



April 1, 2026

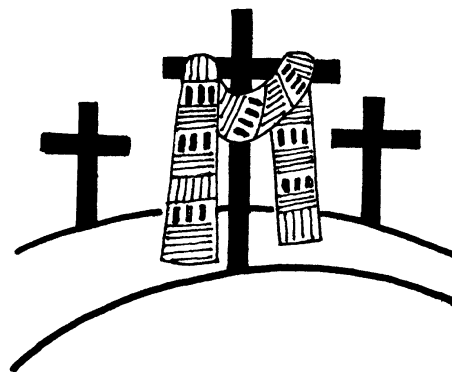
Growing Together in Christ to Love and Serve All People

Prayer of the Week:

Almighty God, your Son our Savior suffered at human hands
and endured the shame of the cross.

Grant that we may walk in the way of his cross, and find in it the way
of life and peace, through Jesus Christ, our Savior and Lord,
who lives and reigns with you and the Holy Spirit, one God,
now and forever. **Amen.**

Evangelical Lutheran Worship, Prayer of the Day for Wednesday in Holy Week



Upcoming Greeters and Coffee Hosts:

April 5: **EASTER!** Juliet & Mike Engan and Darcy & Dan Johnson, Greeters

April 12: **Could be YOU! Greeters;**

Jean Wahlstrom and Marv Kananen; Coffee Hosts

Contact Sherry (sherry@salc.church) to be a Sunday greeter or to Host coffee hour.

Worship is at 10:00 am on Sundays, both in-person and via livestream.

Livestream: Visit salc.church/media to access the bulletin and livestream link on YouTube. If you have a Google account, we invite you to offer a greeting or comment in the chat window.

Thursday, April 2 - Maundy Thursday

7:00 PM Worship

Friday, April 3 - Good Friday

7:00 PM ELCC Worship at Holy Trinity Lutheran Church, Mercer Island
Find directions to Holy Trinity in this issue of Trendings and online.

Sunday, April 5 - **Easter!**

10:00 AM Worship, in-person/livestream

11:15 AM Continental Breakfast

Readings for April 2 - Maundy Thursday

John 13:1-17

April 5 - Easter Sunday

John 20:1-18

Tuesday Morning Men: Every Tuesday at 8:30 AM, this group meets for discussion and prayer via ZOOM.



Pastor's Bible Study meets on Tuesday mornings at 10:00 AM in the library in person and on ZOOM. Contact Pastor Lara for the ZOOM link. NOTE: **There is NO Pastor's Bible Study on Tuesday, April 7th.** Bible Study will return on Tuesday, April 14th at 10:00 AM.

"Christ in our Home" devotional books for April, May, June are available in the Narthex, on the wall by Trendings and bulletins.

MAUNDY THURSDAY

APRIL 2, 2026

7:00 PM



 Saint Andrew's
LUTHERAN CHURCH

EASTER WORSHIP

Join us in joyfilled worship at

10:00 AM

ALL ARE WELCOME!!

Continental Breakfast beginning at
9:00 AM

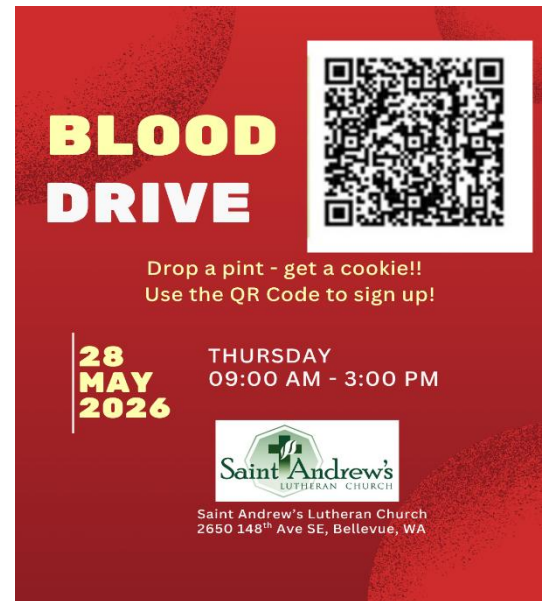
 Saint Andrew's
LUTHERAN CHURCH

Blood Drive Success Thanks to everyone who made the blood drive on the 26th a success!! In addition to the donors who gave their time and blood, I also thank Kathy and Kurt for their support and coordination efforts. Appreciation also extends to Linda Quinn and Janell Erickson who spent their time lending support to the donors, BloodWorks staff, and answering questions on the day of the drive.

Final results from Thursday:

- 25 donors registered
- 3 donors were deferred
- 22 units of blood were collected
- 3 first time donors participated

The next blood drive will be on **May 28**, in the bloodmobile in the parking lot with 37 appointments available. Signup procedures will be the same using the Bloodworks app and website. See the QR code! *Submitted by Terri Anderson*




BLOOD DRIVE

Drop a pint - get a cookie!!
Use the QR Code to sign up!

28 MAY 2026 THURSDAY
09:00 AM - 3:00 PM

Saint Andrew's LUTHERAN CHURCH
Saint Andrew's Lutheran Church
2650 148th Ave SE, Bellevue, WA



Thanks Kurt! He keeps the corner current with Our seasonal signage!!





Easter Cross:

Do you love flowers? Do you love seeing our giant floral cross on Easter morning?? Well – putting it together is NOT one of Jesus’ miracles ... it’s a lot of helping hands!! And we need yours !

Saturday, April 4 AT 10:00 AM flowers will be available to cut, put into water stems, and arranged on our cross. We need flower handlers AND a couple of folks who are happy to stand on a ladder and poke them in!

There will be snacks and coffee to keep you going – and the joy of working with others on a very cool project!

Yum! Join us Easter morning for a continental breakfast.

Treats and beverages will be available before and after our 10 a.m. worship service. Indulge in muffins, fresh fruit, and a lovely cheese platter. **Food and beverages will be available from 8:45 until 11:30ish am.**



Easter Continental Breakfast set up: Do you just LOVE to place a tablecloth, add some festive flowers, create a special atmosphere?? Well – come on **Saturday, April 4 at 4:00 PM** to help set up the Easter Continental Breakfast!! **Many hands = Light work.** Sherry is anticiptating the whole set up being @ 30 minutes!!

Opportunities for You!

Volunteers keep our church operating. Remember – we offer free training!

Here’s a list of opportunities for the next few weeks.

To volunteer, talk to Fellowship Coordinator Sherry Grindeland at church, via phone at 425-746-2529 or email sherry@salc.church.

Coffee Hosts – Set up the coffee service and provide treats. People start looking for coffee by 8:40 so this is an 8:15 am start time. Clean up about 11:15, after worship service.

Dates available:

April 12

April 19

April 26

May 3



Youth News:

April 12 ~ 4:00 PM: Joint Confirmation Class (Faith & Family Center) **and** Youth Group (Youth Couches room) !! Let's come together to learn, share about spring break adventures and eat!

April 19: Outdoor Community Game Night - this'll be fun! At Robinswood Park! Bring a friend or 2 - all ages!!

**OUTDOOR
COMMUNITY
GAME NIGHT**

PRESENTED BY ELF

**GOOD FOOD, GREAT GAMES,
BEST MEMORIES**

FREE FOR ALL!

**APRIL 19
5 PM - 7 PM**

ROBINSWOOD PARK, BELLEVUE

BYO PICNIC AND OUTDOOR GAMES TO SHARE

www.elfpnw.org
elfpnw@gmail.com

Hopelink is anticipating their End Summer Hunger program. They have asked us to help them stock up on foods that are kid friendly and will provide these children with adequate nutrition when they are not getting fed at school. They would like us to collect packages of single serving foods and snacks.

For April we will be collecting these items: (packages of individual servings)

- Granola bars
- Fruit snacks
- Cereal/oatmeal cups
- Fruit cups
- Jello/pudding cups
- Small bags of: trail mix, chips, pretzels, Chex mix, cookies, popcorn
- Microwaveable Mac & Cheese
- Microwaveable Chef Boyardee





INTERFAITH MISSION OF HEALING IN TANZANIA – JOIN US!

Since 2008, Kafika House has ensured children in Tanzania can access surgery, rehabilitation, and high-love care regardless of their circumstances.

Join founder Sarah Rejman and a panel of guest speakers to hear the success stories behind the work and the impact made possible through partnership.

FREE EVENT | DELICIOUS TANZANIAN DONUTS, LUNCH, AND BEVERAGES

Saturday 2nd May 2026 at
10:00 with lunch at 11:45

Saint Andrews Lutheran Church
Bellevue (just off I-90)

REGISTER FOR THE EVENT USING THIS QR CODE
OR BY VISITING <https://pp.events/b6K53Xp6>



Health & Wholeness Spring Health Kits!

Health and Wholeness is collecting for our spring LWR drive and we could use your help with donations. *We plan to assemble health kits on April 27*, which are then sent around the world to those in need. We need:

- **Bath towels:** lightweight, **dark colors**, size 20" x 40" to 52" x 27"
- **Soap:** 4 or 5 oz. bars
- **Toothbrushes:** adult size
- **Combs:** sturdy – 7" length (no pick or fine toothed combs)
- **Nail Clippers:** large size preferred
- **Boxes:** medium size

Grab a shopping list from the Narthex coffee table!

Place your donations in the bin in **Narthex** labeled **Health and Wholeness, LWR Health Kit Supplies, or church office**. We also accept monetary donations. Mail or place your check in the offering place, indicating it is for Lutheran World Relief.

The Health and Wholeness Ministry thanks you for your support!

Dorcas Circle:



Dorcas Circle needs extra large shipping boxes (approximately 2 feet tall) to ship quilts to Lutheran World Relief. The boxes can be broken down and delivered to the church office.

If you have any questions you can contact Linda Willenberg at willenberglinda@gmail.com or call her at 425-641-1606.

Prayer Partner Reveal:

Who Was Praying for You during Lent?

Find out during our prayer partner reveal at 9 a.m. on Sunday, April 12.

We will share our spiritual experiences and funny stories of connection during this fun Adult Education program.

Even if you didn't participate in the prayer partner event, this morning is a fun fellowship experience.



Get Ready to celebrate!!

Saint Andrew's Lutheran Church turns **70** in May!!

Mark your calendars for a two-part celebration on May 24 and May 31. We will be sharing memories and church history. Start thinking of your personal experiences to share. *Volunteers needed!*

Sign up with Fellowship Coordinator Sherry Grindeland at 425-746-2529 or sherry@salc.church .



From the Bishop:

April 2026

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb.
John 20:1

When I ask people how they are, so often they say, “Well, I’m doing ok considering ...”
Sometimes they confess to me that the world just feels so dark right now.

And I get it – I can feel this way, too. Sometimes it does seem the shadows are gathering around us and just getting scarier and more menacing and it is hard to see a path forward.

But then I am reminded of the gift of darkness.

Recently I read Conor Knighton’s book *Leave Only Footprints* where he talks about visiting all the national parks in a year. One of the most captivating chapters was about national parks that have been certified as Dark Sky Places. He describes areas where light pollution is carefully limited so people can experience the night sky as humans did for most of history. Standing in one of these places, the sky can be overwhelming. Stars multiply as your eyes adjust. Constellations sharpen. The universe stretches above you in breathtaking clarity. Conor says that what surprises many visitors is this: the darkness does not feel frightening. It feels beautiful. Everyone is standing shoulder to shoulder – strangers to one another in the daylight – but at night, all eyes are lifted to the heavens in wonder experiencing something extraordinary.

In these particular times that we are living in, this brings me hope. For in the light of war is happening and people are dying and there is shouting on all sides and beliefs seem intransigent and we experience and participate in the hatred and greed and selfishness and bigotry that is everywhere around us. We see our enemy. We identify our enemy. We classify our enemy. The light shines harshly.

But in the darkness of night, we gather together. In the darkness of night, we huddle close. In the darkness of night, we sigh with wonder at the beauty and majesty of the heavens. In the darkness of night, we no longer can tell who our enemy is. And, while this could be scary, this is also liberating. For we remember the beginning of the story of God and creation – that for God darkness is not chaos beyond God’s reach – it is the very place where God begins midwifing new hope, new promise, new life – in spite of what happens in the light of day.

We experience this promise in the Easter story. (Let me remind you, the resurrection did not occur at sunrise even though many of us have attended a lot of sunrise services!). For even as Mary Magdalene started hurrying towards the tomb before dawn, the resurrection had miraculously already happened. The tomb was already empty. Jesus Christ was alive! For as we read in scripture, life was rising before the dawn. *(Continued on next page)*

This is the strange and beautiful truth at the heart of our faith - and truly at the heart of the gospel. The power of death was broken even before the sun began to shine.

This is the hope of Easter. Even when the world feels uncertain, even when grief and fear weigh heavily on our hearts, even when the shadows fall, God is at work beneath the surface of things. Life is stirring. Hope is rising.

Go find a place of darkness. And there you will see God.

Bishop Shelley Bryan Wee | bishop@lutheransnw.org



NW Washington Synod Gathering

**Life in God's Garden:
Seeds of Generosity**

Saturday, May 30 | 9am-5pm



Worship
Workshops
Rev. Tim Brown, Keynote
Lunch included
\$40/person

at Trinity Lutheran Church, Lynnwood
& Lynnwood Neighborhood Center

lutheransnw.org/events

SYNOD GATHERING IN MAY: Please join us for this full day to celebrate, learn, and connect around the theme of generosity. This is generosity rooted in God's abundant love for creation. Generosity of time, space, talents, and money. Generosity of our hearts.

We will be gathering at Trinity Lutheran Church in Lynnwood AND the new Lynnwood Neighborhood Center. We will center our time in worship at 9am with song, communion, preaching by Bishop Shelley, and gratitude and blessing for our Synod VP Kay Edgerton who will be concluding her term this summer.

We will welcome our keynote presenter, **Rev. Tim Brown**, ELCA director for congregational stewardship. Following lunch, there will be 2 afternoon workshop times - with a total of 22 options from local leaders! As we prepare to close the day, we will re-gather for a sending service -

including time to install our newly elected synod council officers and members.

Are you interested in attending? Check out the workshops for this event [HERE](#), and let Pastor Lara know. She will register our participants as a group.

ELCC (Eastside Lutheran Church Community) churches, the Synod and the ELCA:



The Eastside Lutheran Church Community (ELCC) are the ELCA churches on the eastside. WE have opportunity to share worship, resources, and events – separately and collectively. While we often share collaborative and in Be sure to check out the website [HERE](#).

An ELCC newsletter is in the works! Sign up to receive the links!

Newsletter opt-in instructions:

1. Go to the [ELCC website](#) and scroll to the bottom of the HOME page
2. View the Newsletter Signup section - add your email and press the SUBSCRIBE link
3. Now go to your email inbox and find the Tithe.ly email asking you to verify your email address, and then you are done!

Good Friday Worship: This worship service is a collaboration with other congregations in our conference. This year it will be at Holy Trinity Lutheran Church on Mercer Island. We hope you plan to attend.

Singers: If you'd like to be part of the choir that evening, arrive at 5:45 PM to rehearse!

Directions to Holy Trinity Lutheran Church:

Take I-90 West to Island Crest Way. Take a left at the exit and proceed on Island Crest Way to 40th Street. Take a left onto 40th (there is a dedicated left turn lane.)

Holy Trinity has a lower parking lot at 40th & 85th and an upper lot at 40th & 86th. Parking is also available across the street at Northwood Elementary school or on the surrounding streets.



This service will be available online with this link: <https://youtube.com/live/h0230ky8k24>



**ELCC All-Call Stakeholder Meeting
Saturday, April 11th - 10:00am-Noon
St. Luke's Pierson Hall
3030 Bellevue Way, Bellevue, WA 98004**

**Join us at St. Luke's for the next ELCC All-Call Stakeholder meeting.
This is a great opportunity to meet people and to gain insight into what has been accomplished and where we hope to go.
Light refreshments will be provided.
All are welcome, so please join us for a lively discussion about all things ELCC.**

The **Women of the ELCA** at Cross of Christ in Bellevue are having a luncheon on Saturday, April 18, at 11am in the Fellowship Hall.

The guest speaker will be Liv Larson Andrews, pastor, writer, and artist from Spokane, who is the Director for Evangelical Mission for the Northwest Intermountain Synod (ELCA.) A free will offering will be collected to benefit Kinderling Center and The Circler (after expenses).

Tickets are free but necessary to have an accurate head count. Those interested or with questions should contact Liz Clark: walizrdh@hotmail.com or 425 746-6278.

nami Eastside WA

National Alliance on Mental Illness

We're hosting an important safeTALK Suicide Prevention Training on Thursday, April 11, and we'd love for you to join us. This in-person, peer-to-peer workshop is designed to increase your confidence in having conversations with someone who may be thinking about suicide and guide them toward lifesaving resources.

Date: Saturday, April 11
Time: 10:00 AM - 3:00 PM
Location: Together Center
- Conference Room
16305 NE 87th Street,
Redmond, WA
☉ Lunch will be provided



safeTALK: A Suicide Prevention Workshop

safeTALK April 11

Together Center Conference Room
16305 NE 87th Street Redmond, WA



This peer-to-peer training will increase your confidence in having a conversation with someone about suicide, helping to direct them toward lifesaving resources. The training will be facilitated by Joe Stevens, a certified Living Works Suicide Prevention Workshop facilitator. Certified high school students may assist if available.

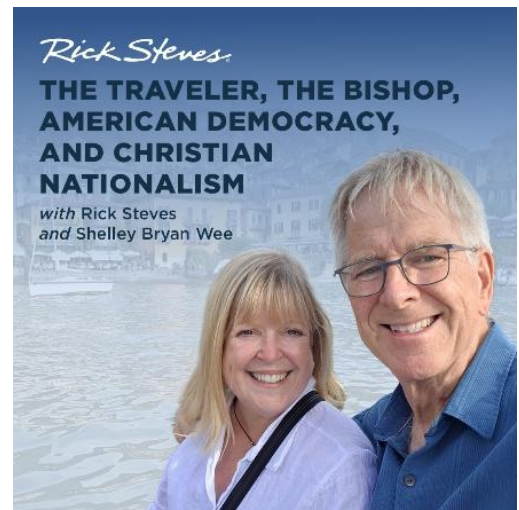
Don't miss this opportunity to help someone struggling! Scan Here → 

  **In Person 10 AM - 3 PM**
Lunch will be provided

The Traveler & the Bishop on American Democracy and Christian Nationalism

Sunday, April 26, 6:00pm at Saint Mark's Episcopal Cathedral, Seattle (1245 10th Ave. E., Seattle) Free but registration required: [HERE](#)

Join Rick Steves for a European take on Trump and the state of American democracy (basically his "No Kings" rally speech, updated and with an indoor voice). Then, Lutheran Bishop Shelley Bryan Wee (ELCA) will share a hard look (inspired by scripture) at the perversion of Christianity called "Christian Nationalism." Rick's talk will share how history is speaking to us – and how, if we listen, we can better understand and meet the challenges facing democracy in the USA. And, whether you consider yourself a person of faith or not, Bishop Shelley's message will bring a new dimension to your thinking about the place of religion in the political discourse of our country.

The image is a sign-up poster for the Day of Service. It features a central graphic of several hands of different colors (white, black, red) raised against a light background. A red banner across the middle of the hands contains the text "DAY of SERVICE". Below the graphic, the text reads "Sign-Up TODAY!!" and "Saturday May 2nd". At the bottom, there is a QR code and the website "www.dayofservice.info". The logo for Sammamish Hills Lutheran Church + Preschool is in the bottom left corner.

DAY of SERVICE

Sign-Up TODAY!!

**Saturday
May 2nd**

www.dayofservice.info

Scan the QR Code to sign-up & view all the volunteer opportunities!

Sammamish Hills Lutheran Church + Preschool

Day of Service

Each year we bring hundreds of volunteers together to help give back. The Day of Service began in 2012 as a way for Sammamish Hills Lutheran, to volunteer in the local area. It has grown to be a large interfaith and community event we plan to continue annually as a way to lift up those in need. We promise it will be a day that you will remember. Join us! [DAY OF SERVICE!](#)

Calendar

Thursday, April 2

Maundy Thursday

2:00 PM Timber Ridge Worship
7:00 PM **Maundy Thursday Worship**

Friday, April 3

Office is closed

7:00 PM **Good Friday Worship**
At Holy Trinity Lutheran, Mercer Island

Saturday, April 4

10:00 AM Easter Cross Decorating
Easter Set Up

Sunday, April 5

Easter!

10:00 AM Worship

Monday, April 6

Office is closed -Easter Monday

6:00 PM Finance Committee Meeting (Virtual)
7:00 PM Executive Committee Meeting (Virtual)

Tuesday, April 7

8:30 AM Tuesday Morning Men (Virtual)

Wednesday, April 8

2:00 PM Care Team Meeting (Virtual)
4:00 PM Adult Education Meeting (Virtual)

Thursday, April 9

Friday, April 10

Office Closed

Saturday, April 11

10:00 AM ELCC meeting (St. Lukes)

Sunday, April 12

9:00 AM Adult Education
Sunday School (preschool – 5th grade)
10:00 AM Worship
4:00 PM Joint Confirmation
Youth Group

Monday, April 13

1:00 PM Staff Meeting
7:00 PM Congregation Council Meeting (virtual)

Tuesday, April 14

8:30 AM Tuesday Morning Men
9:30 AM Dorcas Circle
10:00 AM Pastor's Bible Study

Wednesday, April 15

10:00 AM Women's Book Group

You can access our
weekly online calendar
HERE.

The Reverend Lara Forbes, Lead Pastor
pastor@SALC.church

The Reverend Timothy T. Weber,
Shared-Time Pastor
timwebertt@yahoo.com

Dr. Will Simpson,
Director of Music Ministries
will@SALC.church

Doug Johnson,
Director of Youth and Family Ministries
doug@SALC.church

Sherry Grindeland, Fellowship Coordinator
sherry@SALC.church

Kurt Lutterman, Facilities Manager
kurt@SALC.church

Kathy Fisher, Communications Director
kathy@SALC.church

Vanessa Wilkie, Handbell Choir Director

Elaine Koga, Choir Accompanist

Abby Kasper, Facilities Set-up

April Daniel, Records Administrator

Ann Thorpe, Sunday Church School Coordinator

Joan Tweten, Kitchen Team

SALC Family Social Media Accounts:



Find us on:

