



# **Discipleship Foundations**

A Basic Introduction on Discipling Others

Prepared by Cornerstone Bible Fellowship

**“Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you...”**

— *Matthew 28:19–20 (NKJV)*

To make disciples, we must first *become* disciples. This workbook is designed to help you grow in your personal walk with Christ, understand the core truths of the Christian faith, and prepare your heart to disciple others in truth and love. Discipleship begins with surrender, continues in truth, and multiplies through love.

**As you go through each session, you’ll be:**

- **Reading** God’s Word for yourself
- **Reflecting** honestly on your walk with Christ
- **Responding** to what He’s showing you
- **Preparing** to disciple others in His truth and love

**You are encouraged to:**

- Look up each Scripture on your own
- Answer the reflection questions honestly—this is *for you*
- Memorize at least one verse per session (Psalm 119:11)
- Complete all sessions before beginning to disciple others

This isn’t about having all the answers. It’s about becoming the kind of person who walks with God, lives by His Word, and is ready when the Lord says, “Go—lead someone.”

**“Follow Me, and I will make you fishers of men.”** — *Matthew 4:19*

**What Discipleship Really Is**

Discipleship is not limited to evangelism, though it may involve sharing your faith. Sometimes, it’s about planting a seed of truth. Other times, it’s about watering what someone else has planted. But always, it’s God who brings the growth.

***“I planted, Apollos watered, but God gave the increase... So then neither he who plants is anything, nor he who waters, but God who gives the increase.”*** — *1 Corinthians 3:6–7*

You may not always see the harvest—but your role in planting, watering, or nurturing someone’s faith is essential. Like a gardener, discipleship cares for spiritual growth through truth, encouragement, and relationship. The Holy Spirit does the deeper work of conviction, transformation, and maturity—but God has chosen *you* to be a part of the process.

Discipleship is not a program—it’s a way of life. This workbook will give you a strong foundation, but it is only the beginning. Becoming a disciple and making disciples is a lifelong pursuit, one that will stretch you, grow you, and often surprise you. Don’t rush it. Don’t fake it. Let God do the deep

work in you on your foundation, so He can work powerfully through you. The goal isn't perfection—it's *progression in Christlikeness*. Keep showing up. Keep saying yes. And trust that God is shaping you into a faithful servant who can lead others well.

This book is just the beginning. Make it your daily pursuit to seek God in His Word—not just for knowledge, but for deeper relationship with Him. That daily pursuit becomes the foundation for how you live—and how you disciple others.

Remember: God delights in using ordinary people to do extraordinary things.

- **Moses** felt unqualified (Exodus 4:10)—yet God used him to lead a nation.
- **Gideon** saw himself as the least (Judges 6:15)—but God called him a mighty warrior.
- **Peter** denied Christ (Luke 22:61–62)—yet was restored and boldly led the early church (Acts 2:14).
- **Paul** once persecuted the church (Acts 9:1–6)—yet became its greatest missionary and discipler.

Nothing Spirit-led is ever wasted. As you walk in the Word, you'll be amazed how often God brings truth to mind at just the right moment for someone else. So stay ready. Be like Philip—when the Spirit prompts, don't hesitate. *Run to that chariot* (Acts 8:29). God is preparing you to reach others. Now go—make disciples. Just as Jesus called you to do (Matthew 28:19–20).

**My Personal Commitment**

*“Teach me your way, O Lord, that I may walk in your truth.” — Psalm 86:11*

I commit to walk through this workbook with humility and honesty.

I want to know God more, live by His truth, and prepare my heart to disciple others.

**Name:** \_\_\_\_\_

**Date Started:** \_\_\_\_\_

**Goal Completion Date:** \_\_\_\_\_

Session	Topic	Session	Topic
1	What is a disciple?	11	Growing as a Christian in the Word
2	The fact of sin	12	Baptism
3	The penalty for sin	13	The Church
4	God's remedy	14	God's Word
5	Our responsibility	15	The Lord's Supper
6	The results of salvation	16	Sharing your faith
7	Knowing you are saved - assurance	17	Prayer
8	Temptation	18	Love
9	The enemy	19	Forgiveness
10	If sin occurs	20	Why only Jesus?

## Session 1: What Is a Disciple?

*Goal: To understand what it means to follow Jesus personally, not just in belief but in lifestyle—so that when the time comes, you're ready to help others follow Him, too.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Matthew 4:19
- Luke 9:23
- John 15:5–8
- 1 John 2:3–6
- 2 Timothy 2:2

### Reflect and Respond

- What part of Jesus' call to follow Him do you connect with most right now—and why?
- What is one thing in your life that you think God wants to reshape?
- What do you sense Jesus wants to do in your heart before you lead others?
- If someone asked you what a disciple is, what would you say now?

### What Will You Pass On?

- What's one truth from this session you would want to share with someone just starting out with Jesus?

## Session 2: The Fact of Sin

*Goal: To understand the truth about sin and to see our need for grace and experience the freedom that only Jesus offers.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Romans 3:10
- Romans 3:23
- Ecclesiastes 7:20
- Isaiah 64:6
- Jeremiah 17:9-10
- 1 John 1:8

### Reflect and Respond

- What does it mean to you that “all have sinned”? How does that level the ground for everyone?
- Knowing that everyone is a sinner in front of a holy God, what does that suggest to you about our efforts to look good or righteous in front of Him? (Reflect on Isa 64:6)
- How does it feel to know Jesus wants honesty, not perfection?
- What part of your heart is God showing you needs healing, not just change?

### What Will You Pass On?

- How would you explain what sin is to someone who thinks they’re doing just fine (1 John 1:8) or believe they are too far gone?
- What truth would you want to share with someone about the reality of sin?

### Session 3: The Penalty for Sin

*Goal: To understand that sin separates us from God, and that the penalty is real—but so is the solution.*

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#### Scriptures to Read (next to each one, write down what it means to you)

- Romans 6:23
- Isaiah 59:2
- Hebrews 9:27
- Hebrews 9:22
- Revelation 20:12
- James 1:15

#### Reflect and Respond

- What are the consequences of sin?
- How has separation from God affected you in the past? How has that impacted your desires and choices in life?
- God requires the shedding of blood for the forgiveness of sin (Heb 9:22). How does that change your view on the seriousness of sin?

#### What Will You Pass On?

- Facing a penalty is never easy, but how does the end of Romans 6:23 provide hope?
- What truth would you want to pass on to someone about the penalty for sin?

## Session 4: God's Remedy

*Goal: To see God's love in action—that He didn't leave us in our sin, but made a way through Jesus.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Romans 5:8
- Romans 6:23b
- John 14:6
- John 3:16
- 1 Corinthians 15:3
- Ephesians 2:8-9
- Titus 3:4-5

### Reflect and Respond

- Are you able to save yourself based on your own effort or works?
- How would you describe God's love in your own terms?
- What surprises you the most about how far God was willing to go to save you?
- What does it mean to you personally that Jesus died "in your place"?
- Grace is God's unearned love—we do nothing to deserve it. Faith is trusting Him enough to act on what He says (our beliefs in action). We can have faith and search for meaning in many things. As a believer, our faith is now in God. We are saved by God's grace when we place our faith in Him. What does this mean to you personally?

### What Will You Pass On?

- It has been said that people are not sent to hell for their sins but for rejecting God's plan to deal with their sins. How would you explain to someone God's reason and plan to deal with their sin?

## Session 5: Our Responsibility

*Goal: To understand that salvation is a gift we must receive—and a relationship we must enter into by faith.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Acts 3:19
- Ephesians 2:8-9
- Romans 10:9–10
- John 3:3
- John 1:12
- Revelation 3:20
- Mark 1:15

### Reflect and Respond

- In your own words, what does it mean to repent? What specific things in your life might you be turning *from* and turning *to*?
- What does “born again” mean and how does it happen? (See John 3:3 and Titus 3:3-7) Consider the Holy Spirit in your answer.
- What must a person do to trust Christ as their Savior? (See Romans 10:9-10, Revelation 3:20)
- Does John 3:3 suggest that someone can be born a Christian or just be a good person, or must they be spiritually reborn by the Spirit before they can enter the kingdom of God?
- Why is it important for a person to know God’s gift of salvation is free? (See Eph 2:8-9)

### What Will You Pass On?

- If someone said, “What do I need to do to be saved?”, what would you say?
- What truth would you want to pass on to someone from this session?

## Session 6: The Results of Salvation

*Goal: To understand how salvation changes our identity, standing with God, and daily life.*

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### Scriptures to Read (next to each one, write down what it means to you)

- 2 Corinthians 5:17
- John 3:36
- Romans 8:1
- Romans 8:9
- Romans 8:16-17
- Galatians 2:20
- Ephesians 1:7
- John 5:24

### Reflect and Respond

- Due to salvation, what are some of the new things you are given because of Christ?
- What changes have you noticed in your thinking or actions since becoming a “new creation in Christ”?
- How does knowing you are no longer under condemnation (Romans 8:1) affect your daily thoughts and actions?
- How does Galatians 2:20 impact your understanding of moving forward in Christ?

### What Will You Pass On?

- How would you explain to someone what changes when they are saved?
- What truth do you want to pass on to someone from this session?

## Session 7: Knowing You Are Saved – Assurance

*Goal: To build confidence in the reality of salvation and trust in God's promises.*

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### Scriptures to Read (next to each one, write down what it means to you)

- 1 John 5:11-13
- Romans 8:38-39
- John 10:27-29
- Philippians 1:6
- Hebrews 10:22
- 1 Peter 1:4

### Reflect and Respond

- If you have trusted Christ as your Savior and are truly following Him, then is your salvation based on your performance or His promise?
- What gives you confidence that your salvation is real?
- How should you respond when doubts come?
- What promises from God can you hold onto when you feel uncertain?

### What Will You Pass On?

- What would you say to someone struggling to believe they are truly saved?
- What core truth do you want to pass on to someone from this session?

## Session 8: Temptation

*Goal: To recognize temptation and develop reliance on God to overcome it.*

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### Scriptures to Read (next to each one, write down what it means to you)

- 1 Corinthians 10:13
- James 1:12-15
- Galatians 5:17
- 1 John 2:15-17
- Hebrews 4:15-16
- 1 Pet 5:8-9
- James 4:7
- Eph 4:22-32
- Matthew 5:29-30

### Reflect and Respond

- According to Galatians 5, 1 John 2, and James 1, why does temptation happen?
- What should you know about God's instructions with temptation?
- What does James say you must do before you can resist the devil?
- Jesus used an exaggeration to stress the importance of removing areas that may cause someone to sin (Matt 5:29-30). Do you practice this in your life today?
- What is our responsibility according to Ephesians 4? (put on, put off)

### What Will You Pass On?

- What advice would you give someone to help them stand strong when tempted?
- What core truths would you pass on to someone from this session?

## Session 9: The Enemy

*Goal: To recognize the spiritual battle we face and how to stand firm.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Ephesians 6:10–18
- 1 Peter 5:8–9
- James 4:7
- 2 Corinthians 10:3–5
- John 10:10

### Quick Notes

- The enemy is a liar (John 8:44-45) and a master deceiver (Gen 3:1-13). He disguises himself as something good (an angel of light, 2 Cor 11:4), seeking whom he may devour (1 Pet 5:8-9). We are in a spiritual battle against his forces of wickedness (Eph 6:12).
- Our battle is not against flesh and blood but against wicked, spiritual forces. God provides armor for us to stand firm in the fight. Five pieces are defensive (belt, breastplate, shoes, helmet, shield) and two are offensive (sword, prayer). Our armor is not a checklist but a lifestyle (Ephes 6:10-18).
- Satan roams looking for the weak. We are at our weakest when we are not submitting to God. When we are submitting to God, we can resist satan and he will flee. (James 4:7)
- The battle begins in the mind, and we need to cast down wrong thoughts and strongholds (2 Cor 10:3-5, Philippians 4:8).
- Satan is a created being (Ezek 28:13), and he is not omniscient, omnipresent, nor omnipotent. Everything he is allowed to do is only through God's permission (Job 1:12).

### Reflect and Respond

- We are told to stand against the enemy. How do you currently resist the enemy?
- What is satan's goal with you? (See John 10:10)
- What can you do to put on the full armor of God?

### What Will You Pass On?

- What would you warn a new believer about the enemy—and how God equips us to stand?

## Session 10: If Sin Occurs

*Goal: To understand God's grace and the steps to restoration after failure.*

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### Scriptures to Read (next to each one, write down what it means to you)

- 1 John 1:9
- Psalm 51:1–12
- Proverbs 28:13
- Galatians 6:1
- Matthew 5:24
- Psalm 66:18
- Isaiah 55:7
- Ps 103:12
- Heb 10:17

### Reflect and Respond

- What should you do when you sin? How should you respond even if it happens repeatedly?
- Does God remember our sins?
- How can you begin to walk in restoration and healing?
- If you do not confess (but hold onto the sin), what does that do to your fellowship with God, according to Psalm 66:18?
- If you are trying to hide a sin, what will God do? (See Proverbs 28:13)

### What Will You Pass On?

- How would you encourage a brother who has fallen into sin?

## Session 11: Growing as a Christian in the Word of God

*Goal: To understand the importance of growing and maturing in Christ with the Word of God.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Psalm 119:11
- 1 Peter 2:2
- 2 Timothy 3:16-17
- 2 Timothy 2:15
- Psalm 119:105
- Colossians 2:6-7
- Hebrews 5:12-14
- Philippians 3:12-14
- Ephesians 4:15-16

### Reflect and Respond

- God calls us to spiritual maturity. How do these verses support that?
- What spiritual habits have helped you grow so far?
- What area of growth do you feel needs more attention?
- Do you feel that spiritual growth comes accidentally or through intentional seeking, learning, and following of God? Use Scripture for your answer.
- Why is knowing and understanding the Word of God important in discipleship? (Reflect on 2 Tim 2:15, 3:16-17)
- If someone asks you a question you don't know the answer to, is it better to guess—or humbly admit you'll look it up in God's Word and come back to them?

### What Will You Pass On?

- What would you tell a new believer about growing as a Christian?

## Session 12: Baptism

*Goal: To understand the significance of baptism as obedience and testimony.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Matthew 28:19
- Acts 2:38
- Matthew 3:16
- Acts 8:36

### Quick Notes

- Baptism does not save a person but publicly communicates their inward commitment to follow God
- Baptism happens after a person has trusted Christ as their Savior. If a person was baptized as an infant but later accepts Christ when they are older, they need to be baptized again to show “their” commitment to follow Christ
- Jesus instructed us to baptize people in the name of the Father, Son, and Holy Spirit.
- Jesus was fully immersed in water for baptism
- Jesus was baptized to publicly declare His commitment to follow the Father’s will

### Questions to reflect on

- According to Acts 2:38, who should get baptized?
- What does baptism mean to you personally?
- Read the story of the eunuch in Acts 8. What did the eunuch do before getting baptized? (Acts 8:37). Did he delay getting baptized? Describe Philipp’s actions throughout the story. How does this story inspire you?

### What Will You Pass On?

- How would you explain the importance of baptism to someone who is unsure about it?

## Session 13: The Church

*Goal: To grasp the importance of the local church and community in the Christian life.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Hebrews 10:24-25
- Acts 2:37-47
- Ephesians 1:22-23
- 1 Corinthians 12:12-27
- Ephesians 4:11-13

### Quick Notes

- Scripture tells us there is a local church (See Galatians 1:1-2) as well as a universal church of all believers (See 1 Cor 12:13)
- The word “church” is “ekklesia” (Greek) which means “called out ones” (Matt 16:18)
- The church is called out from the world, called to be holy and for the purposes of God
- The church is made up of different people with a variety of gifts given by the Holy Spirit but united under one God, Spirit, hope, faith, baptism, body, and calling (Eph 4:4-6)

### Reflect and Respond

- Christ said “I will build My church” in Matt 16:18. What does this and these other verses above suggest about His intentions as people come to trust Him as Savior?
- Hebrews tells us not to neglect meeting together. Why is consistent fellowship with other believers important?
- If a person does not want to come to church nor use the gifts given to him, how does that impact the church body? (Reference 1 Cor 12)
- What role has the church played in your life?
- How can being part of a church help you grow spiritually?

### What Will You Pass On?

- How would you explain the church to someone new in their faith?

## Session 14: The Word of God

*Goal: To understand the central role of Scripture in guiding, teaching, and transforming us.*

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### Scriptures to Read (next to each one, write down what it means to you)

- 2 Timothy 3:16–17
- Psalm 119:9–11
- Hebrews 4:12
- Joshua 1:8
- Matthew 4:4

### Quick Notes

- The Protestant Bible is comprised of 40 writers over the span of 1500 years (1400 B.C. to 100 A.D.) across Europe and Asia, written in 3 languages, covering hundreds of topics, yet it is a book inspired by one ultimate author, God
- God's Word is inerrant and cannot be broken - John 10:35
- God does not change and neither does His doctrine - Malachi 3:6, Mathew 24:35
- The Word of God is the essence of God's character - John 1:1
- God's Word is not chained by the world's system. It does not die, despite many efforts to chain the Word - 2 Timothy 2:9
- God's Word will be fulfilled, down to the last comma – Matthew 5:18
- God's Word (2 Tim 3:16-17) is profitable for: **doctrine** – a set of established truths from of God's Word, **reproof** – to disprove or refute wrong teaching going against doctrine, **correction** - to make right or rectify bringing it to the standard of truth, God's Word, **instruction** – to teach according to doctrine, God's Word

### Reflect and Respond

- The Bible is described as sharper than any 2-edged sword, piercing between soul and spirit. What does that mean to you?
- God's Word can discern thoughts. How can God's Word help us grow?
- As a disciple, why is it important to be in God's Word daily? (look at Psalm 1, reflect on verse 2, also look at 2 Tim 2:15)

### What Will You Pass On?

- What would you say to someone about the Word of God as they begin their walk?

## Session 15: The Lord's Supper (Communion)

*Goal: To appreciate the meaning of communion as remembrance of what Jesus did for us*

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### Scriptures to Read (next to each one, write down what it means to you)

- Luke 22:19-20
- 1 Corinthians 11:23-29
- John 6:53-58
- Matthew 26:26-28
- Acts 20:7

### Quick Notes

- God offered the New Covenant to Israel (Jeremiah 31:31-34)
- But due to unbelief Israel rejected God and Gentiles who believe in Jesus are grafted in (Romans 11:19-24)
- Jesus told His apostles to remember what He did for them in being crucified by partaking of bread and drink. Communion is an ordinance in the church that is celebrated to remember Christ's sacrifice for us and the life He has given to all who believe.

### Reflect and Respond

- What does taking communion mean to you?
- How does it help you remember Jesus' sacrifice?
- Jesus said His blood was shed for the remission of sins (Matt 26:28). How does this relate to Hebrews 9:22?
- How can you prepare your heart before participating in communion? (See Matt 5:23-24)

### What Will You Pass On?

- How would you explain the purpose of communion to someone new?
- What core truths would you want to share with someone from this session?

## Session 16: Sharing Your Faith

*Goal: To encourage boldness and clarity in telling others about Jesus.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Matthew 28:18–20
- Acts 1:8
- Romans 1:16
- 1 Peter 3:15
- 2 Tim 4:2
- 2 Tim 2:15
- Colossians 4:5–6
- Matthew 10:32-33

### Quick Notes

- We must always have a reason for the hope in us (our testimony). Our words don't save anyone, they may inspire them, but it's God's Word that saves (Romans 1:16). When sharing your faith, don't let your personal story overshadow the Gospel—God's Word is what transforms lives
- Knowing the Gospel and being able to recite it is critical (Romans 3:23, 6:23, 10:9-10, John 3:3). If you don't have a verse memorized, it's ok to write it down and read from it when it comes to sharing God's Word. That shows seriousness and your commitment to Him
- Matthew 28 says "Go", which means "as you go." Wherever we go, we should be ready to share. A witness means you have firsthand experience (you've see God change your life)!
- We are not responsible for saving a person, that's God's part. We cannot control the conditions of a person's heart; we are only to sow the Word. (see Parable of the Sower)
- We must be attentive to the Spirit for guidance on when and how to share.

### Reflect and Respond

- What are some reasons people may give for not sharing?
- What are simple ways to start spiritual conversations?
- If the Holy Spirit asked you to share your story and God's tomorrow, could you? If not, practice writing it out. Remember, focus on His word, share Scripture, that is what changes hearts.

### What Will You Pass On?

- How would you help someone feel confident in sharing their faith?

## Session 17: Prayer

*Goal: To develop a deeper, more personal prayer life.*

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### Scriptures to Read (next to each one, write down what it means to you)

- Philippians 4:6-7
- 1 Thessalonians 5:16-18
- Matthew 6:5-15
- James 5:16
- Psalm 34:17-18
- Matthew 7:7-11
- John 17 (whole chapter)

### Quick Notes

- Jesus withdrew often to pray, usually in the morning (Mark 1:35).
- When Jesus prayed, He was focused on communing and being in the will of the Father.
- When we approach God, we must come with thankful hearts (Ps 100:4) and the right motives when we ask (James 4:1-3)
- When we hide unconfessed sin in our heart, God does not hear us (Ps 66:18)
- When you don't know what to pray, the Spirit intercedes for us (Romans 8:26-27)
- Jesus' model prayer follows this flow (PRAY) – **P**raise God, **R**epent, **A**sk of Him, **Y**ield to Him

### Reflect and Respond

- From the Scriptures above, what is missing in your prayer life?
- When you don't pray, what is that saying to God?
- How can you be more honest and open with God in prayer?
- How important is being still and listening to God in prayer?

### What Will You Pass On?

- What advice would you give someone just learning to pray?

## Session 18: Love

*Goal: To grasp that love is the foundation of the Christian life and relationships.*

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### Scriptures to Read (next to each one, write down what it means to you)

- 1 Corinthians 13:1-13
- John 13:34-35
- 1 John 4:7-12
- Romans 12:9-21
- Galatians 5:22-23
- Luke 10:25-37

### Quick Notes

- People are to know we are disciples of Christ based on our love for one another (John 13:34-35)
- Christ desires that the love He experiences with the Father be in us (John 17:25-26)
- The greatest commandments require us to Love God and Love others (Matt 22:37-38)
- We may have a great gift, but if we don't have love, we are nothing (1 Cor 13)

### Reflect and Respond

- How has your definition of love expanded based on Scripture?
- Where have you fallen short in loving God? In loving others?
- What makes loving others challenging for you?
- How can God help you love more like Jesus?

### What Will You Pass On?

- How would you explain biblical love to a new believer?

## Session 19: Forgiveness

*Goal: To understand that forgiveness is both something we receive and something we give—and that walking in it is essential to freedom and discipleship*

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### Scriptures to Read (next to each one, write down what it means to you)

- Colossians 2:13
- Matthew 18:23-35
- Ephesians 4:31-32
- Colossians 3:12-13
- Psalm 32:1-5
- Luke 7:47

### Quick Notes

- Forgiveness isn't optional for a follower of Jesus—it's essential. He commands it for our freedom and healing. (Luke 17:1-10)
- Unforgiveness leads to bitterness, defiles one's walk (Heb 12:15), affects people physically, mentally, spiritually (Ps 32:3-4), blocks prayers to God (Psalm 66:18), gives the devil a foothold (Eph 4:26-27), and affects one's worship (Matt 5:23-24)
- We ask God to forgive us in relation to how we forgive others (Matt 6:12)
- Forgiveness has no limits (Matt 18:21-22)

### Reflect and Respond

- How has God's forgiveness changed the way you see yourself?
- Is there someone God is leading you to forgive—even if they never say "I'm sorry"?
- What do you think happens in your heart when you choose not to forgive?
- How does God view unforgiveness when He has forgiven you? (See Matt 18:23-35)
- What's one way you've experienced the healing power of forgiveness?

### What Will You Pass On?

- What core truths would you want to share with someone about forgiveness?

## Session 20: Why Jesus is the only Way

*Goal: To be confident in why Jesus is the only way to God—not just because it's what we've heard, but because it's what He claimed, proved, and offers leship*

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### Scriptures to Read (next to each one, write down what it means to you)

- John 14:6
- Acts 4:12
- 1 Timothy 2:5–6
- Colossians 1:19–22
- Hebrews 1:1–3

### Quick Notes

- God has placed eternity in the hearts of men (Ecclesiastes 3:11), so there is an expectation that there is something more after this life
- Almost all religions believe in an eternal destination that is a better place, a “heaven”
- All religions but Christianity position that one must work to achieve “heaven”
- Many religions promote self-achievement but Christ said “whoever loses his life for My sake will save it” (Luke 9:24)
- Christianity is the only religion where God is not impersonal but wants a relationship with His creation. It also makes it clear that the only way a person can get to heaven is through Christ (John 14:6). They can't earn eternal life, it's a gift (Eph 2:8-9) and heaven is only for those who place their trust in Christ and follow Him (John 3:16)

### Reflect and Respond

- People may say “there are many paths to heaven.” How does that compare to John 14:6?
- Why does it matter that Jesus is the only way, and He alone has the power to save?
- How has Jesus become the Way for you, not just in belief, but in how you live?

### What Will You Pass On?

- If someone asked, “Why do Christians say Jesus is the only way?”, how would you respond now?