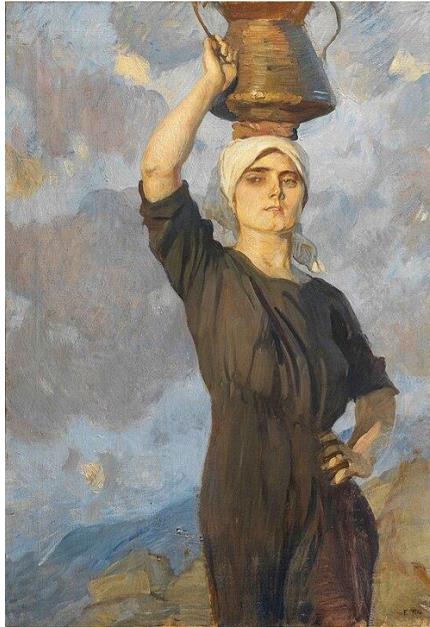


The Anglican Parish of
St. Peter and St. Paul
March 8th 2026
Home Church Connections Service
Third Sunday in Lent



(The Samaritan woman (c.1919), by Ettore Tito, commons.wikimedia.org)

“Nourishing faith and community”

Words of Welcome

The Gathering of the Community

The grace of our Lord Jesus Christ and the love of God, and the fellowship of the Holy Spirit be with you.

And with thy spirit.

Almighty God,

**unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord.
Amen**

Our Lord Jesus Christ said: Hear O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

Lord, have mercy upon us, and write both these thy laws in our hearts, we beseech thee.

Holy God,
Holy and mighty,
Holy immortal one,
Have mercy upon us.

**Holy God,
Holy and mighty,**

**Holy immortal one,
Have mercy upon us.**

Holy God,
Holy and mighty,
Holy immortal one,
Have mercy upon us.

Let us pray,
Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Proclamation of the Word

First Reading: Exodus 17:1-7

A reading from the book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead

of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.’ Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, ‘Is the Lord among us or not?’

Here ends the reading.

Thanks be to God.

Psalm 95

O come, let us sing to the Lord;
let us make a joyful noise to the rock of our salvation!

Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!

For the Lord is a great God,
and a great King above all gods.

In his hand are the depths of the earth;
the heights of the mountains are his also.

The sea is his, for he made it,
and the dry land, which his hands have formed.

O come, let us worship and bow down,
let us kneel before the Lord, our Maker!

For he is our God,
**and we are the people of his pasture,
and the sheep of his hand.**

O that today you would listen to his voice!
**Do not harden your hearts, as at Meribah,
as on the day at Massah in the wilderness,**

when your ancestors tested me,
and put me to the proof, though they had seen my work.
For forty years I loathed that generation
**and said, ‘They are a people whose hearts go astray,
and they do not regard my ways.’**
Therefore in my anger I swore,
‘They shall not enter my rest.’

Second Reading: Romans 5:1-11

A reading from the Letter of Paul to the Romans.

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even

boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Here ends the reading.

Thanks be to God.

Gospel Reading: John 4:5-42

The Lord be with you.

And with thy spirit.

The Holy Gospel of our Lord Jesus Christ according to John.

Glory be to thee, O Lord.

So [Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will

become in them a spring of water gushing up to eternal life.’ The woman said to him, ‘Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.’

Jesus said to her, ‘Go, call your husband, and come back.’ The woman answered him, ‘I have no husband.’ Jesus said to her, ‘You are right in saying, “I have no husband”; for you have had five husbands, and the one you have now is not your husband. What you have said is true!’ The woman said to him, ‘Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.’ Jesus said to her, ‘Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.’ The woman said to him, ‘I know that Messiah is coming’ (who is called Christ). ‘When he comes, he will proclaim all things to us.’ Jesus said to her, ‘I am he, the one who is speaking to you.’

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, ‘What do you want?’ or, ‘Why are you speaking with her?’ Then the woman left her water-jar and went back to the city. She said to the people, ‘Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?’ They left the city and were on their way to him.

Meanwhile the disciples were urging him, ‘Rabbi, eat something.’ But he said to them, ‘I have food to eat that you do not know about.’ So the disciples said to one another, ‘Surely no one has brought him something to eat?’ Jesus said to them, ‘My food is to do

the will of him who sent me and to complete his work. Do you not say, “Four months more, then comes the harvest”? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, “One sows and another reaps.” I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.’

Many Samaritans from that city believed in him because of the woman’s testimony, ‘He told me everything I have ever done.’ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, ‘It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’

The Gospel of Christ
Praise be to thee, O Christ.

Sermon: *The Rev Gail Rodger*

Musical Interlude: **Be Still My Soul** (Text:Katharina von Schlegel, 1752 and tune: Jean Sibelius, 1899. public domain. Sung by Mount Royal Kantorei on Youtube)

Announcements

Prayer for our tithes and offering

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine.

**All things come of thee, and of thine own have we given thee.
Amen.**

The Nicene Creed

**I believe in one God the Father Almighty, Maker of heaven and earth,
And of all things visible and invisible:**

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of the Father before all worlds; God, of God; Light, of Light; Very God, of very God; Begotten, not made; Being of one substance with the Father; Through whom all things were made: Who for us and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, The Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe one, holy, catholic, and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead, And the life of the world to come. Amen.

Prayers of the People

Confession and Absolution

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that labour and are heavy laden, and I will refresh you. *Matthew 11. 28.*

God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have eternal life. *John 3. 16.*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1. 15.*

Hear also what Saint John saith.

If anyone sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins: not for ours only, but also for the sins of the whole world. *1 John 2. 1, 2*

Let us humbly confess our sins to Almighty God.

(Silence is kept)

Almighty God, Father of our Lord Jesus Christ, Maker of all things and judge of all people: We acknowledge and confess our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word and deed, against

thy divine majesty. We do earnestly repent, and are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, forgive us all that is past; And grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy name; through Jesus Christ our Lord. Amen.

Almighty God our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The peace of the Lord be always with you.
And with thy spirit.

The Lord's Prayer

And now as our Saviour Christ hath taught us, we are bold to say:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be amongst you and remain with you always. **Amen.**

Dismissal

Go in peace to love and serve the Lord.
Thanks be to God. Amen!

Weekly Cycles of Prayer

We pray for The Church of the Province of Uganda; for our Primate, Bishop Shane Parker; for Chris Harper, the National Indigenous Archbishop; Diocese of Rupert's Land, Bishop Geoffrey Woodcroft; for our own bishop, Anna Greenwood-Lee, and for the Evangelical Lutheran Church of Canada.

In our region, we pray for St Luke Cedar Hill, The Rev. Daniel Fournier.

In our parish we pray for:

Victor Flett Sr., Victor Flett Jr., Sandra Flynn, Pat Fraser, Gail Gill, Karen Hogg & Ross Benton, Barbara Anne Holt, Barbara Hooper, Graham & Licette How, and Judy Ingram.

In our community we pray for the Esquimalt Seniors Community Centre Society.

For the month of March, we pray for the Altar Guild.

If you are visiting St. Peter and St. Paul, welcome!

We welcome saints, seekers and sinners as we live into a life in Christ, learning about and from one another as we worship God together. Christ binds us together in love through our diversity. If you are comfortable, please give us your name and address so we can add you to our weekly prayer list. We are looking forward to getting to know you better.

Territorial Acknowledgement

We worship on the traditional lands of the Esquimalt, Songhees and other Nations of the Salish and Coast Salish Peoples. We, who came from many lands to join the line of those worshipping here, commit our Church to continue the journey of truth and reconciliation with our First Nations' neighbours.

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ST. PETER AND ST. PAUL
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