



POHICK EPISCOPAL CHURCH

The 1774 home church of George Washington and George Mason.
In Christ: Embracing our history, welcoming in the present, transforming for the future.

March 29, 2026

**The Sunday of the Passion:
Palm Sunday**

10:30 a.m.

Holy Eucharist: Rite One

Palm Sunday marks the beginning of Holy Week. The procession with palms calls to mind the triumphal entry of Jesus, our Lord and King, into Jerusalem.

The procession is fundamentally an act of worship, witness, and devotion to our Blessed Lord. The purpose of Jesus' journey to Jerusalem was to fulfill his Father's will; thus it is fitting that this service continues with the singing or reading of the Passion, turning the emphasis to the days which lie ahead in Holy Week. We who hail him as king one moment, may in the next deny him, even joining with the crowd in shouting "Crucify him!"

The Order of Worship in from The Book of Common Prayer

The Hymns and Service Music are found in The Hymnal 1982

Service Music: *Missa de Sancta Maria Magdalena*, Healey Willan, 1880-1968

THE LITURGY OF THE PALMS

(in the courtyard, weather permitting)

Celebrant Blessed is the King who cometh in the name of the Lord:

People ***Peace in heaven and glory in the highest.***

Celebrant Hosanna to the Son of David: blessed is he that cometh in the name of the Lord.
O King of Israel: Hosanna in the highest.

Let us pray.

Assist us mercifully with thy help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby thou hast given us life and immortality; through Jesus Christ our Lord. ***Amen.***

Matthew 21:1-11

When Jesus and his disciples had come near Jerusalem and had reached Bethphage, at the Mount of Olives, Jesus sent two disciples, saying to them, "Go into the village ahead of you, and immediately you will find a donkey tied, and a colt with her; untie them and bring them to me. If anyone says anything to you, just say this, 'The Lord needs them.' And he will send them immediately." This took place to fulfill what had been spoken through the prophet, saying,

"Tell the daughter of Zion,

Look, your king is coming to you,

humble, and mounted on a donkey,

and on a colt, the foal of a donkey."

The disciples went and did as Jesus had directed them; they brought the donkey and the colt, and put their cloaks on them, and he sat on them. A very large crowd spread their cloaks on

the road, and others cut branches from the trees and spread them on the road. The crowds that went ahead of him and that followed were shouting,
"Hosanna to the Son of David!
Blessed is the one who comes in the name of the Lord!
Hosanna in the highest heaven!"
When he entered Jerusalem, the whole city was in turmoil, asking, "Who is this?" The crowds were saying, "This is the prophet Jesus from Nazareth in Galilee."

Celebrant The Lord be with you.
People ***And with thy spirit.***

Celebrant Lift up your hearts.
People ***We lift them up unto the Lord.***

Celebrant Let us give thanks unto the Lord our God.
People ***It is meet and right so to do.***

It is right to praise thee, Almighty God, for the acts of love by which thou hast redeemed us through thy Son Jesus Christ our Lord. On this day he entered the holy city of Jerusalem in triumph, and was proclaimed as King of kings by those who spread their garments and branches of palm along his way. Bless, O Lord, these branches. Let them be for us signs of his victory, and grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leadeth to eternal life; who liveth and reigneth in glory with thee and the Holy Spirit, now and for ever. ***Amen.***

Celebrant Blessed is he who cometh in the name of the Lord.
People ***Hosanna in the highest.***

THE PROCESSION

(Following the Cross)

Celebrant Let us go forth in peace.
People ***In the name or Christ. Amen.***

Sung by the Cantors & Choir

Ancient Gallican Chant, *Hymn 157*

Antiphon (at the beginning)

Ho - san - na in the high - est.

The refrain "Hosanna in the highest" is sung by all after each verse.

PROCESSIONAL All glory, laud, and honor – *Valet will ich dir geben*

HYMN 154

Refrain

All glo - ry, laud, and hon - or to thee, Re - deem - er, King!
to whom the lips of chil - dren made sweet ho - san - nas ring.

1 Thou art the King of Is - ra - el, thou Da - vid's roy - al Son,
2 The com - pa - ny of an - gels is prais - ing thee on high;
3 The peo - ple of the He - brews with palms be - fore thee went;
4 To thee be - fore thy pas - sion they sang their hymns of praise;
5 Thou didst ac - cept their prais - es; ac - cept the prayers we bring,

Repeat Refrain

1 who in the Lord's Name com - est, the King and Bless - ed One.
2 and we with all cre - a - tion in cho - rus make re - ply.
3 our praise and prayers and an - thems be - fore thee we pre - sent.
4 to thee, now high ex - al - ted, our mel - o - dy we raise.
5 who in all good de - light - est, thou good and gra - cious King.

COLLECT

Palm Sunday, BCP p. 168

Celebrant The Lord be with you.

People ***And with thy spirit.***

Celebrant Let us pray.

Almighty and everlasting God, who, of thy tender love towards mankind, hast sent thy Son our Savior Jesus Christ to take upon him our flesh, and to suffer death upon the cross, that all mankind should follow the example of his great humility: Mercifully grant that we may both follow the example of his patience, and also be made partakers of his resurrection; through the same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. ***Amen.***

OLD TESTAMENT

Isaiah 45:21-25

"Declare what is to be, present it—let them take counsel together. Who foretold this long ago, who declared it from the distant past? Was it not I, the Lord? "Turn to me and be saved, all you ends of the earth; for I am God, and there is no other. By myself I have sworn, my mouth has uttered in all integrity a word that will not be revoked: Before me every knee will bow; by me every tongue will swear. They will say of me, 'In the Lord alone are deliverance and strength.' All who have raged against him will come to him and be put to shame. But all the descendants of Israel will find deliverance in the Lord and will make their boast in him."

Reader The Word of the Lord.

People ***Thanks be to God.***

THE PSALTER

Psalm 31:9-16, BCP, p. 623

In te, Domine, speravi

Chant by William Croft, 1678-1727



9 Have mercy on me, O LORD, for | I am • in | trouble; *
my eye is consumed with sorrow,
and | also • my | throat and • my | belly.



- 10 For my life is wasted with grief,
and my | years with | sighing; *
my strength fails me because of affliction,
and my | **bones** | are con|sumed.
- 11 I have become a reproach to all my enemies and even to my neighbors,
a dismay to those of | my ac|quaintance; *
when they see me in the | **street** | they a|void me.
- 12 I am forgotten like a dead man, | out of | mind; *
I am as | useless • as a | broken | pot.
- 13 For I have heard the whispering of the crowd;
fear is | all a|round; *
they put their heads together against me;
they | plot to | take my | life.
- 14 But as for me, I have trusted in | you, O | LORD. *
I have said, | "**You** | are my | God.
- 15 My times are | in your | hand; *
rescue me from the hand of my enemies,
and from | those who | perse•cute | me.
- 16 Make your face to | shine up•on your | servant, *
and in your | loving-|kindness | save me."

Gloria Patri

Glory be to the Father, and | to the | Son, *
and | to the | Holy | Ghost:
As it was in the beginning, is now, and | ever | shall be, *
world | without | end. A|men.

EPISTLE

Philippians 2:5-11

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death - even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Reader The Word of the Lord.

People ***Thanks be to God.***

GRADUAL

There is a green hill far away – *Horsley*
*Stanzas 1-2, 5 (*omit sts. 3-4)*

HYMN 167

The Passion of our Lord Jesus Christ according to St. Matthew

(booklet)

(Please join in where the script indicates “Congregation”)

THE SERMON

The Reverend Daniel M. Cenci

Moment of Silence

THE NICENE CREED

p. 326

THE PRAYERS OF THE PEOPLE

BCP. pp. 328-330

THE CONFESSION OF SIN

p. 330

THE PEACE

p. 332

WELCOME AND ANNOUNCEMENTS

THE PRESENTATION OF THE BREAD AND WINE

OFFERTORY CHORUS

George Frideric Handel, 1685-1759

Surely He hath borne our griefs (*Messiah*)

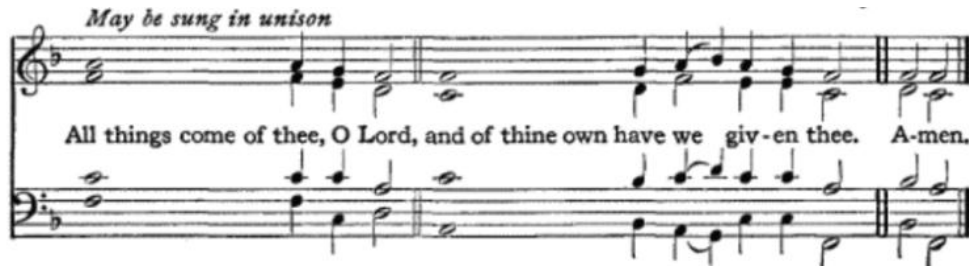
Surely He hath borne our griefs and carried our sorrows:

He was wounded for our transgressions,

He was bruised for our iniquities;

the chastisement of our peace was upon Him.

Isaiah 53:4-5



SANCTUS	Holy, holy, holy – Willan	S 114
THE GREAT THANKSGIVING:	<i>Eucharistic Prayer I</i>	p. 333
THE PRAYER OF CONSECRATION		pp. 334-335
THE LORD'S PRAYER		p. 336
THE BREAKING OF THE BREAD		

AGNUS DEI	Fraction Anthem: O Lamb of God – Willan, <i>Men, Women, All</i>	S 158
THE PRAYER OF HUMBLE ACCESS		p. 337
THE INVITATION		p. 338

All baptized Christians are invited to receive Communion (see back page). Please follow the direction of the ushers to Communion Stations.

THE MINISTRATION OF COMMUNION

VOLUNTARY	<i>Passion Chorale</i>	Diderich Buxtehude, c. 1637-1707
	Ah Lord, poor sinner that I am, <i>BuxWV 178</i>	

MOTET	I. Stabat mater dolorosa	Antonio Vivaldi, 1678-1741
	<i>(Stabat Mater, RV 623)</i>	

Stabat mater dolorosa juxta Crucem lacrimosa, dum pendeat Filius.

The sorrowful mother was standing beside the Cross weeping, while the Son was hanging.
Att. Jacopone ds Todi, c. 1230-1306

COMMUNION	<i>Passiontide Bells</i>	arr. Barbara Kinyon
THE PRAYER OF THANKSGIVING		p. 339
THE BLESSING AND DISMISSAL		pp. 339-40
RECESSIONAL	Beneath the cross of Jesus – <i>St. Christopher</i>	HYMN 498

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We warmly welcome all newcomers and visitors and hope you'll introduce yourselves, receive a gift, and leave us your contact information!

❧SERVING TODAY❧

Celebrant	The Reverend Ted Renaud
Preacher	The Reverend Daniel M. Cenci
Minister of Music	Ronald Butts Boehmer
Choirs	Pohick Choir
Ensemble	Pohick Handbells
Lay Eucharistic Ministers	Molly Diaz and John Egan
Shepherd	Neil Hogg
Acolytes	Kaitlyn Wright, Samantha Wright, David Diaz, Caleb Bontrager, Elliot Bontrager
Duty Driver	Caroline Billingsley
Ushers	Rick Nelson and Pehr Pehrsson
Altar Guild	Cooke Team
Docent	Susan Schultz
Digital Ministry	Marc Abrams, Chris Brown, Walker Hofmann, Sage Hofmann, Doug Smith, and Fiona Hofmann

❧PRAYERS, INTERCESSIONS, AND THANKSGIVINGS❧

- **For the special needs and concerns of this congregation**, especially for Craig Floyd, Wren Norwood, Andrea Godwin-Stremmer, Cathie McCall, Alisa Romero, Steve Alfieris, Jennifer Sassin, Becky Wagner, Tanya Reams, Joe Coleman, Andy, Kelly, Nissa D'Andrea, Ray Rios, Mickie Krause, Anne Derbes, Bill Hosp, D'Andrea Wooten, Brett Ward, Ann Carter, Lydia Cepeda, Terry Abrams, Tom Mayberry, Jim Murphy, Barb Rader, Margo Singleton, Mary Reilly, Boatner Howell, Susanne Roberts, Donna Crawford, Pat DeYoung, Barry Brown, Lara Gore, Larry Mobley, Alexander Clumpkens, Everett Wanko, Maggie Calio, Anne Sayer, Jan Hover, Cheryl Maddock, Christina Cole, Rob Grant, Sally Hogg, Anne & Tony Marsico, Jim Bartholomew, Rob Lamb, Vera Robinson, Melissa Cohen, Patty Mitchell, Carmen Ramon, Linda Egan, Larry Rose, Nolan Brown, Rita Smith, Jeffrey Black, Trevor Daw, Naomi Daw, Edwardene Pitcock, Prudy Van Winkle, Rusty Scott, and the Rev. Dennis Adams and his wife, Barbara.
- We pray for all the blessings of this life, especially those celebrating birthdays this week: Wayne Mullins, Samuel Bradburn, Megan McGovern, Jim York, Susan Pehrsson, Will Elston, Rachel Pehrsson, and Emma Howard.
- We pray for our members who serve our country, particularly those overseas, and their families: Ryan Moatta, Gabby Rolland, Summer Lancet, Colt Drew, Andrew Choi, The Hicks Family, and Marty Wilson.

- We pray for the victims of violence and of natural disasters worldwide. We pray for a peaceful resolution of all global conflicts, and we ask your protection for all innocent people.
- We pray for all Christians who face persecution for their faith.
- In the Diocese of Virginia, we pray for The Anglican Church of Melanesia (Anglican Cycle of Prayer).

✧ TODAY'S EVENTS ✧

- **7:45 am to 11:45 am: The Nursery will be open and an attendant will be on site.**
- **Golden Dove Gift Shop will be open today from 11:30AM-12:30PM**
- **Coffee hours** in the Parish House after the 8 am and 10:30 am services.
- **9:15 am-10:15 am:** Church School: Preschool through fourth grade. Parents, please pick up your children at the door of the classrooms.
- **9:15 am: Adult Forum- Lent Madness** is an inspirational, participative, and fun study of the saints, their stories, and their spiritual disciplines. Lent Madness will involve learning about 32 saints and their witness and inspiration, for all ages. Adults and youth will be voting on which saint embodies the vision and mission of Pohick. (led by Rev. Ted)
- **9:15 am in the Nursery: Grace Space** (18-36 month olds with parent or grandparent)
- **10:20 am Classroom D: Children's Chapel**, parents can drop off preschool-2nd graders
- **6 pm: EYC meeting**

✧ ANNOUNCEMENTS ✧

- **If anyone is interested in serving as a delegate to the diocesan convention, please submit your name to the church office by April 10th. The convention will be in Fredericksburg November 5-7.**
- **The Church Reception Committee is missing two (2) white striped tablecloths for our 8 foot tables.** If you happened to have borrowed them or took them home to wash them, please let us know where they are. We will need them for the upcoming Easter Receptions. Questions --- contact Connie Myers.
- **Please sign up for the Maundy Thursday Vigil, April 2-3. There are still shifts available.**
 "Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me." -*Matthew 26:38*

Will you watch with Jesus? You (alone or with someone else) may spend one hour (or more) at Altar of Repose following the Maundy Thursday service on April 2.

The Pohick Vestry House will serve as the Altar of Repose where one-hour shifts will begin at 9 PM and run through 7 AM. For your safety, a security procedure is provided. A sign-up sheet is posted in the Common Room. Please sign up early! We need to have the shifts filled by Sunday, March 29. For questions, contact Carolyn Cockroft or Mari Harding.

- **Easter Coffee Hours** will be held after the 7:30 am, 9am, and the 11:15 am Church Services on Easter Sunday.

This is one of those times that we ask the congregation to assist with providing finger foods to help feed the large crowds that attend on Easter Sunday. Donations should be brought to the kitchen prior to which ever service you are attending. We thank you in advance for your donations.

Any questions, please contact Beth Cooke sbc3236@gmail.com or Kathy Kirkland at kkirkland2632@gmail.com 703-861-6177

- **2026 Pohick Church Easter Morning Flame Walk – April 5**

Pohick Church Easter Morning Flame Walk - On April 5, 2026, we will be walking “*Paschal Flame Walk*” from the old site of the earlier Pohick Church approximately two miles south of our present Pohick Church location along the Old Colchester Road. We would like all participants to arrive at the Old Colchester Road Parking Lot at 5:30 am before we shuttle the last group of people *not later than 5:45 am* to the STARTING POINT. We plan to leave the old site at about 6:00 am to ensure our arrival in front of the church at around 6:40 am. Following the 6:45 am *Easter Prayer*, there will be a “*Hot Cross Buns*” coffee hour at about 7:00 am in the Common Room, sponsored by the Brotherhood of St. Andrew and coordinated by Neil Sunderland.

We will bring two Davy lamps (representing *the Easter Flame obtained from the National Cathedral* a night before) for the flame walk. We will have two people (one in the front and one at back of the walking group) carrying the flame. For more information, please contact Femi Ayorinde at 571-355-3449 or drayorinde@cox.net.

❧ **UPCOMING EVENTS** ❧

- **DEADLINE EXTENDED TO TODAY MAR 29:** If you would like to contribute toward **Easter flowers for Pohick Church**, please fill out the form found in the parish house and return it to the church office with \$15 payment by TODAY.
- **MAR 29:** If anyone is interested in contributing a dozen candy/treat filled plastic Easter eggs for Pohick’s Easter Egg Hunt Apr 5, please bring the eggs to Parish Office by the 29th.
- **LOST AND FOUND ITEMS in parish house:** Unclaimed items will be donated March 29.
- **APR 08:** Coffee 'n' Compline resumes, 7 pm

- **APR 12:** 8am and 10:30 am services, **Second Sunday of Easter/Baptisms**
- **APR 16:** Eucharist at the Fairfax, **1:30 pm**
- **APR 17:** Eucharist at Harmony at Spring Hill Assisted Living Center, **1:30 pm**
- **APR 19:** 8am and 10:30 am services, **Third Sunday of Easter/Baptisms**
- **APR 19:** Ann Mason Guild Jewelry Sale after both coffee hours
- **APR 24:** Friday Family Fellowship resumes, **6 pm**
- **APR 26:** 8am and 10:30 am services, **Fourth Sunday of Easter**
- **APR 26:** Inquirer's class, beginning Sundays at **9:15 am**, during **Adult Forum**. Contact the Church Office for more information.
- **APR 26:** **National Kirkin' O' the Tartan**. The St. Andrew's Society of Washington, DC is pleased to announce that this year's Kirkin' O' The Tartan will take place on Sunday, April 26th , 4:00 PM, at the Washington National Cathedral, 3101 Wisconsin Avenue, NW, Washington, DC. This is an extraordinary event in the life of the Metropolitan Washington, DC Scottish Community, and will feature the Society's Pipes & Drums, Color Guard, and Members in full regalia. All are welcome! Stay tuned for more details. In the meantime, please mark your calendars for Sunday, April 26th ! We look forward to seeing you and helping us honor our Scottish heritage and our Clans.
- **It's never too early to begin planning for this year's Fair—our 80th! Mark your calendar for Saturday October 3, 2026.** The organizing team is exploring sponsorship opportunities with local businesses at multiple levels. We are compiling a list of merchants within a three to five-mile radius of the parish to invite as potential sponsors. If you have suggestions for businesses we should approach, or if you would like to assist the Fair Committee, please contact Rick Church at rickandkristi@comcast.net

❧ HOLY WEEK ❧

Maundy Thursday – April 2

7 pm, Holy Eucharist Rite I
Washing of Feet, Stripping of Altar, Procession to Altar of Repose

Good Friday – April 3

12 pm, Rite I with music and 7 pm Rite I, spoken
Stations of the Cross follows the 12 noon Service

Easter Sunday – April 5

6:00 am Flame Walk
6:45 am Easter Prayer in Church, light Pascal Candle
7 am Hot Cross Buns Breakfast
7:30 am Rite I Eucharist, Spoken
9:00 am Rite II, Choral

10:15 am Community Easter Egg Hunt

Easter Egg Hunt 10:15 am: 1st-4th graders, meet in Classroom A. Eggs will be hidden in courtyard. Preschool-Kindergarten, meet in Classroom F. Eggs will be hidden in grassy area next to Patio behind Parish House.

11:15 am Rite I, Choral

GOLDEN DOVE GIFT SHOP

Open TODAY 11:30AM-12:30PM

Sat., April 4th from 1-3PM

Closed on Easter Sunday

REGULAR HOURS

Open 1st & 3rd Sundays-8:45-10:30AM

2nd & 4th Sundays-11:30AM-12:30PM

First Saturdays-1-3PM (during docent tours)

SHOP FOR EASTER & SPRING-

SPRING things, including bunnies, eggs, baskets, home decor, Easter items, baptism and confirmation gifts are in the shop.

SPECIAL NEW GIFTS-are framed sketches (outside & inside) of our very own Pohick church! We have a limited number for sale.

THANK YOU for your support of the shop, especially during our Spring Sale! Thanks to your purchases, we'll make a donation to assist with an Eagle Scout project that will benefit Pohick!

❧ MINISTRIES ❧

CHILDREN'S MINISTRY: TODAY: Church School, Grace Space and Children's Chapel

- **Mark your calendars! Pohick Vacation Bible School, July 13-17**, Ages 18 months-5th grade. The theme this year is Snowball Mountain Challenge! Log on to pohick.org/events/vbs to register.
- Susan Pehrsson, Director of Christian Education, 703-282-6574 or spehrsson@pohick.org

YOUTH MINISTRY: TODAY: 6 pm: EYC

- The Rev. Ted Renaud, Assistant Rector and Youth Minister, 703 339-6572, trenaud@pohick.org

MUSIC MINISTRY:

Holy Week 2026

Sunday, March 29, The Sunday of the Passion: Palm Sunday

- 9:30 a.m. Pohick Handbells, Church

- ☐ 9:45 a.m. Pohick Choir, Music Room & Church
- ☐ **10:30 a.m. Liturgy of the Palms, Procession, Holy Eucharist: Rite One**, *Pohick Choir, Pohick Handbells*

Thursday, April 2, Maundy Thursday

- ☐ 6:15 p.m. Pohick Choir, Music Room
- ☐ **7 p.m. Maundy Thursday Liturgy, Holy Eucharist**, *Pohick Choir, Megan Guch, viola*

Friday, April 3, Good Friday

- ☐ 11:15 a.m., Pohick Choir, Music Room
- ☐ **12 noon, Good Friday Liturgy**, *Pohick Choir*

Easter Season

Sunday, April 5, The Sunday of the Resurrection, or Easter Day

- ☐ 8:30 a.m. Pohick Choir, Music Room & Church
- ☐ **9 a.m. Choral Holy Eucharist: Rite II**, *Pohick Choir, St. Francis Choir*
- ☐ 11:00 a.m. Pohick Choir, Pohick Youth Choir, Music Room
- ☐ **11:00 a.m. Easter Day Organ Recital**
- ☐ **11:15 a.m. Choral Holy Eucharist: Rite One**, *Pohick Choir, Pohick Youth Choir*

❧ FOR YOUR INFORMATION ❧

- **Volunteers are needed to stream our services to Facebook and YouTube.** We now routinely stream many of our services and need to expand our streaming team. Anyone age 18 or older with some comfort using personal computers is welcome to join our small team for this fun and important ministry. We will teach you everything you need to know, but it's really not hard to do this. Please contact Chris Brown to volunteer (cbrown@pohick.org), or talk to him any time he's around, or stop in the church office when a service is being streamed and speak with whomever is streaming the service at that time.
- **FROM THE FINANCE OFFICE:** Frequently asked questions?
 1. Where are my envelopes?
 2. How can I make my offering to Pohick?
 3. I pledged, now what?"
 4. I don't remember how much I pledged?
 - Pohick is no longer purchasing pre-printed envelopes. Please use the generic ones in the pews or just drop your check in the collection bag.
 - Better yet, consider online giving through **MyEOffering**. It's easy, just go to our website and click the "Give" tab then scroll down to "MyEOffering".

-If you pledged a new amount for 2026, please be sure to make the adjustment by check or go to MyEOffering to make the necessary change. (I can assist with this.) Your donation is not "automatically" increased. We can't touch your account. (You wouldn't want us to be able to do that!)

- October seems like a long time ago! Call me and I will be happy to let you know how much you pledged, and what the monthly amount would be.

I'm always here to help and would be happy to answer any other questions you may have.

Julie Ramacciotti, *Finance Administrator*

- **Education for Ministry (EfM) Classes are Mondays at 7pm on Zoom.** Denise McHugh at 410-300-9867, dmchugh@umd.edu, or John Egan 703-973-5038, jjegan3@netscape.net.
- **Coffee N Compline** on-line Wednesdays at 7:00 pm. Fellowship, reflection and worship. Call the Parish Office at 703 339-6572 for the Microsoft Teams link. This same link is used every Wednesday. *Compline will resume after Lent and Easter, on Wed., April 8.*
- **Our regular Sunday Services** are at 8 am (Rite I Eucharist) and 10:30 am (Rite II Eucharist). Christian Education for all ages begins at 9:15 am. Announcements are on pohick.org/news/weekly-announcements. Email to adminassistant@pohick.org to receive our weekly email.
- **Parish Office hours:** Mon-Thu 9am-3pm, Fridays 9am-noon. *The Parish Office will be closed on April 6, in observance of Easter Sunday.*

❧ **INSTRUCTIONS FOR RECEIVING COMMUNION** ❧

In the Episcopal tradition, all baptized Christians are welcomed to receive Communion at the Lord's Table; simply come to the altar rail and kneel to receive if you are able, or you may stand. If you are unable to come to the rail, please indicate to an usher that you would like communion brought to you.

The options for receiving communion are:

- *You may hold out both hands to receive bread and drink from the cup;*
- *To receive by intinction, please leave the bread in your open palm and the Chalice bearer will dip the bread in the chalice for you and place it back in your hand.*
- *To reduce germ exposure in the chalice medical authorities have suggested, and the Diocese recommends, only the Chalice Bearer intinct the bread in the Common Cup.*
- *If you prefer to receive only bread, simply cross one arm across your chest as you hold out your hand for bread.*
- *You may cross your arms over your chest and simply receive a blessing.*

Vestry of Pohick Church

<u>Member</u>	<u>Elected Position and Commission Leads</u>
Neil Hogg	Senior Warden
Dave Billingsley	Junior Warden, Building and Grounds
Andrea Gurrola	Treasurer, Resources/ Stewardship/Policy
Tom Mayberry	Register, Pastoral Care/Worship/Education
Dan Derbes	
Molly Diaz	Young Adult/Family Ministry
Rick Church	Communication/Digital Ministry
John Egan	
Christopher Hempel	
Patrick Riley	
Tom Wright	
Barbara Schavland	(youth rep 25/26)
Olivia Diaz	(youth rep 26/27)
Hal Yarwood	Service and Fellowship Outreach

Staff of Pohick Church

Priest-In-Charge:	The Reverend Daniel M. Cenci
Assistant Rector/	
Youth Minister:	The Reverend Ted Renaud
Minister of Music:	Ronald Butts Boehmer
Director of Education:	Susan Pehrsson
Finance Admin.:	Julie Ramacciotti
Sexton:	Clint Herbert
Administrative Asst.:	Kara Faunt
Cemetery Warden:	Sandra Caesar
Communications Mgr:	Deborah Hennig
Nursery Supervisor:	Jennifer Tatum

QR Code is set up for one-time giving for visitors or guests.

Pohick Episcopal Church

The Reverend Daniel M. Cenci, Priest-In-Charge

9301 Richmond Highway

Lorton, VA 22079

703-339-6572 • pohick.org

“Like” us on Facebook: Pohick Church

“Follow” us on Instagram at Pohick

Home Church of George Washington

and George Mason

