ST. PAUL'S

ANGLICAN CHURCH

Connecting people with God and each other

Sunday, March 15, 2026: Fourth Sunday in Lent

I am the light of the world, says the Lord;
those who follow me will have the light of life (John 8:12)

WELCOME TO ST. PAUL'S!

VISITING TODAY?

We want to get to know you! Please join us in the Hall for coffee and conversation after the service. The greeters are available to answer any of your questions. Please fill out a welcome card in the back of the pew and put it in the offering basket, or give to any volunteer, staff, or vestry member.

ABOUT ST PAUL'S ANGLICAN

Services:

- Eucharist services: **Sundays at 10:00am**
- **Morning & Evening Prayer** Services:
  Mon–Sat **at 8:00am on Zoom**
  Daily **at 9:15pm on Zoom**.
- Sermons are available on our Website
- We also have small groups

Office Hours:

- Tues. & Thurs., 9:00am to 12:00pm
- Office is closed: Fri–Mon (and Holidays)

PRAYER

For the Prayer Chain, email or phone:
prayer@stpauls-anglican.ca – 780-455-0771

For pastoral emergencies call:
(780) 446-3751

ACCESSIBILITY

We have accessible washrooms and lifts available for anyone who needs them. If you need help, please speak to a greeter.

PLEASE SILENCE YOUR PHONE ☺

Serving St. Paul's: Email office@stpauls-anglican.ca

- Join a Ministry Team (Service Team, Music, Altar Guild, Sound/Video, etc.)

Giving to St. Paul's: One-Time or Recurring

- Giving can be done by Cash, Cheque, Automatic Debit/Credit, or E-Transfer to office@stpauls-anglican.ca
- We can also receive donations through our Website or the Tithely App.

LARGE PRINT MATERIALS

Large print Bibles and BAS (Book of Alternative Services) are available at the main door.

ASSISTED LISTENING DEVICES

Assisted Listening is available.
Please ask a greeter for assistance.

St. Paul's Anglican Church

10127 145 Street, Edmonton, T5N 2X6 — 780-455-0771
www.stpauls-anglican.ca — office@stpauls-anglican.ca

Our Narrative Statement of Identity: We love to be together, persevere, and practice the ways of Jesus together. Even though we're at different places on our journey, we share a guiding story as given through the Bible, and we all look for Jesus in each other and in the world we live in. We share faith, we share music, we share differences, and above all we share God's love of us in Jesus. We all give, we all receive. We are a diverse family who laughs, cries, and prays together, and is learning how to love and care for each other. Our greatest ambition is to share this love with everyone around us – in our neighbourhoods and around the world.

Opening Song: ***Hear Our Praises***

May our homes be filled with dancing
May our streets be filled with joy
May injustice bow to Jesus
As the people turn and pray

(Chorus) From the mountain to the valley
Hear our praises rise to You

(Ch. Cont.) From the heavens to the nations
Hear our singing fill the air

May our light shine in the darkness
As we walk before the cross
May Your glory fill the whole earth
As the water over the seas *(To Ch.)*

The Gathering of the Community

Celebrant: *(BAS pg. 185)* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People: **And also with you.**

Celebrant: Almighty God,

All: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Celebrant: *(pg. 291)* Almighty God, through the waters of baptism your Son has made us children of light. May we ever walk in his light and show forth your glory in the world; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Lectionary Question

The Proclamation of the Word *(← Click to read online)*

1 Samuel 16:1-13 *(pg. 202 in the red pew Bible)*

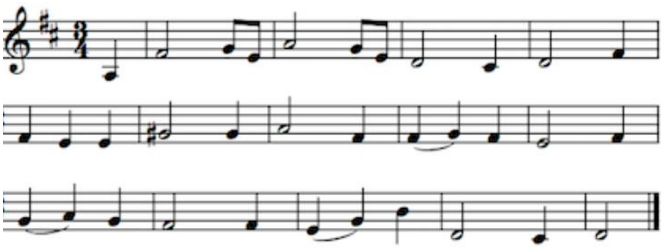
Reader: *The Word of the Lord.*

People: **Thanks be to God.**

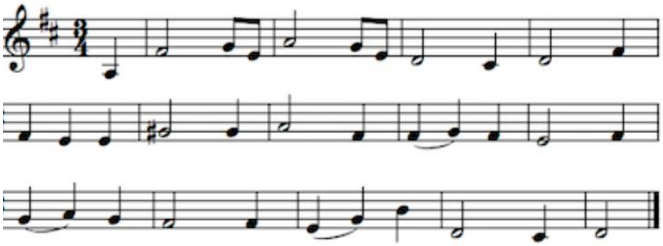
Psalm 23 *(Sung Together)*

The Lord's my shepherd, I'll not want;
He makes me down to lie
in pastures green; He leadeth me
the quiet waters by.

My soul He doth restore again;
and me to walk doth make
within the paths of righteousness,
ev'n for His own name's sake.



Yea, though I walk in death's dark vale,
yet will I fear no ill;
For Thou art with me; and Thy rod
and staff me comfort still.



My table Thou has furnish-ed
in presence of my foes;
My head Thou dost with oil anoint,
and my cup overflows.

Goodness and mercy all my life shall surely follow me;
And in God's house forevermore my dwelling place shall be.

Ephesians 5:8-14 *(pg. 829 in the red pew Bible)*
Reader: *The Word of the Lord.*
People: **Thanks be to God.**

Gospel Processional: ***Kyrie Eleison***
Lord have mercy, Christ have mercy,
Lord have mercy on me.

Lord have mercy, Christ have mercy,
Lord have mercy on me.

The Gospel Reading:
Reader: The Lord be with you.
People: **And also with you.**
Reader: The Holy Gospel of our Lord Jesus Christ according to John.
People: **Glory to you, Lord Jesus Christ**
The Gospel Reading: **John 9:1-41** *(pg. 758 in the red pew Bible)*
Reader: *The Gospel of Christ.*
People: **Praise to you, Lord Jesus Christ.**

(Youth may be dismissed to their own programming downstairs)

Worship Through Song
Ancient of Days
Though the nations rage, kingdoms rise & fall
There is still one King reigning over all
So I will not fear, for this truth remains
That my God is the Ancient of Days

(Chorus) None above Him, none before Him
All of time in His hands
For His throne it shall remain and ever stand
All the power all the glory
I will trust in His name
For my God is the Ancient of days

Though the dread of night
Overwhelms my soul
He is here with me, I am not alone
O His love is sure, and He knows my name
For my God is the Ancient of Days *(To Ch.)*

Though I may not see what the future brings
I will watch and wait for the Saviour king
Then my joy complete, standing face to face
In the presence of the Ancient of Days *(Ch.)*

Cornerstone
My hope is built on nothing less
Than Jesus' blood and righteousness
I dare not trust the sweetest frame
But wholly trust in Jesus' Name

(Chorus) Christ alone, cornerstone
Weak made strong in the Saviour's love
Through the storm He is Lord, Lord of all

When darkness seems to hide His face
I rest on His unchanging grace
In every high and stormy gale
My anchor holds within the veil
My anchor holds within the veil *(To Ch.)*

When He shall come with trumpet sound
Oh may I then in Him be found
Dressed in His righteousness alone
Faultless stand before the throne *(To Ch.)*

Listening Time

Sermon: ***David Heritage*** *(A page for notes is available separately)*

Affirmation of Faith: ***The Apostle's Creed***

Celebrant: *(pg. 188)* Let us confess our faith of our baptism, as we say,

All: **I believe in God, the Father almighty, Creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day, he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

Prayers of the People *(See BAS pgs. 110-123)*

Confession of Sin

Celebrant: *(pg. 191)* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silent Confession

Celebrant: Most merciful God,

All: **we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Absolution

People: **Amen.**

The Peace

Celebrant: *(pg. 192)* The peace of the Lord be always with you.

People: And also with you.

The Celebration of the Eucharist

The Preparation of the Gifts

My Heart Is Filled With Thankfulness

My heart is filled with thankfulness
To Him who bore my pain
Who plumbed the depths of my disgrace
And gave me life again
Who crushed my curse of sinfulness
And clothed me with His light
And wrote His law of righteousness
With pow'r upon my heart

My heart is filled with thankfulness
To Him who walks beside
Who floods my weaknesses with strength
And causes fears to fly
Whose every promise is enough
For every step I take
Sustaining me with arms of love
And crowning me with grace

My heart is filled with thankfulness
To Him who reigns above
Whose wisdom is my perfect peace
Whose every thought is love
For every day I have on earth
Is given by the King
So I will give my life my all
To love and follow Him.

The Prayer over the Gifts

Celebrant: *(pg. 292)* God of light,

All: your Word brings to us a new vision of your glory. Accept our offerings of praise and thanksgiving, through Jesus Christ our Lord. Amen.

Celebrant: *(pg. 198)* The Lord be with you. *(Eucharistic Prayer #3)*

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

Celebrant: *(pg. 220)* Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the Eucharistic mystery, we may be more fervent in prayer and more generous in the works of love. Therefore we raise our voices to you in praise to proclaim the glory of your name.

All: *(Spoken)* Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Celebrant: *(pg. 198)* We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, Father, according to his command,

All: **we remember his death, we proclaim his resurrection, we await his coming in glory**.

Celebrant: *(pg. 199)* and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour & glory are yours, almighty Father, now & for ever. **Amen.**

Celebrant: *(pg. 211)* As our Saviour taught us, let us pray,

All: ***(Spoken)*** **Our Father in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

Celebrant: *(pg. 213)* We break this bread,

All: **Communion in Christ's body once broken.**

Celebrant: Let your Church be the wheat which bears its fruit in dying.

All: **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

Celebrant: The gifts of God for the People of God.

People: **Thanks be to God.**

You are welcome to receive communion or come forward for a blessing. If you prefer to receive a blessing, please fold your arms over your chest. Gluten-free wafers are available upon request. Receiving only one kind includes the fullness of the sacrament. You may also receive prayer in the Chapel during this time.

Lamb of God: *(Spoken together)*

All: **Lamb of God, you take away the sins of the world.**
Lamb of God, you take away the sins of the world.
Lord have mercy, Christ have mercy, Lord have mercy on us.

Communion Music

Lead Me

We have flooded the altar with our tears
We have wearied You Lord with our words
Great God, our promises we've broken
Oh Lord forgive me

You are breaking the pride in our hearts
You have given us tears for the lost
You crown the humble with salvation
Oh Lord humble me

(Ch.) So Lead me, oh lead me into Your arms
I will be safe in the shadow of Your wing
Lead me, oh lead me into Your arms
I will be safe in Almighty

You have paid back our sin with Your love
Lover's arms, You have offered to us
Faithful one, raise up a faithful people
Who find their treasure here *(To Ch.)*

His Glory and My Good

I have seen my Father's glory
Revealed in Jesus Christ
And the more that I behold Him
The more He satisfies
When I gaze upon His beauty
When I see Him as I should
Then my eyes are lifted upward
For His glory and my good

There is hope in every trial
For I can trust the Lord
He will turn my heart towards Him
And help me bear the thorn
So in faith I follow Jesus
On the road not understood
For I know that He is working
For His glory and my good

(Chorus) To our God be the glory
To our God be praise
He alone, the name above all names
I will boast ever only in the Lord my God
For I know His glory is my good

See the open arms of Jesus
Upon the cross that day
What they understood as weakness
Deserves my every praise
For the charge that was against me
It was nailed into the wood
Yes I know that He has saved me
For His glory and my good

Would I gladly be made nothing
That Christ would be made more
Would I seek the only kingdom
That far outweighs them all
I will stand before my Father
Where the faithful saints have stood
And with joy my heart shall praise Him
For His glory and my good *(To Ch.)*

Prayers After Communion

Celebrant: *(pg. 292)* Father,

All: **through your goodness we receive your Son in word and sacrament. May we always have faith in him, Jesus Christ the Lord. Amen.**

Celebrant: *(pg. 214)* Glory to God,

All: **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

Blessing

Lectionary Discussion *(Please share aloud your thoughts from hearing the Word of God)*

Congregational Announcements *(Gay G.)*

Closing Song: ***Hope Of The Nations***

Jesus, hope of the nations
Jesus, comfort for all who mourn
You are the source of heaven's hope on earth
Jesus, light in the darkness
Jesus, truth in each circumstance
You are the source of heaven's light on earth

(Pre-Chorus) In history You lived and died
You broke the chains You rose to life

(Chorus)
You are the hope living in us
You are the Rock in whom we trust
You are the light shinin for all the world to see
You rose from the dead conquering fear
Our Prince of Peace drawing us near
Jesus our hope living for all who will receive
Lord we believe.

Dismissal

Celebrant: *(pg. 215)* Let us bless the Lord.

All: **Thanks be to God.**

Please join us for coffee and fellowship in the Hall after the service!
We also invite you to bring your own refillable mug to reduce waste

Cox Family Supplies Update – This Sunday!

If you have signed up to donate items to the Cox family home, please bring your items to church on Sunday, Mar.15. Michelle and Debbie will collect them and deliver to the Cox home next week. If it is difficult to bring the items to church we will arrange to pick them up, if so, please contact Debbie or Michelle Y. at michelleyoung15@gmail.com and debbie.liska007@gmail.com. Thank you so much for all of your support!

Children's Ministry Meeting – This Sunday!

We will be having a brief meeting about our Children's Ministry programming after our Sunday service on March 15th. Anyone interested in supporting this ministry or learning more, please join us in the Church Office, or you may contact Carol R. or Paul D.

Palm Sunday Choir – This Sunday!

We will have a choir for our Palm Sunday service. If you would like to join the choir, please plan to join us for a rehearsal **after** our Sunday services on **March 15 and 22**. If you have any questions, please contact RJ at rj@chambersmusic.ca.

Community Corner Highlights

Grovenor Community and St Paul's Church – Stong neighbourhoods grow when neighbours know each other, share their gifts & work together. At St Paul's, we want to support community ideas that come from the people who live in the community. We continue to be involved in many ways – supporting the local elementary school, hosting the daycare, frequenting Ch. Cafeteria (the coffee shop on 148 St and Stony Plain Road), and offering a shared meal on the 4th Saturday of each month. If you have other thoughts about how we can show up as a good neighbour in Grovenor, especially as a community partner to support this thriving community, please let us know by speaking with Michelle Schurek or emailing the office.

It's been 2 ½ years since we ran our first **Community Dinner,** and it is wonderful to reflect on how this has grown and changed in that time. In addition to helping with food security for Edmontonians in general, this ministry has bloomed into one of volunteerism, fellowship and belonging. With approximately 60 guests each month, as well as 15 volunteers, we are enjoying the emergence of a community that is supportive, caring and encouraging. We have welcomed volunteers from all over the city as well! At our next dinner on March 28, we will welcome students of CCI-LIX to help serve the meal and host our guests.

Spiritual Health Highlight: Moral Dissonance

Lent 4 draws attention to insight, revelation, and the ability to "see" in new ways. Moral dissonance is the tension that arises when our actions, words, or choices do not fully align with what we believe or value. It can appear in small ways, like rationalizing, staying silent, or compartmentalizing uncomfortable realities. In a diverse community, these tensions may be layered by differences in history, culture, belief, and circumstance, making them complex and sometimes invisible. Noticing these quiet strains helps us become more aware of how values and reality interact in our daily lives. This week offers space to pay attention to these subtle, persistent moral tensions as a path toward greater clarity and awareness.

Conversation point: Where in your life do you notice quiet tensions between what you believe and what you do, or between your values and the actions of others?

Readers for Palm Sunday

We are also looking for people to help with the readings for the Palm Sunday service. This is an excellent way to get involved if you're new! If you're interested and available, please email office@stpauls-anglican.ca so we can send you the assigned readings in advance.

Edson Easter Floral Fundraiser

Holy Trinity Anglican Lutheran Church in Edson is holding an Easter floral fundraiser to support ecumenical ministry in Edson. Celebrate Easter with fresh arrangements from Staal Gardens! These Easter mini-arrangements are the perfect size to bring cheer to hospital rooms, seniors' homes, and Easter tables. You can see pictures and prices HERE.

If you are interested, **please place your order by March 29th** by contacting Barb at bjweir@ualberta.ca or 780-723-6209. eTransfer information will be provided by Barb when you place your order, or you can bring cash or cheque at pickup.

Edmonton pickup is Saturday, April 4th between 1:30 and 3:30pm in St. Paul's Parish Hall. With questions you may contact Nancy at nancyjws@gmail.com

Holy Week and Easter Services at St. Paul's

March 29 at 10:00am — Palm Sunday: Lessons and Songs
March 30–April 1 at 7:00pm — Evening Prayer
April 2 at 6:00pm — Maundy Thursday Potluck (no service)
April 3 at 11:00am — Good Friday Service
April 4 at 7:00pm — Windswept Worship Contemplative Service
April 5 at 10:00am — Easter Sunday Eucharist Service

Making Palm Crosses

In preparation for Palm Sunday, our Altar Guild and other parishioners will be making palm crosses. This will happen at St. Paul's on Saturday, **March 28th at 9:30am**.
No experience needed. Fellowship and refreshments are included.

Rev. Wally's Video Messages

Rev. Wally and his family have sent a number of videos of encouragement and excitement. These have been shown on various Sunday mornings, but we wanted to make them available to parishioners who were not able to attend. You can view these videos at by clicking THIS LINK.

St. Paul's Is Seeking An Office Administrator

St. Paul's is seeking an Office Administrator. The full posting can be found in this week's newsletter and on our website at www.stpauls-anglican.ca/jobs. Interested applicants may apply by submitting materials to office@stpauls-anglican.ca. This posting will remain active until the position has been filled.

Ramadan Prayer Booklets

Between February 18 and March 30, our Muslim neighbours will be observing Ramadan – a month of holy fasting. Please consider using this month to pray for Jesus Christ to be made known to the Muslim world. Once again, we've made "30 Days of Prayer" booklets available at each entranceway; please help yourself or download a pdf version at www.pray30days.org.

Lenten Book Study: A Different Kind Of Fast

During the Lenten season we will be hosting a book study led by Yovella each Sunday morning at 9am. The book is *A Different Kind of Fast: Feeding Our True Hungers in Lent* by Christine Paintner. This book draws on the wisdom of the desert [fathers], offerring practical practices like lectio divina, breath prayer, visio divina, contemplative walks, and more. As we fast from rushing, planning, being strong, holding it all together, seeking certainty, and control, we can softly reorient ourselves toward that which nourishes and fulfills us, for the Lenten season.

Synod Scene

Read our Diocese's Synod Scene newsletter at www.edmonton.anglican.ca/newsletters/latest.

This Week's Ministry Teams

Music/Sound/Tech: Andrew/Chandra/Yohana
Service Team: Heritage Team
Prayers of the People: Terry B.
Vestry-on-Duty: Gay G.
Chapel Prayer: Laurier and Terry
Lead/Assistants/Sanctuary:
Ryan Y./Michelle Y. & Jordan Y./Junior S.

Next Week's Teams: Mar 22nd

Music/Sound/Tech:
Adele & Chambers/John/Jacky
Service Team: B Team
Prayers of the People: Carol R.
Vestry-on-Duty: David H.
Chapel Prayer: Dudley and Pat
Sanctuary.: TBD.

Cycle of Prayer for St. Paul's

Asher and Lauren Hebert (Nolan)
Dudley Baker and Pat Halligan-Baker
Andrew and Nancy Whistance-Smith

National Anglican Cycle of Prayer

Diocese of **New Westminster**: the Most Rev. John Stephens, Archbishop (Metropolitan of the Ecclesiastical Province of BC and Yukon).
St. Mary, Edmonton: Travis Enright, Rector; Bleeding Heart Art Space ministry.
Buyé Diocese Bible School: Daniel Bizimana, Director; Alfred Uwimanihaye and Jerome Rivuzimana, Teachers.
Samson Cree Nation.

St. Paul's Staff

Pulpit Supply: Rev. Dr. Eric Kregel
Community Facilitator: Michelle Schurek
Office Administrator: Asher Hebert

St. Paul's Vestry

vestry@stpauls-anglican.ca
Rector's Warden: Paul Dowie
People's Warden: Gay Gering
Parish Treasurer: David Heritage
Vestry Members: Debbie Liska, Jim Egeto, Ryan Young, Junior Stanley, & Nancy Whistance-Smith.

St. Paul's Anglican Church

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