



Shalom Tidings

Third Sunday in Lent: March 8, 2026

Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life."

—John 4:13-14

This week at Shalom:

WORSHIP AT SHALOM: Come join us for a contemporary worship service at 9:30 am led by the Spirit of Shalom Band. Enjoy treats and fellowship afterward in our Community Room. Seekers and guests are invited!

SERMON: When the disciples see Jesus speaking to the Samaritan woman, they are shocked. Jesus is shattering at least two social boundaries before their eyes: male and female, Jew and Samaritan. But Jesus has come to do more than shatter those boundaries to bring the love of God to a broken, recalcitrant world. What do the barriers we put up reflect about us? How does Jesus break them? And how are we invited to give Jesus to others, like the disciples and the Samaritan woman? Pastor David preaches "Breaking Unfaith" based on Exodus 17:1-7 and John 4:1-42.

THE PURPOSE OF COMMUNION is to reflect on the gift of the sacrament, focus on our relationship with God, and receive the grace and peace it brings.

This reflection can take different forms — sometimes through singing together, and at other times through the quieting of the heart in prayer.

In this season, we are holding a quieter, more contemplative space during Communion, inviting you to be fully present in this sacred moment.

WELCA: NW MN synodical Women's organization 2026 Conference 8 Spring Gathering. This year it is hosted by Bethesda Lutheran Church in Alexandria. The gathering is Saturday April 18th. Registration and fellowship is at 8:15-9:00, the cost for noon lunch is \$20.00 per person. Registration deadline is April 6th. Send registration and fees to Bethesda Lutheran Church, 1204 N Nokomis St NE, Alexandria.

EASTER FLOWERS: The Altar Guild will be accepting donations to the flower fund in honor of or in memory of loved ones March 1-29.

Find donation envelopes on the tall counter in the Narthex. Complete the front of the envelope, enclose your monetary gift and put in Carol Hedlunds mailbox. The flowers will beautify the altar area for Easter Worship. Anyone who donates may take a flower home after April 12.

SEATING: As part of our commitment to being a welcoming church, the back row of each section will be reserved for guests and families with young children. Thank you for helping us keep those seats available.

TRANSPORTATION NEEDS: Sometimes our members need transportation to our Sunday service. If you are available to provide transportation, please provide your name and phone number to the church office. To request transportation to church services, please contact the church office. This service can help people stay connected to Shalom. Carol Hedlund is available if you need a ride.

SHARED MINISTRY & CALENDAR: [Here is the link to our shared ministry sign-up.](#) You can find the [monthly calendar here.](#)

Shared Ministry

Shared Ministry

03-08-26

03-15-26

Acolyte	Mara Malvin	Caedyn Whipkey
Assisting Minister	Dave Burbank	Sharon Hermanson
Communion Assist	Cheryl Burbank	Angie Erickson
Communion Assist	Dave Morgan	Amber Whipkey
Greeters	Linda Fenelon	Barb Beyer
Greeters	Connie Facciotto	Dave Beyer
Lector	Tam Bukowski	Eunice Shelstad
Musicians		SOS Band
Proclaim/FB Live	CJ/Kim/Julie	CJ/Kim/Julie
Ushers	Al Anderson	Lona Neubarth
Ushers	Sue Engstrom	Craig Neubarth
Counters	Derek Navratil	Derek Navratil
Counters	Fritz Bukowski	Al Anderson

THIS WEEK AT SHALOM

Sunday	03-08	9:30 am 10:30 am	Worship in-person or online Hospitality Radio Ministry
Monday	03-09	6:00 pm	Garden Club
Tuesday	03-10	7:30 am 9:00 am 11:00 am 5:00 pm 5:00 pm 5:30 pm 6:30 pm	Men's Bible Study at Common Ground Dartball Outreach No Gospel of Uke Y/ED Property Runestone Chorus
Wednesday	03-11	5:15 pm 5:30 pm 5:30 pm 6:30 pm After Worship	Meal Shalom Ringers Drama Rehearsal Lenten Service Drama Rehearsal
Thursday	03-12	8:00-9:45 am 10:00-11:00 am 11:00 am 5:00 pm 6:00 pm	Shalom Piecemakers Bible Study Altar Guild Worship Shalom Singers
Sunday	03-15	9:30 am 10:30 am	Worship in-person or online Hospitality



Radio Ministry Committee Update: Seeking Your Support!

Radio that Connects... 102.9 Connects... KONX is a new proposed ministry of Shalom Lutheran Church and partner Alexandria area congregations and organizations intended to bring local voices and programs rooted in faith to support our neighbors,

We are calling this ministry “**102.9 Connects**” (**KON-X**), a nod to the ministry's overarching goal. By connecting the community through this ministry, we express our love and support for our neighbors, meet God's calling to serve others, share the good news of Jesus Christ, and help others discover true peace.

Shalom Lutheran Church, along with partner congregations, individuals, and organizations in the Alexandria area, are working to bring to the Alexandria area a radio ministry by the community and for the community.

While ministry by radio is not novel, **102.9 Connects seeks to be a true reflection of our very own community**. Music, services, teaching, discussion, education, the arts, and information will all be featured through this ministry, brought to you by your friends and neighbors right here in Alexandria and the surrounding area. Through the power of collaboration of people of faith in your community, we hope to bring a connection to our friends and neighbors and build community together, following the teachings and examples of Jesus Christ and telling those in our midst they are all welcomed, cared for, and loved.

We have the construction permit for the station license to broadcast on 102.9 from Alexandria, Minnesota. All we need now is you... and your support!

We are grateful to have reached a bit more than half of our startup fundraising goal. Thank you to all of you who have contributed to date! But in order to make this ministry a reality, **we need to raise about another \$8,000 to be able to get started on air, and this goal must be reached in the next few months in order to proceed**. Financial support can be given through designated online giving, by submission of donations for “Radio Ministry” through offering, or to the Shalom Office. For more information, to propose program ideas, or to get connected with the Radio Ministry, attend our committee meetings after Worship on second Sundays of the month, or contact Pastor Kathryn Rothman or Kersten Kappmeyer.

Around the Synod and ELCA:

Click [here for NW MN Synod Updates \(March 2026\)](#)



This is the Meal Train for LaTelle Bailey:

<https://mealtrain.com/998ld5>

What is Meal Train?

There are times in our lives when friends and family ask, "What can I do to help out?" The answer is usually to help them with a meal. When many friends provide support through a meal, Meal Train keeps everyone organized.

MealTrain.com is a free meal calendar tool that makes planning meals among a wide group easy and less stressful.

Contact Chrissy Oachs for more information.



Sign up for the to be part of the EcoFaith Summit as we learn to care for God's creation by igniting community for action on behalf of our planet in peril. **April 18, 2026, in Duluth MN and Zoom Livestream.** More information is available at: <https://www.ecofaithnetwork.org/ecofaith-summit-2026>



Sacred Refuge: From Light to Light Join the National Lutheran Choir under Artistic Director Jennaya Robison for *Sacred Refuge: From Light to Light*. The choir will perform in Brainerd on March 20 and in Moorhead on March 21. This moving winter-to-spring concert traces the arc from winter's stillness to spring's awakening, featuring Shavon Lloyd's *So Breaks the Sun*, Jake Runestad's *Under This Tree* and *Nada te Turbe*, and Aaron McDermid's *From Light to Light*, commissioned by NLC in 2008.

Dates & Locations:
7:30pm, Friday, March 20, 2026 in partnership with The Legacy Chorale Gichi-ziibi Center for the Arts, 602 S 5th Street, Brainerd, MN 3:00pm, Saturday, March 21, 2026 in partnership with The Concordia Choir Trinity Lutheran Church, 213 8th Street S., Moorhead, MN 56560

Community Opportunities:



Ensure your home stays warm this heating season by applying for Minnesota's Low Income Household Energy Assistance Program.



- Easy application process
- Homeowners and renters both encouraged to apply
- No asset limits
- Free Furnace repair and replacements to non-functioning units. (must own the home)

wcmca.org
1-800-492-4805 option 1



Apply
Online



PLEASE KEEP IN YOUR PRAYERS

*John & Carrie Carlberg, *Bob Hildebrandt, *Dave & Mary Owen, *Gerry Kingsburg, Family of Bill Malvin (Dave Malvin's Father), *Delores Martin, *Evie Raguse, *Charles & Jeanne Tanksley, Teri Market, *Jeanette Priebe, *Bonnie Anderson, *Dave Burbank, Joan Searles (Pastor David's aunt), *Skeeter Kingsburg, Ben DeLong (brother of Chrissy Oachs), LaTelle Bailey, Family of Norm Sukke.

*Shalom member