

Student's Name: _____

Sermon Notes for April 19th, 2026
“A Journey through the Book of Philippians”
“To Live is Christ”

Sermon text: **Philippians 1:18b-30**; Old Testament Text: **Psalm 145:8-14**; Gospel Text: **Matthew 5:43-48**.

Read **Philippians 1:18b-30 (below)** as you listen to the sermon, then answer the questions below.

Philippians 1:18b-30: (NIV): **Philippians 1:18b-30:** Yes, and I will continue to rejoice, ¹⁹for I know that through your prayers and God's provision of the Spirit of Jesus Christ what has happened to me will turn out for my deliverance. ²⁰I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. ²¹For to me, to live is Christ and to die is gain. ²²If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know! ²³I am torn between the two: I desire to depart and be with Christ, which is better by far; ²⁴but it is more necessary for you that I remain in the body. ²⁵Convinced of this, I know that I will remain, and I will continue with all of you for your progress and joy in the faith, ²⁶so that through my being with you again your boasting in Christ Jesus will abound on account of me. ²⁷Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in the one Spirit striving together as one for the faith of the gospel ²⁸without being frightened in any way by those who oppose you. This is a sign to them that they will be destroyed, but that you will be saved—and that by God. ²⁹For it has been granted to you on behalf of Christ not only to believe in him, but also to suffer for him, ³⁰since you are going through the same struggle you saw I had, and now hear that I still have.

1. Read **Philippians 1:18b-19**. In what does Paul choose to rejoice?
2. What two things does Paul believe will enable him to know *deliverance*?
3. To what two different things might *deliverance* refer?
4. Read **Philippians 1:20**. In your own words, tell me what Paul is saying in this verse.
5. Read **Philippians 1:21**. What does Paul mean when he says, *“To live is Christ?”*
6. What does Paul mean when he says, *“To die is gain?”*
7. Read **Philippians 1:22**. If Paul continues to go on living in the body, why will *his labor be fruitful*?

8. Why is it so hard for Paul to know whether he prefers to live or to die and be with Christ?

9. Read **Philippians 1:23-26**. What is it that finally leads Paul to know for sure what he is to do?

10. According to v. 25, what two things does Paul hope to give the Philippians in their faith walk?

11. Read **Philippians 1:27-28**. Why is *the way the Philippians conduct themselves* of so much importance to Paul?

12. Why would standing firm in the one Spirit & striving together as one for the faith of the gospel without fear be *a sign to those who are being destroyed*?

13. Read **Philippians 1:29-30**. Why do you think Paul makes *suffering for Christ* sound like a blessing?

14. What will you remember most from this message?