



LIFE GROUP GUIDELINE

10 March 2026

Preparation

Think about this statement, “Repetition is the mother of learning.” As a leader don’t grow weary of repeating the Scriptures about rest. The Lord is wanting to entrench this theme in our hearts. Let’s keep watering the seeds and digging out the weeds so that our theme of rest can produce a harvest 100-fold.

Fellowship

Open in prayer.

Icebreaker: Ask each person to share briefly: What did you do last week, during our rest week, that helped you to rest.

Worship

Prayerfully prepare a worship playlist or make use of the Spotify playlist link containing Sunday’s songs: <https://open.spotify.com/playlist/1dvusofop1wMxMPCgu1uME?si=fde5799a9eb64c22>

Discipleship

Pastor Mark Hodgetts’s sermon contained 7 points. I suggest that you take each point, recap it briefly and invite comments and input from your LG members.

Ministry

Ask for prayer needs and pray with faith into each need.

Evangelism

From a place of rest, ask the Lord if there is anyone He wants you to contact and share His love and Word to.

