



**KING DAVID**  
**A LIFE OF PRAYER & THE HEALTHY SOUL**  
**REV. JEREMY R. KINNIBURGH**

**What stood out to you most from this sermon? Was there a particular moment or phrase that resonated with you?**

**The sermon mentions that "we will only go after the more that we know is available." What does this mean to you? Do you believe there's "more" available in your relationship with God?**

**The sermon states that "prayer has the ability to unlock something in our hearts that's locked up." Have you experienced this? What might be "locked up" in your heart right now?**

**The sermon describes sin as getting "out of alignment" with God, like a car pulling toward the ditch. How does this metaphor help you understand sin differently?**

**David prayed, "Create in me a pure heart, O God" (Psalm 51:10). Why do you think he asked God to "create" rather than just "clean" his heart?**

**Psalm 139:23-24 says, "Search me, God, and know my heart...see if there is any offensive way in me." What would it look like to pray this prayer regularly? What might God reveal?**

**What's one practical step you can take this week to:**

- **Deepen your prayer life?**
- **Stay in alignment with God?**
- **Give God fuller access to your heart?**

**Take time to pray for one another.**