

Welcome to
St. Luke Cedar Hill

Third Sunday in Lent

March 8, 2026

10:00 am

Holy Eucharist



3821 Cedar Hill Cross Rd., Victoria, BC V8P 2M6

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Phone: 250-477-6741

We acknowledge that we gather with respect on the traditional territories of the ləkʷəŋən peoples, known in our day as the Esquimalt and Songhees Nations, the traditional custodians of these lands. We are grateful for their hospitality.

Picture on the Front Page:

Christ and Samaritan Woman - Henryk Siemiradzki. Original source: https://commons.wikimedia.org/wiki/File:Henry_Ossawa_Tanner_-_Jesus_and_nicodemus.jpg. This is a faithful photographic reproduction of a two-dimensional, public domain work of art.

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Welcome and Introduction (*The Rev. Daniel Fournier*)

Please stand as you are able.

Opening Hymn: CP 184 My Song is Love Unknown
(*tune: Love Unknown*)

Priest: The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit,
be with you all.

All: And also with you.

Invitation to Confession

Priest: Dear friends,
as we enter into the Third Sunday of Lent
today's readings focus on water
and on God's self-revelation to those
who believe themselves cast aside.
Those who are in most need of help,
who appear to be unworthy,
are those to whom life is given: the doubtful,
the sinners, the impatient grumblers, the wanderers.
We recognize our need for God's grace and humbly
open our hearts toward this transforming love.

Silence is kept.

Kyrie Confession (*Lord, have mercy; Christ, have mercy*)

Priest: Lord Jesus,
you encountered the Samaritan woman at the well.
Kyrie eleison.

All: Kyrie eleison, Kyrie eleison, Kyrie eleison.

Priest: Christ Jesus,
you defied tradition by speaking with her.
Christe eleison.

All: Christe eleison, Christe eleison, Christe eleison.

Priest: Lord Jesus,
you reveal God's love to all who are open to it.
Kyrie eleison.

All: Kyrie eleison, Kyrie eleison, Kyrie eleison.

Priest: May the God of love
bring you back to himself,
forgive you your sins,
and assure you of his eternal love
in Jesus Christ our Lord.

All: Amen.

Collect of the Day

Priest: May God be with you.

All: And also with you.

Priest: Let us pray.

Lord of the wellspring,
source of life and truth:
give us the courage of the Samaritan woman,
so that we may receive living water,
and worship you in spirit and in truth;
through Jesus Christ
who quenches our thirst with eternal life.

All: Amen.

Please be seated.

FIRST READING: EXODUS 17: 1-7

Reader: A Reading from the Book of Exodus.

At the end of the reading:

Reader: Word of God, Word of Life.

All: Thanks be to God.

PSALM 95

**Response: *Oh, that today you would hearken to his voice:
harden not your hearts.***

Come, let us sing to the Lord;
let us shout for joy to the rock of our salvation.
Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms. **(Response)**

For the Lord is a great God, and a great king above all gods.
In his hand are the caverns of the earth,
and the heights of the hills are his also.
The sea is his, for he made it,
and his hands have molded the dry land. **(Response)**

Come, let us bow down, and bend the knee,
and kneel before the Lord our Maker.
For he is our God, and we are the people of his pasture
and the sheep of his hand.
Oh, that to-day you would hearken to his voice! **(Response)**

Harden not your hearts, as your forebears did in the wilderness,
at Meribah, and on that day at Massah, when they tempted me.
They put me to the test,
though they had seen my works. **(Response)**

Forty years long I detested that generation and said,
"This people are wayward in their hearts;
they do not know my ways."
So I swore in my wrath,
"They shall not enter into my rest." **(Response)**

SECOND READING: ROMANS 5: 1-11

Reader: A Reading from the Letter of Paul to the Romans.

At the end of the reading:

Reader: Word of God, Word of Life.

All: Thanks be to God.

Please stand as you are able.

LENTEN GOSPEL ACCLAMATION

[Text: Hasidic; trans. © Jabusch, admin. OCP Publications

Music: Hasidic traditional.]

Before Gospel:

**Open your ears, O faithful people,
open your ears and hear God's word.
Open your hearts, O royal priesthood,
God has come to you.**

THE GOSPEL: JOHN 4: 5-42

Reader: The Lord be with you.

All: And also with you.

Reader: The Holy Gospel of our Lord Jesus Christ
according to John.

All: Glory to you, Lord Jesus Christ.

At the end of the gospel:

Reader: The Gospel of Christ.

All: Praise to you, Lord Jesus Christ.

After Gospel:

**They who have ears to hear the message,
they who have ears, now let them hear.
They who would learn the way of wisdom,
let them hear God's Word.**

Homily: The Rev. Daniel Fournier

Anthem: *Come to the Water* – John Foley, S.J.

Please stand as you are able.

An Affirmation of Faith for Lent

Leader: Let us affirm our faith in Jesus Christ the Son of God.

**All: Though he was divine,
 he did not cling to equality with God,
 but made himself nothing.
 Taking the form of a slave,
 he was born in human likeness.
 He humbled himself
 and was obedient to death,
 even the death of the cross.
 Therefore God has raised him on high,
 and given him the name above every name:
 that at the name of Jesus
 every knee should bow,
 and every voice proclaim that Jesus Christ is Lord,
 to the glory of God the Father.
 Amen.**

Prayers of Intercession

Sitting, standing or kneeling, as is your custom.

Let us pray with confidence as God's holy people
for the needs of the Church, all families,
and for our world...

IN THE WORLDWIDE ANGLICAN PRAYER CYCLE,
we pray for The Episcopal Church in Jerusalem and
The Middle East and the Most Revd Hosam Naoum,
Primate. **Locally we pray for** Anna, our Bishop, and
for the Parish of St. Matthias, Victoria and their priest,
Rev. Colleen Lissamer. **We also pray for** Lutheran
Church of the Cross and Pastor Lyndon, **and for** the
Diocese of the Territory of the People and Bishop
Clara Plamondon.

Loving God, you created us
and gave us imaginations as well as free will,
hear the prayers that we offer to you today,
listen to our thanksgiving for the love you show us
and help us with those things
that bring worry and concern.

(short silence)

All: God, in your mercy:
Hear our prayer.

Holy God, give us eyes to recognise,
as Jesus did at Jacob's Well,
the true spiritual thirst in the people around us.
Help us all to respond to those spiritual needs through
our worship, our outreach and our social activities.

(short silence)

All: God, in your mercy:
Hear our prayer.

Creator God, your son Jesus crossed
territorial boundaries and ignored social taboos
throughout his ministry.
Give us the courage to make a stand in situations
where people have suffered
because what should be uncovered is covered up,
where they have been humiliated, bullied, and
downtrodden and dare not tell,
and where they have been physically mistreated,
and cannot tell.

(short silence)

All: God, in your mercy:
Hear our prayer.

God of justice and peace,
we pray for our world at this time
of so much international crisis.
We hold in prayer the people
who are in danger from bombings and gunfire,
remembering especially the people in Iran
and the Middle East, Ukraine, and other areas
where conflict runs rampant.
May your spirit of peace empower ever more fully
those who work for peace,
and may the leaders of warring countries
turn from violence and power
to find different ways of resolving conflicts.

(short silence)

All: God, in your mercy:
Hear our prayer.

Caring God, we see in the Samaritan woman
someone whose life has been difficult.
We pray for all who are experiencing
painful transitions in relationships,
for families where there is alienation
and disconnection,
and for parents who are struggling
with the complexities of life,
especially those working multiple jobs
to make ends meet and those struggling
with the effects of poverty.
May we find ways to show our care and support
through our loving community and generous outreach.

(short silence)

All: God, in your mercy:
Hear our prayer.

Healing God, we pray for the gift of courage and hope in the face of a difficult diagnosis or illness.

We pray for all who work in the healing professions that they may have adequate resources to draw from.

We pray for all who are waiting for a bed in hospital, or care home, and all who are waiting to receive the treatments they need.

We pray at this time for those who have asked for our prayers, especially...

(add names of those requesting prayer)

(short silence)

God, in your mercy:

All: Hear our prayer.

Everlasting God, in so many ways you have taught us that you alone can be trusted, even when it might seem that you are far away from us or your voice of love is difficult to hear.

Help us to feel your loving presence as we go from this time of worship and return to our everyday lives walking in the light of your truth in all that we do this and every day.

(short silence)

God, in your mercy:

All: Hear our prayer.

Merciful God: accept these prayers for the sake of our Saviour, Jesus Christ.

All: Amen.

Invitation and Peace *(Please stand as you are able.)*

Priest: The table of bread and wine is now to be made ready. It is the table of company with Jesus and with all those who love him.

It is the table of sharing with the poor of the world,
with whom Jesus identified himself.

It is the table of communion with the earth
in which Christ became incarnate.

So, come to this table, you who have faith
and you who would like to come to know it more.

You who have been to this sacrament often,
and you who have not been for a long time.

You who have tried to follow Jesus,
and you who have failed.

Come. It is Christ who invites us to meet him here.

As we prepare to come to the table
let us exchange a sign of peace with one another.

Priest: The peace of the Lord be always with you.

All: **And also with you.**

The Liturgy of the Eucharist

Offertory Hymn: From the Waters of Creation

(tune: Nettleton) (Words: © Keri K. Wehlander, 2007)

**From the waters of creation to the shores of Galilee,
in each river sweeping onward
there's a promise we can see.**

**All who search for life in fullness, all who long for dignity:
Come and drink now—don't be thirsty.
God's grace ever will flow free.**

**From the parting of the waters to the Jordan's ancient tide,
in the font, forever rising, there's a love that will abide.**

**All who yearn for gentle mercy, all who seek community:
Come and wash now—don't be lonely.
God's grace ever will flow free.**

**From the streams that Amos visioned
to the pool where Jesus healed,
in the wells we build together
there's a dream that is revealed:**

**we will work for hope and justice; we will live in unity.
Come and share now—don't be fearful.
God's grace ever will flow free.**

The Preparation of the Table

Prayer over the Gifts

Priest: Spring of life and Source of goodness,
receive all we offer you this day,
and bring us to the living water,
Jesus Christ, your Son our Lord.

All: Amen.

*Please remain standing for the whole Eucharistic Prayer,
as you are able.*

Eucharistic Prayer

[Source: Enriching Our Worship 1 - Morning and Evening Prayer The Great Litany The Holy Eucharist; Eucharist Prayer 3 - The Standing Liturgical Commission 1997. ECUSA] – Preface for Lent 3A from Joining the Angels' Song.]

Priest: May God be with you.

All: And also with you.

Priest: Lift up your hearts.

All: We lift them to the Lord.

Priest: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Priest: Living God,
you create all things out of nothing;
you called a people out of the desert;
you sent your Son to us
when we were hard-hearted and far from your grace;
and you send your Holy Spirit to us today
despite our foolishness and forgetfulness.

Through your servant Moses
you drew water out of the rock,
and in your Son Jesus you brought living water
that we might never be thirsty again.

Out of your Son's pierced side on the cross
flowed water and blood,
and in the glory of his resurrection
we are baptized into wondrous forgiveness
and everlasting life with you.

And so we gladly thank you,
with angels and archangels
and all the company of heaven,
singing the hymn of your unending praise.

**All: Holy, holy, holy, God of power and might,
heaven and earth are full, are full of your glory.
Hosanna! Hosanna! Hosanna in the highest! (x2)
Blessed, blessed, blessed, blessed is the one
coming in the name, the name of our God.
Hosanna! Hosanna! Hosanna in the highest! (x2)**
[From: St. Aidan Setting; John Bell, The Iona Community]

Priest: Glory and honour are yours, Creator of all,
your Word has never been silent;
you called a people to yourself,
as a light to the nations,
you delivered them from bondage
and led them to a land of promise.
Of your grace, you gave Jesus
to be human, to share our life,
to proclaim the coming of your holy reign
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,
you have freed us from sin,
brought us into your life,
reconciled us to you,
and restored us to the glory you intend for us.

We thank you that on the night before he died for us
Jesus took bread,
and when he had given thanks to you, he broke it,
gave it to his friends and said:

“Take, eat, this is my Body, broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:
“Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all
for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us:
the cross, the tomb, the resurrection and ascension,
longing for Christ’s coming in glory,
and presenting to you these gifts
your earth has formed and human hands have made,
we acclaim you, O Christ:

**All: Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

Priest: Send your Holy Spirit upon us
and upon these gifts of bread and wine
that they may be to us
the Body and Blood of your Christ.
Grant that we, burning with your Spirit’s power,
may be a people of hope, justice and love.

Giver of Life, draw us together in the Body of Christ,
and in the fullness of time gather us
with St. Luke and all your people
into the joy of our true eternal home.

Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you our God and Creator
in voices of unending praise.

All: Amen. *(sung 5 times)*
[South African traditional]

Priest: As our Saviour taught us, let us pray:

**All: Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen.**

Breaking of the Bread

**All: Lamb of God, you take away the sins of the world:
have mercy on us. (twice)
Lamb of God, you take away the sins of the world:
grant us peace, grant us peace, grant us peace.
[From: St. Bride Setting; John Bell, The Iona Community]**

The Giving of Communion

Priest: God's holy gifts for God's holy people.

All: Thanks be to God.

Please follow the directions of the sidespeople as the congregation is invited to come forward to receive the bread and wine.

If you would prefer not to receive communion, please come forward for a blessing. Crossing your hands over your chest will signal the priest to give you a blessing instead.

NOTE: *Gluten free wafers are available on request.*

Please remain seated as we sing the hymns during communion.

Hymn during Communion:

CP 58 O Christ Was a Good Guest

(tune: Bishopthorpe)

Communion Anthem

CP 407 Many and Great, O God, Are Your Works

(tune: Dakota hymn)

Prayer after Communion *(Please stand as you are able.)*

Priest: God of our pilgrimage,
we have found the living water.
Refresh and sustain us
as we go forth on our journey,
in the name of Jesus Christ the Lord.

All: Amen.

Priest: Glory to God

**All: whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God,
from generation to generation,
in the Church and in Christ Jesus,
For ever and ever.
Amen.**

Announcements *(Please be seated.)*

Blessing *(Please stand as you are able.)*

Priest: May the God who Creates, Redeems and Sustains us
touch your life with tenderness
hold your hope with fierceness
and guide your heart with courage
as you become living water in a thirsty world.

All: Amen.

Closing Hymn: CP 179 Tree of Life and Awesome Mystery

Note: add verse 6d *(tune: Thomas)*

Dismissal

Leader: Go in peace to love and serve the Lord.

All: Thanks be to God.

Thank you to all who assisted with today's service.

In the Anglican-Lutheran-Moravian Cycle of Prayer, we pray for the bishop, clergy, and people of the Diocese of Western Newfoundland (Anglican); **for** the dean, council, and congregations of the Georgian Bay and Huronia Areas of the Eastern Synod (Lutheran); **and for** the people and ministries of New Dawn Moravian Church in Toronto (Moravian).

THIS WEEK'S PARISH NEWS

March 8th – March 15th

(New Items, *Revised Items)**

Please stay for coffee time after today's service – Park on Synod Road for easy access via the side door of the hall.

***Sacred Frontiers, the continuing story, is today at 1 pm in the church.** This is another opportunity to learn and grow together as we examine a number of topics related to growing in our spiritual journey. These learning sessions are for those who took part on Sacred Frontiers last year, and those who had never been part of these sessions. It is for those who wish to learn more about God's call for each one of us. We're calling this segment of Sacred Frontiers "Food for the Journey". Hope to see you there.

***Our March Reflections, our Sunday service at dusk, is today at 4:30 pm. It will feature the Riccio String Quartet.** Please join us for the readings, prayers, and music of this Reflection Time, which will calm your spirit and soothe your soul. **Reflections services from now to June are on the 2nd Sunday of the month.**

****Meeting with the Bishop – Tuesday, March 10th at 7 pm in the church** regarding the flags in the church. Come and be a part of the discussion. Read the Bishop's letter at the **News page of St. Luke's website.**

****The Men's Fellowship Group will meet at 6 pm on Wednesday, March 11th, at the White Spot on Quadra @ McKenzie Avenue.** Please advise Harry Felsing if you plan to attend.

***The next Silver and Sage 55+ Gathering will be this Thursday, March 12th from 1:30 – 3:30 pm in church.** The topic for this Silver and Sage session is *“Under the Hood or On the Road”*, presented by Matthew Robertson.

***Prescription Deadline – This Friday, March 13th** is the deadline for submissions for the Easter issue of St. Luke's Prescription. Please send along your articles, photos, poems, and other creative endeavours to Neil in St. Luke's Office (admin@stlukecedarhill.ca) or to Barb Prescott (communications@stlukecedarhill.ca).

The Children's Room – Daniel, Sharon Hallsor, and the Wardens have made the decision to hire a Sunday School Leader this year to enhance our children's learning at the Sunday 10 am service. In the interim, **we require 2 adults to supervise the children in the Children's Room in the church basement.** If you are interested in joining the roster, please contact Daniel, Sharon Hallsor, or any of the Wardens for further details.

****The March 2026 Faith Tides** is now available online at the **News page of St. Luke's website.** Print copies are available in the church or from the parish office. Or please call the office (250-477-6741) to ask to have a copy delivered. *Note that this issue of Faith Tides includes information about the fundraising for our grand piano, and about the woodworking Fantastic Friday, which is in the Ripples section.*

***Donations Towards St. Luke's Grand Piano –** Thank you for your donations to date. **As of March 3rd, we have received \$5,925 in donations, including the donations from the Buy A Key Fundraiser.**

Buy A Key Fundraiser – We thought it might be fun to make the keys and pedals available to be sponsored. A White Key

costs \$25, a Black Key costs \$35, and a Pedal costs \$50. **Please fill out a pledge card, put both it along with the sponsorship amount (cash or cheque) in a "Piano Donation" envelope and place it in the donation basket on the table at the back of the church or in the collection plate.** If you prefer to pay by e-transfer, please complete the pledge form, circle the Y in 'E-Transfer Y' section and include 'Piano Sponsorship' in the notes section of your e-transfer. If you do not want your name to be acknowledged on a "Sponsor List" that will be included in any future Concert Programmes, please circle the N in 'Name on a Key N' that is on the Piano Sponsorship Pledge Form. Please note that purchasing this Grand Piano enables St. Luke's to offer our heritage church building to the community as a performance-quality acoustic venue. Thank you for your support. If you have any questions, please reach out to Claire White, People's Warden.

Save the Dates for this Year's Amazing Journey Day Camp – July 6th – 10th in the mornings, **9 am to noon.** St. Luke's joins with Church of the Cross each summer for a week-long day camp hosted at one of the churches. **This year's camp will be at Church of the Cross.** If you have children, grandchildren, or friends with children ages 4 through 11, please consider reserving this week for them to participate in the day camp. **Children born January 1, 2015 to June 30, 2022 are eligible to be campers. Early Bird Registration will open on April 15th.** We will also be looking for **Middle School students to be Leaders in Training and High School students to be Small Group Leaders.** Questions? Please talk to Tara Poilievre, Sharon Hallsor, or Barb Prescott.

****Lenten Prayer in the Style of Taize – Friday, March 20th at 6 pm at St Joseph the Worker Catholic Church, 753 Burnside Road West.** Everyone welcome. 'A way of searching for God in silence and prayer in the midst of daily life.'
www.taize.fr Followed by (optional) 7pm Stations of the Cross.

***Thank you to everyone who helped make the Attic Treasures Vintage Market on February 21st a success.** The Market brought in **\$2,267.60** from admissions, St. Luke's

table, and the Silent Auction. In addition vendors paid \$1,450 to rent tables, **bringing the total to \$3,717.60!** Well done, everyone, and special thanks to Carol Turnham for her leadership in these fundraising ventures.

St. Luke's Players Present *Waiting in the Wings* written by Noel Coward and directed by Geoff Davidson. "The Wings" is a charity home for retired actresses now in straitened circumstances but who were all stars in their day. Here these aged ladies grow older ungracefully amidst squabbles, jealousies, and grandiose memories. On a June afternoon, a once great actress arrives, sparking off a feud involving the entire home. It is only resolved when one deranged lady sets fire to her room. **Evenings at 7:30 pm, Wednesday-Saturday, March 11-14, 18-21. Matinees at 2:00 pm, Saturday and Sunday, March 14, 15, 21, and 22.** Tickets can be purchased from: Eventbrite; The Papery at 734 Fort St.; or at the door. They are \$18 each (plus their service fee if purchased through Eventbrite). See more information at the **Events page of St. Luke's website.**

Karren Stinson Bursary for Lutherans and Anglicans based in Western Canada – Application Deadline: April 30th, 2026 – The Karren Stinson Bursary Fund celebrates the life of a parish worker at Lutheran Church of the Cross, the late Karren Louise Stinson. The purpose of this Bursary Fund is to give financial assistance to Lutherans and Anglicans based in Western Canada who are currently involved in post-secondary education leading to a vocation of service. Applications are invited for this year's bursary of \$1,500. **To apply for the 2026 Karren Stinson Bursary, please visit the News page of St. Luke's website and carefully follow the instructions given.** The Bursary is scheduled to be awarded in the late spring of 2026.

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<https://www.stlukesvictoria.ca>,
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or phone: 250-477-6741.
We hope you will visit again!

Rector: **The Reverend Daniel Fournier**

E-mail: incumbent@stlukecedarhill.ca

For Pastoral Care Needs, please contact the office

Parish Administrator: Neil Patterson

Office E-mail: admin@stlukecedarhill.ca

Interim Music Director: Alan Whitmore

E-mail: music@stlukecedarhill.ca

Rector's Warden: Kathleen Patterson

E-mail: kpatterson@stlukecedarhill.ca

People's Warden: Claire White

E-mail: clairewhite@stlukecedarhill.ca

READINGS FOR NEXT SUNDAY March 15th, 2026

1 Samuel 16: 1-13

Psalm 23

Ephesians 5: 8-14

John 9: 1-41

FLOWERS

Flowers at St. Luke's are coordinated by Ann Séguin.

There are no flowers during Lent.

*Please contact Ann if you would like to make
a donation towards flowers at the Easter services.*