



The Lord is risen!
Alleluia!

On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

April 19, 2026
Third Sunday of Easter



Welcome!

*We are so glad you have come to St. Mark's today!
In this place we do two primary things: we give thanks to God and pray
for the world. If there is something on your heart you need to share with
God, this is the right place to share it.
You are God's Beloved Child, and you belong **here**.*

This morning in worship...

It is still Easter - five more weeks of it. Today we walk the road to Emmaus, where two disciples fail to recognize Jesus walking beside them. Perhaps you have known moments like that. You are invited—to walk, to listen, and to discover that Christ is nearer than you think.

Altar flowers are given today to the Glory of our Risen Lord and for His blessings upon our lives and His continued love and mercy. To dedicate flowers, please sign up on the flower chart in the hall.



Today's Scripture

From Introductions to the Lessons by Bill Bennett.

Acts 2:14a, 36-41 Many people seek repentance and are baptised following Peter's sermon. The words of this reading are also quoted in the rite of Baptism in A New Zealand Prayer Book / He Karakis Mihinare o Aotearoa.

1 Peter 1:17-23 The writer sees the Easter event as something set from the beginning of creation itself.

Luke 24:13-35 Cleopas and companion encounter the risen Christ on the road to Emmaus.

Junior Church

Children will gather after the opening songs for a commissioning and then return for communion. All of our staff and volunteers have had a criminal record check and have been approved for ministry with vulnerable people. Teens that are interested in volunteering as a helper or in any Sunday service ministry role all are welcome to reach out to David.

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.

Next Week: April 26

The Feast of St. Mark & Vocations Sunday

Isaiah 52:7-10; Psalm 2:7-13; Ephesians 4:7-8, 11-16; Mark 1:1-15

The Reverend David Preaches.



the Gathering of the Community

Alleluia! Christ is risen.

The Lord is risen indeed. Alleluia!

May his grace and peace be with you.

May he fill our hearts with joy.

Almighty God,

to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

There Is A Redeemer

Melody Green

**There is a Redeemer,
Jesus, God's own Son;
precious Lamb of God, Messiah, holy One.**

**Thank you, O my Father,
for giving us your Son,
and leaving your Spirit till
the work on earth is done.**

**Jesus, my Redeemer,
name above all names;
precious Lamb of God, Messiah,
O for sinners slain.**

**When I stand in glory,
I will see his face;
there I'll serve my King forever
in that holy place.**

How Deep the Father's Love

Stuart Townend

**How deep the father's love for us,
how vast beyond all measure
that he should give his only son
to make a wretch his treasure.
How great the pain of searing loss.
The father turns his face away
as wounds which mar the chosen one
bring many sons to glory.**

**Behold the man upon a cross,
my sin upon his shoulders.
Ashamed, I hear my mocking voice
call out among the scoffers.
It was my sin that held him there
until it was accomplished;
his dying breath has brought me life.
I know that it is finished.**

**I will not boast in anything:
no gifts, no pow'r, no wisdom.
But I will boast in Jesus Christ:
his death and resurrection.
Why should I gain from his reward?
I cannot give an answer.
But this I know with all my heart:
his wounds have paid my ransom.**

Risen Christ,

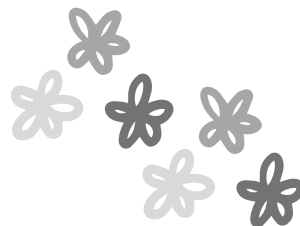
**companion on the way: break through
the disillusionment and despair which
cloud our vision, so that we may find
our way and journey on as messengers
of your good news. Amen.**

Commissioning of the Children

We have a wonderful program for your child this morning. They will return for Communion. Please note that all our children's workers have had a criminal record check and are approved by the Diocese of New Westminster to work with vulnerable people.

The peace of the Lord be always with you.

And also with you!



the Proclamation of the Word

We have large-print versions of the Scripture available for those who need one. Please ask a greeter for one.

The Acts of the Apostles (2:14a, 36-41).

Listen for God's Word.

Our hearts are open.

Psalm 116

Isaac Watts

**I love the Lord; he heard my cry
and pitied every groan.**

**Long as I live and troubles rise,
I'll hasten to his throne.**

**I love the Lord; he heard my cry
and chased my grief away.**

**O let my heart no more despair
while I have breath to pray.**

The First Letter of Peter (1:17-23).

Listen for God's Word.

Our hearts are open.

Celtic Alleluia

Christopher Walker, Fintan O'Carroll

Alleluia!

The Lord be with you.

And also with you.

The Holy Gospel

of our Lord Jesus Christ according to Luke.

**Glory to you,
Lord Jesus Christ**

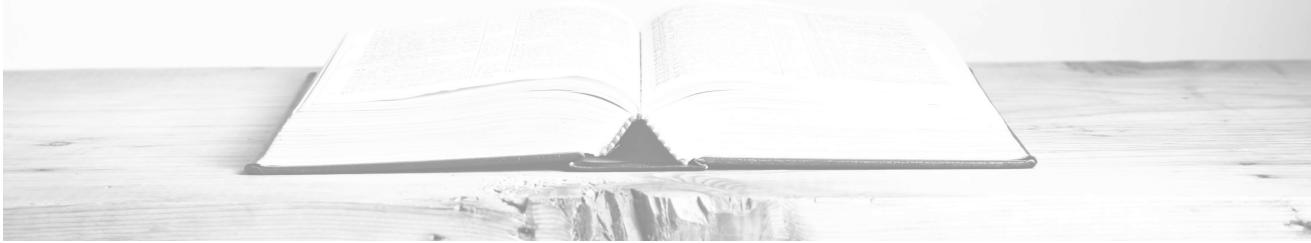
Luke 24:13-35

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Sermon Notes



The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father; through whom all things were made; who, for us and for our salvation came down from heaven; who by the power of the Holy Spirit became incarnate from the Virgin Mary, and was made human; who for our sake was crucified under Pontius Pilate; who suffered death and was buried; who, on the third day, rose again in accordance with the scriptures; who ascended into heaven and is seated at the right hand of the Father; who will come again in glory to judge the living and the dead, and whose kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father; who with the Father and the Son is worshipped and glorified; who has spoken through the prophets; we believe in one holy catholic and apostolic Church; we acknowledge one baptism for the forgiveness of sins; we look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

the Celebration of the Eucharist

*We collect our tithes and offerings and present them to the Lord. We give thanks to God for your generosity to the ministry of this community. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. **Today we use Eucharistic Prayer 1 from the BAS.***

Let There be Light

David Taylor

**At creation there was
hov'ring over emptiness,
breathing life into dust,
Holy Spirit gentleness.
The light shone in the dark
and darkness drifted far away**

*Let there be light
and let the whole world see
that we can be
children living free
From fear and filled
with Jesus' living breath.
Let there be light;
life has conquered death.*

**In the shadow of death,
even there we will not fear.
For the maker of breath
is a friend who's always near.
There light shines in the dark
the darkness drifts so far away.**

**At the time of Christ's death
light was laid inside a tomb,
and the earth held its breath
as all joy gave way to gloom.
But light shone in the dark
And darkness drifted far away.**

Sanctus

Per Harling

**You are holy, you are whole.
You are always ever more
than we ever understand.
You are always at hand.
Blessed are you coming near.
Blessed are you coming here
to your church in wine and bread,
raised from soil, raised from dead.**

**You are holy,
you are wholeness, you are present.
Let the cosmos praise you, Lord!
Sing hosanna in the highest!
Sing hosanna! Sing hosanna to our God!!**

The priest continues in prayer.

The Lord's Prayer

Mallotte

**Our Father, which art in heaven, hallowed by thy
name. Thy kingdom come, thy will be done on
earth as it is in heaven. Give us this day our
daily bread, and forgive us our debts, as we
forgive our debtors. And lead us not into
temptation but deliver us from evil; for thine is
the kingdom, and the power, and the glory,
forever. Amen.**

Lord, we died with you on the cross.

Now we are raised to new life.

We were buried in your tomb.

Now we share in your resurrection.

Live in us, that we may live in you.

Alleluia! Alleluia! Alleluia!

The gifts of God for the Children of God.

Thanks be to God.

Common Praise 24

Abide with me:

**fast falls the eventide;
the darkness deepens;
Lord, with me abide.
When other helpers fail,
and comforts flee,
Help of the helpless,
O abide with me.**

**Swift to its close
ebbs out life's little day;
earth's joys grow dim,
its glories pass away;
change and decay
in all around I see:
O thou, who changest not,
abide with me.**

**I need thy presence
every passing hour;
what but thy grace
can foil the tempter's power?
Who like thyself
my guide and stay can be?
Through cloud and sunshine,
Lord, abide with me.**

**I fear no foe
with thee at hand to bless;
ills have no weight,
and tears no bitterness.
Where is death's sting?
Where, grave, thy victory?
I triumph still,
if thou abide with me.**

**Hold thou thy cross
before my closing eyes;
shine through the gloom,
and point me to the skies;
heaven's morning breaks,
and earth's vain shadows flee:
in life, in death,
O Lord, abide with me.**

I Love You Lord

Laurie Klein

**I love you, Lord, and I lift my voice
to worship you, O my soul, rejoice!
Take joy, my king, in what you hear:
may it be a sweet, sweet sound in your ear.**

In Christ Alone

Keith Getty, Stuart Townend

**In Christ alone my hope is found,
he is my light, my strength, my song;
this cornerstone, this solid ground,
firm through the fiercest drought and storm.
What heights of love, what depths of peace,
when fears are stilled, when strivings cease.
My comforter, my all in all,
here in the love of Christ I stand**

**In Christ alone, who took on flesh,
fullness of God in helpless babe!
This gift of love and righteousness,
scorned by the ones he came to save.
Till on the cross as Jesus died,
the love of God was magnified.
For ev'ry sin on him was laid;
here in the death of Christ I live.**

**There in the ground his body lay,
light of the world by darkness slain;
Then, bursting forth in glorious day,
up from the grave he rose again!
And as he stands in victory,
sin's curse has lost its grip on me;
for I am his and he is mine,
bought with the precious blood of Christ.**

**No guilt in life, no fear in death,
this is the pow'r of Christ in me;
from life's first cry to final breath,
Jesus commands my destiny.
No pow'r of hell, no human plan,
can ever pluck me from his hand;
till he returns or calls me home,
here in the pow'r of Christ I'll stand!**

Announcements

Glory to God,
**whose power, working in us, can do
infinitely more than we can ask or imagine.
Glory to God from generation to
generation, in the Church and in Christ
Jesus, for ever and ever. Amen.**

Blessing

Common Praise 223

**Christ is risen! Shout hosanna!
Celebrate this day of days.
Christ is risen! Hush in wonder;
all creation is amazed.
In the desert all surrounding,
see, a spreading tree has grown.
Healing leaves of grace abounding
bring a taste of love unknown.**

**Christ is risen! Raise your spirits
from the caverns of despair.
Walk with gladness in the morning,
see what love can do and dare.
Drink the wine of resurrection,
not a servant, but a friend.
Jesus is our strong companion;
joy and peace shall never end.**

**Christ is risen! Earth and heaven
never more shall be the same.
Break the bread of new creation
where the world is still in pain.
Tell its grim, demonic chorus:
"Christ is risen! Get you gone!"
God the First and Last is with us.
Sing hosanna everyone!**

Alleluia! Alleluia! Go forth into the world,
rejoicing in the power of the Spirit!
Thanks be to God! Alleluia! Alleluia!

*Lyrics are printed with permission through:
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Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark - Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the greeter, or the priest.

Donations can be made
by **cash** or **cheque**
(made out to the Parish of St. Mark - Ocean Park),
by **Pre-Authorized Debit (PAD)**,
at the **Electronic Donation Station (EDS)** in
the foyer (please ask the greeter for assistance),
by **e-Transfer** at
stmark.op.treasurer@gmail.com, or
through **CanadaHelps** on our website, or
giving **Appreciated Securities** through the
Diocesan office.

If you would like donation **envelopes**, please connect with the office. To start or stop PAD Donations, please contact the Donations Secretary.

All donations will receive a tax-receipt in February of the following year.



The Pulse

Youth News

Youth Group
Grades 8 - 12
Fridays from 7 - 9 pm
This Week:

Spoon Night!

We honour this enormous
achievement of humanity!
bring a friend!



News for Kids & Families

Sunday Videos!

Check out our YouTube channel each
Sunday for great videos to watch with
your children!

[@st.mark-oceanparkanglicanc3043](#)

Sunday Program

Are you interested in helping facilitate
Sunday School?

Please come talk to David!



The Lunch Basket for Hungry Children is provided this week by **Barbara & Jamie Grantham** to the glory of God and in thanksgiving for the many blessings of Grandchildren and Great Grandchildren.



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at **lynneh1@telus.net**. She will share your request with a community of faithful intercessors!

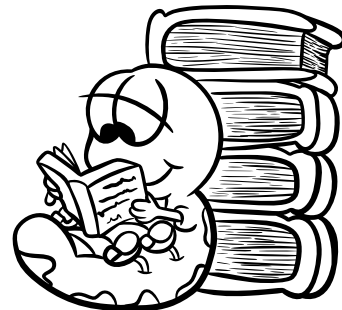
To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the back of the sanctuary, connect with **Michael** at **michael@klaverrealtor.ca**, or contact the office.

Library News

Finding Grace: The Inspiring True Story of Therapy Dogs Bringing Comfort, Hope, and Love to a Hurting World

by Larry Randolph (Author), Jennifer Marshall Bleakley (Author)

A powerful true story of what God can do through a willing heart and a wagging tail. After a devastating series of personal losses, Larry Randolph finally had things under control. Then one morning while praying, he felt God speak two simple words to his heart: "Therapy dogs."



News & Events

This week at the Parish

Tuesday	Guild meeting 2pm
Wednesday	Holy Communion, 10am Eucharist Training 1pm
Thursday	Contemplative Prayer 7pm Choir Practice 7:30pm
Friday	Memorial Nick Timms 11am Sr. Youth Group 7pm

Thank you to the Parish of St. Mark

For your donations of clothing to the Avalon Recovery Society. Your generosity provides comfort, dignity, and hope to those who need it most. Each donation makes a meaningful difference in someone's journey toward healing. With sincere appreciation, White Rock Elks #431

Donations for ACW Place

It's that time of year when **ACW Place** prepares baby bales for new mothers in communities in northern BC/YT. We are collecting **NEW layette items for infants up to 12 months.**

ACW Place is also looking for **donations of travel size toiletries.**

Centering Prayer

Thursdays at 7pm in the Parish Library

Looking for a spiritual practice to ground you amidst the pulls of the world around you? Consider Centering Prayer—20 minutes of silence as you rest in God's presence, followed by a time of *lectio divina*.

You are invited to nourish your heart this Easter season.

Loon Lake Retreat

May 15-17

Facilitated by: the Reverends **Peter Elliott**, **Lorie Martin** and textile artist Mr. **Thomas Roach**.

The Centre's annual retreat at Loon Lake offers exquisite space to come away and enter a sacred time of silence, nature, spiritual practice, community connecting, learning, and creative expression.

Visit thecentreforspiritualrenewal.org for registration details!

The Crescent Beach Photography Club

April 25, 6:30, \$10 admission

A juried competition of Black and White Photo-graphic prints selected from a dozen partici-pating lower mainland photography clubs.



Dear Beloved Families of St. Mark - *Ocean Park*,

Following Sarah's resignation as Children and Youth Minister, I have taken on leadership of the Youth Group for the foreseeable future. I am also preparing Sunday School curriculum for each week. Creating meaningful space for children and youth in our Parish is a high priority for me.

In this *Year of Invitation*, I see this moment of transition as an opportunity — to listen, to gather, and to renew both my commitment and our shared commitment to the youngest members of our community.

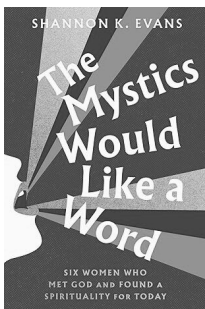
I invite all families, along with anyone who feels called to support children and youth, to join me on **Sunday, April 26th, following the 10am service**. Over pizza, I will share what is planned for the immediate future and invite your ideas as we prayerfully discern how we can continue to grow as a community that welcomes, nurtures, and walks alongside our children and teens.

This is an invitation to participate — to help shape a ministry where young people experience belonging, encounter Jesus, and grow in faith together here in this holy place.

If you are planning to attend, please let me know so I can be sure to have enough pizza.

Children and youth ministry remain a vital part of our Parish's life—and indeed the life of the Church. We are called to this work. Please continue to keep our young people and their families in your prayers as we step forward together in faith and hope.

With Love,



Lent/Easter Book Study with Father Dara

Thursday at 6pm

The Mystics Would Like a Word:

Six Women Who Met God and Found a Spirituality for Today

April 23rd Hildegard of Bingen



Many people carry burdens that cannot be seen. Grief, anxiety, loneliness, and disappointment often live quietly behind polite smiles. One of the most meaningful ways we can love our neighbours is simply by listening.

Jesus often asked questions before offering answers. He made space for people to speak: the woman at the well, the blind beggar on the roadside, the disciples themselves. In doing so, he treated them not as problems to fix but as people worthy of being heard.

Listening is harder than it seems. Our minds rush ahead. We prepare responses before someone finishes speaking. But holy listening asks us to slow down, to give another person the gift of our full attention. When we listen well, we communicate something powerful: You matter. Your story matters.

Spiritual Practice #2: Holy Listening

The spiritual practice of listening can begin with a simple commitment. When someone speaks to you this week, **try to listen without interrupting, correcting, or rushing to solve their problem. Let your presence itself be a form of care. Sometimes love looks like wise words. But often it looks like a quiet, attentive ear.**

Lord Jesus, who listened with compassion to those who came to you, teach us to listen well. Help us quiet our minds and open our hearts so that others may feel seen, heard, and valued. May our listening become an act of love. Amen.

Daily Bible Readings

Monday Matthew 3:1-6
Tuesday Matthew 3:7-12

Wednesday Matthew 3:13-17
Thursday Matthew 4:1-11

Friday Matthew 4:12-17
Saturday Matthew 4:18-25



the Parish of St. Mark - Ocean Park
STMARKBC.ORG

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