

# *The Ascended Christ*

Acts 1:6-11

Big Idea: The Ascension isn't just Jesus going up—it's Jesus taking His throne. He prays for us in our weakness, rules over nations in turmoil, and will return to make all things right. When anxiety rises, remember: the King of the universe reigns, and you are His beloved.

Day 1: Jesus  
Understands Your  
Weakness

Reading:  
Hebrews 4:14-16

The ascended Christ has not forgotten what it means to be human. Like clothes worn after a hard day's work, Jesus did not shed His humanity when He returned to glory—He kept it. Right now, seated at the right hand of the Father, He knows your struggles intimately. He remembers temptation's pull, exhaustion's weight, and disappointment's sting. When you approach Him with your needs, He doesn't scold or dismiss you. Instead, you find mercy and grace precisely when you need it most. Your weakness is not a barrier to His presence; it's an invitation to experience His compassionate intercession. Today, bring your struggles to the One who truly understands.

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Day 2: The Throne  
Above All Thrones

Reading:  
Psalm 2:1-12;  
Daniel 7:9-14

When headlines make your blood pressure rise and world events steal your sleep, remember: the nations' rage is met with heaven's laughter. Daniel saw it centuries before it happened—the Son of Man ascending with clouds of glory to take His throne. The powerful leaders who dominate news cycles are not ultimately in control. Their grand schemes are limited by His sovereign authority.

Every earthly throne is relativized by the throne of Christ. This doesn't mean world events don't matter, but it does mean they're not ultimate. The One who sits in the heavens rules with wisdom, ordaining all things for His glory and your good. Today, when anxiety threatens, remember who truly reigns.

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Day 3: He Will Come  
Again

Reading:  
Acts 1:6-11;  
Matthew 26:57-68

The same Jesus who ascended will return. When He stood before Caiaphas and the religious elite, Jesus was sublimely indifferent to their threats. Why? Because He knew that every person in that room would someday bow at His feet. The first time Jesus came, He slipped in quietly—a baby in Bethlehem, a carpenter from Nazareth. The next time, He will crash through with unmistakable glory. Every knee will bow. Every tongue will confess. The status quo has an expiration date. This promise should comfort believers and warn the indifferent. Are you living in light of His return? Does the certainty of His coming shape your priorities, your fears, your hopes?

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Day 4: From Earth's  
View to Heaven's  
Perspective

Reading:  
Acts 1:1-11;  
Philippians 2:5-11

Luke shows us the Ascension from earth—disciples gawking as Jesus rises into clouds. Daniel shows us the same event from heaven—the Son of Man presented before the Ancient of Days, receiving dominion over all nations. Two perspectives of one reality. We often get stuck in earth's view, seeing only what's immediately before us: problems, limitations, conflicts. But the Ascension invites us to see from heaven's perspective: Christ enthroned, ruling in power, interceding for His people. Your circumstances haven't changed, but your frame of reference has expanded. The troubles that loom large in your vision are momentary in His. Today, practice seeing your life from heaven's perspective.

How does that change your response to current challenges?

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Day 5: Living Under the  
Reign of King Jesus

Reading:  
Ephesians 1:15-23;  
Colossians 1:15-20

Christ's ascension isn't just historical fact—it's present reality. Right now, Jesus reigns over every authority, power, and dominion. This truth should reshape how you live today. You don't serve a distant deity or a dead hero, but a living, reigning King who exercises authority over every circumstance you face. When you're weak, He intercedes. When nations rage, He rules. When injustice seems to triumph, He remembers. When you're anxious, your forgetfulness—not your circumstances—is the problem. Remember who He is. Remember where He sits. Remember that His kingdom cannot be shaken. Let this truth comfort you in trouble, embolden you in witness, and anchor you in hope. How will you live differently today knowing Christ reigns?

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