



April

2026

Upper Room Deliverance Ministries

Finding Peace in Troubled Times

Comfort from the Scriptures

Troubled times remind us how deeply we need God. When uncertainty rises and burdens feel heavy, Scripture points us to a peace that is not based on circumstances, but on the unchanging character of the Lord. True peace is not the absence of storms. It is the steady presence of God in the middle of them.

Throughout this month, these passages will anchor your heart in these truths: God is near, Christ has overcome, and the Holy Spirit strengthens us in weakness. His promises are sure, even when life feels unstable.

As you read each day, slow down and reflect. Let the Word quiet your fears, renew your mind, and remind you that in every troubled season, the Lord Himself is your peace.



(Click Graphic to Play Video)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Isaiah 26:3 Isaiah 41:10	2 Isaiah 43:2 Isaiah 66:13	3 Lamentations 3:22-23 Nahum 1:7	4 Matthew 5:4 Matthew 11:28
5 Matthew 28:20 John 14:1	6 John 14:27 John 16:33	7 Acts 18:9-10 Romans 5:3-5	8 Romans 15:4 2 Corinthians 1:3-4	9 2 Corinthians 4:16-18 2 Corinthians 12:9	10 Philippians 4:6-7 Philippians 4:9	11 Colossians 3:15 2 Thessalonians 3:16
12 Hebrews 4:15-16 Hebrews 13:5-6	13 James 1:2-4 James 4:8	14 1 Peter 1:6-7 1 Peter 5:7	15 2 Peter 3:9 1 John 4:18	16 Revelation 7:16-17 Revelation 21:4	17 Deuteronomy 31:6 Joshua 1:9	18 1 Kings 19:11-12 2 Chronicles 20:15
19 Isaiah 12:2 Isaiah 40:29	20 Jeremiah 17:7-8 Jeremiah 31:13	21 Ezekiel 34:15-16 Daniel 3:17-18	22 Haggai 2:5 Zechariah 4:6	23 Matthew 6:34 Luke 21:18-19	24 John 11:25-26 Acts 27:23-25	25 Romans 8:18 1 Corinthians 10:13
26 2 Corinthians 5:7 Galatians 6:9	27 Ephesians 6:10 Philippians 1:6	28 Colossians 1:11 1 Thessalonians 5:23-24	29 2 Timothy 1:7 Titus 2:11-13	30 Hebrews 6:19 Revelation 3:10		

God is our refuge and strength, a very present help in trouble. - [Psalm 46:1](#)

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