



## Sunday Sermon Discussion Outline

Pastor Philip Thomas, March 8, 2026

Philippians 4:4-9 – Right Thinking (Part 1)

To rejoice always, be gentle with everyone, and not be anxious about anything means that we must become altogether new creatures, those who are transformed by the renewing of our minds.

Don't be anxious about anything.

Pray with thanksgiving about everything.

We respond and apply the Word of God we have heard by thinking rightly.

The end of all things is near. Therefore, may you be alert (self-controlled) and of sober mind so that you may pray. Above all, may you love each other deeply, because love covers over a multitude of sins. May you offer hospitality to one another without grumbling. May you use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone speaks, they should do so as one who speaks the very words of God. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen. (1 Peter 4:7-11)

### Discussion Questions:

- Why is it humanly impossible for us to meet the requirements for Christian living described in this passage? What has to change? How can we be transformed?
- What causes you to be anxious?
- What does the Bible tell us about dealing with our past, our health, our vocation, desire for certainty, being prepared, ungodly influences, and taking captive unrestrained (wild) thoughts?
- What does it mean that in every situation, by prayer and petition, with thanksgiving, we are to present our requests to God?
- In what areas of life do you need to apply biblically sound right thinking so that you are no longer anxious about them?