



Fighting the Flesh: Part 1

April 26, 2026

Good morning C3 family! Today are going to be learning about a topic that gets frequent discussion in Christian faith, it's the battle we have with the flesh. This will be a two-part sermon that we will start today and finish next week as we dive in to the book of Romans to see what the apostle Paul wrote about this topic through the inspiration of the Holy Spirit, to guide us and help us with the fight!

Scriptures: Romans 7:7–25, Matthew 26:41

1. The _____ reveals _____, it is not the problem. _____ is the problem.

⁷What shall we say, then? Is the law sinful? Certainly not! Nevertheless, I would not have known what sin was had it not been for the law. For I would not have known what coveting really was if the law had not said, "You shall not covet." Romans 7:7

2. The battle with our flesh is _____ and it is _____.

¹⁷As it is, it is no longer I myself who do it, but it is sin living in me. Romans 7:17

3. You _____ this fight with _____ alone.

⁸For I know that good itself does not dwell in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. Romans 7:18

⁴¹"Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak." Matthew 26:41

4. Our battle with the flesh reveals a _____.

²⁴What a wretched man I am! Who will rescue me from this body that is subject to death? Romans 7:24

5. Jesus is the only one that can _____.

²⁵Thanks be to God, who delivers me through Jesus Christ our Lord! Romans 7:25a

Application:

Jesus didn't come to make you outwardly better, by trying harder, or covering your sinful nature. He came to SAVE YOU! To give you a new heart and a new nature, to be filled with the Holy Spirit to produce fruit of the Spirit.

- Stop trying to save yourself and start surrendering to the Savior.
- Victory starts with surrendering control to Christ.
- You don't overcome sin, you are rescued and saved from it by Jesus Christ.