

Open To The Light
ST Catherines
ANGLICAN CHURCH



Sunday, March 8, 2026
Third Sunday in Lent

St. Catherine's Mission, Vision and Values

St. Catherine's Anglican Church, at the heart of Edgemont Village in North Vancouver on the ancestral lands of the Coast Salish peoples, including the Squamish and Tsleil-Waututh Nations, is a contemporary community of Christian seekers.

We welcome you to join us in the journey. We provide a place of spiritual growth through Christ and we respond with gratitude for God's abundance in our lives through service to our brothers and sisters in the world.

Our **Vision** is to:

- Be an inclusive and thriving community of faith for all generations
- Continually invite others to join us in our journey of faith and Christian discipleship
- Honour the strengthening of relationships and development of community, both within our walls and outside them
- Minister to those in need in Christ's name

Our Values:

St Catherine's is a community that aspires to be:

Welcoming, Inclusive, Curious, Creative,
Sustainable, Caring and Humble

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Bulletin Image: Christ and the Samaritan Woman, mosaic in the Basilica of San Apollinare Nuovo, Ravenna, Italy, from **Art in the Christian Tradition**, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=54741> [retrieved March 5, 2026]. Original source: <http://www.flickr.com/photos/pelegrino/4670634786/>.

As you enter the church, we invite you to light a votive candle to remember a person or situation that you carry on your heart. Candles are also available during communion.

Liturgical Note

In the context of Christian liturgy, Israel and Zion do not refer to the modern political state, but either to the historic Hebrews of the ancient Near East or, in Christian theology, to all who put their faith and trust in Jesus Christ.

GATHERING

Welcome The. Rev. Sarah Lehman

Please rise, in body or in spirit.

Presider We acknowledge that we live, work, and worship on the ancestral, traditional, and contemporary lands of the Squamish and Tsleil-Waututh Nations. We are grateful for and will advocate for Indigenous communities, we mourn those who were forcibly removed, and we grieve the legacies of colonialism. We seek to hold ourselves accountable to taking up the work of truth and reconciliation ever more meaningfully, day by day.

All **May we be ministers of the reconciling love of the Risen Christ.**

Presider The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

All **And also with you.**

THE COLLECT

Presider

Let us pray.

All

Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

GATHERING HYMN: MORNING HAS BROKEN (CP 3)

Morning has broken like the first morning;
Blackbird has spoken like the first bird.
Praise for the singing! Praise for the morning!
Praise for them springing fresh from the Word!

Sweet the rain's new fall sunlit from heaven,
like the first dewfall on the first grass.
Praise for the sweetness of the wet garden,
sprung in completeness where his feet pass.

Mine is the sunlight! Mine is the morning
born of the one light Eden saw play!
Praise with elation, praise every morning,
God's recreation of the new day.

PROCLAMATION OF THE WORD

Please be seated.

FIRST READING: EXODUS 17:1-7

Reader *A reading from the book of Exodus*

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to

drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?"

So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me."

The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink."

Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader Hear what the Spirit is saying to the churches.
All **Thanks be to God.**

PSALM 95

Led By

Janet Benjamin

Leader Come, let us sing to the Lord; let us shout for joy to the rock of our salvation.

People **Let us come before the presence of the Lord with thanksgiving and raise a loud shout to God with psalms.**

Leader For you, O Lord, are a great God, and a great sovereign above all gods.

People **In your hand are the caverns of the earth, and the heights of the hills are yours also.**

Leader The sea is yours, for you made it, and your hands have moulded the dry land.

People **Come, let us bow down, and bend the knee, and kneel before the Lord our Maker.**

Leader For you are our God, and we are the people of your pasture and the sheep of your hand. Oh, that today we would hearken to your voice!

People **"Harden not your hearts, as your forebears did in the wilderness, at Meribah, and on that day at Massah, when they tempted me.**

Leader They put me to the test, though they had seen my works.

People **Forty years long I detested that generation and said, 'This people are wayward in their hearts; they do not know my ways.'**

Leader So I swore in my wrath, 'They shall not enter into my rest.'"

SECOND READING: ROMANS 5:1-11

Reader *A reading from Paul's letter to the Romans*

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God.

And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the

death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader Hear what the Spirit is saying to the churches.

All Thanks be to God.

GOSPEL HYMN: FROM THE WELLS OF CREATION
(*Sing a New Creation 25*)

to the tune of "Come, Thou Fount of Every Blessing"

From the waters of creation
to the shores of Galilee,
in each river sweeping onward,
there's a promise we can see.
All who search for life in fullness,
all who long for dignity:
come and drink now – don't be thirsty.
God's grace ever will flow free.

From the parting of the waters
to the Jordan's ancient tide,
in the font, forever rising,
there's a love that will abide.
All who yearn for gentle mercy,
all who seek community:
come and wash now – don't be lonely.
God's grace ever will flow free.

GOSPEL READING: JOHN 4:5-42

Presider The Lord be with you.

People And also with you.

Presider The Holy Gospel of our Lord Jesus Christ
according to John

People Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and

truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

Presider
People

The Gospel of the Lord.
Praise to you, Lord Christ.

GOSPEL HYMN, CONTINUED (SANC 25)

From the streams that Amos visioned
To the pool where Jesus healed
In the wells we build together
There's a dream that is revealed:
We will work for hope and justice;
We will live in unity.
Come and share now – don't be fearful.
God's grace ever will flow free.

HOMILY The Rev. Sarah Lehman

Silent Reflection

AFFIRMATION OF FAITH: THE APOSTLES' CREED

Presider Let us affirm our faith, saying,

***All* I believe in God, the Father almighty,
 creator of heaven and earth.**

**I believe in Jesus Christ,
his only Son, our Lord.
He was conceived
by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand
of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYER

PRAYERS OF THE PEOPLE

RECONCILIATION

Presider Dear friends in Christ, God is steadfast in love and infinite in mercy, welcoming sinners and inviting us to this table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Presider Most merciful God,
All **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name.**

Presider Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life, through Jesus Christ our Lord.

All Amen.

Presider The peace of Christ be always with you.
People And also with you.

The community, standing at our seats, greet one another saying or gesturing: "Peace be with you".

COMMUNION

PREPARING THE TABLE: I COME WITH JOY (CP 60)

I come with joy, a child of God,
forgiven, loved, and free,
the life of Jesus to recall
in love, laid down for me.

I come with Christians far and near
to find, as all are fed,
the new community of love
in Christ's communion bread.

As Christ breaks bread and bids us share,
each proud division ends.
The love that made us makes us one,
and strangers now are friends.

The spirit of the risen Christ,
unseen, but ever near,
is in such friendship better known,
alive among us here.

Together met, together bound,
by all that God has done,
we'll go with joy, to give the world
the love that makes us one.

PRAYER OVER THE GIFTS

Presider Let us pray.

All **Spring of life and Source of goodness,
receive all we offer you this day,
and bring us to the living water,
Jesus Christ, your Son our Lord. Amen.**

THE EUCHARISTIC PRAYER (Supplementary Prayer 3)

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Presider It is indeed right to thank you and praise you,
holy and gracious God, creator of all things,
ruler of heaven and earth, sustainer of life,
for you are the source of all goodness,
rich in mercy and abounding in love;
you are faithful to your people
in every generation,
and your word endures for ever.

Therefore with angels and archangels,
with the fellowship of saints
and the company of heaven,
we glorify your holy name,
evermore praising you and singing,

All

**Holy, holy, holy Lord,
God of power and might,
Holy, holy, holy Lord,
God of power and might,
heaven and earth are full,
full of your glory.
Hosanna in the highest.
Hosanna in the highest.**

**Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.
Hosanna in the highest.**

Presider

We praise you, merciful Father,
not as we ought,
but as we are able,
because in your tender love
you gave the world your only Son,
in order that the world might be saved through
him. He made you known by taking the form of
a servant, healing the sick, liberating the
oppressed, reaching out to the lost.

Betrayed, reviled, and nailed to the cross,
he confronted the power of sin
and disarmed it for ever.
In his offering of himself,
he became the perfect and sufficient sacrifice
for the sins of the whole world.
Redeemed by Christ,
we have been adopted as your children;
by your pardon you have made us worthy
to praise you.

Presider

On the night he was betrayed,
Jesus, at supper with his friends,
took bread, gave you thanks,
broke the bread, gave it to them, and said,
"Take and eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine,
and when he had given thanks,
he gave it to them, and said,
"Drink this all of you:
this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

In obedience to him
and with grateful hearts
we approach your holy table,
remembering our Saviour's sacrifice,
and rejoicing in his victory. Confident in his
sovereign purpose, we declare our faith.

All

**Christ has died,
Christ is risen,
Christ will come again.**

Presider

Send your Holy Spirit on us
that as we receive this bread and this cup
we may partake of the body and blood
of our Lord Jesus Christ,
and feed on him in our hearts
by faith with thanksgiving.
May we be renewed in his risen life,
filled with love,

Presider and strengthened in our will to serve others;
and make of our lives, we pray,
a pure and holy sacrifice, acceptable to you,
knitting us together as one
in your Son Jesus Christ, to whom,
with you and the Holy Spirit,
be all honour and glory, now and forever.

***People* Amen.**

LORD'S PRAYER (*Sung*):

***All* Our Father in heaven,
hallowed be your name.
Your kingdom come, your will be done
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power
and the glory are yours,
now and forever.**

BREAKING THE BREAD

Presider We break this bread,

***All* Communion in Christ's body once broken.**

Presider The gifts of God for the people of God

***People* Thanks be to God.**

COMMUNION

All are welcome to receive Communion of one kind (Bread or Wafers), or in both kinds (Bread and Wine).

Please sanitize your hands before receiving.

Please do not intinct (dip) the Bread or Wafer in the cup.

While Communion is being shared, please keep the silence.

Communion is not recorded or livestreamed for worshippers' privacy. Candle lighting during this time is welcomed.

COMMUNION MUSIC: DONA NOBIS PACEM (CP 562)

Dona nobis pacem, pacem;
dona nobis pacem.
Dona nobis pacem;
dona nobis pacem.
Dona nobis pacem;
dona nobis pacem.

Father, grant us, grant us peace;
O loving Father, grant us your peace.
Grant us, grant us peace;
grant us, grant us, grant us your peace.
Grant us, grant us peace;
loving Father, grant us your peace.

[Continue, alternating Latin and English verses until all have received Communion.]

PRAYER AFTER COMMUNION

Presider

Let us pray.

All

**God of our pilgrimage,
we have found the living water.
Refresh and sustain us
as we go forth on our journey,
in the name of Jesus Christ the Lord.
Amen.**

SENDING

ANNOUNCEMENTS: A Churchwarden

Presider Glory to God,
All whose power, working in us,
 can do infinitely more than we can ask or
 imagine. Glory to God from generation to
 generation, in the church and in Christ
 Jesus, for ever and ever. Amen.

BLESSING

SENDING HYMN:

THE KINGDOM OF GOD IS JUSTICE AND JOY (CP 631)

The kingdom of God is justice and joy,
for Jesus restores what sin would destroy.
God's power and glory in Jesus we know,
and here and hereafter the kingdom shall grow.

The kingdom of God is mercy and grace;
the captives are freed, the sinners find place.
The outcasts are welcomed, God's banquet to share,
and hope is awakened in place of despair.

God's kingdom is come, the gift and the goal,
in Jesus begun, in heaven made whole.
The heirs of the kingdom shall answer his call,
and all things cry "Glory!" to God all in all.

DISMISSAL

Presider Let us go in peace to love and serve the Lord.
People **Thanks be to God.**



***Please join us after the service for coffee
at the back of the church.***

Thank you for ministering this morning:

Presider:	The Rev. Sarah Lehman rev.sarah@saint-catherines.org
Musician:	Hey-Jung Oh
Altar Guild:	Bonnie Grundy
Greeters:	Bob Paxton and Marthe Duncombe
Eucharistic Administrator:	Elizabeth Barratt and Gillian Holland
Intercessor:	Lynn Spence
Readers:	Elizabeth Barratt and Janet Benjamin
Coffee Group:	Penny Zuk, Elizabeth Barratt and Ivy Howes
Sunday School:	Shaunti Bains
Livestream:	Ashkon Vahedi
Wardens:	Susana Wensley & Rhonda Garton
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