






Mamma Bear: 5-Week Children’s Ministry Curriculum


 **Big Idea:** God uses fierce, faithful women to protect, praise, speak wisdom, take risks of faith, and pass the faith on. He can grow those same virtues in all of us.

 **Memory Verse:** Proverbs 31:25 – “She is clothed with strength and dignity; she can laugh at the days to come.”

 **Theme Hook:** Kids enter a cozy woodland “den” to hear the bible story. Use language like calling the kids “critters” and themed games that involve animals whenever possible.

Kids hear mixed messages about strength and power.

This series shows that real strength is God’s love expressed through courageous moms and mentors—and that Jesus invites every child to live that way.

 **Gospel Connection:** Jesus’ fierce love rescued us and brought us into God’s family. By His Spirit we can protect life, praise God, speak wise truth, trust His promises, and pass the faith on.

5-Week Lesson Overview

Week 1 — The Bold Nurse

- Bible Story: Pharaoh's Daughter Saves a Baby (Exodus 2)
- Key Discovery: God honors courageous compassion that protects life.
- Takeaway: I can do what's right to protect and help others.

Week 2 — A Mother's Joy (Mother's Day)

- Bible Story: Mary Song (Luke 1:46–56)
- Key Discovery: True strength praises God and trusts His plan.
- Takeaway: I can glorify God with a thankful, brave heart.

Week 3 — A Mother's Wisdom

- Bible Story: The Wise Mom from Tekoa (2 Samuel 14)
- Key Discovery: God uses wise words to bring people back together.
- Takeaway: I can speak truth with respect to help make peace.

Week 4 — A Mother's Risk

- Bible Story: Rebekah's Risk (Genesis 24 & 27)
- Key Discovery: God keeps His promises even when families fail—so choose faith and honesty.
- Takeaway: I can trust God's way and tell the truth.

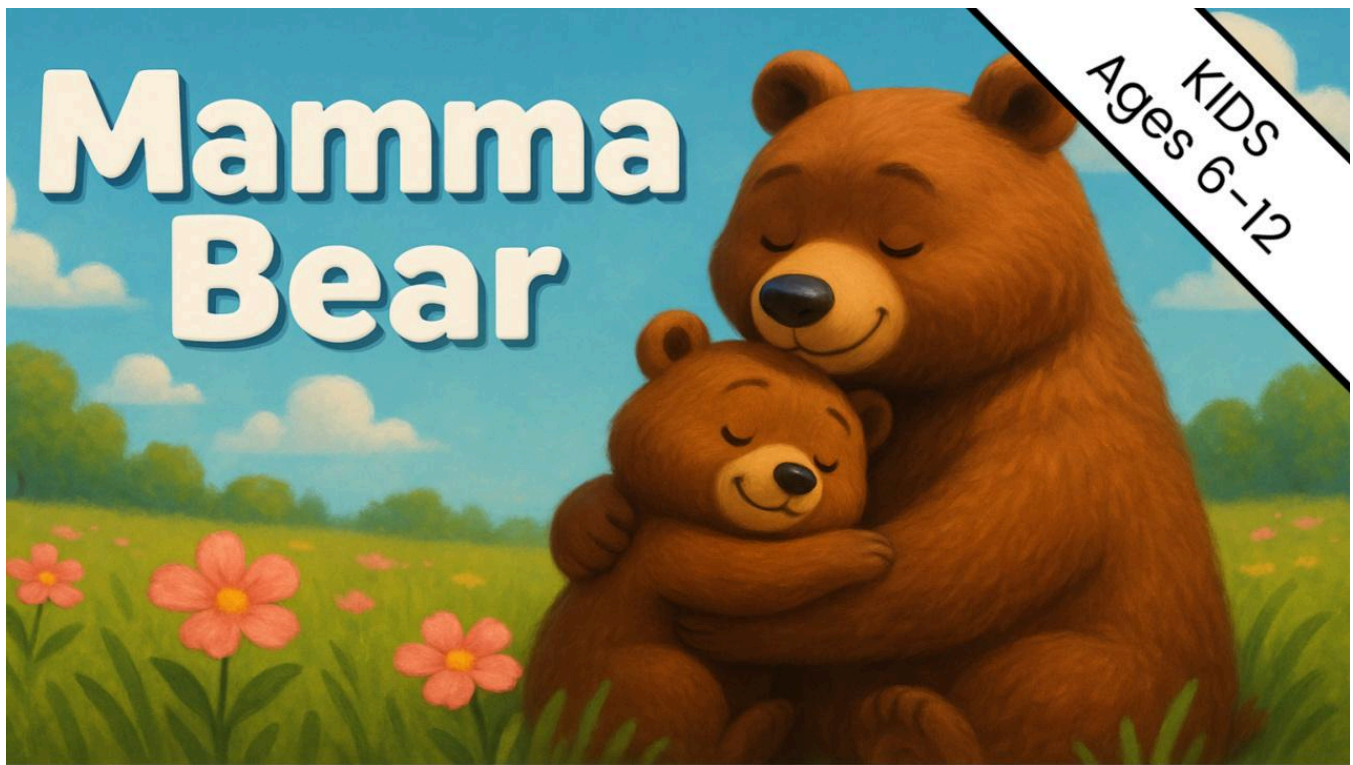
Week 5 — Heroic Faith

- Bible Story: Grandma Lois + Mom Eunice (2 Timothy 1:5)
- Key Discovery: Faith grows across generations through everyday teaching.
- Takeaway: I can learn God's Word at home and share it with others.



Proverbs 31:25 NIV

She is clothed with strength
and dignity; she can laugh
at the days to come.



Week 1 – The Bold Nurse

- Bible Story: Pharaoh’s Daughter Saves a Baby (Exodus 2)
- Key Discovery: God honors courageous compassion that protects life.
- Takeaway: I can do what’s right to protect and help others.

Video Bible Stories: Use this link to access recommended Bible story videos and bonus content for this curriculum series. <https://linktr.ee/MammaBearLessons>

Parent Connect: Print extra copies of this overview page to share with the families in your ministry.



Week 1 – Supply List

Group Game – Secret Helper Challenge

- small paper slips (1 per child)
- markers or crayons
- small basket or bowl labeled “Mission Jar”

Object Lesson – The Floating Faith

- clear plastic tub or bin (half-filled with water)
- small lightweight toy or doll (to represent baby Moses)
- paper cup, small plastic container, or toy basket
- towel (for spills)

Bible Story Teaching

- Bible
- optional: printed visual (provided below)

Word Search & Coloring Page

- printed word-search handouts (provided below, 1 per child)
- printed coloring page (provided below, 1 per child)
- crayons or colored pencils

Craft – Courage Heart Badge

- construction paper (red, pink, or any color – 1 sheet per child)
- crayons or washable markers
- scissors (optional – pre-cut hearts for younger kids)
- tape or safety pins (to wear the badge)



Introduction Game (5 minutes)

Secret Helper Challenge

Supplies Needed

- small paper slips (1 per child)
- markers or crayons
- small basket or bowl labeled “Mission Jar”

TEACHER: Critters, today we’re starting a new series and learning about people who protected baby Moses with brave love. We’re going to see how it feels to be a secret helper—just like Pharaoh’s daughter and Moses’ sister quietly did what was right.

Setup

1. Before class (or as kids arrive), write short “mission” ideas on the paper slips:
 - “Help someone pick something up.”
 - “Give a kind word.”
 - “Let someone go first.”
 - “Invite someone to join your team.”
 - “Share a smile.”
 - “Be extra gentle with the basket.”(Or let older kids make up their own!)
2. Place all the missions in the Mission Jar.

How to play

1. Have everyone sit in a circle. Pass around the Mission Jar and let each child draw one mission.
2. When you say “Go, Critters!”, everyone moves around the room trying to *complete* their secret mission quietly while music plays.
3. After about 90 seconds, call “Mission Report!”
4. Each player who completed their mission sits down and says one short sentence: “*I helped by _____.*”
5. Cheer after every share. Play a second short round if time allows.

Debrief: When we help quietly and kindly, we’re being brave like Pharaoh’s daughter—protecting and caring for others. God honors that kind of courage and compassion.



Object Lesson (5 minutes)

The Floating Faith

Supplies Needed

- clear plastic tub or bin filled halfway with water
- small lightweight toy or doll (to represent baby Moses)
- paper cup, small plastic container, or toy basket (to use as “the basket”)
- optional towel for drying or spills

TEACHER: Critters, today we’re going to see how faith floats!

Hold up the small toy.

This is our little Moses. His mom loved him so much, but Pharaoh had made a terrible rule that put all baby boys in danger. She had to be brave and trust God.

Show the empty basket.

Do you think this will sink or float?

Let kids guess, then gently place the basket in the water—it floats! Now place the toy inside carefully.

Do you think it will still float?

Let kids respond. Slowly release the basket—it keeps floating.

Moses’ mom couldn’t control what happened next, but she trusted God to protect her son. God guided Pharaoh’s daughter to find him, and He had a plan all along!

Hold up the basket again.

When we trust God and do what's right—just like Moses' mom—our faith floats too. Even when life feels scary, God helps us stay strong and steady.

Main point: God honors courageous compassion that protects life. When we trust Him, our faith will stay afloat.

Debrief: Critters, God gives us brave hearts to care for others and trust Him completely. Even when we can't see the ending, His love keeps us steady.

Bible Story (15 minutes)

Week 1 – The Pharaoh’s Daughter Saves a Baby

TEACHER: Critters, today’s investigation takes us to the land of Egypt—a place where God’s people were in danger. One family made a brave choice to protect a baby who would grow up to do something incredible.

God’s people, the Israelites, were living in Egypt. Pharaoh became afraid of them and ordered that every baby boy should be thrown into the Nile River. But one mother—Moses’ mother—refused to give up. She trusted God and acted with fierce love and courage.

READ (NIV): Exodus 2:1–2

Now a man of the tribe of Levi married a Levite woman, and she became pregnant and gave birth to a son. When she saw that he was a fine child, she hid him for three months.

Moses’ mom loved her baby so much that she hid him to keep him safe. Love made her bold!

READ (NIV): Exodus 2:3–4

But when she could hide him no longer, she got a papyrus basket for him and coated it with tar and pitch. Then she placed the child in it and put it among the reeds along the bank of the Nile. His sister stood at a distance to see what would happen to him.

When she couldn’t keep Moses hidden any longer, she trusted God and placed him in a basket on the river. That took incredible courage and faith!



READ (NIV): Exodus 2:5–6

Then Pharaoh's daughter went down to the Nile to bathe, and her attendants were walking along the riverbank. She saw the basket among the reeds and sent her female slave to get it. She opened it and saw the baby. He was crying, and she felt sorry for him.

God used Pharaoh's daughter to save Moses' life. Her heart was filled with compassion. Even though she wasn't an Israelite, she did what was right and cared for the baby.

READ (NIV): Exodus 2:7–10

Then his sister asked Pharaoh's daughter, "Shall I go and get one of the Hebrew women to nurse the baby for you?" "Yes, go," she answered. So the girl went and got the baby's mother... When the child grew older, she took him to Pharaoh's daughter and he became her son.

Isn't that amazing? God brought everything together—Moses' mom got to care for her baby again, and Pharaoh's daughter raised him in safety. God's plan always works, even in scary times!

Summary: God honored the bold love of these women—Moses' mom, his sister, and Pharaoh's daughter. They each played a part in saving his life.

GOSPEL CONNECTION: Just like Moses was saved from danger, Jesus came to save us from sin. His love is fierce and full of mercy. God still calls His people—moms, dads, and kids—to protect life, help others, and trust Him with courage.







Discussion Questions & Prayer (5-10 minutes)

TEACHER: Critters, today we learned how God used brave women to protect baby Moses—his mother, his sister, and Pharaoh’s daughter. Their courage reminds us that God honors bold compassion that protects life.

Discussion Questions

1. What brave thing did Moses’ mother do to protect him?
2. How did Pharaoh’s daughter show kindness and courage?
3. When is a time you can stand up or help someone who needs protection or care?

Prayer: *God, thank You for showing us that real courage comes from love. Thank You for the people who care for and protect us. Help us be bold and kind like Moses’ family—ready to help others and trust You when things are hard. Give us brave hearts that protect life and show Your love every day.*

In Jesus’ name, Amen.



Word Search Puzzle

BABY – BASKET – COURAGE – DAUGHTER – EGYPT – FAITH – GOD

HELP – LOVE – MOTHER – MOSES – PROTECT – RIVER

P	K	I	B	A	S	K	E	T	T	A
N	J	F	H	M	K	P	P	H	M	S
W	L	S	L	O	B	Y	E	W	E	W
Y	P	X	O	S	G	F	A	M	O	Q
F	R	I	V	E	R	A	F	O	C	A
R	O	A	E	S	H	V	A	T	O	Q
U	T	R	L	X	Z	A	I	H	U	G
Z	E	D	A	U	G	H	T	E	R	B
C	C	O	E	A	O	E	H	R	A	A
X	T	U	R	A	D	L	D	Z	G	B
Q	T	L	K	N	Z	P	Y	S	E	Y



Word Search Answers

P K I B A S K E T T A
N J F H M K P P H M S
W L S L O B Y E W E W
Y P X O S G F A M O Q
F R I V E R A F O C A
R O A E S H V A T O Q
U T R L X Z A I H U G
Z E D A U G H T E R B
C C O E A O E H R A A
X T U R A D L D Z G B
Q T L K N Z P Y S E Y



Craft Activity (5-10 minutes)

Courage Heart Badge

Supplies Needed:

- construction paper (red, pink, or any color – 1 sheet per child)
- crayons or washable markers
- scissors (optional – pre-cut hearts for younger kids)
- tape or safety pins (to wear the badge)



TEACHER: Critters, God gives us courage to protect and help others—just like Moses’ mom and Pharaoh’s daughter did!

Today we’ll make Courage Heart Badges to remind us that *God helps us be brave.*

1. Give each child a sheet of paper and help them draw or cut out a large heart shape.
2. Inside the heart, have them write: God helps me be brave.
3. Decorate the badge with bear paw prints, crosses, or stickers.
4. When finished, help kids tape or pin their badge to their shirt.
5. Gather everyone and say together:

“God honors courageous compassion that protects life!”

Debrief: Whenever you wear your heart badge, remember that God gives you a brave heart to do what’s right and care for others.



Week 2 – A Mother’s Joy (Mother’s Day)

- Bible Story: Mary Song (Luke 1:46–56)
- Key Discovery: True strength praises God and trusts His plan.
- Takeaway: I can glorify God with a thankful, brave heart.

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Week 2 - Supply List

Group Game — Joy Parade

- upbeat worship song or joyful background music
- rhythm instruments (shakers, tambourines, or homemade paper-plate shakers)
- optional: scarves, streamers, or ribbons for waving

Object Lesson — Overflowing Joy Cup

- 2 clear plastic cups
- small pitcher or bottle of water
- tray or large plate (to catch spills)
- permanent marker

Bible Story Teaching

- Bible
- optional: printed visual (provided below)

Word Search & Coloring Page

- printed word-search handouts (provided below, 1 per child)
- printed coloring page (provided below, 1 per child)
- crayons or colored pencils

Craft — Joy Shakers

- 2 small paper cups or 1 plastic Easter egg (per child)
- dry rice, beans, or small pasta pieces (1-2 tablespoons)
- tape (masking or duct tape)
- crayons or washable markers



Introduction Game (5 minutes)

Joy Parade

Supplies Needed

- upbeat worship song or joyful background music
- simple rhythm instruments (shakers, tambourines, or homemade paper-plate shakers)
- optional: scarves, streamers, or ribbons for waving

TEACHER: Critters, Mary praised God with all her heart when she learned about Jesus. Today we're going to celebrate like Mary—with a Joy Parade!

Setup

1. Play upbeat praise music.
2. Give each child a small instrument or scarf to wave.
3. Line everyone up behind you.

How to Play

1. March together around the room or outdoor space, clapping, singing, or shouting praises to God.
 - Encourage fun praise words like: *"Thank You, God!", "You are good!", "God gives us joy!"*
2. Stop the music occasionally and call, "Freeze and Praise!"
 - When frozen, each child can strike a joyful pose (arms up, smile wide, hands over heart).



3. Restart the music and parade again!

Options

- For younger groups, do shorter laps and encourage big smiles and movement.
- For older groups, invite them to think of one thing to thank God for each time the music restarts.

Debrief: Mary's joy came from praising God and trusting His plan. When we praise God with thankful hearts, we feel His joy too!



Object Lesson (5 minutes)

Overflowing Joy Cup

Supplies Needed

- 2 clear plastic cups
- small pitcher or bottle of water
- tray or large plate (to catch spills)
- permanent marker

TEACHER: Critters, Mary was filled with joy because she trusted God’s plan. Her heart was so *full* that she couldn’t keep quiet—she started singing! Let’s see what it looks like when joy overflows.

On one cup, write the word JOY. Place the empty JOY cup on the tray and begin to slowly pour water into it.

Each time we thank God and trust Him, our joy grows—like this water.

Keep pouring until the cup overflows into the tray.

See what happens? When our hearts are full of joy, it spills out and blesses others too! Mary’s song didn’t just make *her* happy—it helped other people see how good God is.

Main point: True strength praises God and trusts His plan. When we’re thankful, our joy overflows to others!

Debrief: God gives us joy that can’t stay inside. The more we thank and praise Him, the more our joy spreads to everyone around us.



Bible Story (15 minutes)

Week 2 - Mary's Song

TEACHER: Critters, today's story is about a young woman named Mary who loved God and trusted His plan. When she found out she would be the mother of Jesus, she didn't complain or hide—she *praised God with joy!*

After Mary visited her cousin Elizabeth, who was also expecting a baby, Mary's heart overflowed with thankfulness. She sang a beautiful song to God, filled with joy and praise for all He had done.

READ (NIV): Luke 1:46–47

And Mary said: "My soul glorifies the Lord and my spirit rejoices in God my Savior."

Mary's first words were praise! Even though her life was about to change in big ways, she trusted God completely and celebrated His goodness.

READ (NIV): Luke 1:48–49

"For He has been mindful of the humble state of His servant. From now on all generations will call me blessed, for the Mighty One has done great things for me—holy is His name."

Mary wasn't powerful or famous, but she knew that God saw her and loved her. She praised God for noticing the humble and doing great things through ordinary people.



READ (NIV): Luke 1:54–55

“He has helped His servant Israel, remembering to be merciful to Abraham and his descendants forever, just as He promised our ancestors.”

Mary praised God for keeping His promises. Her song reminds us that God’s love lasts forever and His plan always brings joy to those who trust Him.

Summary: Mary’s story teaches us that true strength praises God and trusts His plan. She chose joy, even when she didn’t understand everything.

Say together: I can glorify God with a thankful, brave heart!

GOSPEL CONNECTION: Mary’s joy pointed to Jesus, who would bring joy to the whole world. Jesus came to save us and fill our hearts with His everlasting love. When we thank and praise Him, His joy fills us up and overflows to others.







Discussion Questions & Prayer (5-10 minutes)

TEACHER: Critters, Mary's song reminds us that joy isn't about everything going perfectly—it's about trusting God and praising Him no matter what. That's how we find true strength and joy!

Discussion Questions

1. What made Mary so joyful in today's story?
2. How did Mary show her trust in God's plan?
3. What are some things you can thank and praise God for this week?

Prayer: *God, thank You for filling our hearts with joy. Thank You for Mary's example—she trusted You and sang with courage and love. Help us to be thankful every day and to praise You even when things are hard. Make our hearts brave and full of joy like Mary's. In Jesus' name, Amen.*



Word Search Puzzle

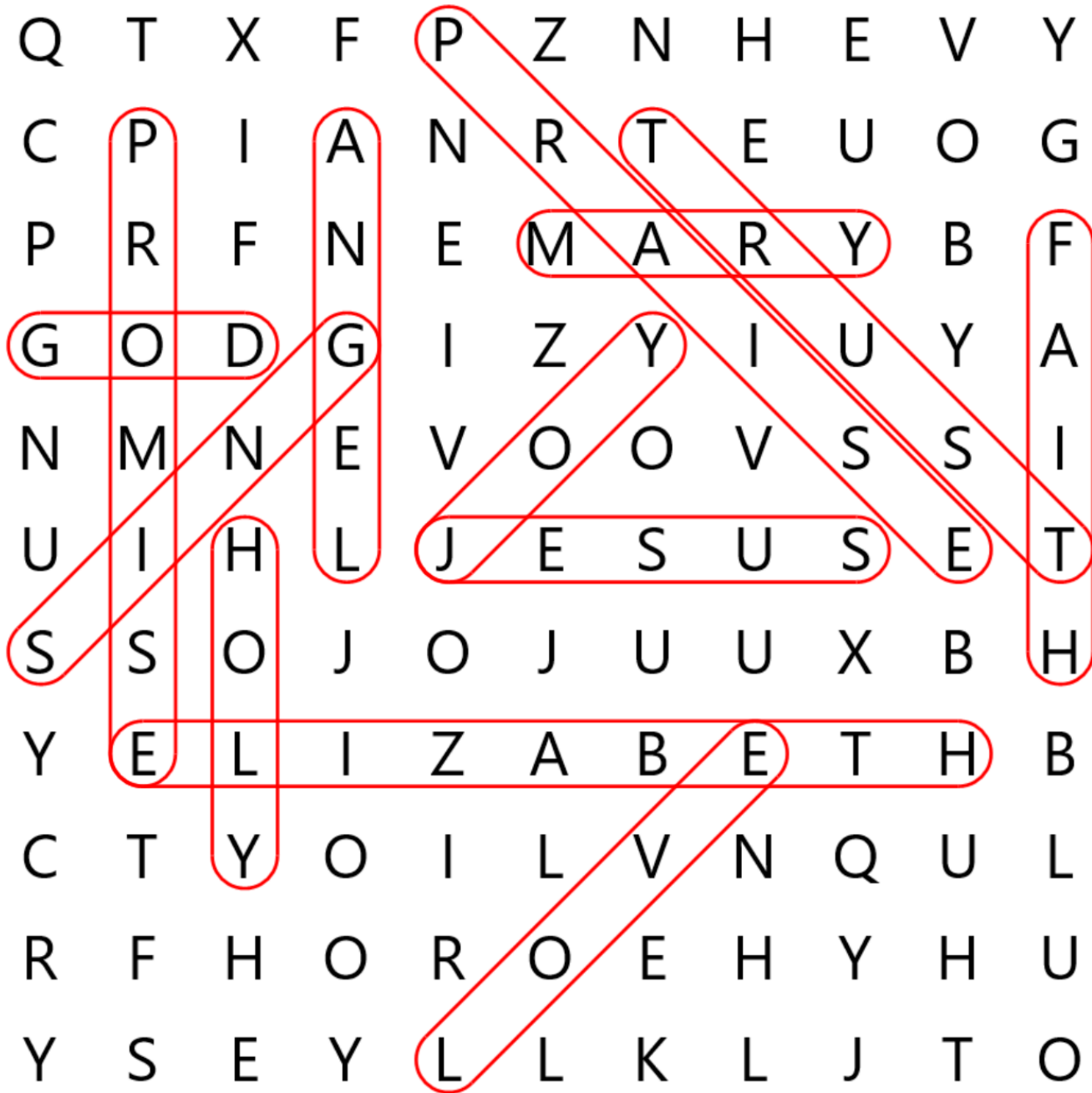
ANGEL – ELIZABETH – FAITH – GOD – HOLY – JESUS – JOY

LOVE – MARY – PRAISE – PROMISE – SING – TRUST

Q	T	X	F	P	Z	N	H	E	V	Y
C	P	I	A	N	R	T	E	U	O	G
P	R	F	N	E	M	A	R	Y	B	F
G	O	D	G	I	Z	Y	I	U	Y	A
N	M	N	E	V	O	O	V	S	S	I
U	I	H	L	J	E	S	U	S	E	T
S	S	O	J	O	J	U	U	X	B	H
Y	E	L	I	Z	A	B	E	T	H	B
C	T	Y	O	I	L	V	N	Q	U	L
R	F	H	O	R	O	E	H	Y	H	U
Y	S	E	Y	L	L	K	L	J	T	O



Word Search Answers



Craft Activity (5-10 minutes)

Joy Shakers

Supplies Needed

- 2 small paper cups or plastic Easter eggs (per child)
- dry rice, beans, or small pasta pieces (1–2 tablespoons)
- tape (masking or duct tape works best)
- crayons or washable markers



TEACHER: Critters, Mary’s heart was so *full of joy* that she sang out loud to praise God! Today we’re going to make Joy Shakers to remind us that praising God fills our hearts with happiness.

1. Give each child two paper cups (or one plastic egg).
2. Add a spoonful of rice or beans inside.
3. Tape the cups together rim-to-rim, sealing them tightly. (If using an egg, tape around the seam so it doesn’t pop open.)
4. Decorate the outside with crayons—add hearts, musical notes, and the words: “My Heart Praises God!”
5. Once finished, gather everyone in a circle and say: On three, let’s praise God like Mary did—1, 2, 3... SHAKE!

Debrief: When we praise God, our hearts overflow with joy—just like these shakers overflow with sound!



Week 3 – A Mother’s Wisdom

- Bible Story: The Wise Mom from Tekoa (2 Samuel 14)
- Key Discovery: God uses wise words to bring people back together.
- Takeaway: I can speak truth with respect to help make peace.

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Week 3 – Supply List

Group Game – Wise Words Whisper

- list of 6–8 short “wise sayings” or Bible phrases
- open space for kids to sit in a circle

Object Lesson – The Salt and Sugar Test

- 2 small clear cups or bowls
- 1 filled with sugar, 1 filled with salt
- 2 small spoons (for demonstration)
- optional: paper labels

Bible Story Teaching

- Bible
- optional: printed visual (provided below)

Word Search & Coloring Page

- printed word-search handouts (provided below, 1 per child)
- printed coloring page (provided below, 1 per child)
- crayons or colored pencils

Craft – Kind Word Cards

- index cards or small paper squares (3–5 per child)
- crayons or washable markers
- optional: stickers or decorative tape



Introduction Game (5 minutes)

Supplies Needed

- list of 6–8 short “wise sayings” or Bible phrases (examples below)
- open space for kids to sit in a circle

Sample Phrases:

- “God helps me speak kindly.”
- “Wise words bring peace.”
- “God listens when I pray.”
- “Love wins arguments.”
- “Peace begins with listening.”

TEACHER: Critters, today’s mission is all about wise words—the kind that help people get along and make peace. Let’s see how well we can keep a wise message clear all the way around the circle!

Setup

1. Have everyone sit in a circle.
2. Whisper one “wise saying” to the first child.
3. Each person whispers the phrase *only once* to the person next to them.
4. When it reaches the last person, that critter says the phrase out loud for everyone to hear.

How to Play

- After the reveal, compare what was said to the original phrase.



- Talk about how it changed (if it did!) and why listening carefully matters.
- Repeat with a few more sayings—let different kids start each round.

Options

- For extra fun, use animal names in the sayings (like “Wise owls speak kindly” or “Bears share their words gently”).

Debrief: Words are powerful! God gives us wisdom to speak truth and make peace—just like the wise woman from Tekoa helped bring a family back together.



Object Lesson (5 minutes)

Supplies Needed

- 2 small clear cups or bowls
- 1 filled with sugar
- 1 filled with salt
- 2 small spoons (for demonstration only)
- optional: paper labels to reveal what's inside

TEACHER: Critters, wisdom means knowing the right thing to say and do.

Sometimes our words look fine on the outside, but only *wise words* taste sweet!

Hold up the two cups so everyone can see.

These two look almost the same, right? But one is sugar, and one is salt. Can you tell which one will taste sweet?

Carefully take a tiny pinch or use the spoon to taste each one yourself. Make a silly face for the salt!

They look alike, but one is pleasant and one isn't. Our words can be that way too. We can say things that sound okay, but if we aren't kind or respectful, they leave a bad taste.

Hold up the sugar cup.

Wise words are like sugar—they're sweet, gentle, and bring peace. God helps us choose these kinds of words.

Main point: God uses wise words to bring people back together. When we speak truth with kindness, our words taste sweet to others.

Debrief: Before we speak, we can ask God to help our words be like sugar—not salty or mean, but full of peace and love.



Bible Story (15 minutes)

Week 3 – The Wise Woman from Tekoa

TEACHER: Critters, today’s story is about a woman who used **wise words** to help two people stop fighting and find peace again. She wasn’t loud or bossy—she was calm, brave, and full of God’s wisdom. Let’s find out how her words made a big difference!

King David’s family was in trouble. His sons Absalom and Amnon had fought, and Absalom ran away. David missed him but didn’t know how to make peace. So a wise woman from a town called Tekoa was asked to talk to David and help him think clearly.

READ (NIV): 2 Samuel 14:2–3 (summary)

Joab sent to Tekoa and brought a wise woman from there. He said, “Pretend you are in mourning and go to the king to speak these words to him.”

Joab, one of King David’s helpers, asked the woman to tell a story that would help David see the truth. She was wise enough to use a story instead of an argument.

READ (NIV): 2 Samuel 14:4–7 (summary)

The woman told David about two sons who fought until one died, and how her family wanted to punish the other. She begged the king to protect the living son.

David felt compassion for the woman and promised to keep her son safe. Then she gently helped him realize that his own son, Absalom, needed mercy too.



READ (NIV): 2 Samuel 14:13–14

“Why have you planned such a thing against the people of God? When the king says this, he does not convict himself... Like water spilled on the ground, which cannot be recovered, so we must all die. But that is not what God desires; rather, He devises ways so that a banished person does not remain banished from Him.”

TEACHER: Her wise, respectful words helped David understand that God wants people to come back together, not stay apart. David listened, forgave Absalom, and brought him home.

SUMMARY: The woman from Tekoa used calm, wise words to bring peace to a broken family. She teaches us that God uses wise words to bring people back together.

Say together: I can speak truth with respect to help make peace!

GOSPEL CONNECTION: God also uses words to bring us back to Himself. Jesus is called the “Word of God” because He shows us who God is and speaks peace into our hearts. Through Jesus, we can share that peace with others.







Discussion Questions & Prayer (5-10 minutes)

TEACHER: Critters, today we saw how a woman from Tekoa used wise words to bring peace back to King David’s family. Wisdom doesn’t mean being the loudest—it means listening, thinking, and speaking with kindness.

Discussion Questions

1. What did the woman from Tekoa do that was wise?
2. How did her calm and respectful words help King David make peace?
3. When can you use wise words to help others—at home, school, or with friends?

Prayer: God, thank You for teaching us that wise words can bring peace. Thank You for people who use calm, kind voices to fix problems and show love. Help us listen before we speak and use our words to help, not hurt. Make us brave enough to speak truth with respect, just like the wise woman from Tekoa.

In Jesus’ name, Amen.



Word Search Puzzle

ABSALOM – DAVID – FAMILY – FORGIVE – GOD – JOAB – KIND

KING – PEACE – RESPECT – TEKOA – TRUTH – WISDOM

O	A	B	S	A	L	O	M	T	A	B
M	F	D	Q	W	B	R	S	R	A	V
G	P	E	A	C	E	T	I	U	Y	R
I	Q	Z	M	V	K	S	T	T	G	M
A	F	O	R	G	I	V	E	H	O	Z
H	A	Y	E	B	N	D	R	D	D	J
E	M	T	S	C	D	Y	S	F	W	O
M	I	G	P	Z	K	I	N	G	B	A
F	L	N	E	V	W	L	J	E	S	B
U	Y	D	C	V	P	Z	S	A	R	M
W	H	B	T	E	K	O	A	M	X	S



Word Search Answers

O A B S A L O M T A B
M F D Q W B R S R A V
G P E A C E T I U Y R
I Q Z M V K S T T G M
A F O R G I V E H O Z
H A Y E B N D R D J
E M T S C D Y S F W O
M I G P Z K I N G B A
F L N E V W L J E S B
U Y D C V P Z S A R M
W H B T E K O A M X S

Craft Activity (5-10 minutes)

Supplies Needed

- index cards or small paper squares (3–5 per child)
- crayons or washable markers
- optional: stickers or decorative tape

TEACHER: Critters, the woman from Tekoa used wise and kind words to help bring peace. Today we're going to make Kind Word Cards—small reminders that *our words can help and heal!*



1. Give each child 3–5 blank cards or small paper squares.
2. Say: "On each card, write or draw one wise or kind thing you could say to someone."
 - Examples: "You're loved," "I forgive you," "You can do it," "God cares about you."
3. Decorate the cards with colorful borders, hearts, or owl drawings.
4. Once finished, invite kids to share one of their cards out loud.
5. Encourage them to give their cards away during the week—to family, friends, or teachers.

Debrief: Wise words bring peace and encouragement. When we speak truth with kindness, God can use our voices to make the world better.



Week 4 – A Mother’s Risk

- Bible Story: Rebekah’s Risk (Genesis 24 & 27)
- Key Discovery: God keeps His promises even when families fail—so choose faith and honesty.
- Takeaway: I can trust God’s way and tell the truth.

Video Bible Stories: Use this link to access recommended Bible story videos and bonus content for this curriculum series. <https://linktr.ee/MammaBearLessons>

Parent Connect: Print extra copies of this overview page to share with the families in your ministry.



Week 4 – Supply List

Group Game – Compass Crawl

- 1 blindfold (or soft scarf)
- small classroom obstacles (chairs, cones, paper “rocks,” etc.)
- open space for movement
- optional compass prop or “Trust Trail” sign

Object Lesson – The Compass and the Map

- compass (real, toy, or printed image)
- simple map or printed “trail” picture (optional)
- Bible

Bible Story Teaching

- Bible
- optional: printed visual (provided below)

Word Search & Coloring Page

- printed word-search handouts (provided below, 1 per child)
- printed coloring page (provided below, 1 per child)
- crayons or colored pencils

Craft – Trust Trail Map

- white paper (1 per child)
- crayons or washable markers
- optional: ruler or straight edge

Introduction Game (5 minutes)

Supplies Needed

- 1 blindfold (or soft scarf)
- small classroom obstacles (chairs, cones, paper “rocks,” etc.)
- open space for movement
- optional: compass prop or “Trust Trail” sign

TEACHER: Critters, today’s mission is called the **Compass Crawl**—because trusting God is like following a compass. Even when we can’t see what’s ahead, God leads us safely when we listen to His voice.

Setup

1. Create a simple obstacle path using chairs, paper “rocks,” or tape lines.
2. Choose one child to be the *traveler* and another to be the *guide*.
3. Blindfold the traveler and place them at one end of the course.

How to Play

1. The guide stands nearby and gives calm, clear directions (like “take two small steps forward,” “turn left,” or “stop”).
2. The traveler must listen carefully and trust the guide to reach the end safely.
3. Once they finish, switch roles so everyone gets a turn guiding and traveling.

Safety tip: Remind guides to use gentle voices and travelers to move slowly so no one bumps into anything.

Debrief: Rebekah had to trust God’s plan even when she didn’t see the whole path. We can trust God’s way too—and He’ll always guide us to what’s right.

Object Lesson (5 minutes)

Supplies Needed

- compass (real, toy, or printed image)
- simple map or printed “trail” picture (optional)
- Bible

TEACHER: Critters, today we’re learning that God keeps His promises even when families fail. Sometimes, like Rebekah, people try to take shortcuts instead of trusting God’s way. But His plan always points us in the right direction—just like a compass!

Hold up the compass.

This little tool always points north, no matter where you are. You can’t see north, but you can trust the compass to guide you.

Move the compass around in your hand so the needle keeps turning.

Even when we move or get turned around, the compass still points the right way.

Hold up the Bible next to it.

The Bible is like God’s compass—it helps us know what’s right, even when life feels confusing.

Show the map.

A map shows the big picture, but you still need the compass to stay on course. God’s Word is our guide, and when we follow it, He helps us stay on His path.

Main point: We can trust God’s way to guide us, even when we don’t see the whole plan. Honesty and faith always lead us in the right direction.

Debrief: When we trust God’s truth instead of taking shortcuts, He leads us safely down the right path—because His Word never points us wrong.



Bible Story (15 minutes)

Week 4 - A Mother's Risk

TEACHER: Critters, today's story is about a woman named Rebekah—a mom who wanted God's promises to come true, but who also learned that trusting God's way is always best. Sometimes faith means waiting and telling the truth, even when it's hard.

Rebekah's life shows both courage and mistakes. She trusted God's plan when helping choose a wife for Isaac's son—but later, she tried to control the plan herself. Through it all, God kept His promises and proved that honesty and faith bring blessings.

READ (NIV): Genesis 24:57–58

“Then they said, ‘Let’s call the young woman and ask her about it.’ And they called Rebekah and asked her, ‘Will you go with this man?’ She said, ‘I will go.’”

When Rebekah was young, she bravely said “yes” to God's plan. She left her home to marry Isaac because she trusted God's promise. That took faith and courage!

READ (NIV): Genesis 27:5–10 (summary)

Rebekah overheard Isaac telling their son Esau to hunt and make food so he could give him his blessing. Rebekah told Jacob to pretend to be Esau so he could get the blessing instead.



Rebekah wanted to help God’s promise happen—but she didn’t wait or tell the truth. She helped Jacob trick his father, and it caused big problems in the family. God still worked out His plan, but dishonesty made the path painful.

READ (NIV): Genesis 27:42–45

“When Rebekah was told what her older son Esau had said, she sent for her younger son Jacob and said to him, ‘Flee at once to my brother Laban in Haran. Stay with him until your brother’s fury subsides.’”

Even though Rebekah’s plan failed, God’s promise still came true. Jacob became part of the great family God had chosen. God kept His word—He always does!

Summary: Rebekah reminds us that faith and honesty matter. We can be brave like her early faith, and we can learn from her mistake—because God keeps His promises even when families fail.

Say together: I can trust God’s way and tell the truth!

GOSPEL CONNECTION: Just like God kept His promises to Rebekah’s family, He kept His biggest promise through Jesus. Even when people made mistakes, God’s plan of love and forgiveness never changed. When we trust Jesus, He leads us on the right path every time.







Discussion Questions & Prayer (5-10 minutes)

TEACHER: Critters, today we learned that Rebekah had faith—but also made mistakes. She wanted God’s promise to happen, but she forgot to trust His timing. God kept His promise anyway, showing us that honesty and faith always lead us the right way.

Discussion Questions

1. What brave choice did Rebekah make when she said “yes” to God’s plan?
2. What mistake did she make later when helping Jacob?
3. What can we do when we’re tempted to take a shortcut instead of trusting God’s way?

Prayer: God, thank You for keeping Your promises even when we make mistakes. Thank You for loving Rebekah and using her story to teach us to trust You. Help us to be honest and patient when we don’t know what will happen next. We know Your plan is good and we can always follow Your way.

In Jesus’ name, Amen.



Word Search Puzzle

BLESSING – COURAGE – FAITH – FAMILY – GOD – HONEST – ISAAC

JACOB – PROMISE – REBEKAH – RISK – TRUST – TRUTH

R E B E K A H K D U D
R I K L X F F C P T J
B S O X U F J F R H V
F A I T H S A L O B W
H A B B Y H C M M Y F
R C P E T E O R I S K
M L M V R W B N S L N
H A C O U R A G E D Y
K Q T R T R U S T S D
N J T A H O R O X O T
Z B L E S S I N G C X



Word Search Answers



Craft Activity (5-10 minutes)

Trust Trail Map

Supplies Needed

- white paper (1 per child)
- crayons or washable markers
- optional: ruler or straight edge for older kids

TEACHER: Critters, Rebekah's story reminds us that

God's path is always best—even when it's hard to

see where it leads. Today we're making Trust Trail Maps to remember that we can always follow God's way.



1. Give each child a piece of paper and crayons.
2. Have them draw a winding path or trail from one corner to the other.
3. Along the trail, draw "signs" or "stops" labeled with faith choices like:
 - Pray
 - Tell the Truth
 - Be Kind
 - Wait for God's Plan
 - Trust God
4. At the end of the trail, draw a big heart that says: God Keeps His Promises.
5. Encourage kids to decorate their trail with trees, mountains, or paw prints to make it look like a Mamma Bear adventure path.

Debrief: Every time we choose faith and honesty, we stay on God's trail. He'll always guide us toward His good plan—because His promises never fail!



Week 5 - Heroic Faith

- Bible Story: Grandma Lois + Mom Eunice (2 Timothy 1:5)
- Key Discovery: Faith grows across generations through everyday teaching.
- Takeaway: I can learn God's Word at home and share it with others.

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Week 5 – Supply List

Group Game – Faith Chain Relay

- paper strips (1" x 8")
- crayons or washable markers
- glue sticks or tape
- 2–3 large paper clips or starting links for each team

Object Lesson – Candle Pass

- 1 large LED candle
- several smaller candles or LED tealights (1 per child)
- matches or lighter (for adults only)
- optional: dim lighting

Bible Story Teaching

- Bible
- optional: printed visual (provided below)

Word Search & Coloring Page

- printed word-search handouts (provided below, 1 per child)
- printed coloring page (provided below, 1 per child)
- crayons or colored pencils

Craft – Faith Chain Craft

- paper strips (8–10 per child)
- crayons or washable markers
- glue sticks or tape
- optional: hole punch and yarn (for hanging)



Introduction Game (5 minutes)

Supplies Needed

- paper strips (cut from construction paper, about 1" x 8")
- crayons or washable markers
- glue sticks or tape
- 2–3 large paper clips or starting “links” for each team

TEACHER: Critters, today we’re learning about how faith can grow and spread—just like it did from Grandma Lois to Mom Eunice to Timothy! We’re going to make a “Faith Chain” to show how sharing God’s love connects us all.

Setup

1. Divide the class into 2–3 teams.
2. Give each team a pile of paper strips, crayons, and glue/tape.
3. Explain that each strip represents one act of faith or love—like praying, forgiving, helping, or teaching someone about God.

How to play

1. When you say “Go!”, each team writes or draws one faith action on their strip and links it onto the chain using glue or tape.
2. Once they finish one link, the next player starts the next one.
3. Keep going until time runs out (2–3 minutes).
4. When finished, have each team hold up their chain and read a few of the words or drawings aloud.



Look at all these acts of faith! Just like Timothy learned about God from his mom and grandma, we can help others grow closer to God too!

Debrief: Faith grows when we share it. Every act of love and every lesson we teach helps connect others to God's family.



Object Lesson (5 minutes)

The Candle Pass

Supplies Needed

- 1 large LED candle (for demonstration)
- several smaller candles or LED tealights (1 per child, if available)
- matches or lighter (for adults only)
- optional: dim lighting for effect

TEACHER: Critters, today we're going to see how faith spreads from one person to another—just like light spreads from one candle to many.

Light your candle (or turn on your LED light).

This light represents faith—believing in God and trusting His love. When I share my faith with you, your light shines too.

Continue until everyone's candle is glowing.

See how bright the room gets when everyone's faith shines? That's what happened with Lois, Eunice, and Timothy. They shared God's love and faith grew!

Faith is meant to be shared, not hidden. Every time you tell someone about Jesus or show kindness, you pass the light along.

Main point: Faith grows across generations through everyday teaching and love.

Debrief: When we let our faith shine and share it with others, God's light spreads farther than we could ever imagine!



Bible Story (15 minutes)

Week 5 - Lois and Eunice

TEACHER: Critters, today's story is short—but super powerful! It's about three generations of people who loved God: a grandma, a mom, and a boy named Timothy. Their story shows how faith can grow and spread through families, friends, and anyone who shares God's truth.

READ (NIV): 2 Timothy 1:5

"I am reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice, and, I am persuaded, now lives in you also."

Paul told Timothy that his faith didn't come from nowhere—it started with his family! Lois and Eunice taught him about God, prayed with him, and helped him grow strong in his faith.

READ (NIV): 2 Timothy 3:14–15

"But as for you, continue in what you have learned and have become convinced of, because you know those from whom you learned it, and how from infancy you have known the Holy Scriptures..."

Timothy's mom and grandma shared the Bible with him from the time he was little. Their love for God became his love for God! They passed down faith like a light—bright, warm, and steady.

Faith isn't just something we talk about—it's something we live! Lois and Eunice



didn't just tell Timothy what to believe—they *showed* him by how they lived.

That's how faith becomes strong and heroic.

Summary: Faith grows stronger when it's shared. Like Lois and Eunice, we can teach others about God by our words and actions.

Say together: I can learn God's Word at home and share it with others!

GOSPEL CONNECTION: Jesus is the reason we can have faith in the first place. He showed us perfect love and truth. When we follow Him, we can pass that same love to others—our friends, our families, and anyone we meet.







Discussion Questions & Prayer (5-10 minutes)

TEACHER: Critters, today's story showed us that faith grows when we share it. Grandma Lois taught her daughter Eunice, and Eunice taught Timothy. God wants our faith to shine just like theirs—so others can learn about Him too!

Discussion Questions

1. Who helped Timothy learn about God when he was growing up?
2. How can you share your faith or teach someone younger about Jesus?
3. What are some things your family has taught you about God's love?

Prayer: *God, thank You for the people who teach us about You—parents, grandparents, teachers, and friends. Thank You for Lois, Eunice, and Timothy, who showed us how faith can grow when we share it. Help us to be brave and tell others about You this week. Let our faith shine bright like a light for everyone to see.*
In Jesus' name, Amen.



Word Search Puzzle

BIBLE – EUNICE – FAITH – FAMILY – GOD – GRANDMA – JESUS

LEARN – LOIS – SHARE – TEACH – TIMOTHY – TRUST

G	R	A	N	D	M	A	T	N	O	P
S	B	G	O	B	N	D	R	B	F	H
D	H	G	U	I	D	A	U	W	X	O
J	P	A	I	B	E	F	S	T	E	P
J	M	M	R	L	S	U	T	T	L	H
Z	X	P	J	E	S	U	S	Q	E	P
M	U	F	A	M	I	L	Y	U	T	T
T	N	A	H	E	U	N	I	C	E	F
L	O	I	S	R	B	I	M	R	A	E
M	I	T	I	M	O	T	H	Y	C	B
C	E	H	Y	F	O	T	U	J	H	I



Word Search Answers

G R A N D M A T N O P
S B G O B N D R B F H
D H G U I D A U W X O
J P A I B E F S T E P
J M M R L S U T T L H
Z X P J E S U S Q E P
M U F A M I L Y U T T
T N A H E U N I C E F
L O I S R B I M R A E
M I T I M O T H Y C B
C E H Y F O T U J H I



Craft Activity (5-10 minutes)

Faith Chain Craft

Supplies Needed

- paper strips (1" x 8", 8-10 per child)
- crayons or washable markers
- glue sticks or tape
- optional: hole punch and yarn (for hanging finished chains)

TEACHER: Our story today showed how faith connects people together—from Grandma Lois, to Mom Eunice, to Timothy! We're going to make Faith Chains to remind us that every time we share God's love, the chain grows longer.

1. Give each child 8-10 paper strips.
2. On each strip, have them write or draw one of these ideas:
 - Someone who helps me learn about God
 - Something I can do to share my faith
 - A way I can show God's love
3. Decorate the strips with colors, hearts, and crosses.
4. Help kids loop and glue or tape each strip together into a chain.
5. Once everyone is finished, link all the children's chains together to make one big classroom faith chain!
6. Hold it up and say together:

"Faith grows when we share it!"

Debrief: Faith connects us to God and to one another. Every time we pray, help, or teach, we add another link to His amazing story.

