

What's Happening at Inlet United

March 29 to April 4, 2026

HIGHLIGHTS OF THE WEEK:

MORNING DROP IN COFFEE & LABYRINTH WALK AT INLET UNITED

CHURCH AT THE SPRINGS - Thursday, April 2 from 10:30am to 12pm in the foyer, everyone welcome! Drop in – No need to register. Refreshments will be provided.

MAUNDY THURSDAY EVENING SERVICE WITH LABYRINTH WALK WITH

PRAYER STATIONS - Thursday April 2 at 6:30pm at Inlet United at The Springs.

GOOD FRIDAY SERVICE - Friday, April 3 at 11am at Golden Ears United, 22165

Dewdney Trunk Rd, Maple Ridge. This is a joint United Church Service with a Mass Choir.

CHURCH OFFICE CLOSED GOOD FRIDAY AND EASTER MONDAY - Please

note the office will be closed on Friday, April 3 and Monday, April 6 for Easter Weekend.

UPCOMING THIS WEEK:

Palm Sunday Worship Service, March 29, 2026 - Worship Service at 10am in person at The Springs and via YouTube LiveStream: [Click here for Link.](#)

Lent Worship Series: "What R U Up 2?"; Lent 6 - Theme: Sit Up. Rev. Jenn Swanson presiding along with Music Director, Scott Gould.

Monday, March 30 at 10:30am - Centering Prayer - In person at Inlet United at The Springs meeting room.

Monday, March 30 - Healing Pathway - Sessions are booked in advance for 1:15pm or 2pm. To book a session, please email healingpathway@inletunited.ca or contact the office at 604-939-5513. More details in this newsletter.

Wednesday, April 1 from 9:30am to 10:30am - Chair Yoga at IUC at The Springs. This session is currently full. Please contact the church office to be placed on a waitlist.

Wednesday, April 1 from 7pm to 8:30pm – Inlet Sings! Choir rehearsal at Inlet United at The Springs. Childminding available upon request! For further details contact office@inletunited.ca



Prayer for Holy Week:

Ever-Living God, we come with our heads bent down sometimes, overwhelmed with Good Friday news. Raise us up, lift up our eyes, so that we might look up and see the tenacity of life in the midst of death. Amen.



Holy Week Services

Maundy Thursday we will host a special Labyrinth Walk with Prayer Stations, including Healing Pathway.

Good Friday Service is a joint United Church service at Golden Ears United Church, 22165 Dewdney Trunk Rd, Maple Ridge.



Singers Needed for Good Friday, One Song!

Hello singers and people who love to sing. Inlet United is joining with all the other Lougheed Corridor churches in a Good Friday worship service at Golden Ears United Church on Friday, April 3rd at 11am.

During this service, there will be a "mass choir" made up of people and choirs from the churches participating. If you would like to take part in this choir, there will be a choir practice on Saturday, March 28th at 2:30pm at Como Lake United Church, 535 Marmont St, Coquitlam, BC. Please join us!

If you would like to have the music and vocal tracks in advance, please email our Music Director, Scott who will be conducting this choir. Email: scott@scottgould.ca



Stewardship Message

Inlet United Church Planned Giving program:

Preserve our heritage. Create our future of Inlet United Church. Please remember our church in your estate plans.

For further information on remembering Inlet United Church in your will, please contact the Stewardship Ministry; Fran, Cathy A., Julie A., Marta P., Betty.



Join us monthly for this free community gathering; meet friendly faces, relax and enjoy coffee.

Everyone Welcome!

Morning Drop in Coffee

10:30am to Noon
First Thursday of each month

Inlet United Church at The Springs
2315 Spring Street, Port Moody



Inlet United Church
office@inletunited.ca | 604-939-5513
inletunited.ca

Morning Drop in Coffee

Next Event: Thursday, April 2, 2026

Free Community Gathering - Everyone Welcome!

We will offer a Labyrinth Walk at the Morning Drop in Coffee, then we are taking a pause with our Labyrinth Walk - we will resume in September 2026!

Como Lake and Inlet United Churches
present

Lift Every Voice Workshop



Bill Sample Darlene Cooper Marcus Moseley

Fri. May 8 / Saturday May 9
Fri 7 - 9 pm / Sat. 10 am - 4pm
Saturday - Concert at 5pm
Cost: \$75 (early bird \$60 until April 10)
*includes catered lunch; financial assistance avail.

535 Marmont St, Coquitlam, BC
To register email:
office@inletunited.ca

REGISTRATION NOW OPEN!

The Workshop will take place at Como Lake United Church, 535 Marmont Street, Coquitlam.

Catered Lunch provided with your registration fee.

Financial Assistance available, please contact the church office.

Pre-registration required: Email: office@inletunited.ca or call 604-939-5513.

For more information visit:

<https://www.inletunited.ca/events/lift-every-voice-workshop--135/2026-05-08>



2SLGBTQIA+
Everyone is Welcome!

TRANS-KIDS TRANS-FAMILIES

A drop in support and information group for parents, caregivers and allies!



The third Monday of each month
6:30pm to 8pm-ish

What does it mean when your child tells you they are transgender, two-spirit, or that they are exploring (or wanting to explore) their gender identity?
You love them.

And you have questions, concerns and things you don't understand.
Join us in a safe welcoming space to Connect, Share Stories, Ask Questions and find helpful resources.

Learn how to navigate the paths travelled by your unique rainbow kid!

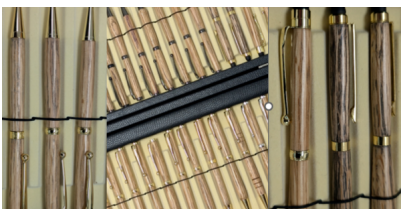
For information email lynda@inletunited.ca



Inlet United Church
2315 Spring Street, Port Moody
604-939-5513 | office@inletunited.ca
inletunited.ca

Next Drop in: Monday, April 20

Enter from the Office Level



Pen-ultimate Collection!

Enjoy the Art of Writing

Hand made in Anmore, BC Canada by Gary Morrissey with Canadian and imported materials.

Red Oak was recovered from St. Andrews United Church before it was demolished in 2019 to make way for the Springs. This oak was grown and manufactured in Ontario in the late 1950's and installed in the church in 1957/1958.

Interior components are Cross parts; the ballpoint can be replaced when needed with Cross 8514 refill.

Orders can be made on Sundays in the Church foyer after the worship service, or at the church office, during office hours.

\$30 each, payable by cash, cheque (payable to Inlet United Church), or e-transfer to donations@inletunited.ca (please note "Pen fundraiser" in your notes).



Taizé
Contemplative Worship

Inlet United Church Ioco Site
Heritage Building
1790 Ioco Road, Port Moody

Join us on the Fourth Thursday of every Month at 7pm

Taizé Contemplative Worship Experiences are comprised of silence and song, candlelight and stillness, prayer and contemplation.

Come as you are and experience the peace ~ everyone welcome!

Taizé symbol: copyright © Ateliers et Presses de Taizé, 71250 Taizé, France.

TAIZÉ CONTEMPLATIVE WORSHIP

Next Experience: Thursday, April 23 at 7pm - Rev. Jenn Swanson presiding and along with Guest Musician, Sam Ellington.

For more information visit:

<http://inletunited.ca/events/taize-contemplative-worship--73/2026-01-22>



Empowering Voices
Rooted in Community - United in Love

A one day conference empowering 2SLGBTQI+ voices and building an inclusive community united in love

Saturday, June 27, 2026
9am - 5pm

Workshops for Everyone
Youth, Adults, Caregivers, Allies
Come as you are ~ Everyone is Welcome!

For Tickets & Information
Visit inletunited.ca or scan barcode

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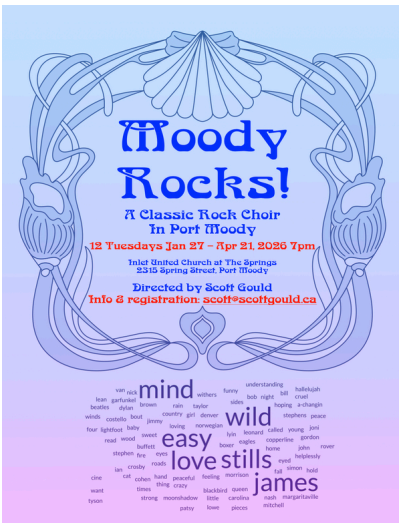
SAVE THE DATE

If you would like to join our planning committee, please contact Kelly at the church office

office@inletunited.ca or call 604-939-5513

For more information visit:

<https://www.inletunited.ca/events/empowering-voices-conference/2026-06-27>



Moody Rocks! A Classic Rock Choir in Port Moody

**New Sessions for 2026:
Tuesdays - January 27 to April 21 at 7pm**

Inlet United Church - 2315 Spring Street, Port Moody

For more information and to register, please contact Scott Gould directly at scott@scottgould.ca



Inlet Sings!

We invite you to join Music Director, Scott Gould and Inlet Sings! for regular choir rehearsals on Wednesday evenings from 7pm to 8:30pm - No matter your age or background, if you have a passion for singing, we have a place for you.

No fees & childminding available upon request.

For more information visit:

<http://inletunited.ca/events/inlet-sings/2025-10-01>



CONNECTING NEIGHBOURS THROUGH ENGAGING ACTIVITIES!



SAVE THE DATE!

"Moving Forward" Forum—June 2nd

The Tri-Cities Seniors' Action Society will hold a "Moving Forward" Forum on June 2nd. Mark that date on your calendar so you can attend. Five amazing speakers, 20 exhibitors, free lunch for the 200+ attendees, many draw prizes, and more during this all-day event.

Save the Date! Registration will be out soon.

Tri Cities Rock!

Tri-Cities Rock!
A Community Rock Concert

GATHERING PLACE
at Leigh Square

Scan QR code to register

The Gathering Place
2253 Leigh Square, PoCo
Tuesdays 7-8:30pm
April 21 - June 20, 2026

- Fun and welcoming group
- Singers at all levels
- Groove, feel, connection
- Sing-along rock songs
- Learn "rock skills"
- Sing harmonies

Free sing along concert on Saturday, March 28 at 7:30 pm. Scan QR code for info.

Tri-Cities Rock! is led by singer-songwriter and music director Scott Gould, director of Moody Rock!

CITY OF PORT COQUITLAM

Bez Gospel Choir - Live!

New Life Community Church
8765 Government St, Burnaby

Featuring
Lincoln Tatem
Diane Lines

Friday April 17th 7PM
Adults: \$20 / Under 14: \$15 / Kids on laps: Free
*includes complimentary snacks & desserts

You are invited!

For more information visit:

<https://www.eventbrite.ca/e/the-bez-gospel-choir-live-tickets-1984509697928>



Community Breathwork at Inlet United

For further information and to register, contact Monica Krake at monica@headplusheart.com

Community Breathwork

We meet monthly for an intimate gathering that combines facilitated breathwork, intentional manifesting, and a supportive community of people committed to growth. Led by Monica Krake.

Sign up: monica@headplusheart.com or @monicakrake

Inlet Music Series
presents
Pharis & Jason Romero

Multi-Juno award winning Folk Duo

Sat. Apr 25/26, 7:30 pm (doors 7 pm)
Tickets: \$40 Online (+ GST & s/c)
(\$50 at door if not sold out)

Inlet Theatre
100 Newport Dr., Port Moody
(free parking)

www.PortMoodyMusic.com

Inlet Theatre Music Series

For more information visit:

<https://www.portmoodymusic.com/series-concerts>



**Join us for
Summer Camp
2026!**

Camp STEAM Coming **HERE** this summer!
Fun weekly themes like Minecraft and LEGO.
Learn new skillsets, mindsets and toolsets
while having so much fun!

campsteam.ca

Robotics
Minecraft
Science Experiments

Engineering Builds
3D Printers and more!

Camp STEAM Canada

Summer Camps at Inlet United July 6 to August 28


For more information visit:

<https://campsteam.ca/summer-camps/port-moody/>



The Wider Church
Spreading God's Love

Our Region and Across the Globe



PACIFIC MOUNTAIN
UNITED CHURCH WOMEN

GATHERING/
ANNUAL GENERAL MEETING

Bloom Where You Are Planted

Tuesday, April 28, 2026
9:00 am to 3:00 pm

Golden Ears United Church
22165 Dewdney Trunk Road,
Maple Ridge, BC V2X 3H7

*Parking and Entrance
at the Rear of the Building*

PRAYING
SINGING
LEARNING

You are invited!

For more information visit:

<https://pacificmountain.ca/connect/clusters-and-networks/ucw-pm/>

Free Learning Event

Advance Planning Tools- Wills, Powers of Attorney, Representation Agreements



Advance planning can help ensure your wishes will be respected if you were to become incapable and when you pass away.

Presented by a lawyer for Seniors First BC Staff, join us to learn about tools that can help plan for your future, including wills, powers of attorney, representation agreements and more.



Saturday, April 18th, 2026
2:00-3:30pm



Deer Lake United Church
5135 Sperling Avenue,
Burnaby

Hosted by:



For more information, please contact
Paul Anderson

Deer Lake United - You are Invited!

For further information, email: office@deerlakeunited.ca

Blanket Exercise Workshop

Cecelia Reekie is a proud member of the Haisla First Nation. She believes deeply in the power of personal storytelling to raise awareness and foster understanding of Indigenous cultures and the history of Indigenous Peoples in Canada. Speaking from the heart, Cecelia thoughtfully weaves together her diverse life experiences to create meaningful and engaging cultural workshops. She currently serves as a Cultural Presenter with the Langley School District, where she shares her knowledge and perspectives with students, educators, and the wider community.

Join us for this special Blanket Exercise Workshop with facilitator, Cecelia Reekie.

Como Lake United Church
535 Marmont Street, Coquitlam

May 3, 2026 at 1 pm
\$10 Registration Fee to finance@comolakeunited.ca
(For fee assist please contact us)

Seating is limited so please RSVP as soon as possible.
office@comolakeunited.ca
604-931-8555

When seats are full, you will be added to a waitlist for future dates.



Como Lake United - Registration Open!

Como Lake United Church is once again hosting an opportunity to share in the **Blanket Exercise Workshop on Sunday May 3, 2026 at 1:00PM.**

We highly recommend this workshop, it is very well run, educational, and a personal opportunity to understand and feel the strong need for Truth and Reconciliation in today's world.

To register, please phone the Church at 604-931-8555 or email office@comolakeunited.ca

Register early to ensure a spot! The \$10 registration fee can be sent, upon registration, by e-transfer to finance@comolakeunited.ca



Imagine Children's Retreat

For more information visit:

<https://www.firstthirdministry.ca/imaginechildrensretreat.html>

The Pacific Mountain Region

And World Council of Churches

Pacific Mountain Region

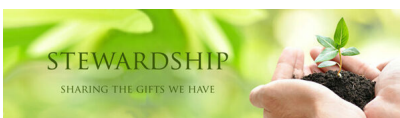
For current events and news, please visit the **Pacific Mountain Region** website.

Pacific Mountain Region Indigenous Ministry

For current events and news, visit PMR Indigenous Ministry - **click here!**

The World Council of Churches

Please visit the **World Council of Churches** website for the Ecumenical Prayer Cycle prayers for the current week.



Financial Offerings

The ministry of Inlet United Church relies heavily on donations from you to keep the ministry operational. Your financial offering is a faith response and a symbol of stewardship. We use these donations to do the work of Jesus both here in this community and far beyond our own walls.

There are 4 easy ways to donate (tax receipts issued at end of year):

1) Interac e-transfer through your bank or credit union. Interac e-transfers should be sent to **donations@inletunited.ca**.

2) PAR (automatic monthly donations through your bank). Please reach out to Marcia Carmichael or the office via phone or email to set this up. ****Note - If you would like to increase your monthly PAR offerings, please contact Marcia to arrange this.****

3) Donate via credit card on our website – **www.inletunited.ca** – using the “Give” option (select "Local Offerings/General" from the "To" drop down)

4) Send a cheque made out to Inlet United Church to the office. Remember to include your envelope/donor number if you have one.

If you are attending in person, you may donate via our wooden offering box on Sundays in the sanctuary. Please write your name, contact information and/or envelope number on the envelope if you would like your donation to be added to your annual tax receipt.

We thank you again for your generosity and your support!

For more information visit:
<https://www.inletunited.ca/give>



Inlet United Church Contact Information

Get in Touch!

Office Hours: Monday - Friday from 9:30am - 3:30pm

EMAIL:

Rev. Jennifer Swanson | revjenn@inletunited.ca

Office Administrator – Kelly Doyle | office@inletunited.ca

AV Technician - Robbie Munro | AVTech@inletunited.ca

Music Director - Scott Gould | scott@scottgould.ca

PHONE:

Main Church Number: 604-939-5513

Minister's Direct Line: 778-369-1938

ADDRESS:

2315 Spring Street, Port Moody, BC V3H 0L7

Website: www.inletunited.ca



Newsletter Submissions

Your submissions are welcome!

HOW TO SUBMIT YOUR POST

Please submit posts to office@inletunited.ca.

Submission deadline: End of day Wednesday each week.

The newsletter features Inlet United Church and related community posts. Please include your event or news information and a photo if you like.

Inlet United Church retains the right to edit all submissions for brevity and clarity, to remove or not include submissions.

Thank you!