



**United Methodist Women Walk/Run-a-Thon  
Saturday May 16, 2026**

**Registration: 10:00-10:25am ~ Walk/Run: 10:30am!**

**Registration Fees**  
**Adults: Early Registration ~ \$18 (by May 14)**  
**After May 14 ~ \$20**  
**Kids: 11-17 yr ~ \$12**  
**6-10 yr ~ \$6**  
**5 & Under ~ FREE**  
**Teams: 1 Free Adult Fee (every 5<sup>th</sup> adult)**

**EVENT DETAILS**

- **Starts and Ends at Flushing United Methodist Church** (see address below)
- **1 mile or more (your choice) Routes Include Riverview Park**
- **PRIZES: Longest Walk! Most # of Sponsors! Largest Total \$'s Collected!**
- **Walkins Welcome! Medals for All!**
- **Registration Fee & Pledge Money - Turn in Day of Walk/Run-a-Thon**
- **Bring Yourself, Bring Your Family and Friends...**
- **OR...Bring a Team of Adults (Save \$'s on registration fees)!**
- **Proceeds Support Mission Work of UMW**  
 ~YWCA Safe House      ~Heartbeat of Flint      ~Voices for Children  
 ~Bread for Life      ~Flushing Christian Outreach Center
- **After Walk/Run & until 12:15pm the activities listed below will be available:**

**FREE FOOD! LIVE MUSIC! GAMES! FACE PAINTING! BAKE SALE!  
ROCK-A-THON\*! OPPORTUNITY BASKETS! PRIZE AWARDS!**

\*Not able to participate in the walk/run? **'ROCK for Mission'** in our **'ROCK-A-THON'!**  
 Rocking Chairs Provided; Pre-registration required! Collect pledges & join the fun!

-----registration tear off-----

Please put this registration in the box provided in the church lobby. If not completing this at the church you can mail it to: **Flushing United Methodist Church 413 E. Main St. Flushing, MI 48433**

Participants name: \_\_\_\_\_ # of people in your group \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Cell Ph (text?): \_\_\_\_\_

Participating in (please select one): Walk/Run-a-thon \_\_\_ Rock-a-thon \_\_\_ (limited #'s)

Or you may also register by emailing the above information to: [office@flushingumc.org](mailto:office@flushingumc.org)  
 Please make checks payable to: FUMC & put on Memo Line: UMW/Move

