

Welcome!

- ✓ *Grab a cup of coffee and breakfast.*
- ✓ *Say hello to someone you don't know.*
- ✓ *We'll gather at 10:20am.*

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Preparing our Hearts for Worship

Psalm 68:19-20

*“Praise be to the Lord,
to God our Savior,
who daily bears our burdens.
Our God is a God who saves;
from the Sovereign Lord
comes escape from death.”*

Joy

in the

Journey

Paul's letter to the
Philippians



Review (CH. 1-3)

CH. 1 Because of Christ, we can have joy in all circumstances, good and bad, life and death. To live is Christ and to die is gain. It's a win-win!

CH. 2 Joy in action looks like emptying ourselves and serving others in an attitude of humility and love, and we see this perfectly in the life, death, and resurrection of Jesus. **CH. 3** Nothing at all compares to the joy found in knowing Jesus.

Preview (CH. 4)

CH. 4 Find your joy again and again in Christ Jesus. When you do, you'll be able to love, have peace, experience beauty, and dwell in unity and contentment with God and God's people.

Philippians 4:1-3 Freedom from Conflict

1 Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends! 2 I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord. 3 Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life.

How are we to be of the same mind
in the Lord?

To be of the same mind in the Lord, we've got
to be "*on the same page*" with one another. To
be on the same page, we've got to be "*in the
pages*" of scripture.

How are we to resolve conflict?

Quit trying to seek your way,
and seek Yahweh.

Philippians 4:4-7 Freedom from Worry

4 Rejoice in the Lord always. I will say it again: Rejoice! 5 Let your gentleness be evident to all. The Lord is near. 6 Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. 7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

How do we rejoice in the Lord always?

Remember and meditate on
who God is and what God has done.

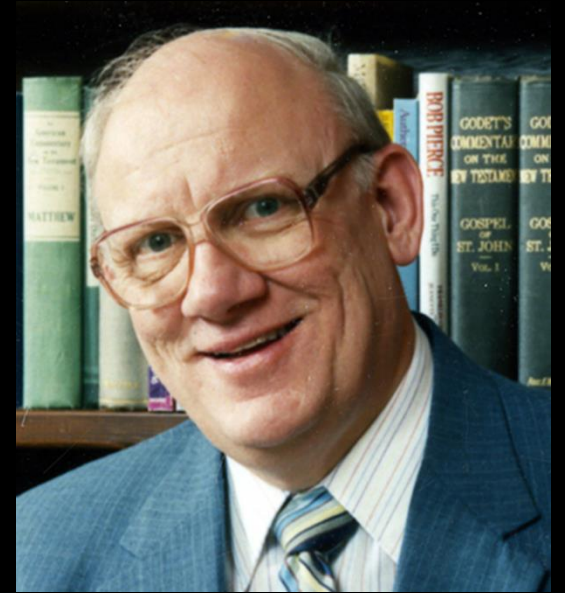
Creator Savior Shepherd Defender Protector
Redeemer Rescuer Companion Friend Guide
Comforter Helper Joy Loving Father
Wise Powerful Good Gracious Just

Rejoicing in the Lord is the key to life!
Joy in the Lord affects everything.

A Word from Wiersbe

“Worry (def) is to be pulled in different directions.

Our hopes pull us in one direction; our fears pull us the opposite direction; and we are pulled apart!”



*“Worry is not believing God will get it right,
and bitterness is believing God got it wrong.”*

– Tim Keller

About God's peace

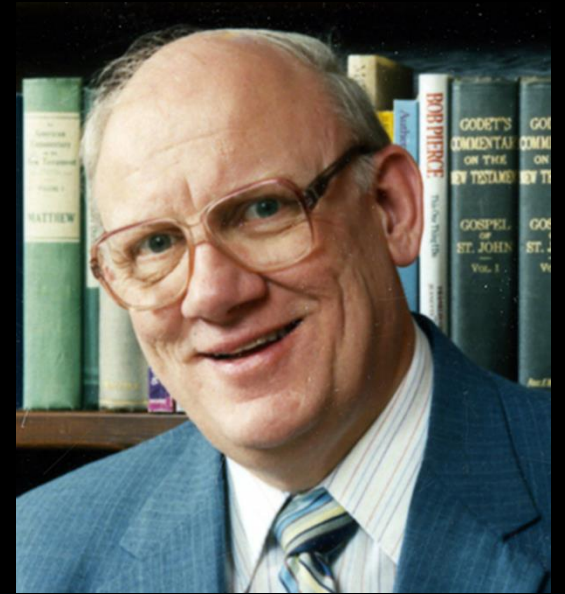
1. Supernatural
2. Incomprehensible
3. Protecting

Philippians 4:8-9 Freedom from Darkness

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. 9 Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

A Word from Wiersbe

“The Christian who fills his heart and mind with God’s Word will have a built-in “radar” for detecting wrong thoughts. Right thinking is the result of daily meditation on the Word of God. It’s one thing to ‘learn’ a truth. It’s quite another to ‘receive’ it inwardly and make it a part of your soul and spirit. Facts in the head are not enough; we must also have truths in the heart.”



Final Thoughts

Because of everything that Jesus has done on our behalf, we can always have overflowing and abundant joy. In fact, we are commanded to do so! And in this joy, we can find freedom from conflict to unity, worry to peace, and darkness to beauty. Not only is the peace of God with us, but so also is the God of peace.

The Blessing

Stand firm in the Lord. Rejoice in the Lord always. Do not be anxious about anything, but in every situation, present your requests to God, and the peace of God will be with you. If anything is admirable, excellent or praiseworthy—think about such things. And the God of peace will be with you.

from Philippians 4:1-9