



Message Outline

Doug Kyle
March 22, 2026
Matt 7:1-6

Judge and You'll be Judged

SERIES: *Stuff I Wish Jesus Never Said*

❏ WHAT CULTURE THINKS JESUS SAID: “*Do not judge. Period*”

Just the first 3 words of Matt 7:1, nothing more

The PROBLEM with this view:

Truth matters

Matt 7:15

Discernment counts

Matt 7:16

❏ WHAT WE OFTEN ACT LIKE JESUS SAID: “*Don't judge... unless they're not like you*”

The 2026 culturally amplified version of Matthew 7:1

The PROBLEM with this view:

It's dangerous

Matt 7:1-2

It's hypocritical

Matt 7:3-5

❏ WHAT JESUS ACTUALLY SAID (IN CONTEXT): “*Be very careful how you judge*”

Matt 7:2; John 7:24

The CORRECT APPROACH:

Start with yourself

Matt 7:5a

Seek to help

Matt 7:5b

Be wise about who and when

Matt 7:6

Leave ultimate judgement with God

1 Cor 4:5



Questions for Further Reflection & Discussion

Winter Session 2026

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1. What's a harmless thing you tend to be overly judgmental about (food, driving habits, parking protocol, movie taste, etc.)?
2. Read Matt 7:1-6 and review the sermon outline. What stuck with you and why?
3. Why do you think our culture tends to stop at "Do not judge...period"? What is the appeal of that? What is the danger?
4. What about the opposite? Where have you seen people being quick to judge those who are simply different from them? What makes that so common?
5. What's the difference between being discerning and being judgmental?
6. What does it practically look like to "start with yourself" before addressing something in someone else?
7. When is it wise to hold back and not say something?
8. How does trusting God with ultimate judgment change the way you handle people?