Sermon Based Questions

***"Made for This Part 10 - Change the Pattern"* – Nathan Blais**
March 8, 2026

Nehemiah 9–10 brings God's people to a moment of fresh possibility. With the wall rebuilt, they realize that moving forward will require more than a new beginning; it will require changed hearts and changed patterns.

Share

1. What is a funny pattern in your life that you can't seem to change? eg. always forgetting your wallet
2. Nate mentioned how long we think a new car will stay clean. Can you think of a fresh start moment and how long it took for old patterns to present themselves again?
3. Can you think of a time someone gave you a "nudge" or piece of advice to help you change direction? What was that nudge?

Discuss

4. Read Nehemiah 9:1–3. What stands out to you about the way the people respond after the wall is completed?
5. The sermon described repentance as "changing the pattern," not just feeling remorse. How does that definition expand your understanding of repentance?
6. Read Nehemiah 9:16–17. What patterns do you see in Israel's story, and how are they similar to patterns people still struggle with today?
7. The sermon said "blame is a greenhouse for sin." Why does blaming others make it harder to change?

Reflect

8. The people confessed both their own sins and the sins of their ancestors. Why do you think remembering past patterns is important for spiritual growth?
9. Read Genesis 4:6–7. What does this passage reveal about the nature of sin and the responsibility we have to confront it early?
10. The message warned about small sins growing stronger over time. Where in your life might a small pattern need attention before it grows bigger?

Apply

11. What is one unhealthy pattern in your thinking, habits, or relationships that God may be inviting you to confront this week?
12. What is one concrete step you could take this week—with God's help—to begin replacing an old pattern with a new one?