

**MARCH 15, 2026    FOURTH SUNDAY IN LENT**

**SECOND READING BY JACK NAHRGANG**

**A READING FROM THE LETTER OF PAUL TO THE EPHESIANS**

for once you were darkness, but now in the Lord you are light. Walk as children of light

for the fruit of the light is found in all that is good and right and true.

Try to find out what is pleasing to the Lord.

Take no part in the unfruitful works of darkness; rather, expose them.

For it is shameful even to mention what such people do secretly, but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, "Sleeper, awake! Rise from the dead, and Christ will shine on you."

**Ephesians 5:8-14**

**Word of God    Word of Life**