

Transformation from message to life...

Awakening Humility & Resolving Pride

Suggested Prayer to Begin

“Lord, I acknowledge attitudes of pride in my heart. I have focused primarily on myself, my rights, my interests, my needs, my desires and my goals. I have neglected to acknowledge and place you first in my life.

I ask You, Heavenly Father, to open my heart so that I can respond in humility and recognition of who You are. I also ask that You open my heart to love and care for the needs of others around me and that I would esteem them better than myself. I choose to humble myself and to acknowledge each area of pride to you. In Jesus’ name, I pray, Amen.”

Check each form of pride which you have demonstrated, then say or write a proper humble attitude for each one you have checked.

- Draw attention to my abilities and achievements
- Refusing to give up my personal rights
- Wanting to be recognized and appreciated by others
- Feeling hurt when others succeed and I am overlooked
- Focusing on my needs rather than the needs of others
- Forcing my way expectations, and desires on others (including God)
- Defending myself when I feel criticized or rejected (attacking or withdrawing)
- Difficulty admitting to others when I have been wrong and asking forgiveness
- Looking down on others and viewing them lower than myself
- Forming opinions about others without understanding or knowing them
- Having a self-sufficient attitude exhibited by excluding God or others from my life
- Focusing on past personal hurts (self-pity)
- Controlling others (what they do, say, feel, or think)

(OVER)

- Using others for personal gain and advancement
- Living a life contrary to God’s ways or apart from His direction
- Wanting others to meet my needs
- Talking most often about myself when conversing with others
- Performing to get the approval of others
- Being overly concerned about what others think of me
- Focusing/relying on my knowledge, experience, and abilities
- Pointing out other’s failures (critical judgmental spirit)
- Letting others know that I can do things better
- Putting others down to make myself look and feel better
- Wanting to win arguments
- Exaggerating facts to make myself look good
- Focusing primarily on my interests, goals and/or plans
- Difficulty sharing my needs or struggles with others
- Serving others with an inner attitude of resentment

Suggested Prayer

This prayer is only a guide. Allow the Holy Spirit to lead as you pray and put it into your own words.

“Lord Jesus, I acknowledge and renounce the presence of pride in my life. I have been (specific form of pride) and that is sin. I ask you for your forgiveness. Thank you for forgiveness and I choose to humble myself and respond with (proper humble attitude). I ask you to take back the ground I gave to the enemy in that area of my heart and life, and I yield it to your control”.

Adapted from John Regier, *Caring For the Heart Ministries*