



Anglican Parish of Central Saanich

St. Mary Church

St. Stephen Church

Faith - Family - Friendship



Welcome To PARISH OF CENTRAL SAANICH St. Mary Church



*A new commandment I give to you,
that you love one another as I have loved you.
(John 13.34)*

MAUNDY THURSDAY 6:00 p.m. – APRIL 2, 2026

*We acknowledge that we gather to worship on the traditional
lands of the WSÁNEĆ and Coast Salish peoples*

St. Mary's Service:

Sunday Service: 9:00 a.m.

Wednesday Communion: 10:00 a.m.

St. Stephen's Service:

Sunday Service: 11:15 a.m.

Continue to monitor our website - ParishCS.ca

The Ven. Dr. Lon Towstego, Incumbent

Associated Clergy: Bishop Logan McMenamie
The Ven. Bob Baillie,
The Rev. Dr. Brett Cane,
The Rev. Paul Schumacher,
The Rev. Gil Shoesmith, deacon

A Warm Welcome to all who worship with us, especially visitors.
With thanks, please mute your cell phones during the service.
The congregation says or sings the items in **bold** typeface.

FOOTWASHING, HOLY EUCHARIST & STRIPPING OF THE ALTAR

Prelude – *Joanne Lambert*

Gathering Song: *God the Creator* (CP #445)

**God the Creator, You in love made me
who once was nothing but now have grown.
I bring the best of all my life offers;
for You I share whatever I own.**

**O Christ the Saviour You in love called me
Who once was no-one lost and alone.
I pledged to go wherever You summon,
making Your will and purpose my own.**

**O God the Spirit, You in love move me
who once was nowhere and felt unknown.
I know my need of You for companion:
all things can change when not on my own.**

**And with the people summoned together
to be the Church in which faith is sown.
I make my promise to live for Jesus
and let the world know all are His own.**

Opening Sentences

Presider: This is the day that Christ the Lamb of God gave himself
into the hands of those who would slay him.
This is the day that Christ gathered with his disciples in the
upper room.
This is the day that Christ took a towel and washed the
disciples' feet, giving us an example that we should do to
others as he has done to us.
This is the day that Christ our God gave us this holy feast,
that we who eat this bread and drink this cup may here
proclaim his Holy Sacrifice and be partakers of his
resurrection, and at the last day may reign with him in
heaven.

Kyrie (CP #706)

**Lord have mercy.
Christ have mercy.
Lord have mercy on us.**

**Kyrie eleison.
Christe eleison.
Kyrie eleison.**

**Lord have mercy.
Christ have mercy.
Lord have mercy on us.**

Collect: O God, your Son Jesus Christ has left to us this meal of bread and wine in which we share His body and His blood. May we who celebrate this sign of His great love show in our lives the fruits of His redemption; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Proclamation of the Word

Carol Watkins: A reading from Exodus

Exodus 12:1-4, 11-14

The LORD said to Moses and Aaron in the land of Egypt: ² This month shall mark for you the beginning of months; it shall be the first month of the year for you. ³ Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. ⁴ If a household is too small for a whole lamb, it shall join its closest neighbor in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it.

¹¹ This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the LORD. ¹² For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgments: I am the LORD. ¹³ The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

¹⁴ This day shall be a day of remembrance for you. You shall celebrate it as a festival to the LORD; throughout your generations you shall observe it as a perpetual ordinance.

The word of the Lord.

Thanks be to God

Bob Buchanan: *A reading from the first letter to the Corinthians*

1 Corinthians 11:23-26

²³ For I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, ²⁴ and when he had given thanks, he broke it and said, "This is my body that is for you. Do this in remembrance of me." ²⁵ In the same way he took the cup also, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." ²⁶ For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes.

The word of the Lord.

Thanks be to God

Gil: God be with you.

People: And also with you.

Gil: The Gospel of our Lord Jesus Christ according to John

People: Glory to you, Lord Jesus Christ.

John 13:1-17, 31b-35

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. ² The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper ³ Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, ⁴ got up from the table, took off his outer robe, and tied a towel around himself. ⁵ Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was tied around him. ⁶ He came to Simon Peter, who said to him, "Lord, are you going to wash my feet?" ⁷ Jesus answered, "You do not know now what I am doing, but later you will understand." ⁸ Peter said to him, "You will never wash my feet." Jesus answered, "Unless I wash you, you have no share with me." ⁹ Simon Peter said to him, "Lord, not my feet only but also my hands and my head!" ¹⁰ Jesus said to

him, “One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.” ¹¹ For he knew who was to betray him; for this reason he said, “Not all of you are clean.”

¹² After he had washed their feet, had put on his robe, and had returned to the table, he said to them, “Do you know what I have done to you? ¹³ You call me Teacher and Lord—and you are right, for that is what I am. ¹⁴ So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another’s feet. ¹⁵ For I have set you an example, that you also should do as I have done to you. ¹⁶ Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. ¹⁷ If you know these things, you are blessed if you do them.

³¹ When he had gone out, Jesus said, ‘Now the Son of Man has been glorified, and God has been glorified in him. ³² If God has been glorified in him, God will also glorify him in himself and will glorify him at once. ³³ Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, “Where I am going, you cannot come.” ³⁴ I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. ³⁵ By this everyone will know that you are my disciples, if you have love for one another.’

Gil: The Gospel of Christ

People: Praise to you, Lord Jesus Christ.

Reflection – The Ven. Dr. Lon Towstego

Introduction to the Foot Washing – Presider

Fellow servants of our Lord Jesus Christ, on the night before his death, Jesus set an example for his disciples by washing their feet, an act of humble service. He taught that strength and growth in the life of the kingdom of God come not by power, authority, or even miracle, but by such lowly service.

Therefore, I invite you who share in the royal priesthood of Christ, to come forward, that I may recall whose servant I am by following the example of my Master. But come remembering his admonition that what will be done for you is also to be done by you to others, for “a servant is not greater than his master, nor is one who is sent greater than the one who sent him. If you know these things, blessed are you if you do them.”

*As the hymn begins, the priest sets out the bowl and chair
and members of the congregation may come forward
so that the priest can wash their feet.*

Sung during Footwashing:

Jesu, Jesu, Fill Us with Your Love (CP #504)

Refrain

Jesu, Jesu,

Fill us with Your love, show us how to serve

The neighbors we have from You.

Kneels at the feet of his friends,

Silently washes their feet,

Master who acts as a slave to them. *Refrain*

Neighbors are rich and poor,

Neighbors are black and white,

Neighbors are near and far away. *Refrain*

These are the ones we should serve,

These are the ones we should love;

All these are neighbors to us and You. *Refrain*

Loving puts us on our knees,

Serving as though we are slaves,

This is the way we should live with You. *Refrain*

*Selections from the Common Praise Hymnal, found in the pew book
racks, will be played and the congregation are invited to sing*

- 24. Abide with Me**
- 29. The Day thou Gavest**
- 192. Were you there**
- 386. When I Survey the Wondrous Cross**
- 400. What Wondrous Love is This**
- 402. Come and Fill our Hearts**
- 538. Nearer, My God, to Thee**
- 519. The Lord's my Shepherd**
- 198. O Sacred Head, Surrounded**
- 199. Who Would ever have Believed it**
- 202. There is a Green Hill Far Away**

Prayers of the People – Melanie Ihmels

Keep us, O Lord, as the apple of your eye.

Hide us under the shadow of your wings.

For the peace of the whole world, we pray to you, Lord,

Lord have mercy.

For those who are weary, sleepless, and depressed, we pray to you, Lord,

Lord have mercy.

For those who are hungry, sick, and frightened, we pray to you, Lord,

Lord have mercy.

For rest and refreshment, we pray to you, Lord,

Lord have mercy.

Guide us waking, O Lord, and guard us sleeping, that awake we may watch with Christ, and asleep we may rest in peace. **Amen.**

Song: *Stay with Us* (CP #194)

Stay with us, O Lord, Jesus Christ

Night will soon fall

Then stay with us, O Lord, Jesus Christ

Light in our darkness (*repeat 3 times*)

Confession & Absolution

Presider: Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider: Most merciful God,

People: we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Presider: Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Silence while the Table is prepared for the Lord's Supper

Prayer over Gifts

Father, we spread this table to remember the loving sacrifice of Jesus Christ, your Son. Accept all we offer you this night. Bind us together in his love and in the love he has commanded us to bring one another, through Jesus Christ our Lord. **Amen.**

Eucharist Prayer #3

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Presider: Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who for our salvation became obedient unto death. The tree of defeat became the tree of victory: where life was lost, life has been restored. Therefore, with angels and archangels and all the heavenly chorus, we cry out to proclaim the glory of your name, **saying.**

Sanctus & Benedictus (said):

Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Presider: We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of

the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On this very night, when he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

**People: we remember his death,
we proclaim his resurrection,
we await his coming in glory.**

Presider: and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your daughters and sons through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

The Lord's Prayer *(said)*

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth, as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil for the kingdom, the power and the glory are yours, now and forever. Amen.

Breaking of the Bread

Presider: We break this bread,

All: **Communion in Christ's body once broken.**

Presider: Let your Church be the wheat which bears its fruit in dying.

All: **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

The Communion

Priest: The gifts of God for the people of God.

All: **Thanks be to God.**

Administration of Holy Communion

All are welcome to join us at the Lord's Table.

If you prefer not to receive communion but wish to receive a blessing, please cross your arms over your chest.

Gluten-free bread is available upon request.

Hymn: Take My Life and Let it Be (CP #435)

**Take my life and let it be
Consecrated, Lord, to Thee.
Take my moments and my days,
Let them flow in endless praise.
Take my hands and let them move
At the impulse of Thy love.
Take my feet and let them be
Swift and purposeful for Thee.
Take my lips and let them be
Filled with messages from Thee.
Take my intellect, and use
Every power as Thou shalt choose.**

**Take my will and make it Thine,
It shall be no longer mine.
Take my heart, it is Thine own,
It shall be Thy royal throne.**

**Take my love, my Lord, I pour
At Thy feet its treasure store.
Take myself and I will be
Ever, only, all for Thee.**

The lights are dimmed and time of silence.

Clergy & Lay Assistant will retire to the Vestry and return vested in a cassock for the rest of the service.

The Stripping of the Altar will then begin.

STRIPPING OF THE ALTAR

Collect

Lord Jesus Christ, tempted as we are, only without sin: Bring us in the hour of temptation to kneel beside thee in the garden; and not to rise till the struggle is past and the choice resolved, to do the Father's will; for your tender mercy's sake. **Amen.**

Readings during the stripping of the Altar

The Priest and Cantor will move to opposite sides of the Sanctuary

Matthew 26:30-46 – The Ven. Dr. Lon Towstego

Psalms 22 – Chanted by Rachel Moss

**You may now leave the Church in silence
or remain in silence to pray**

Thank you for joining us this evening.

We pray that the service has been a blessing to you.

*A collection plate for your free-will offering
is found at the back of the church.*

**The Priest, and all who wish to join him,
will now go to St. Stephen to Strip the Altar**

Holy Week and Easter Services

Date	Day	Time	Service	Location
Apr. 2	Thurs.	6:00 p.m.	Foot Washing, Eucharist & Stripping of the Altar	St. Mary
After the St. Mary Service – Stripping of the Altar				St. Stephen
Apr. 3	Friday	10:00 a.m.	Stations of the Cross Walk	
Meet in the parking lot at Centennial Park at the corner of Hovey and Wallace. We will be walking to St. Mary. Along the way will be a series of prayer stops, including in front of Aurora.				
If you are unable to walk the complete route, there will be several of the prayer stations on the church grounds so you can participate in the majority of the event. The final meditation and conclusion of the service will be held in the church sanctuary.				
Apr. 5 – Easter Sunday 2024. He is Risen!!				
9:00 a.m.		Holy Eucharist		St. Mary
11:15 a.m.		Holy Eucharist		St. Stephen

CLERGY CONTACT INFORMATION

The Ven. Dr. Lon Towstego
His Cell Phone: (250) 208-9949
His email: ltowstego@bc.anglican.ca

Note: *Worshippers may be photographed or recorded as part of the service. If this is of concern to you, please talk to the Minister or Wardens.*

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