

LUTHERAN SOCIAL MINISTRY IN ACTION

2025 Western Iowa Synod

Thank you for partnering with LSI to empower individuals, strengthen families, and build communities.



Thanks to the generous support of our friends at the Western Iowa Synod, thousands of Iowans were lifted up, supported, and empowered last year. In 2025, the Western Iowa Synod gave \$10,000 and 33 churches gave a total of \$34,467.82 in support of LSI's mission: to respond to the love of Jesus Christ through compassionate service. Thank you for your commitment to caring for those who are so often overlooked in our society.

YOUR IMPACT IN 2025



575 HOMES VISITED

for parents of infants, toddlers, and preschoolers through Early Childhood Services.



625 FAMILIES SERVED

across kinship, foster and adoptive families in 38 western Iowa counties.



22,691 THERAPY SESSIONS

both in-person and telehealth, provided by LSI Therapy Services.



453,640 HOURS OF SERVICE

provided for Iowans with disabilities.



191 NEWLY ARRIVED REFUGEES

supported after federal funding cuts until they became self-sufficient

2025 PROGRAM HIGHLIGHTS

Expanding Mental Health Services for Iowa Families

LSI expanded access to mental health services across Iowa through both outpatient therapy and crisis intervention programs that support individuals and families when they need it most. By increasing therapy services delivered both in person and virtually and strengthening partnerships with schools, hospitals, community health centers, and social service organizations, more Iowans were able to receive timely care, with 90% of individuals completing therapy showing participation and progress toward their treatment goals at discharge.

Expanding Virtual Parenting Support

LSI expanded virtual parenting education and support by launching a weekly virtual moms group and adding new classes on Co-Parenting and First Year Milestones, along with evidence-based Mothers and Babies groups focused on reducing stress and supporting moms experiencing perinatal mood challenges. In total, 90 virtual classes and support groups were held, reaching families in 28 Iowa counties and supporting 108 parents.

Immigrant and Refugee Community Services Expands

LSI purchased a greenhouse, creating a permanent hub for the Global Greens program. The site will support greenhouse and garden activities, help beginning farmers grow their businesses, and expand access to resources for small farmers and gardeners across Central Iowa. The site will also host a spring plant sale for the community. This new space gives Global Greens a place to put down roots and grow new opportunities for farmers.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations.



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