

2026 Lent Bible Study

Week 4: The Table (Communion & Betrayal)

- **The Landscape:** The Upper Room—intimate, dimly lit, a place of fellowship and tension.
 - **The Scripture:** Luke 22:14-23 (The Last Supper).
 - **The Wesleyan Connection:** Methodists practice an "Open Table." We believe the communion table is Christ's table, not ours, and it is open to all who seek him. We also believe the Eucharist is a converting ordinance—you can meet Jesus for the first time in the breaking of the bread.
 - **Reflection:** At the table, Jesus washed feet and broke bread. He sat with John the Beloved and Judas the Betrayer. He served them both. The Table reminds us that **grace is not a prize for the perfect; it is food for the hungry. It is the place where we learn that to lead is to serve.**
- **Discussion Questions:**
 1. What does the "Open Table" mean to you personally?
 2. How does it feel to know Jesus fed Judas, even knowing what Judas would do?
 3. Who is hard for you to "sit at the table" with right now? How can you pray for them?
 - **Prayer Focus:** For reconciliation in broken relationships and unity in the church.