SIDE A

the GARDEN life church

Forgiveness Activation

"...if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses."

-Jesus (Matthew 6:14-15)

Spiritual activations are processes of awakening and intentionally expressing one's spiritual potential, which can include a profound shift in awareness, a greater sense of purpose, or the active demonstration of love and compassion. It involves practices such as meditation, prayer, and ethical action and is a direct response to the prompting of the Holy Spirit. This activation moves beyond passive belief to actively embody spiritual principles in daily life.

Renounce the offense

When we renounce the offense, we are not disregarding the action. We are disconnecting ourselves from the annoyance and resentment that were byproducts of the action.

Rebuke the inner pride

Pride rose up in us when that action occurred because often we believe we are stronger and more impenetrable than we actually are in this moment. Let's come to grips with the fact that we are human beings, vulnerable and susceptible to violation.

Release the fear

Often, we withhold forgiveness because we fear that forgiving them would give them a license to do it again. However, we cannot lead a productive future out of fear; we must live in faith that God is with us and will care for us even when we are hurt.

Receive God's forgiveness

One of the greatest impetuses toward forgiving others is the reality that no matter what we have done, we have been completely and utterly forgiven of our sins by God. As we receive his forgiveness, we freely share it with those who have wronged us.

Go, and forgive

This week, we have the responsibility of going to someone we have yet to forgive and expressing the realities that we experienced as a result of their actions and releasing forgiveness to them without stipulation.

SIDE B

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Forgiveness Activation

"..if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses."

-Jesus (Matthew 6:14-15)

I renounce the spirit of offense that rose in me when _____

_____

_____

I rebuke my inner pride that manifests in the following ways; _____

_____

_____

I release the fear that _____ will happen again.

Lord, thank you for forgiving me when I _____

_____

_____

This week I commit to forgiving _____

For _____

Note: forgiveness does not automatically equate to relationship restoration. Mutual reconciliation and agreement must be reached for a relationship to go beyond offense. It most certainly can be done, but both parties must be willing to submit to the spirit of God and each other.