



more than

SUNDAY

**What's one of your
worst experiences
of getting stuck?**

SHAME

is powerful
and has a way of
keeping us stuck

MARK 15:1

Very early in the morning, the chief priests, with the elders, the teachers of the law and the whole Sanhedrin, made their plans. So they bound Jesus, led him away and handed him over to Pilate.



MARK 15:2-5

² “Are you the king of the Jews?” asked Pilate. “You have said so,” Jesus replied. ³ The chief priests accused him of many things. ⁴ So again Pilate asked him, “Aren’t you going to answer? See how many things they are accusing you of.” ⁵ But Jesus still made no reply, and Pilate was amazed.

ISAIAH 53:7

He was oppressed and afflicted, yet He did not open His mouth; He was led like a lamb to the slaughter, and as a sheep before its shearers is silent, so He did not open His mouth.

MARK 15:6-8

⁶ Now it was the custom at the festival to release a prisoner whom the people requested. ⁷ A man called Barabbas was in prison with the insurrectionists who had committed murder in the uprising. ⁸ The crowd came up and asked Pilate to do for them what he usually did.

MARK 15:9-11

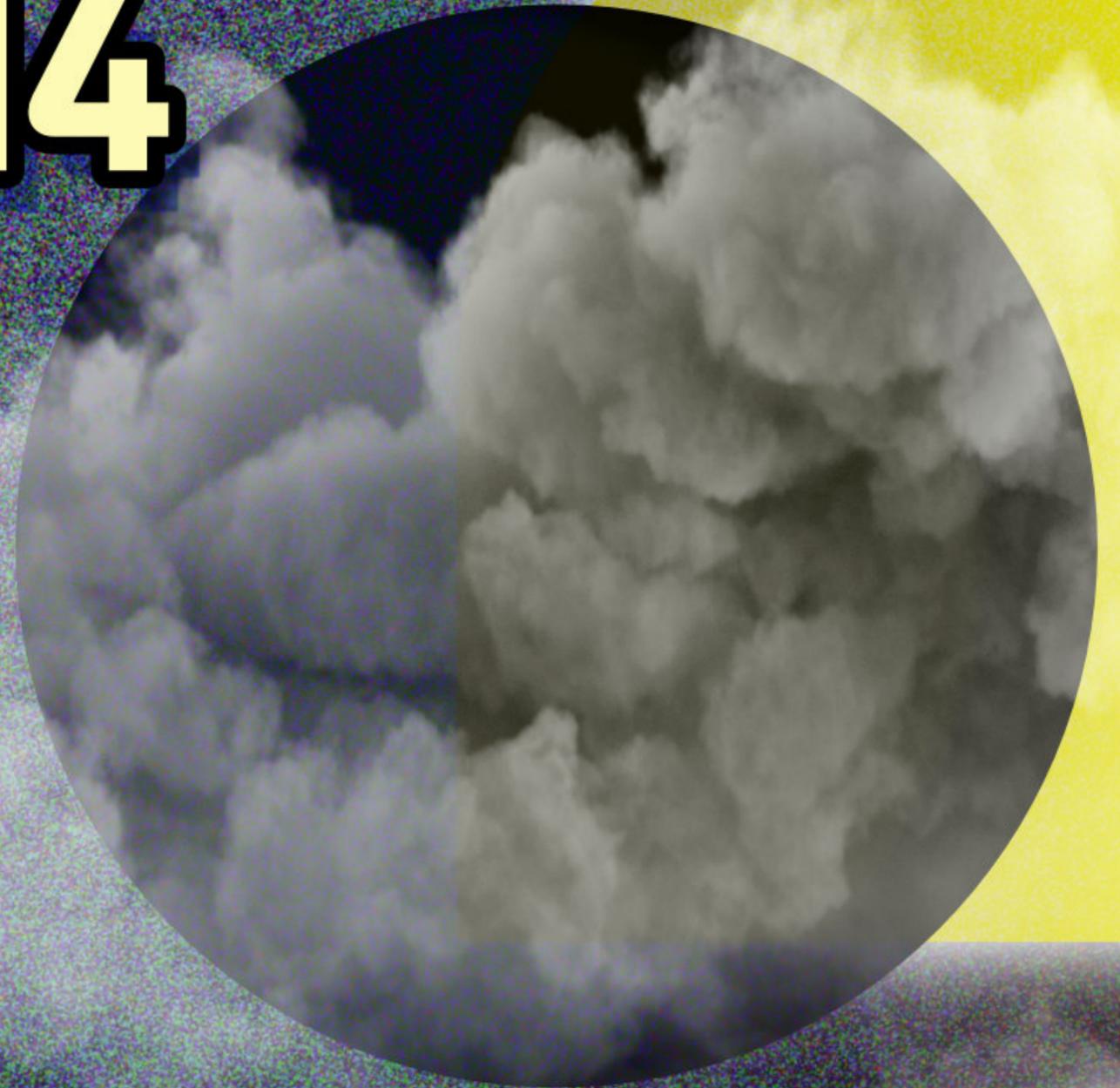
⁹ “Do you want me to release to you the king of the Jews?” asked Pilate, ¹⁰ knowing it was out of self-interest that the chief priests had handed Jesus over to him. ¹¹ But the chief priests stirred up the crowd to have Pilate release Barabbas instead.

MARK 15:12

¹² “What shall I do, then, with the one you call the king of the Jews?”
Pilate asked them.

MARK 15:13-14

¹³ “Crucify him!” they shouted. ¹⁴ “Why? What crime has he committed?” asked Pilate. But they shouted all the louder, “Crucify him!”



MARK 15:15

**¹⁵ Wanting to satisfy the crowd,
Pilate released Barabbas to them.
He had Jesus flogged,
and handed him over to be
crucified.**

MARK 15:16-18

¹⁶ The soldiers led Jesus away into the palace (that is, the Praetorium) and called together the whole company of soldiers. ¹⁷ They put a purple robe on him, then twisted together a crown of thorns and set it on him. ¹⁸ And they began to call out to him, “Hail, king of the Jews!”

MARK 15:19-20

¹⁹ Again and again they struck him on the head with a staff and spit on him. Falling on their knees, they paid homage to him. ²⁰ And when they had mocked him, they took off the purple robe and put his own clothes on him. Then they led him out to crucify him.

MARK 15:27-29

²⁷ They crucified two rebels with him, one on his right and one on his left.

²⁹ Those who passed by hurled insults at him, shaking their heads and saying, “So! You who are going to destroy the temple and build it in three days, ³⁰ come down from the cross and save yourself!”

MARK 15:31-32

³¹ In the same way the chief priests and the teachers of the law mocked him among themselves. “He saved others,” they said, “but he can’t save himself! ³² Let this Messiah, this king of Israel, come down now from the cross, that we may see and believe.” Those crucified with him also heaped insults on him.

PSALM 22:7-8

⁷ All who see me mock me; they hurl insults, shaking their heads.⁸ “He trusts in the Lord,” they say, “let the Lord rescue him. Let him deliver him, since he delights in him.”

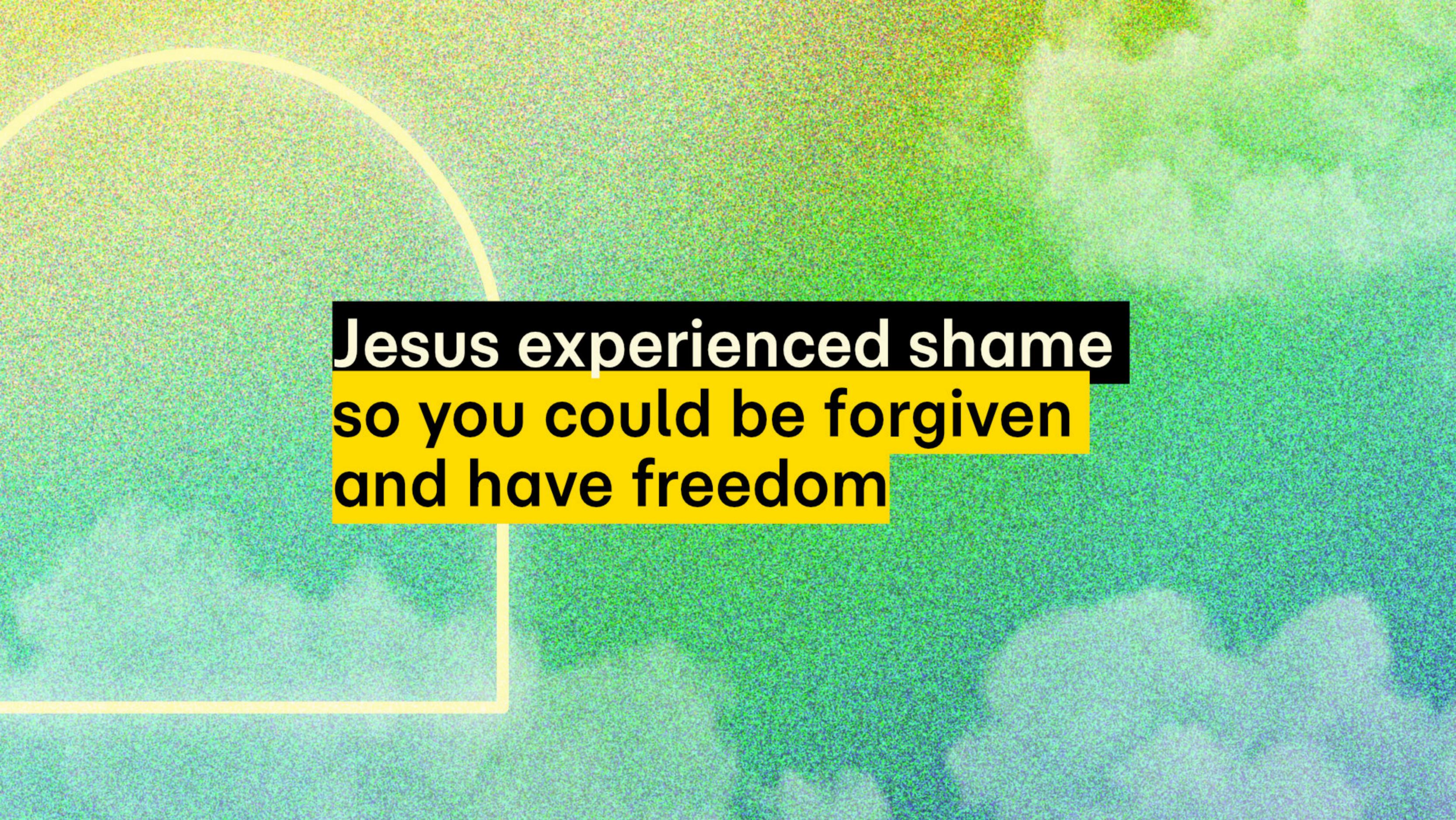
PSALM 22:12-15

¹² Many bulls surround me; strong bulls of Bashan encircle me.¹³ Roaring lions that tear their prey open their mouths wide against me.¹⁴ I am poured out like water, and all my bones are out of joint. My heart has turned to wax; it has melted within me.¹⁵ My mouth is dried up like a potsherd, and my tongue sticks to the roof of my mouth; you lay me in the dust of death.

PSALM 22:16-18

¹⁶ Dogs surround me, a pack of villains encircles me; they pierce my hands and my feet.

¹⁷ All my bones are on display; people stare and gloat over me. ¹⁸ They divide my clothes among them and cast lots for my garment.



**Jesus experienced shame
so you could be forgiven
and have freedom**

HEBREWS 12:2-3

² fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. ³ Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.

Jesus experienced shame

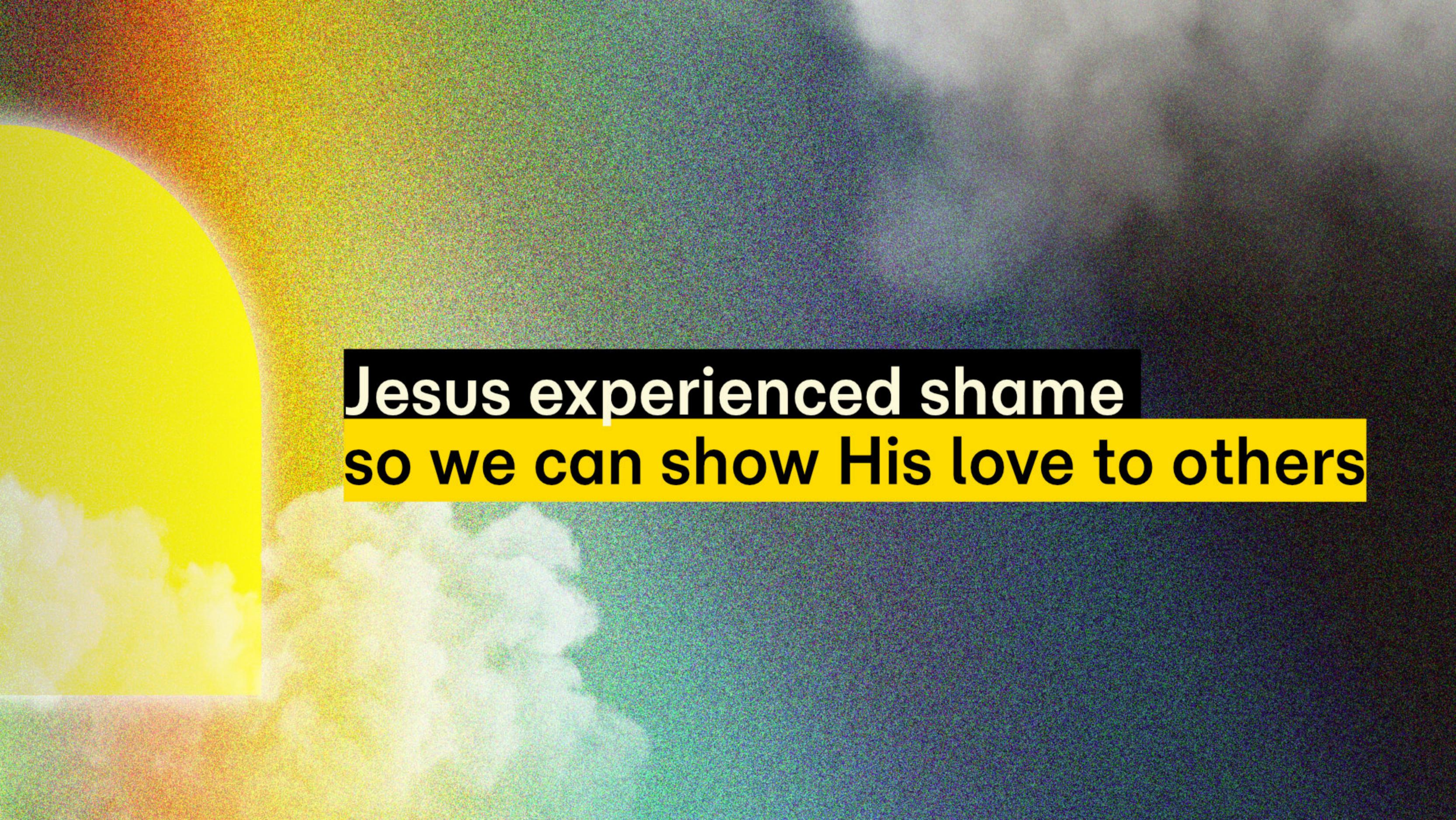
**so you can know He understands
your hurt and struggle**

HEBREWS 4:14

¹⁴ Therefore, since we have a great high priest who has ascended into heaven, Jesus the Son of God, let us hold firmly to the faith we profess.

HEBREWS 4:15-16

¹⁵ For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. ¹⁶ Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.



**Jesus experienced shame
so we can show His love to others**