

Who Told You That?

Sermon Based Questions

"Who Told You That? P1: You Are What You Own" – Nathan Blais - April 12, 2026

We live in a world that constantly tells us our worth is tied to what we own — our clothes, cars, homes, and status. From childhood to adulthood, we're taught that "more" will finally make us Enough. But Jesus exposed that lie. When tempted by the devil to turn stones into bread, He showed that true life doesn't come from what we hold in our hands but from what fills our hearts — God's Word. The truth is, "enough" is never found in stuff; it's found in Jesus.

Share

1. What's something you wanted growing up because it felt like it would help you fit in?
2. What's one thing (not serious) you'd have a hard time giving up this week?

Discuss

3. Read *Matthew 4:1–4*. What stands out to you about how Jesus responds to temptation?
4. The sermon says the real battle is in "words, thoughts, and ideas." Where do you see that playing out in your everyday life?
5. Read *Proverbs 18:21*. Describe a time when words spoken to you, or about you, were powerful in shaping your life for the better.
6. The lie presented was "you are what you own." In what subtle ways do people live like this, even if they wouldn't say it out loud?

Reflect

7. The sermon suggests that we often tie our identity to things we can lose. What is something you've been tempted to base your identity on?
8. Read *Philippians 4:11–13*. What would it look like for you personally to be content regardless of circumstances?
9. When life feels unstable, what voices tend to define your sense of worth—God's voice or others?

Apply

10. What is one specific thing you can do this week to remind yourself that your identity comes from God, not your circumstances?
11. What is one "open-handed" step you can take to loosen your grip on something that may be shaping your identity too much?