



St. Paul's News Bulletin

April 26, 2026



Welcome Everyone! Please join us after the **Sunday service for coffee & goodies.** If you are new to St. Paul's, please ask for a welcome package.

Coffee House: The next St. Paul's Stringers Coffee House will be Friday, **May 8** at 7 p.m. Come enjoy our own house band, open mic and snacks. This is family friendly.

Living Waters: The deadline for the **June/July** issue of *Living Waters* is Wednesday, **May 20.** Please submit materials as early as possible to office@stpaulscalgary.ca



Spring Garden Celebration: A **bake sale, silent auction, games** and pickup for plants

ordered through the St. Paul's Hospitality Ministry will be all part of the fun at a **Spring Garden Celebration** on Saturday, **May 23** from **1 to 4 p.m.** Please donate ready-to-display items like gift baskets, baked goods, gift cards, seasonal items, services, experiences and more. Food and drink donations are welcome. To donate or volunteer, see Abby.

Spring Cleanup Day: Please join us on **Saturday, May 30** for Cleanup Day. The event runs **9 a.m. – 3 p.m.**, but you are welcome to come all day or any part of the day that suits you. A lunch of chicken, pizza and veggies will be served to volunteers.



Sundance on the Green Yard Sale: This event, hosted by our neighbours on Saturday, **May 9** from **9 a.m. – 1 p.m.**, will feature a variety of items including toys, books, clothes and more.

Victoria Day Office Closure: The St. Paul's office will be closed on Monday, **May 18.**

Walking Group: Feel free to join this group for a walk on **Mondays** at 1 p.m. through one of our local parks. There is a schedule of locations on the St. Paul's website under events. We do not walk if the temperature is -15°C or lower.

Graduation Celebration: On Sunday, **June 21**, we will honour our **Grade 12 graduates** during and after the 10 a.m. service. Please note the celebration is for Grade 12 only.

To participate, please submit your name and photo to the parish office by **May 25.**

Fundraisers: A **gift card fundraiser** run by the Hospitality Ministry lets you purchase gift cards for everyday use. You get a full value gift card. St. Paul's receives a percentage donated by the retailer. Hospitality is also accepting donations of **recyclable bottles.** Please see Abby for details.

Morning Prayer: A service of Morning Prayer is held Wednesdays at 9:30 a.m. All are welcome.

Wednesday Morning Bible Study: Morning Bible Study is held on Wednesdays at **10:30 a.m.**

Wednesday Evening Bible Study: The Book of Colossians is being studied **via Zoom** at 7 p.m. each week. For details, please see Michael McLaughlin or email the office to get the link.

Coffee Time Chart: Please consider signing up for Coffee Time – a vital part of our parish family life. The Coffee Time Chart is available in the Parish Hall. **Please sign up with both your first and last name.** Training is available.

St. Paul's Anglican Church

7 Sunmills Green SE T2X 3P6

Phone: 403 256-1428

E-mail: office@stpaulscalgary.ca

web site: www.stpaulscalgary.ca

Incumbent: The Rev'd Tony Hilling

Assistants: The Rev'd Cyril Haynes

The Rev'd Betty Nadurak

People's Wardens: Paul Bourgeois
Rector's Warden: Muyi Ekomwenrenren

Main Facebook Page: [stpaulscalgary](https://www.facebook.com/stpaulscalgary)

X: [@stpaulscalgary](https://www.x.com/stpaulscalgary)

Instagram: [stpaulsanglican Calgary](https://www.instagram.com/stpaulsanglican Calgary)

YouTube: <https://www.youtube.com/channel/UCldxfHv5pFYST--j8as1GVg>

Outreach

Earth Day was April 22nd

In Eucharistic Prayer 4, we describe our planet as “this fragile earth, our island home” - a fitting reminder of its vulnerability. Earth Day invites us to reflect on how we can better care for it. Visit www.earthday.ca for ideas and inspiration. Alongside Hope programs also promote environmental stewardship and sustainable development. Together, we can make a difference.



5th Sundays of the Month are Food for Others Sundays at St. Paul's. Everyone is invited to bring non-perishable food items and leave them in the bin marked Calgary Food Bank. The next Food for Others Sunday is **May 31**.

Inreach: Many in our congregation face financial struggles due to the economy, so a special fund was created. Donations marked "Financial Help for Parishioners" are welcome. If you are in need of financial help or know of someone in our Parish who is (and you have their permission), please let Tony know. He will maintain absolute confidentiality. This is one way we can care for one another in these challenging times.

Pastoral Care

If you'd like to be part of our **Pastoral Care Team**, please contact the Rev'd Deacon Betty Nadurak to find out more about it.

Chemo Care Bags: If you know of anyone who is beginning Chemo treatment and would benefit from receiving a Chemo Care Bag, please contact the Parish Office.

Prayer Shawl: We meet in person on the first & third Wednesdays of each month at 1 p.m. Contact Laura Anne if you would like to join the group or if you know of anyone who would benefit from receiving a shawl. Everyone is welcome. No experience needed.

Grief Support Group: This is open to anyone who is grieving due to loss, illnesses or other struggles. For more information, please contact Laura Anne or leave your contact information at the Parish Office. Meets on Thursdays at 1 p.m.

Hunger for Healing, a Christian Twelve Step Program, meets every Wednesday 11:30 a.m. to 1:00 p.m. Everyone is welcome. We'd love to have you join us to find out what the programme is all about and see if it's for you. There is no official leader. We all take part in leading. If you wish more information, please contact the Rev'd Deacon Betty Nadurak at 403-818-9879.

Check out these opportunities to participate

2025 Flower Chart is available on the bulletin board by the kitchen door. If you would like to make a dedication, please fill out the form under the flower chart or send it to Chizoba at office@stpaulscalgary.ca. The cost is \$30.

Prayer Chain Requests: Please contact Dinah Breu with your prayer requests.

Sign: To change the outdoor sign more regularly, we need helpers. ***If you can help, please contact Paul Bourgeois or the Office.***

Card Ministry: If anyone who is grieving, unwell, or celebrating a birthday or anniversary, and would like a greeting card from the St. Paul's Family, contact Pauline Payne at 403-988-2546 or email her at Pauline_payne1@yahoo.com

Casserole Ministry: If someone would benefit from receiving a casserole, please **help yourself to what is available.** Our freezer for casseroles is now well stocked thanks to parish volunteers. If you would like to contribute a casserole, please label it with what it is, ingredients and the date and put in freezer.

Servers: We are looking for **youth volunteers** to serve during our Sunday services. All youth are welcome to participate! If you are interested, please contact Father Tony or the parish office for more information. Training will be provided.

We are looking for volunteers to be **Sacramental Assistants.** Please contact Ed or the Parish Office for more information.

Regular Activities at St. Paul's:

- Sunday:** **Holy Eucharist** 10 a.m.
 Hand chimes Practice 11:30 –12 p.m.
 Word to World Ministries Canada: 2 - 3 p.m.
 Philippines Independent Church (IFI): 4 p.m.
- Monday:** **Walking Group:** 9 a.m. (see the St. Paul's website under events for locations)
 St. Paul's Stringers rehearsal: 7:30 p.m.
 Prayer Group - meetings held both in person and online: 1:30 p.m. (2nd Monday of the month **in-person**) 7:30 p.m. (4th Mondays of the month **via Zoom**)
- Tuesday:** **Girl Guides:** 6:30 – 8 p.m.
 Parish council: 7 p.m. (2nd Tuesday of the month)
- Wednesday:** **Morning Prayer:** 9:30 a.m.
 Morning Bible Study: 10:30 a.m.
 Hunger for Healing: 11:30 a.m. (in the Chapel Room)
 Prayer Shawl Ministry: 1 p.m. (1st & 3rd Wednesdays of the month)
 Evening Bible Study: 7 p.m. via Zoom.
- Thursday:** **Grief Support Group:** (See Laura Ann if you are interested.)
 TOPS (Taking off Pounds Sensibly): 6:00 p.m.
 Choir Practice: 7:30 p.m.
 If you'd like to join Choir, please contact Paul Bourgeois.
- Friday:** **Hand chimes Practice** 10 - 11 a.m.
 S.P.Y. Group: 6:30 p.m. 1st Friday of the month. (Check website)
 Coffee House: 7 p.m. second Friday on alternate months. **Next date is May 8.**
- Saturday:** **Ladies Luncheon:** 11:20 am – Changed from 2nd Saturdays to 4th Saturdays.
 Next date is May 23.
 Men's Breakfast: 8:30 am - 3rd Saturdays (at St. Peter's alternate month
 Check website to confirm location). **Next date is May 16 @ St. Paul's.**

Welcome to newcomers and visitors

St. Paul's welcomes newcomers and invites you to make this your church home. Visitors, please sign our guest book, which is on the standby the sanctuary doors.

We would be most pleased to learn about you and help you learn about us. Please indicate on a pew card, located in racks on the back of the pews, how we can help you feel part of the family.

Please place the card on the offering plate or hand it to one of the clergy or Parish Council members. There are also welcome packages available after the service. We are so glad you were able to join us.



Youth Ministry

Exciting opportunity for the Youth of our Parish! S.P.Y. Group is a social group. All youth are welcome!

St. Paul's Youth Group (S.P.Y)

Meets on the first Friday of each month. Invite your friends!



A place to be yourself, to make friends and have some fun! See the St. Paul's website for more information. Search Youth Group to register use this QR code

Please note: Youth meetings are currently on hold

Our Ministries

WEDDINGS

If you are planning a wedding at St. Paul's, you must contact the clergy for an interview to set the date and to find out about preparation classes.

ALTAR GUILD: Barb Leinweber

Members of the Altar Guild prepare the church for worship services by setting out and then cleaning up the communion vessels, polishing brass, arranging or setting out flowers, replacing candles, marking Bible and Altar Book places and keeping the linen washed and ironed.

The volunteers work in rotation, which turns out to be about once a month. Set-up can be done Friday or Saturday as suits your schedule. During the Christmas and Easter seasons there are extra shifts, which are covered on a volunteer basis. There are two meetings a year, at which time all members get together to discuss issues, idea, and the future while getting to know each other and keeping aware of the importance of this group.

New members are needed - male or female - as many hands make light work. If interested in this quiet, behind-the-scenes ministry to our community, please contact Barb or the Parish Office at 403-256-1428.

Stewardship Reflections

"And Peter said to them, 'Repent, and be baptized, every one of you, in the name of Jesus Christ...'"
- Acts 2:38

The word "repent" means to turn from sin - to change our thoughts, words and actions. Change that is permanent comes from within – a transformation or conversion of heart. This requires prayer, discipline and perseverance. Change is hard. The first step is recognizing that we are broken and that we need God's help. The good news - we are not alone in our journey. Ask Jesus daily for guidance and patiently listen for his response.

Financial News

Our surplus at the end of March was \$4,394. Thank you to everyone for helping support our mission financially in these challenging times.



Anglican Journal available online

The April 2026 issue of The Anglican Journal is now available online. Please visit <https://anglicanjournal.com/#currentissue>

Diocesan News

Announcements

Deacons to be ordained

Archbishop Greg is pleased to announce his intention to ordain two candidates to the Order of Deacons. We ask for your prayers for Pat Kover of St. Andrew, Calgary and Kari Pentland of St. Aldhelm, Vulcan. The Ordination Service will be held at the Cathedral Church of the Redeemer, Calgary on Saturday, May 2 at 2pm.

Archbishop Greg Kerr-Wilson along with the Diocesan Council has announced that the 80th Convention of Synod has been called for Friday and Saturday, October 23 and 24, 2026, to be held at St. Peter Anglican Church, Okotoks.