

All Saints' Cathedral Choral Eucharist



Third Sunday in Lent
8 March 2026 at 10:30am

*Welcome to All Saints' Cathedral as we journey together
through the season of Lent.*

*We acknowledge that the land on which we worship is the traditional gathering place of
the Cree, Nakoda Sioux, Blackfoot, Dene, Sarcee, Saulteaux, Mohawk and Métis
Nations. We commit in both prayer and action to be faithful Treaty 6 partners.*

Welcome and Announcements

Hymn of Praise 565 Guide Me, O Thou Great Jehovah

The Greeting and Collect for Purity

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People And also with you.

Celebrant Almighty God,
All to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

Trisagion Common Praise 688

David Hurd

Holy God, holy and mighty, holy immortal one, have mercy on us.

Holy God, holy and mighty, holy immortal one, have mercy on us.

Holy God, holy and mighty, holy immortal one, have mercy on us.

Collect for the Day

Celebrant Almighty God,
All whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The First Reading: Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the

people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader Hear what the Spirit is saying to the Church.
People Thanks be to God.

The Gradual Psalm 95

Chant: Edward J. Hopkins



Come, let us sing to the Lord;
Let us shout for joy to the rock of our salvation.
Let us come before his presence with thanksgiving
And raise a loud shout to him with psalms.

For the Lord is a great God, and a great king above all gods.
In his hand are the caverns of the earth, and the heights of the hills are his also.
The sea is his, for he made it,
And his hands have molded the dry land.

Come, let us bow down, and bend the knee,
And kneel before the Lord our Maker.
For he is our God, and we are the people of his pasture
and the sheep of his hand.
Oh, that today you would hearken to his voice! **Antiphon**

The Holy Gospel

Gospeller The Lord be with you.

People **And also with you.**

Gospeller The Holy Gospel of our Lord Jesus Christ
 according to John (4:5-42).

People **Glory to you, Lord Jesus Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband!'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is

speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

Gospeller The Gospel of Christ.

People Praise to you, Lord Jesus Christ.

Choir God Is a Spirit

William Sterndale Bennett

God is a Spirit: and they that worship him must worship him in spirit and in truth.

For the Father seeketh such to worship him in spirit and in truth.

The Homily

The Very Reverend Alexandra Meek

All I believe in one God, the Father Almighty, maker of heaven and earth and of all things visible and invisible;

And in one Lord Jesus Christ, the only begotten Son of God, begotten of the Father before all worlds, God of God; Light, of Light, very God, of very God; begotten, not made; being of one substance with the Father, through whom all things were made: who for us and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the scriptures and ascended into heaven and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end.

And I believe in the Holy Ghost, the Lord, the giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spake by the prophets. And I believe one, holy, catholic and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, and the life of the world to come. Amen.

Kyrie Eleison

Kyrie eleison.

Christe eleison.

Kyrie eleison

Lord have mercy.

Christ have mercy.

Lord have mercy.

John Ireland

Prayers of the People

If you would like a name (you or someone else) added to the parish prayer list, please contact the office. If a name should be removed, please let us know.

Intercessor God of life, hear the prayers of your people as we say: Lord in your mercy, "hear our prayer."

We lift up all of those for whom prayer has been requested:
Addison, Rob and Ritu, Brian, Leah, Mavis, Vivian, John, James,
Joe and Shelly, Shawne, Jayson, Tyler, Chris, Diane, Lynn, Linda,
Benjamin, Seth and Lucy, Pio, Bonnie, Mel, Bob, Janet, Mary, June,
JC, Mark, Paul, Laura, Selina, Kenneth, and those known only unto
you, Lord. Lord in your mercy,

All hear our prayer.

Intercessor For the Church of the living God throughout the world, we pray
for Primate Shane Parker and National Indigenous Archbishop
Chris Harper of the *Anglican Church of Canada*. We also lift up the
leadership of the Diocese of Moosonee and Bishop Rod
BrantFrancis.

We pray for our own *Diocese of Edmonton* and Stephen, our
Bishop. We pray for St. Mark-Jieng, Edmonton and Akon Lual
Akon, Rector.

In the *Diocese of Buyé*, we pray for the Buyé High School and
Jerome Rivuzimana, Chaplain.

In the *Indigenous Community*, we lift up the Saddle Lake Cree
Nation. Lord in your mercy,

All hear our prayer.

Intercessor We pray for your church across the world. Guide us to see what
connects us, that the unity of Christ might be made manifest. Lord
in your mercy,

All hear our prayer.

Intercessor We pray for the nations and their leaders, that they might seek
justice, practice mercy, and look always for the welfare and peace
of all people. Lord in your mercy,

All hear our prayer.

Intercessor We pray for the places we call home, that they might be places of
spiritual flourishing and communal harmony. Lord in your mercy,

All hear our prayer.

Intercessor We pray for the earth, for the water and soil that sustains us, and for our role as stewards of your abundant Creation, that we might not despoil it through apathy or greed. Lord in your mercy,
All hear our prayer.

Intercessor We pray for all who in serious need or distress, that they might find wholeness in Christ. Lord in your mercy,
All hear our prayer.

Intercessor We pray for the dead and the dying and for those who grieve. Deliver them from their distress and grant us all a place in your eternal kingdom. Lord in your mercy,
All hear our prayer.

Intercessor God of freedom and of life, hear and answer our prayers as may be best for us, and lead us into the place of your promise, that we might know abundant life. We ask this in Jesus' name.
All Amen.

The Fragrance of Christ

David Haas

Choir I will thank you, Lord, with all of my heart, you have heard the words of my mouth. In the presence of the angels I will bless you, I will adore before your holy temple.

Refrain

All

Lord, may our prayer rise like in - cense in your sight, may this place be filled with the fra - grance of Christ.

The musical notation is written on two staves in treble clef with a key signature of two sharps (F# and C#) and a 2/2 time signature. The melody consists of quarter and half notes, with a final half note on the second staff that has a fermata above it. The lyrics are placed below the notes.

Confession and Absolution

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; welcoming sinners and inviting us to God's table. Therefore, let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,
All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.
People Amen.

The Peace

Celebrant The peace of the Lord be always with you.
People And also with you.

The Offertory

You may place your offering in the plate as the sidespeople make their way down the centre aisle. Offering may also be placed in the offering box set in the middle aisle of the cathedral. To donate to the work of the Cathedral online, please go to our website.



Offertory Motet Adoramus Te Domine
*We adore thee, O Lord Jesus Christ, and we bless thee,
Because by thy holy cross thou hast redeemed the world.
O Lord, have mercy upon us.*

Roberto Remondi

The Offertory Hymn 520 The King of Love My Shepherd Is

The Celebration of the Eucharist

Prayer over the Gifts

Celebrant Spring of life and Source of goodness,
All receive all we offer you this day, and bring us to the living water,
Jesus Christ, your Son our Lord. Amen.

The Great Thanksgiving

Celebrant The Lord be with you.
People And also with you.

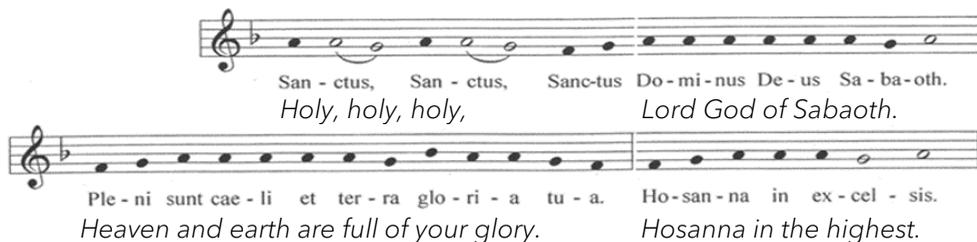
Celebrant Lift up your hearts.
People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.
People It is right to give our thanks and praise.

Celebrant Blessed are you, gracious God, creator of heaven and earth,
because you bid your faithful people to cleanse their hearts and to
prepare with joy for the paschal feast; that reborn through the
waters of baptism and renewed in the eucharistic mystery, we may
be more fervent in prayer and more generous in the works of love.
Therefore we raise our voices to you in praise to proclaim the
glory of your name.

Sanctus

Plainchant



San - ctus, San - ctus, Sanc-tus Do-mi-nus De-us Sa-ba-oth.
Holy, holy, holy, Lord God of Sabaoth.

Ple-ni sunt cae-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis.
Heaven and earth are full of your glory. Hosanna in the highest.

Benedictus

*Benedictus qui venit
in nomine Domini.
Hosanna in excelsis.*

Ludovico Da Viadana

*Blessed is the one who comes
In the name of the Lord.
Hosanna in the highest.*

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

People Therefore, Father, according to his command,
**we remember his death,
we proclaim his resurrection,
we await his coming in glory;**

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever.

People Amen.

The Lord's Prayer Common Praise 684

John Merbecke

Our Father, who art in heaven, hallowed be thy name,

Thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses, as we forgive them that trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, the power, and the glory, forever and ever. Amen.

The Breaking of the Bread

Celebrant We break this bread,

All Communion in Christ's body once broken.

Celebrant Let your Church be the wheat which bears its fruit in dying.

All If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The Communion

Celebrant These are the gifts of God for the people of God.

All Thanks be to God.

Please come forward to receive communion. You may receive both the bread and the wine, or if you prefer, you may receive in one kind only, the bread. Intinction (dipping the bread) is not permitted. The communion bread is gluten, dairy, egg, and yeast free. To receive a blessing in place of communion, please cross your hands over your chest.

Music During Communion

Agnus Dei

Ludovico Da Viadana

Agnus Dei

Lamb of God,

qui tollis peccata mundi:

You take away the sin of the world.

Miserere nobis

Have mercy on us.

Dona nobis pacem

Grant us peace.

Ave Verum Corpus

Giulio Bentivoglio

Hail, true body, born of the Virgin Mary,

Who suffered and died on the cross for us,

From whose pierced side came both water and blood.

Be to us the source of consolation at our last hour.

O sweet, O holy Jesu, Son of Mary.

Sicut Cervus

Giovanni Pierluigi da Palestrina

Sicut cervus desiderat ad fontes aquarum:

As the deer longs for water,

ita desiderat anima mea ad te Deus.

So my soul yearns for you, O God.

Communion Hymn 85 Shepherd of Souls, Refresh and Bless

Prayer after Communion

Celebrant God of our pilgrimage,

All we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord. Amen.

The Doxology

Celebrant Glory to God,
All whose power, working in us, can do infinitely more than we can
ask or imagine. Glory to God from generation to generation, in
the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

The Benedictory Hymn 386 When I Survey the Wondrous Cross

Dismissal

Leader Let us go in peace to love and serve the Lord!
People Thanks be to God!

Organ

Andante from Organ Concerto in G minor, Op. 4, No. 1

George Frederic Handel

Announcements

Lent/Easter Flower Campaign – If you would like to donate towards Easter flowers, please enclose your donation in an Easter Flower Campaign envelope (found in pew or in the Narthex) and place in the offering. A tax receipt will be provided if your name and mailing address are included.

Lectionary Bible Study – Mondays at 1:00pm – This Bible study explores the lectionary readings for the coming Sunday. We meet at the Cathedral at 1:00pm every Monday except for holiday Mondays.

Walking Together – Sunday, March 22 at 1:00pm – Join us for our quarterly interfaith walk in the river valley, meet new faith neighbours, enjoy the gift of the river, and receive a new teaching. Please register at:

<https://www.templebethora.org/event-details/spring-equinox-river-walk>

Breakfast Ministry Ends March 26 – Following the March 26 Community Breakfast, breakfast ministry will break until October. Thank you to all who donated money and winter clothing for the breakfast ministry this year!

Holy Week Services at the Cathedral:

- Holy Wednesday, April 1, 7:00pm: Stations of the Cross
- Maundy Thursday, April 2, 12:10pm: Maundy Thursday / Foot-Washing
- Good Friday, April 3, 11:00am: The Veneration of the Cross
- Holy Saturday, April 4, 8:00pm: The Great Vigil of Easter with the Diocese of Edmonton

Children’s Friendly Maundy Thursday Service at Good Shepherd – If you are looking for a kid-friendly Maundy Thursday service, please visit Good Shepherd Anglican Church (15495 Castle Downs Road NW) on April 2 at 7:00pm.

New Sunday Morning Parking Permits – Annual Sunday morning parking permits for the Impark lot South of the Cathedral are available for purchase. If you would like to purchase one, please contact the Office for details.

Corporation/Lock Up This Week: Dean Alex

Readings for Next Sunday: 1 Samuel 16:1-13; Ephesians 5:8-14; John 9:1-41

Bishop, The Right Reverend Stephen London
Dean, The Very Reverend Alexandra Meek
Deacon, The Reverend John Gee
Music Director and Organist, Jeremy Spurgeon
Wardens, Ebenezer Oladokun and Thomas Usher
Administrative Assistant, RJ Chambers
Cathedral Office: (780) 428-6323
10035 103 Street NW
Edmonton, AB T5J 0X5
Admin@AllSaintsCathedral.ca
www.AllSaintsCathedral.ca
CCLI Church Copyright License #3313862



ALL SAINTS'
Anglican Cathedral