

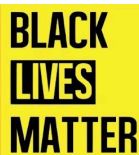


Third Sunday of Easter

April 19, 2026 + 4pm



Image: "The Road to Emmaus" by [Michael Torevell](#).



Welcome to the AbbeyChurch!

Christ Is Risen! Christ is Risen Indeed!

At the AbbeyChurch, we tell stories of faith, encourage hope, share meals, care for each other and for God's creation, and strive to practice the teachings of Jesus.

We're at different places in our faith journey but we share a guiding sacred story as found in scripture (The Bible) and summarised in our Christian creeds.

We share a willingness to honestly wrestle with God—with our questions and doubts, our disillusionment with our institutions and our concern for our world.

We invite diversity in our community and our leadership; old, young, rich, poor, conservative, liberal, radical, single, married, LGBTQ2IA+, straight, evangelical, progressive, overeducated, undereducated, overhoused, underhoused, uncertain, doubting, hurting, thriving (to name a few).

As a witness to unity in diversity, the AbbeyChurch is an affirming (full inclusion and leadership of 2SLGBTQIA+ folk) shared ministry of The United Church of Canada and The Anglican Church of Canada.

We draw on those spiritual traditions, as well as others across the Christian spectrum. We're also connected to Emmaus, an intentional community that is inspired by monasticism and whose members make commitments to prayer, presence and simplicity.

We believe that Christ's love and grace binds our differences together and renews our hope as we gather each week at Jesus' table of radical welcome.

Land Acknowledgement

The AbbeyChurch acknowledges that we worship and pray on the stolen territory of the Ləkʷəŋən peoples', the Songhees and Xwsepsum (Esquimalt) Nations. We strive to journey toward reparation, right relationship and reconciliation with justice. We confess the complicity of our religious traditions and institutions in the loss of life, lands, languages, spiritualities and cultures of the First Peoples' of these lands.

We pause in silence to remember and to recall the land under our feet, the hidden rivers, the trees and flowers and shifting seasons. We are grateful for the ongoing wisdom, stewardship and tending of these lands and apprentice ourselves to this good work of caring for creation and seeking to live in right-relationship with each other.

We Gather

Tolling of the Bells

Welcome : Announcements : Land Acknowledgment

Opening Words :

We need your presence on the long road, Lord.

**The road between fear and hope,
the road between the place where all is lost
and the place of resurrection.**

Like the disciples walking the road to Emmaus,
we are in need of your company!

**Jesus, stand among us, in your risen power,
let this time of worship, be a hallowed hour.**

written by Carol Penner, and posted on Leading in Worship, (alt.)

Let us pray,

O God, whose beloved Son made himself known to the disciples in the breaking of bread: Open the eyes of our faith, that we may behold Christ in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Gathering Song: Praise to the Lord, the Almighty

Praise to the Lord, the Almighty, who rules all crea-tion!

O my soul, praise God, at all times your health and salvation!

Come all who hear, siblings come gather, draw near;

Joining in glad adoration;

Praise to the Lord, above all things so mightily reigning,

Keeping us safe at God's side, and so gently sustaining!

Have you not seen, how all you needed has been

Met by God's gracious ordaining;

Praise to the Lord, who will prosper our work and defend us;

Surely God's goodness and mercy shall daily attend us.

Ponder anew what the Almighty can do,

Who out of love will befriend us;

Praise to the Lord, O let all that is in me adore Them!

All that hath life and breath, come now with praises before Them.

Let the Amen sound from God's people again,

Gladly with praise we adore Them.

Joachim Neander (1680), Translator: Catherine Winkworth (1863), Public Domain.

The Poem

Chosen by Molly LeBlanc - Poet-in-Residence

We Proclaim

The Reading: A reading from the Acts of the Apostles: (2:14A, 37-41)

But Peter, standing with the eleven, raised his voice and addressed them, “Fellow Jews and all who live in Jerusalem, let this be known to you, and listen to what I say. Now when they heard this, they were cut to the heart and said to Peter and to the other apostles, “Brothers, what should we do?” Peter said to them, “Repent and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven, and you will receive the gift of the Holy Spirit. For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him.” And he testified with many other arguments and exhorted them, saying, “Save yourselves from this corrupt generation.” So those who welcomed his message were baptized, and that day about three thousand persons were added. They devoted themselves to the apostles’ teaching and fellowship, to the breaking of bread and the prayers.

This is the word of the Lord. **Thanks be to God.**

Psalm 116 *Dilexi, quoniam*

I love the Lord *

 who has heard the voice of my supplication,
who has listened to me *
 whenever I called.

The cords of death entangled me; the grip of the grave took hold of me; *
 I came to grief and sorrow.

Then I called upon the name of the Lord: *

 “O Lord, I pray you, save my life.”
Gracious is the Lord and righteous; *
 our God is full of compassion.

The Lord watches over the innocent; *

 I was brought very low, and the Lord helped me.
Turn again to your rest, O my soul, *
 for the Lord has treated you well.

For you, O Lord, have rescued my life from death, *
 my eyes from tears, and my feet from stumbling.

I will walk in the presence of the Lord *
 in the land of the living.

I believed, even when I said, *
 ”I have been brought very low.”

In my distress I said, *
 ”No one can be trusted.”

How shall I repay you, O Lord, *
 for all the good things you have done for me?

I will lift up the cup of salvation *
 and call upon your name.

I will fulfil my vows to the Lord *
 in the presence of all the people.

Precious in your sight, O Lord *
 is the death of your servants.

O Lord, I am your servant; *
 I am your servant and the child of your handmaid;

you have freed me from my bonds.
I will offer you the sacrifice of thanksgiving *
and call upon the name of the Lord. 1
I will fulfil my vows to the Lord *
in the presence of all the people of God.
In the courts of the house of the Lord, *
in the midst of you, O Jerusalem. Hallelujah!

You are invited to rise in body or spirit as we prepare our hearts to hear the gospel.

Gospel Acclamation: Glory, Glory, Hallelujah!

Glory, glory, Hallelujah, for He rose up from the ground! x2

American traditional, Public Domain.

The Gospel:

Let us proclaim the Gospel from the rooftops. **With our words and with our lives!**

A reading from the Gospel according to x (20:19-31)

Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened. While they were talking and discussing, Jesus himself came near and went with them, but their eyes were kept from recognizing him. And he said to them, "What are you discussing with each other while you walk along?" They stood still, looking sad. Then one of them, whose name was Cleopas, answered him, "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" He asked them, "What things?" They replied, "The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, and how our chief priests and leaders handed him over to be condemned to death and crucified him. But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. Moreover, some women of our group astounded us. They were at the tomb early this morning, and when they did not find his body there they came back and told us that they had indeed seen a vision of angels who said that he was alive. Some of those who were with us went to the tomb and found it just as the women had said, but they did not see him." Then he said to them, "Oh, how foolish you are and how slow of heart to believe all that the prophets have declared! Was it not necessary that the Messiah should suffer these things and then enter into his glory?" Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

As they came near the village to which they were going, he walked ahead as if he were going on. But they urged him strongly, saying, "Stay with us, because it is almost evening and the day is now nearly over." So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him, and he vanished from their sight. They said to each other, "Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?" That same hour they got up and returned to Jerusalem, and they found the eleven and their companions gathered together. They were saying, "The Lord has risen indeed, and he has appeared to Simon!" Then they told what had happened on the road and how he had been made known to them in the breaking of the bread.

Christ is risen! Alleluia! **Alleluia, Christ is risen indeed!**

Gospel Acclamation: *Repeated*

The Sermon

Matt Humphrey

Bell. Silence for reflection. Bell.

Confession

God who walks with us, sometimes we are so busy talking with each other that we fail to see you beside us. Walking on, so busy talking, we avoid the silent spaces in which you come and speak. We confess our need for you and our failures to heed your call...

Silence

Stay with us, Jesus Christ. Reach out towards us and invite us to pause and meet with you, we pray. As we look at our lives and that of the world around us, we are sometimes too anxious to share our real questions or our doubts and fears. They live within us in troubled silence....

Silence

Saying together, **Stay with us, Jesus Christ. Reach out towards us and invite us to pause and meet with you, we pray. We call your name, O Christ, and hope to discover you here in our community of vulnerable faith. Amen.**

Absolution

Beloved friends, Jesus Christ never leaves us nor forsakes us. Let us open our hearts to receive the grace which Christ brings to us in faithfulness. You are forgiven and free! Thanks be to God.

Words for Worship. <http://pilgrimwr.unitingchurch.org.au>, (Alt.)

The Peace

The peace of the Lord be always with you.

And also with you.

You are invited to share a sign of God's peace to those near you.

Offering: Contributions to our common life can be made at the back of the space (now or later) in the boxes or using debit or credit card. You can e-transfer donations to treasurer@emmauscommunity.ca (that's our preferred method) or donate to AbbeyChurch / Emmaus via CanadaHelps by using the QR Code on the last page of this leaflet. All donations are eligible for a charitable tax receipt.

The Offertory Song: We Will Feast in the House of Zion

We will feast in the house of Zion
We will sing with our hearts restored
You have done great things, we will say
together
We will feast and weep no more

We will not be burned by the fire
You are the LORD our God
We are not consumed, by the flood
Upheld, protected, gathered up...
We will feast...

In the dark of night, before the dawn
My soul, be not afraid
For the promised morning, oh how long?
Oh God of Jacob, be my strength
We will feast...

Every vow we've broken and betrayed
You are the Faithful one
And from the garden to the grave
Bind us together, bring shalom
We will feast...

Sandra McCracken, © 2015. Drink Your Tea / CCLI

We Celebrate

As we prepare for this holy feast, we are reminded that all are welcome at Jesus's wherever they find themselves in their spiritual journey.

If you wish to come forward to receive a blessing rather than bread and wine, simply place your hands across your chest.

Prayer Over The Gifts

Let us pray,

Thank you, God, for this moment in worship when you make yourself known to us in the breaking of bread. Receive all we offer - take what we have to give that others may receive what they need. Take our bread, our witness, our lives to benefit all your human family. May your glory be known among us and in all the world. **Amen.**

The Holy Eucharist

The Living God is with you! **And also with you**

Lift up your hearts! **We lift them to the Lord**

Let us give thanks to the Risen One.

It is right to give God thanks and praise...

Thanks and praise fill our hearts, for you are the God of creation and new Creation, of covenant and new Covenant. You brought your people out of slavery to freedom and you have walked the path from the depths of death to the glory of Resurrection Life. And so we gladly praise you, joining with all the company of Heaven and your creation, as we sing the hymn of your unending praise.

The Sanctus:

Holy, holy, holy Lord, God of power and might,

Heaven and earth of your glory are full

Hosanna Hosanna Hosanna in the highest.

Blessed is He who comes in the name of the Lord.

Blessed is He who comes in the name of the Lord. *repeat*

Steve Bell / © 1991 Signpost Music / CCLI

Joy and gladness are our song, redeeming God, for Christ is risen! And around the table once more we proclaim that Jesus, at supper with his disciples, took bread, gave you thanks, broke it and gave it to them saying Take and Eat, This is my body which is given for you, do this in remembrance of me.

After supper he took the cup. Again he gave you thanks and gave it to his companions, saying drink this all of you, this is my blood of the new Covenant, which is shed for you and for many for the Forgiveness of sins do this as often as you drink it in remembrance of me.

Great is the mystery of faith!

Christ has died! Christ is risen! Christ will come again!

Hope and joy are our breath, merciful God, for in a garden of life, you have rolled away the stone of fear and despair, the stone of oppression, the stone of sin, the stone of death.

As you did in creation, so too in the wonder of resurrection - send your Holy Spirit upon us and upon these gifts of bread and wine that they may be for us the body and blood of the risen Christ. Come and stand among us and breathe on us your peace, breathe on us your power, breathe on us your life, that all who labour, all who weep, all who hunger, all who rejoice shall meet you in the breaking of the bread. Shape your church to be your risen body, a diverse and beautiful garden of your Spirit, until you come again and we feast together in your kingdom and all are made one in your love. **Amen. Alleluia!**

The Prayer of Jesus:

As beloved children of a loving parent let us pray:

Our Father (Mother/Source/Parent)

who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Silence is kept.

These are the gifts of God, for the people of God, given for the life of the world.

Thanks be to God! Alleluia!

*All are welcome (none compelled!) to receive at Jesus' table!
The bread is gluten-free, there are also rice crackers available.
Grape juice is in the small cups. It is wine (port) in the larger chalice.*

Song (pre-recorded): Father let your Kingdom Come

Porter's Gate Worship Project, Mason Jar Music, 2017, CCLI

Song: The Maker

Oh, oh deep water, black and cold like the night
I stand with arms wide open, I've run a twisted line
I'm a stranger in the eyes of the Maker

I could not see for the fog in my eyes I could not feel for the fear in my life
From across the great divide, In the distance I saw a light
Of Jean Baptiste's he's walking to me with the Maker

My body my body is bent and broken by long and dangerous sleep
I can't work the fields of Abraham and turn my head away
I'm not a stranger in the hands of the Maker

Brother John, have you seen the homeless daughters
Standing there with broken wings
I have seen the flaming swords
There over east of eden
Burning in the eyes of the Maker (x3)

Oh, river rise from your sleep (repeat)
Daniel Lanios / Warner Brothers / Opal

Song: We will Feast in the house of Zion

We will feast in the house of Zion
We will sing with our hearts restored
You have done great things, we will say together
We will feast and weep no more

We will not be burned by the fire
You are the LORD our God
We are not consumed, by the flood
Upheld, protected, gathered up
We will feast...

In the dark of night, before the dawn
My soul, be not afraid
For the promised morning, oh how long?
Oh God of Jacob, be my strength
We will feast...

Every vow we've broken and betrayed
You are the Faithful one
And from the garden to the grave
Bind us together, bring shalom
We will feast...

Sandra McCracken, © 2015. Drink Your Tea / CCLI

The Prayer After Communion:

Author of life divine, in the breaking of bread we have known the risen Lord. Feed us always in these mysteries, that we may show your glory to all the world. We ask this in the name of Jesus Christ our Lord. **Amen.**

Anglican Church of Canada

We Are Sent

The Blessing:

Closing Song: Your Peace will make us One

Mine eyes have seen the glory
of the coming of the Lord
You are speaking truth to power,
you are laying down our swords
Replanting every vineyard
til a brand new wine is poured
Your peace will make us one

I've seen you in our home fires
burning with a quiet light
You are mothering and feeding
in the wee hours of the night
Your gentle love is patient,

you will never fade or tire
Your peace will make us one

In the beauty of the lilies
you were born across the sea
With a glory in your bosom
that is still transfiguring
Dismantling our empires
til each one of us is free
Your peace will make us one

Glory! Glory! Hallelujah! (x3)
Your peace will make us one. X2
Audrey Assad. © 2019./ CCLI

The Sending:

Go in peace to love and serve the Risen Lord! Alleluia!
Thanks be to God. Amen. Alleluia!

Postlude: You Shall go out with Joy

You shall go out with joy and be let forth with peace -
The mountains and the hills will break forth before you
There'll be shouts of joy And all the trees of the fields - will clap, will clap their hands.
And all the trees of the fields will clap their hands (x x)
And all the trees of the fields will clap their hands (x x)
The trees of the fields will clap their hands (x x)... While you go out with joy

Stuart Daeuermann / OneLicense / Hope Publishing / Voices United

Weekday Prayer with the Emmaus Community

@ Emmaus/AbbeyChurch Upper Room (off the Balmoral parking lot, up the metal stairs)

Mondays 9 am - Morning Prayer w/ Centering Prayer - approx 45 mins. In-person only.

Tuesdays 9 am - approx 25-30 mins - in-person and online.

Thursdays 8:15 am - morning prayer - The Upper Room and online on zoom.

Fridays 8:15 am - morning prayer - *on-line zoom only*

Contact us for information on the accessible entrance or zoom/liturgies link.

Open to any and all!

BORROW A BOOK? the (very in-progress - 15% catalogued) library catalog is here:
www.librarycat.org/lib/EmmausCommunity or email library@emmauscommunity.ca

WEEKLY NEWSLETTER? Have you subscribed to our weekly e-newsletter? We have recently learned that some shaw.ca emails are not receiving the newsletters - if you are missing them, please re-subscribe with a new email here: <https://www.abbeychurch.ca/subscribers>



Donations to our Common Life and Ministry

A huge thank you to all who have supported our ministry as we've moved into 2026, making it possible for us to continue thriving! With deep gratitude, we continue to receive your offerings. If you wish to give a financial gift to support what you have encountered here, there are a few ways you can do so:

1. **E-transfers.** This method is preferred, as we receive the full amount with no fees assessed. You can use your online banking to send an interac e-transfer to treasurer@emmauscommunity.ca. Make sure you have filled out [this form](#) so we have the details to provide a tax receipt or email treasurer@emmauscommunity.ca with the details of the amount, date and your full contact details.
2. **Online** Via [Canada Helps - follow the link below or click the QR code -> here:](https://www.canadahelps.org/en/charities/emmausabbeychurch/) <https://www.canadahelps.org/en/charities/emmausabbeychurch/>
3. The **Square POS** reader at the back of the church. We encourage you to double check your name and contact details are accurate when making a donation via Square or using one of the slips on the back table.

With deep gratitude for your generous support of this beloved AbbeyChurch.

admin@abbeychurch.ca + www.abbeychurch.ca

778.557.4166 we would love to connect.

This leaflet is printed on tree-free paper. Please recycle or take home

