



Message Outline

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March 8, 2026

Matthew 6:25-34

Don't Worry About What You Will Eat or Wear

SERIES: *Stuff I Wish Jesus Never Said*

WHAT I WISH JESUS SAID:

“Be sure to secure your basic needs, plus a few luxuries, and then trust me.”

WHAT JESUS ACTUALLY SAID:

“Do not worry about what you will eat or wear.”

1. YOU DON'T NEED TO WORRY...

Matthew 6:25-27

Life is MORE THAN FOOD

And God even keeps THE BIRDS FED

2. YOU DON'T NEED TO WORRY...

Matthew 6:28-30

The body is MORE THAN CLOTHES

And God even keeps THE FIELDS CLOTHED

3. YOU DON'T NEED TO WORRY...

Matthew 6:31-32

Let unbelievers DO THAT

God knows WHAT YOU NEED

4. YOU DON'T NEED TO WORRY...

Matthew 6:33-34

Instead pursue GOD'S WAY

And everything else WILL FOLLOW



Questions for Further Reflection & Discussion

Winter Session 2026

Don't Worry About What You Will Eat or Wear | *Stuff I Wish Jesus Never Said*
Matthew 6:25-34 | March 8, 2026

1. When someone tells you "Don't worry," how do you usually react?
2. What things do you tend to worry about the most?
3. Read Matthew 6:25-34 and review the sermon outline. What stood out for you and why?
4. When Jesus said, "life is more than food, and the body is more than clothes..." what did he mean?
5. According to Jesus, what is it about birds and flowers that can keep us from worrying?
6. Based on this passage, what makes unbelievers more susceptible to worry than believers?
7. When was a time you were in need and God provided for you?
8. What does it look like to seek God's kingdom and righteousness first in our world today?
9. What are some things you could do the next time you feel overwhelmed by worry?