

THOSE WHO SOW WITH

tears

WILL REAP WITH SHOUTS OF

Joy

PSALM 126

On the traditional land of the Semiahmoo

the Parish of St. Mark

O C E A N  P A R K

April 5, 2026
Easter Sunday



Welcome!

We are so glad you have come to St. Mark's today!

In this place we do two primary things: we give thanks to God and pray for the world. If there is something on your heart you need to share with God, this is the right place to share it.

*You are God's Beloved Child, and you belong **here**.*

This morning in worship...

The Lord is risen! These ancient words are the source of our hope. As Desmond Tutu said, At Easter we can be certain that "goodness is stronger than evil, love is stronger than hate, light is stronger than darkness, and life is stronger than death. Victory is ours through Christ who loves us!" At all times, in all places, let our voices ring out with a joyful "Alleluia!"

Altar flowers are given today by **Brenda Horner and Ron Henze** to the Glory of our Risen Lord and in loving memory of Brenda's parents, Geoff and Judy Horner. To dedicate flowers, please sign up on the flower chart in the hall.



Today's Scripture

From Introductions to the Lessons by Bill Bennett.

Jeremiah 31:1-6 As the people, now besieged in Jerusalem by Nebuchadnezzar's army, lose hope, Jeremiah declares that a time of restoration and life will come again.

Colossians 3:1-4 Paul reminds the church of how Christ's resurrection means a change in their worldview.

Matthew 28:1-10 An empty tomb confronts the confused disciples. But it is Mary Magdalene who is the first to witness the risen Christ

Today is a Family Service

Today we all stay together to celebrate the resurrection of Jesus Christ. For Jesus' youngest friends, there are activity booklets and a work table. Easter is a day of joy and celebration, so we welcome and delight in the pitter-patter and wiggliness of God's youngest children. For those who need it, please use the family room, where the service is streamed.

Coffee Hour

Please gather in the hall for coffee and refreshment following the service.

Next Week: April 12

Second Sunday of Easter

Acts 2:14a, 22-32; Psalm 16; 1 Peter 1:3-9; John 20:19-31

Father Dara preaches.

Happy
Easter!

the Gathering of the Community

Common Praise 203

**Jesus Christ is risen today, alleluia!
our triumphant holy day, alleluia!
who did once, upon the cross, alleluia!
suffer to redeem our loss. Alleluia!**

**Hymns of praise then let us sing, alleluia!
unto Christ our heavenly King, alleluia!
who endured the cross and grave, alleluia!
sinners to redeem and save. Alleluia!**

**But the pains which he endured, alleluia!
our salvation have procured; alleluia!
now above the sky he's king, alleluia!
where the angels ever sing. Alleluia!**

The grace of our Lord Jesus Christ and the
love of God, and the communion of the Holy
Spirit be with you all.
And also with you.

Almighty God,
**to you all hearts are open, all desires
known, and from you no secrets are
hidden. Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit, that
we may perfectly love you, and worthily
magnify your holy name; through Christ our
Lord. Amen.**

A cantor sings,
Jesus Christ is risen from the dead,
death no longer has dominion over him.
He has died to sin, now lives again to God.
So too we, we are alive in Jesus Christ.

To the tune of The Divine Liturgy, we sing,
**Jesus Christ is risen!
Jesus Christ is risen!
Jesus Christ is risen, alleluia! Amen!**

Awesome God

Rich Mullins

**Our God is an awesome God,
he reigns from heaven above;
with wisdom, power and love -
our God is an awesome God.**

Give Thanks

Henry Smith

**Give thanks with a grateful heart,
give thanks to the holy One,
give thanks because he's given Jesus
Christ, his Son.**

**And now let the weak say, "I am
strong."
let the poor say, "I am rich
because of what the Lord has done for
us!"**

Loving God,

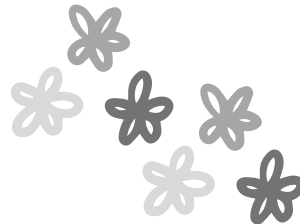
**through an empty tomb you deliver us
from sin and death, and bring us to
new life. Grant us courage to enter
into your abundant joy; through Jesus
Christ our Saviour. Amen.**

Commissioning of the Children

We have a wonderful program for your child this morning. They will return for Communion. Please note that all our children's workers have had a criminal record check and are approved by the Diocese of New Westminster to work with vulnerable people.

The peace of the Lord be always with you.

And also with you!



the Proclamation of the Word

We have large-print versions of the Scripture available for those who need one. Please ask a greeter for one.

The Book of the Prophet Jeremiah (31:1-6).

Listen for God's Word.

Our hearts are open.

Psalm 126

When the Lord restored the fortunes of Zion,

then were we like those who dream.

Then was our mouth filled with laughter,

and our tongue with shouts of joy.

Then they said among the nations,

"The Lord has done great things for them."

The Lord has done great things for us,

and we are glad indeed.

Restore our fortunes, O Lord,

like the watercourses of the Negev.

Those who sowed with tears

will reap with songs of joy.

Those who go out weeping, carrying the seed,

will come again with joy,

shouldering their sheaves.

Paul's Letter to the Colossians (3:1-4).

Listen for God's Word.

Our hearts are open.

Celtic Alleluia

Christopher Walker, Fintan O'Carroll

Alleluia!

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ
according to Matthew.

Glory to you,

Lord Jesus Christ

Matthew 28:1-10

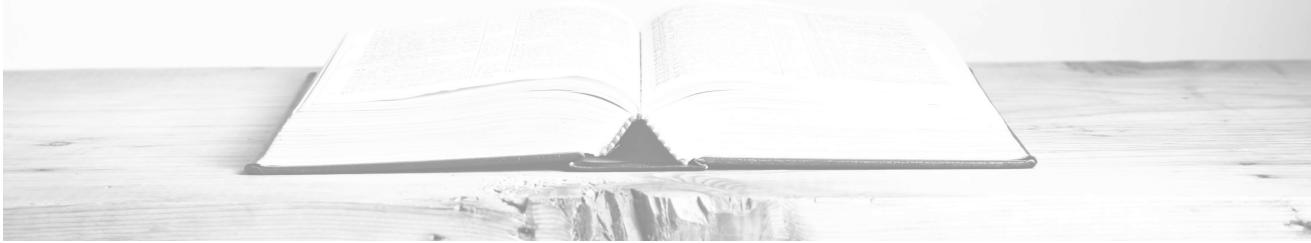
The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Sermon

Choir Anthem

Sermon Notes



The Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through whom all things were made. Who, for us and for our salvation came down from heaven: who by the power of the Holy Spirit became incarnate from the Virgin Mary, and was made human. Who for our sake was crucified under Pontius Pilate; who suffered death and was buried. Who, on the third day, rose again in accordance with the scriptures; who ascended into heaven and is seated at the right hand of the Father. Who will come again in glory to judge the living and the dead, and whose kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. Who with the Father and the Son is worshipped and glorified. Who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

While we have chiefly come to give thanks to God, our second purpose for gathering is to intercede for the world. We know that "the prayer of the righteous is powerful and effective" (James 5:16).

The Confession & Absolution

Almighty God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

the Celebration of the Eucharist

We collect our tithes and offerings and present them to the Lord. We give thanks to God for your generosity to the ministry of this community. You can give using an envelope, by signing up to our Pre-Authorized Debit program, or by using the terminal in the foyer. **Today we use Eucharistic Prayer 3 from the BAS.**

Jesus Christ is Risen Today

the Reverend David Taylor

Jesus Christ is risen today!

Alleluia! Alleluia!

Our triumphant holy day!

Alleluia! Alleluia!

Christians, listen to the angels at the tomb: "Christ is no longer here! Go tell the world that he's alive! Alleluia!"

"Mary, Mary Magdalené, lift up your head, see, your teacher is here. I am the gardener of life! Alleluia!

"No locked door can keep my peace from entering in. Be no longer afraid! I'm at the centre of your hearts! Alleluia!"

"Thomas, join your hands with mine and dance for a while. I am alive, do not doubt. Believe that life has conquered death! Alleluia!

Sanctus

Per Harling

You are holy, you are whole.

You are always ever more

than we ever understand.

You are always at hand.

Blessed are you coming near.

Blessed are you coming here

to your church in wine and bread,

raised from soil, raised from dead.

You are holy,

you are wholeness, you are present.

Let the cosmos praise you, Lord!

Sing hosanna in the highest!

Sing hosanna! Sing hosanna to our God!!

The priest continues in prayer.

The Lord's Prayer

Mallotte

Our Father, which art in heaven, hallowed by thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors. And lead us not into temptation but deliver us from evil; for thine is the kingdom, and the power, and the glory, forever. Amen.

Lord, we died with you on the cross.

Now we are raised to new life.

We were buried in your tomb.

Now we share in your resurrection.

Live in us, that we may live in you.

Alleluia! Alleluia! Alleluia!

The gifts of God for the Children of God.

Thanks be to God.

All are invited to receive Communion.

*If you would like to learn more about baptism, please connect with the minister.
Prayer for healing is offered during communion on the right side of the sanctuary.*

Welcome Happy Morning

Fortunatus

**"Welcome, happy morning,"
age to age shall say;
hell today is vanquished!
Heaven is won today!
Lo! the dead is living,
God for evermore,
him, their true Creator,
all his works adore;**

***"Welcome, happy morning!"
age to age shall say;
hell today is vanquished!
Heaven is won today!***

**Maker and Redeemer,
life and health of all,
thou from heaven beholding
human nature's fall,
of the eternal Father,
true and only Son,
manhood to deliver,
manhood didst put on:**

**Thou, of life, the author,
death didst undergo,
tread the path of darkness,
saving strength to show;
come then, true and faithful,
now fulfill thy word;
'tis thine own third morning;
rise, O buried Lord!**

**Loose the souls long prisoned,
bound with Satan's chain;
All that now is fallen
raise to life again;
show thy face in brightness,
bid the nations see!
Bring again your daylight:
day returns with thee;**

He is Lord

Linda Lee Johnson, Claire Cloninger, Tom Fettke

**He is Lord, he is Lord!
He is risen from the dead and he is Lord!
Ev'ry knee shall bow,
ev'ry tongue confess
that Jesus Christ is Lord.**

Common Praise 237

**Now the green blade rises from the buried grain,
wheat that in dark earth many days has lain;
love lives again, that with the dead has been;
love is come again like wheat arising green.**

**In the grave they laid him, Love by hatred slain,
thinking that he would never wake again,
laid in the earth like grain that sleeps unseen;
love is come again like wheat arising green.**

**Forth he came at Easter, like the risen grain,
he that for three days in the grave had lain;
raised from the dead, my living Lord is seen;
love is come again like wheat arising green.**

**When our hearts are wintry, grieving, or in pain,
your touch can call us back to life again,
fields of our hearts that
dead and bare have been;
love is come again like wheat arising green.**

Announcements

Glory to God,

**whose power, working in us, can do infinitely more
than we can ask or imagine. Glory to God from
generation to generation, in the Church and in
Christ Jesus, for ever and ever. Amen.**

Blessing

O Happy Day

We echo Kerry's line.

Oh happy day!

Oh happy day!

When Jesus washed,

when Jesus washed,

when Jesus washed,

Together: he washed my sins away!

O happy Day!

We sing together...

He taught me how

to watch, fight, and pray!

And live rejoicing everyday!

Alleluia! Alleluia! Go forth into the world,
rejoicing in the power of the Spirit!

Thanks be to God! Alleluia! Alleluia!

*Lyrics are printed with permission through:
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Financial Support

We are grateful for your stewardship of this place through your tithes and offerings. They ensure that St. Mark - Ocean Park will be a centre and a light to the community for generations to come.

If you would like to become a regular steward of the ministry of this place, please fill out a welcome card and give it to the greeter, or the priest.

Donations can be made

by **cash** or **cheque**

(made out to the Parish of St. Mark - Ocean Park),

by **Pre-Authorized Debit** (PAD),
at the **Electronic Donation Station** (EDS) in
the foyer (please ask the greeter for
assistance),

by **e-Transfer** at

stmark.op.treasurer@gmail.com, or
through **CanadaHelps** on our website, or
giving **Appreciated Securities** through the
Diocesan office.

If you would like donation **envelopes**, please connect with the office. To start or stop PAD Donations, please contact the Donations Secretary.

All donations will receive a tax-receipt in February of the following year.



The Pulse

Children Youth & Family Ministry

Return-it Program Continues

The youth group continues to accept all your refundable drink containers in clear blue plastic bags.

Sunday Junior Church Program

Come and explore the Gospel with us!
Group 1: Grades K to 7
A sensory space is available for all those who would like to use it.

Youth Group Fridays

Grades 8 - 12, 7 - 9 pm
All are welcome!
email dmatthew.taylor@gmail.com with any inquiries.



The Lunch Basket is given this week by **Laurie and Carol Scott** in memory of our loving parents: Lucy, Ted, Jo & Burr. And Praise & Glory to God our heavenly Father.



Prayer Chain & Sunday Intercessions

If you, or someone you know is in need of prayer, please connect with **Lynne** at lynneh1@telus.net. She will share your request with a community of faithful intercessors!

To have a name mentioned in the Sunday Intercessions, please write their name on the sheet at the back of the sanctuary, connect with **Michael** at michaeleklaverrealtor.ca, or contact the office.

Library News

Living the Resurrection: The Risen Christ in Everyday Life

by Eugene Peterson

The book explores how spiritual formation occurs in the most ordinary human experiences. Peterson focuses on three primary aspects:

•Resurrection Wonder: Shifting from a preoccupation with oneself to a state of "wonder" at God's actions. Resurrection Meals and Resurrection Friends.



News & Events

This week at the Parish

Wednesday	Holy Communion, 10 am Eucharistic Visit Training 1pm
Thursday	Contemplative Prayer 7 pm Choir Practice 7:30 pm
Friday	Sr. Youth Group 7:00 pm
Saturday	Memorial Isabel Morrow 2pm



Whether you come every week or once a year, we're so glad you're here to celebrate Easter with us—there's always room for you. May today bring peace to your heart and joy to your spirit. Easter blessings to all—near, far, and right here with us.

Thank you!

Many thanks to the Altar Guild and so many others for making the Holy Week and Easter Season so **beautiful!**



Hold the Date!

ACW will be hosting a Strawberry Tea & Sale on June 20. More details to come!

Donations for ACW Place

It's that time of year when **ACW Place** prepares baby bales for new mothers in communities in northern BC/YT. We are collecting **NEW layette items for infants up to 12 months.**

A container is in the hall for donations. Needed items include: cloth diapers, plastic pants, sleepers, bibs, baby wash/oil/lotion, Q-tips, baby soap or shampoo, baby socks, changing pads, baby dresses, T-shirts and pants, toy rattles, hair brushes and combs, plastic bath tubs, receiving blankets, wash cloths, knitted sweaters and hats, and blankets.

ACW Place is also looking for **donations of travel size toiletries** such as mini shampoos, toothpaste and wrapped soaps. If anyone has collected these in their travels, ACW would love to have them.

Faith in Disaster:

Finding Deep Hope in the Climate Crisis

Friday, April 10, 7pm - 9.00 at St. Helen's, Vancouver

Friday, May 1, 7:30pm - 9.30 at Christ Church Cathedral.

July 26 to August 1: week course at Sorrento Centre.

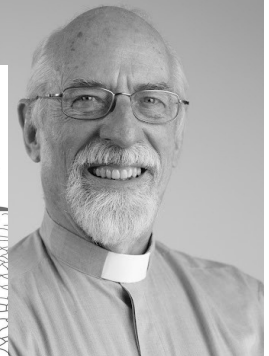
Harold Munn, former Dean of Edmonton, and frequent guest presider and preacher, will read excerpts from his second book, "Faith in Disaster," share how Easter joy transforms our climate fear, and will engage in conversation with attendees.

Faith in DISASTER

Finding Deep Hope in the Climate Crisis



HAROLD MUNN



Centering Prayer

Thursdays at 7pm in the Parish Library

Looking for a spiritual practice to ground you amidst the pulls of the world around you? Consider Centering Prayer—20 minutes of silence as you rest in God's presence, followed by a time of *lectio divina*.

You are invited to nourish your heart this Easter season.



Loon Lake Retreat

May 15-17

Facilitated by: the Reverends **Peter Elliott**, **Lorie Martin** and textile artist Mr. **Thomas Roach**.

The Centre's annual retreat at Loon Lake offers exquisite space to come away and enter a sacred time of silence, nature, spiritual practice, community connecting, learning, and creative expression.

Visit thecentreforspiritualrenewal.org for registration details!



THE CENTRE FOR
SPIRITUAL
RENEWAL

Christian Formation

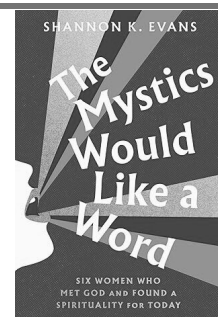
Lent/Easter Book Study with Father Dara

Thursday at 6pm

The Mystics Would Like a Word:

Six Women Who Met God and Found a Spirituality for Today

April 9th Margery Kempe



SHANNON K. EVANS

The
Mystics
Would
Like a
Word

SIX WOMEN WHO
MET GOD AND FOUND A
SPIRITUALITY FOR TODAY

the Prayer Corner

An Easter Spiritual Practice: Use the gift of your senses to connect with the risen Christ. God has given us our bodies and senses to react and engage with the world he has created. Through our bodies, with all their diversities and differences, let's connect with Jesus. If one of the senses named is not a way you can access the world around you, skip it and use another!

Monday Use your eyes.
Take 3 minutes out of your day to look at nature. Watch a bee, a bird. Watch the wind interact with a tree. Watch for the activity of nature as it lives and moves and has its being in God. **I wonder where you can see new life.**

Tuesday Use your nose.
Take 3 minutes out of your day to sniff. Our olfactory nerve is considered by evolutionary biologists to be one of the oldest parts of our nervous system. I wonder what you smell. Make some toast. Pour a cup of coffee. Pick a flower. **I wonder how the smells around you give you life.**

Wednesday Use your ears.
Take 3 minutes out of your day to listen. What do you hear? Music? Traffic? A bird? Can you name 10 different sounds that highlight the diversity of life around you? Do you hear sounds of joy? Sadness? **I wonder how the noises around you give praise to God and glorify Jesus.**

Thursday Use your skin.
Take 3 minutes out of your day to touch. Feel a texture. Hold a hand. Pet a dog or a cat. **I wonder how the created things around you lift your awareness of the presence of God in Jesus.**

Friday Use your tongue.
Take 3 minutes out of your day to taste. The joy and life that comes from the food we ingest is a reminder of the faithfulness of God who provides all we need to live and gives us the pleasure of enjoying them. **I wonder how you can taste and see that the Lord is good.**

Daily Bible Readings

Monday Mark 16:1-8
Tuesday Mark 16:9-20

Wednesday Matthew 28:1-16
Thursday Matthew 28:16-20

Friday Luke 24:1-12
Saturday Mark 12:18-27



the Parish of St. Mark - Ocean Park

STMARKBC.ORG

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