



March 15, 2026

TODAY'S TOPIC:  
WHAT IS LENT?

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Lent is the 40 days—not including Sundays!—from Ash Wednesday to the Saturday before Easter. Christians around the world consider Lent a time to reflect on what Jesus did for us.

Remember how John the Baptist expressed a need to prepare the way for Jesus through repentance and humility? Lent is a time, too, to get our hearts ready to truly appreciate Jesus' death for us and celebrate Easter.

Lent is a time to focus on God and prepare to remember and celebrate Jesus dying on the cross and rising from the grave to save each of us. Many people decide to “give up” things for Lent to help them remember that Jesus gave his life for us, the biggest sacrifice anyone can make; but you can also “take on” doing good things, just like Jesus did.

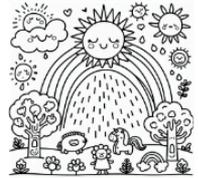


A Q U B L E S S R M C O K  
G F H E A V E N D L T N P  
S Y Z T I R I P S W X J F  
C E V C H R I S T D U X V  
B Z A Y E V E R Y N L W H  
Q G H Y S M L E A R Z M P  
T V B Y E P H E S I C T O  
D E F Y J G O D S Q W E R

**CHRIST REALMS BLESS HEAVEN**  
**SPIRIT EVERY EPHES GODS**



# Heavenly Code Hunt



Ephesians 1:3 • Each number represents a letter from the alphabet. Substitute the correct letter for the number to reveal the coded words.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
16	27	6	34	14	41	11	30	19	48	5	23	39	12	29	7	33	18	45	2	25	37	8	43	17	31

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- 45 6 18 19 7 2 25 18 14 \_\_\_\_\_
- 14 7 30 14 45 19 15 12 45 \_\_\_\_\_
- 7 15 45 45 15 11 14 \_\_\_\_\_

