

Seven Signs You're Experiencing a Spiritual Attack

"Under Attack" by Jentezen Franklin (Charisma Magazine)

Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. (1 Peter 5:8)

1. Loss of Spiritual Desire

- "O God, You are my God; early will I seek You; my soul thirst for You; my flesh longs for You in a dry and thirsty land where there is no water." (Ps. 63:1)
- Losing your spiritual desire rarely happens deliberately.
- Loss of spiritual desire happens slowly, and the changes in your heart are subtle.

2. Physical Fatigue

- If my body is weak, it allows things to get into my mind (soul), and that allows things to negatively affect my spirit.
- Elijah (1 Kings 19:1-4)
- Many times we face our greatest attacks just before great promotion or just after a great victory.

3. "Lack Attack"

- These are times when it seems all your resources dry up
- The enemy attacks in this way to get your eyes off God and put your eyes on money.
- When going through lack attack, focus your mind on God's promises, not your problems. (Ps. 37:25)

4. Weak Prayer Life

- There are times when even though you are faithful to pray, your mind may work against you.
- You'll think of a hundred different things you need to do the moment you try to go and pray.
- The key to spiritual life is breathing- inhaling the Word of God and exhaling with prayer.

5. Feeling Overwhelmed and Hopeless

- Circumstance comes from two words: *circum* (encircle) and *stance* (stand). In other words you stand encircled by what's going on.
- When circumstances feel overwhelming, it's as if there is no escape.
- Hopelessness doesn't happen all at once.
- If quitting is never an option, then you won't want to quit when times get hard.

6. Old Habits & Lifestyles Resurface

- Satan loves to tempt us with past iniquities.
- This sign of attack begins with a longing for a former lifestyle.
- If you even start thinking about these things, do not ignore the warning conviction of the Holy Spirit.

7. Pulling Away from Godly Relationships

- Have you pulled out of relationships with people at church?
- Are more and more of your friends carnally minded rather than spiritually minded?
- If so, you're stumbling around on the battleground and the enemy has a target drawn on your head.

Finally, be strong in the Lord and in the strength of his might. ¹¹ Put on the whole armor of God, that you may be able to stand against the schemes of the devil. (Ephesians 6:10-11)

Five “Do Nots” to Break the Enemy’s Attack. Once you’ve taken a stand against the enemy’s attack, here are five “do nots” you must remember.

1. Do not forget who made you. God created you with storms in mind. He has equipped you and you are going to make it through in Him.
2. Do not forsake the time and place of prayer. Two things that are vital to a successful prayer life: a time of prayer and a place of prayer.
3. Do not forsake the place of power. Your church is a place of power.
4. Do not forsake the power of partnership. It is good to be around people who have lived longer, done more than you have and can give wise counsel.
5. Do not disconnect from pastoral protection. I have often seen people under attack whom I wanted to pull close and help, but they refused. Don’t wait until the enemy is tearing you to pieces to seek the aid of those in a pastoral role in your life.