6th - Prepared this year by "Nigerian Christian Women" and sponsored in Canada by the Christian Women's Inter-Church Council. Check out the bulletin board for more details.

"Toward 2035" - "Introduction to the National Resource for Congregations" - Chinook Winds Executive Minister - Treena Duncan, McDougall United Church, Saturday, March 14 at 10:00 am

- *Every congregation is encouraged to get involved in "Toward 2035" - Church Board Members and Church Leaders - come and learn how to present this program in your church.*
- *Meet at McDougall for "Coffee & Muffins" and join in a 90 minute workshop with Treena Dunca - Watch for more information.*

"Then Let Us Sing"- New Hymn Book Introduction - McDougall United Church, Friday, May 22nd at 7:00 pm followed by Strawberry Shortcake

- *This is a city-wide and beyond Calgary event - come and get introduced to the new resource.*
- *Invite your choirs and any who would like to join in this singing event led by Rev. Joanne Anquist,*
- *Hymn Book Committee Member, the Rev. Dr. Lisa Waites will be participating.*

Donations of Clothing & Footwear, Central United Church. They are reaching out to the wider community for donations of clothing and footwear for adults. There is a bin available at the Southwood United Church main entrance between the double set of doors where these items can be placed. Last week there were three large trolleys of items picked up for this worthy cause.

Check out the bulletin board for more events happening around Calgary.



Recap of Southwood Church Happenings!

Month of March

March 1 - Worship Service @10:30 a.m.

- No Sunday School

March 3 - Prayer Group @10:00 a.m.

- Worship Meeting @11:00 a.m.

March 4 - Prayer Shawl Ministry @1:00 p.m.

March 5 - Creative Conversations @10:00 a.m.

March 6 - Canceled til March 13th

March 8 - Worship Service @10:30 a.m.

Clocks move forward at 2:00 am this morning

March 10 - Prayer Group @10:00 a.m.

- Worship Meeting @11:00 a.m.

March 11 - Coping & Caring, no March Meeting

March 12 - Creative Conversations @10:00 a.m.

- SCW Monthly Meeting @1:30 p.m.

March 13 - Drop In Coffee Time @1:30 p.m.

March 15 - Worship Service @10:30 a.m.

- No Sunday School

March 17 - Prayer Group @10:00 a.m.

- Worship Meeting @11:00 a.m.

March 19 - Creative Conversations @10:00 a.m.

March 20 - Senior Congregant & Friends Luncheon @11:00 a.m.

March 22 - Worship Service @10:30 a.m.

March 24 - Prayer Group @10:00 a.m.

- Worship Meeting @11:00 a.m.

March 26 - Creative Conversations @10:00 a.m.

March 29 - Worship Service @10:30 a.m.

