

March 23, 2026

A Renewed Mind Begins the Process

March Series: Living The Change

Week Focus: When Growth Becomes Visible

Scripture- Romans 12:2

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind.”

Devotional Reflection

Transformation always begins in the mind. Before anything changes externally, God starts working internally—reshaping how you think, how you see, and how you interpret your life. This internal work may feel subtle, but it is essential to lasting change. God is not just addressing your actions; He is renewing the way you think so that your life can reflect His truth more clearly.

We often look for visible results too quickly. We want immediate progress and clear evidence that something is changing. But God is more concerned with building a strong foundation than producing quick results. What feels slow is often God being intentional, developing something within you that will be stable, consistent, and lasting over time.

A renewed mind changes how you approach everything. It shifts your perspective on challenges, your understanding of people, and even how you see yourself. Situations that once felt overwhelming may now feel manageable, and what once caused fear may now invite faith. As your thinking changes, your responses begin to follow.

Growth often becomes most visible in how you respond. Where you once reacted quickly, you may now pause. Where you once felt anxious, you may now experience peace. These shifts may seem small, but they are significant signs that your thinking is changing and your life is beginning to align with God's truth.

Even if you don't see it fully yet, something powerful is happening within you. God is actively renewing your mind and preparing you for what is ahead. What begins internally will eventually show externally. Trust that this process is working, because God is not just changing what you do—He is transforming who you are.

Focus for Today

God is changing how I think.

Practice

- Ask God to reveal one area where your thinking needs renewal
 - Replace one negative or limiting thought with truth
 - Pause and realign in real time—when a wrong thought comes, stop and intentionally choose God's truth before responding
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Prayer

Lord, renew my mind and align my thoughts with Your truth. In Jesus' name, Amen.

Reflection Question

What thought patterns need to change in my life?