

March 8th, 2026

## Theme

Jesus satisfies our thirst.

## Object

**A bottled sports drink;** A cup or small bottle of water for each child

## Scripture

John 4:5-34

**Children's Sermon:** The Woman at the Well (John 4:5-34)

Most of you probably play some kind of sports. Raise your hand if you play sports. (Pause.) What kind of sports do you play? (Allow responses.)

Get all the materials for this sermon (free today)

Whether you play sports or just play hard, you know that when you're exercising, it's very important to take in plenty of liquids. (Give each child a cup or bottle of water. Tell children that when they hear the word "water," they are to take a sip of their water.)

The question is: What kind of liquids should you drink?

Ordinary water, (pause) of course, is a good choice, but when you go to the store, (Hold up the sports drink) the shelves are full of all kinds of sports drinks, energy drinks, and flavored water (pause). It's hard to know what's best.

The advertisement for one popular brand of sports drink says, "It's better than water (pause), juice, or any other drink. It gives your body what it is thirsty for! It gets you going and keeps you going."

Wow! They have me convinced, but one thing I've noticed: In all the claims made by sports drinks, not once have they ever claimed that if you would drink their product, you would *NEVER* be thirsty again. If somebody had something that would do that, they would really have something, wouldn't they? Well, Jesus claimed to have that very thing!

One day Jesus was walking through a town in Samaria. He was hot and tired so he sat down beside a well to rest. A woman came to the well to get some water (pause) and Jesus asked her if she would give him a drink. The woman was surprised that Jesus spoke to her because Jews would not usually speak to Samaritans.

Jesus told her that He could give her living water! (pause)

She didn't understand what He was talking about so she said, "You don't even have anything to get water in, (pause) how can you give me living water?" (pause)

Then Jesus said, "Whoever drinks from the water (pause) from this well will be thirsty again, but whoever drinks the water (pause) I give him will never thirst again."

Wow! Water (pause) that would satisfy your thirst so you would never be thirsty again! Jesus wasn't talking about our thirst for water from a well. (pause) He was talking about our thirst for God. The Bible teaches us that we have a thirst in our heart for the living God. And that is a thirst that only Jesus can satisfy. So when we have Jesus in our heart, He satisfies our thirst for God and we will never thirst again! Jesus is life! Drink it up!

Dear Lord, You have given us Jesus, the Living Water. (pause) May we drink of Your Living Water (pause) so we will never thirst again. In Jesus' name, amen.

Samaritan Woman  
Coloring Page



The Thirst Quencher  
Word Search

# The Thirst Quencher

Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water."  
John 4:10 (NIV)

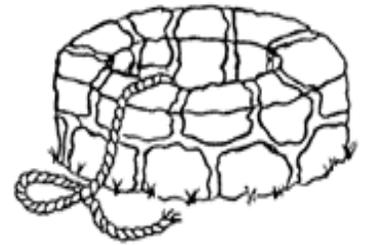
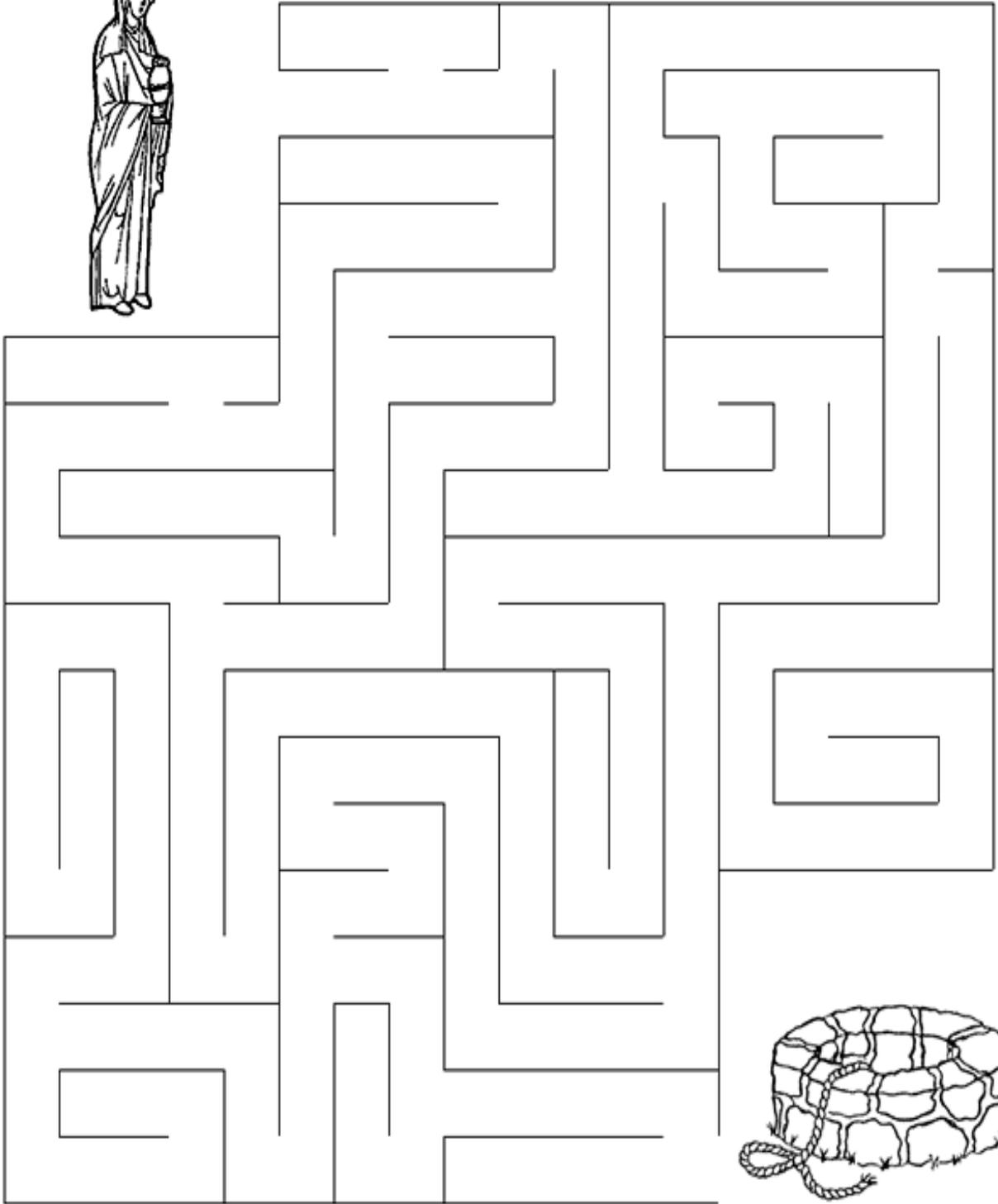
Based on John 4:5-13



X K B R K K T W G Q D W W L W  
W A Q N O S J F S M E K U W O  
T E I Q R Q B C V P W L V P M  
J R L I A L X M A Y R A I L A  
D M H L T J N E V E R I T I N  
H T S I D X D E N U J I N E H  
L T A O J L I V I N G E B G R  
M Y M W S H J L W T M G S I T  
P X A R Z B C O P E L D D U D  
V J R A P U D E U A W S C E S  
E P I T O I T T N R N Z R I O  
V Y T B L S Q R A Q N I Y E W  
Y L A O J I E S X F T E R G E  
C E N O A T F N G I F T Y F R  
C D G I E E Z E G O V F K A Z

LIFE	LIVING	NEVER	WATER	THIRST
WOMAN	TIRED	ETERNAL	JESUS	GIFT
SPRING	WELL	JOURNEY	SAMARITAN	DRINK

Samaritan Woman  
Maze



## Samaritan Woman at the Well Craft



### Supplies List:

- **Blue and white tissue paper squares (roughly 1" square)**
- **Pencil with an eraser**
- **White glue**
- **Printable Bible verse heart**

### Instructions:

**Step 1.** Print the needed number of Bible verse heart pages.

**Step 2.** Help children pour an appropriate amount of glue onto a paper plate. Children can share a plate if needed.

**Step 3.** Fold a tissue paper square over the eraser end of the pencil.

**Step 4.** Dip a small portion of the tissue paper into the glue. (See image.)

**Step 5.** Press the tissue paper onto the outside edge of the heart.

**Step 6.** Surround the whole heart with blue and white tissue paper and allow it to dry to complete the craft.



God is spirit,  
and those who worship  
Him must worship  
in spirit and truth.

John 4:24