

**Life Group Notes & Discussion Guide, March 8<sup>th</sup>, 2026**

**“Lessons from Jesus”**

**“Content with Crumbs”**

Sermon text: **Matthew 15:21-28**; Old Testament Text: **Psalms 128:1-6**; New Testament Text: **Philippians 4:10-13**.

Read **Matthew 15:21-28** as you listen to the sermon, then answer the questions below.

1. Read **Matthew 15:21**. From where did Jesus leave to go to *Tyre and Sidon*?
2. What kind of reputation did the cities of Tyre and Sidon have?
3. Read **Matthew 15:22**. What kind of woman came to Jesus?
4. According to the passage from **Mark 7:26** that Pr. Dave read to us, what nationality was the woman & where was she born?
5. What did the woman want Jesus to do for her?
6. How did the woman address Jesus?
7. Read **Matthew 15:23**. How did Jesus initially respond to the woman?

8. What did the disciples want Jesus to do?
  
9. Read **Matthew 15:24**. What did Jesus tell the woman?
  
10. Read **Matthew 15:25**. What kind of posture did the woman take before Jesus?
  
11. How did she address Jesus in this verse?
  
12. How would you describe the way she asked Jesus for help?
  
13. Read **Matthew 15:26**. How did Jesus respond to the woman?
  
14. Why did Jesus refer to the woman and her daughter as *dogs*?
  
15. Read **Matthew 15:27**. How did the woman respond to Jesus's comment?
  
16. Read **Matthew 15:28**. How did Jesus respond to the woman's comment?
  
17. What lesson can you take from this passage for your own life?

### **Discussion Guide for Your Life Group Meeting**

- I. At your Life Group meeting, first read **Psalm 128:1-6** aloud. It can be helpful to have several people each read one verse from their Bible. This helps people feel involved and can also introduce some interesting discussion if several translations are used. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. When you read this passage, were you aware that you were reading one, long promise?
  2. How does that promise make you feel?
  3. Which of the individual promises mentioned would you say you have experienced to the greatest degree personally?
  4. Are there any you regret not experiencing or wished you would have experienced to a greater degree?
- II. Next read **Philippians 4:10-20**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions.
1. Read **Philippians 4:10**. What is Paul thanking the Philippians for in this verse?
  2. Read **Philippians 4:11-12**. Despite Paul's gratitude for what the Philippians have done, what does he want the Philippians to understand?
  3. Read **Philippians 4:13**. What is Paul's "secret" for being *content in all situations*?
  4. Read **Philippians 4:14-15**. What two things does Paul share with the Philippians in these two verses?
  5. Read **Philippians 4:16**. How did the Philippians demonstrate their love for Paul & the gospel when he was in Thessalonica?
  6. Read **Philippians 4:17**. What is Paul saying in this verse?
  7. Read **Philippians 4:18**. Though it is not explicitly stated in this verse, where did Epaphroditus deliver the Philippian's last offering?
  8. Read **Philippians 4:19**. What is Paul saying about generosity in this verse?
  9. Read **Philippians 4:20**. How does this verse perfectly express Paul's attitude to the call Christ put upon his life?
- III. Read **Matthew 15:21-28**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
1. Read **Matthew 15:21**. From where did Jesus leave to go to *Tyre and Sidon*?
  2. What kind of reputation did the cities of Tyre and Sidon have?
  3. Read **Matthew 15:22**. What kind of woman came to Jesus?

4. According to the passage from **Mark 7:26**, what nationality was the woman & where was she born?
5. What did the woman want Jesus to do for her?
6. How did the woman address Jesus?
7. Read **Matthew 15:23**. How did Jesus initially respond to the woman?
8. What did the disciples want Jesus to do?
9. Read **Matthew 15:24**. What did Jesus tell the woman?
10. Read **Matthew 15:25**. What kind of posture did the woman take before Jesus?
11. How did she address Jesus in this verse?
12. How would you describe the way she asked Jesus for help?
13. Read **Matthew 15:26**. How did Jesus respond to the woman?
14. Why did Jesus refer to the woman and her daughter as *dogs*?
15. Read **Matthew 15:27**. How did the woman respond to Jesus's comment?
16. Read **Matthew 15:28**. How did Jesus respond to the woman's comment?
17. What lesson can you take from this passage for your own life?