

April 9, 2026



**Get 'em while you can!**

**Order your turkey pot pies by  
April 14, 2026 - still only \$8!**

**To order, contact the church office  
(via email or phone) or  
Judy Niven @ [nivenjudith47@gmail.com](mailto:nivenjudith47@gmail.com).**

**Payment by cash or cheque made out to Okotoks  
United Church Harmony Group**

**Pick up is April 21 between 1 and 2 pm.**

[facebook.com/OkotoksUnited](https://facebook.com/OkotoksUnited)



Visit St Andrew's United Church website: [Dewintonunitedchurch.ca](http://Dewintonunitedchurch.ca)



When you need a little



in your life,

join us for Worship on Wednesdays!

at 10:00 am in the Chapel.



**Foothills Spiritual Life Centre Presents**

**The Rhythm of Breath, The Flow of Mind  
Swami Atmavidyananda Gir**

**While primarily dedicated to the cause of  
Kriya Yoga, Swami Atmavidyananda is also an  
expert in ancient yogic practices.**

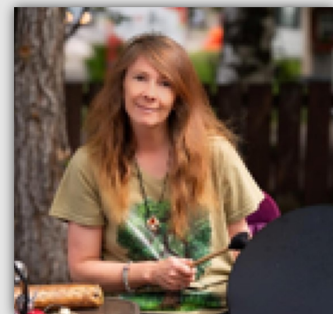
**Join Swami Atmavidyananda on April 9 from 7:00 to 9:00 pm**

Entrance by donation.

**Foothills Spiritual Life Centre Presents**

**Durmming Circle with Gita Grahame**

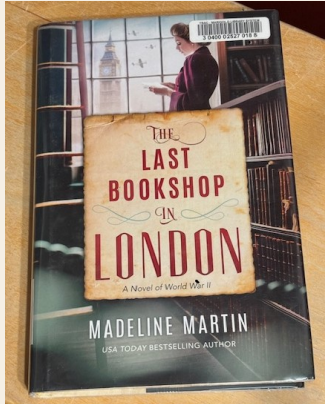
**Relax, breathe and enjoy the  
steady, healing rhythm of drumming.**



**Offered the second Friday of each month  
7:00 pm to 9:00 pm**

**Suggested donation \$15.**

# FIRESIDE BOOK CLUB



We meet the  
2<sup>nd</sup> Tuesday of each month,  
at 1:00 pm in the Youth Room.

Our current read is *The Last Bookshop in London*  
by Madeline Martin

Please contact Janet Page at  
587-363-5423 to join.



**Missed pancake supper?**

**Don't fret!**

**Join us after service on  
Sunday April 19, 2026.**

**(pssst .. wanna help? Contact Karen P for details)**

# St Andrew's UNITED CHURCH



The Fifth Sunday in Lent, March 22nd, saw 23 people join Julia for worship. Julia entitled her message "A Lenten Journey of Transformation: What's Stopping You?". We heard the scripture Hebrews 12:1-4 which says in part to lay aside every weight that clings to us and to run with perseverance the race that is set before us. Speaking of her trip to Portugal and what she took as luggage Julia took from her backpack seven symbols that represent seven weights/barriers that may hinder us along the race. The seven weights presented to us are: weight of fear; weight of shame; weight of distraction; weight of unforgiveness; weight of denial when we blame others; weight of habit; and weight of boredom or lack of motivation. What weight/weights would we drop to see the path before us with Jesus waving us on was the question presented to us.

On Palm Sunday, March 29th, twenty-five people joined Julia for worship. Palm Sunday's scripture reading found in Matthew 21:1-11 where we read of Jesus and his followers entering Jerusalem. Palm Sunday begins Holy Week which we must go through before reaching Easter. Julia's message was entitled "A Journey of Transformation: Go Ahead!" This day begins the most difficult journey of Jesus' life from which he never wavered. The servant leader shows us that our faith is believing that God will be with us as suffering proceeds transformation which takes years. For Easter beckons but only as we go ahead through the rest of Holy Week.

On Good Friday, April 3, five of us who regularly attend St. Andrew's United silently joined with Okotoks United. We heard the scripture readings and reflections for this solemn day from Matthew 27:1-2, 3-10, 11-26, 27-31, 32-44, 45-54, 55-61, followed by a verse of a hymn, silence, and the striking of hammers. Matthew 27:62-66 was followed by a unison prayer and commissioning when we then left the church in silence.

On Easter Sunday, April 5<sup>th</sup>, thirty people joined Julia for worship. Part of worship saw Sandra Adams join St. Andrew's United by Profession of Faith - Baptism. We also celebrated communion following Julia's message which was entitled "Come to the Tomb" and heard the scripture reading Matthew 28:1-15. Once again we heard that we cannot get to Easter without going through Holy Week so we were reminded of the events of Palm Sunday when Jesus enters Jerusalem, Maundy Thursday when Jesus washes the disciples' feet after which he goes to Gethsemane and prays fervently, Good Friday when Jesus is crucified, Holy Saturday when the disciples are bereft. Then comes Easter Sunday when the women gather at the now empty tomb and are greeted by Jesus. Easter gives new life but the pain does not go away. For Easter can happen anywhere and any time and makes us feel alive again. At the conclusion of her message, Julia invited us to come to the open tomb and take a small box from it which upon opening we discovered a small statue of Jesus which says 'Jesus loves you', a small Easter egg, and sunflower seeds.

- P. Marie Wedderburn



*There is Room (duo)*  
*May 27, 2026*  
*Return Engagement!*

Lindsey Herle on violin and Elizabeth Clarke on piano, both very accomplished musicians.

Join us for an evening of beautiful music consisting of Gordon Lightfoot, movie themes, popular classical favorites plus more that will get your toes tapping !

**When:** Wed, May 27, 2026

**Time:** 7:00 pm  
(doors open at 6:30 pm)

**Where:** St. Andrew's United Church,  
DeWinton

**Cost:** \$25.00 per person

**FREE!** Baking, tea, and coffee



[www.thereisroomduo.com](http://www.thereisroomduo.com)

Net proceeds go to various charities  
that our church supports

For information or tickets – please e-transfer to:  
[dewintonunitedchurch@gmail.com](mailto:dewintonunitedchurch@gmail.com)

## WE ARE HIRING ... AND WE NEED YOUR HELP!



In the coming months we will be hiring for two contacts for our Okotoks United Church team.

### Accompanist

Our wonderful Joanna will be graduating from high school in June and heading off to university in the fall. Joanna's last day with us will be June 21st.

We need your help in hiring a new accompanist. Experience has shown us that this contract is best filled by word of mouth. If you have any connections to piano teachers in the area could you help us by sharing our job posting with them? If you can help please talk to Sally Salter or Pat Reader-Downey. Copies of the contract description are available through Sally Salter or Traci in the office. The start date for this contract is flexible.

### School Lunch Program Coordinator

We will also be hiring a School Lunch Program Coordinator. This is a new contract but one which will help to ensure the viability of our School Lunch Program. This contract will help with scheduling, liaising with the schools, supporting the volunteers, looking after inventory and providing administrative support to the program.

If you would like to know more about the position please talk to Sally Salter or Marcella Povhe. Copies of the contract description are available through Sally Salter or Traci in the office.

The closing date for applications for this contract is April 30, 2026.

*"Before you criticize someone, you should walk a mile in their shoes. That way when you criticize them, you are a mile away from them and you have their shoes."*

— JACK HANDEY —

TO THE PEOPLE WHO LOSE ONE SHOE ON THE SIDE OF THE ROAD:

PLEASE TELL ME WHAT THE REST OF YOUR LIFE IS LIKE.



Big Valley-Erskine Pastoral Charge  
Grace Anglican United Pastoral Charge  
Trochu Pastoral Charge



Children 5 and up are invited to  
Sunday School during service  
at Okotoks United!

Are you seeking physical, mental or spiritual healing?  
Come experience a healing session!

To book a session, please contact:  
Gisela Dyck at 403-938-2506

Want to expand your skills and awareness to best support  
2SLGBTQIA + persons?

All who wish to –  
this meeting is for you!

Join Judy S and Kathleen H on April 11, 2026  
at 4pm until 5:30pm. Entrance at east door.



# Spill the Tea Fashion Show

hosted by the  
De Winton Community Association  
in support of Rowan House

Enjoy an afternoon  
of tea and desserts

Come dressed in your  
spring finery along with  
your favourite hat.

Amazing  
Raffle prizes  
from local  
shops

Fashions from  
Ginger Laurier in  
Okotoks



Gather your sisters, daughters, mothers, grandmas and friends

AT DE WINTON COMMUNITY HALL

May  
**9TH**  
from 2pm -5pm

Tickets - \$25,  
1/2 table(4) \$100 (plus GST)  
Table of 8 \$200 (plus GST)

Contact : [dwca@platinum.ca](mailto:dwca@platinum.ca)  
for tickets. or call 403-938-2525



**ST. ANDREW'S UNITED  
CHURCH, DEWINTON**

**SHANE  
PENDERGAST**

**SOLD OUT!**

**(SAT), APRIL 18, 2026**

**7-9 PM**

**\$30.00 PER PERSON**

**TICKETS THROUGH**

**DEWINTONUNITEDCHURCH@GMAIL.COM**

**ETRANSFER OR CONTACT FOR INFO**

**ME: ALEXA, REMIND ME TO GO TO THE GYM.**

**ALEXA: I HAVE ADDED GIN TO YOUR SHOPPING LIST.**

**ME: CLOSE ENOUGH.**



**FLIRTING WITH DEATH**



**Principal: Your child always causes trouble in school ...**

**Me: My child causes trouble at home, do I ever call you?**

**At my age, I need one of those old fashioned candy necklaces, but with Tums and Ibuprofen.**



Laughter .. not only the best medicine but the cheapest.