

CHURCH CONTACTS:

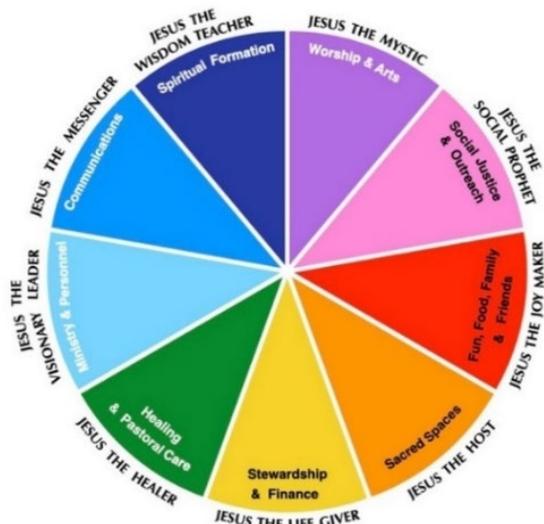
Minister: Rev. Jennifer Ferguson (minister@kucparksville.ca)
 Music Director: Patricia Plumley (music@kucparksville.ca)
 Church Office: Jane Williams (admin@kucparksville.ca)
 Facility: Karen Freeman (facility@kucparksville.ca)
 Tech: Sandy Machan (tech@kucparksville.ca)
 Web Admin: Colleen Welsh (marketingkuc@gmail.com)
 Giving: Sandy Machan (envelope@kucparksville.ca)

COUNCIL EXECUTIVE

Chair: Blair Gohl (knoxchair@kucparksville.ca)
 Vice Chair: Kerry Randle
 Secretary: Gerry Garnett
 Treasurer: Ken Fanning (acctg@kucparksville.ca)

OUR NINE MINISTRIES:

Worship and Arts: Barbara Nienaber
 Spiritual Formation: Vacant
 Healing and Pastoral Care: Sheila Simpson
 Social Justice and Outreach: Jan Lucas
 Fun, Food, Family, and Friends: Jane Walker
 Communications: Karen Mayner (interim)
 Stewardship and Finance: Ashley McDonald
 Sacred Spaces: Bob Hughes
 Ministry and Personnel/Regional Rep: Susan Zwick
 (Mary Ellen Campbell, Sally Hamel, Diane Korol)
 Trustees: Don Emerson



KNOX UNITED CHURCH IN-PERSON & LIVE STREAM WORSHIP 10:00 am LENT III March 8, 2026

345 Pym Street, Parksville, BC, V9P 1C8
 (250) 248-3927 www.kucparksville.ca



Our Core Values are:

Compassion, Inclusion, Joy, and Spirituality

Our Mission:

Guided by the creative Spirit of God, we are called to build community that cares, shares, and dares.

Rev. Jennifer Ferguson, *Minister*
 Jane Williams, *Administrator*
 Karen Freeman, *Facility Coordinator*
 Tony Nahon, *Live Streaming*

Patricia Plumley, *Music Director*
 Leslie Hawley, *Visual Arts*
 Sandy Machan, *Tech*
 Caroline Hammill, *Reader*

Welcome to Worship at Knox! We extend a very warm welcome to all who are a part of our community of faith, whether you are joining us in person or via live stream, whether you are visiting or seeking a new church home. May you receive what you need today and sense the presence of the Spirit of God moving among us. Our thanks to all those who are participating in today's service.



**LENT III
 FASTING FROM SPEED & RUSHING
 EMBRACING SLOWNESS & PAUSING**

Please stand as you are able where indicated (*)

PRELUDE & LIGHTING OF THE CHRIST CANDLE

WELCOME AND COMMUNITY TIME

ACKNOWLEDGEMENT OF PEOPLE AND LANDS

***PASSING OF THE PEACE**

***HYMN: Come and Find the Quiet Centre** 374VU

CALL TO WORSHIP:

One: We gather in this Lenten season of fasting...

All: to slow down and cool our frantic rushing.

One: We gather to reset our priorities...

All: and take time to consider carefully our next steps.

One: We gather to find spaciousness in our week...

All: and tune into the promptings and guidance of the Spirit.

CENTERING PRAYER

CHILDREN'S TIME

CHILDREN'S HYMN: Be Still w/m Paul Rumbolt

**SCRIPTURE: 1 Kings 19:9-16
AND CONTEMPORARY READINGS**

CHOIR: Simply to Be TLUS1

REFLECTION

***HYMN: Be Still**
w/m Jim Manley, arr. William McGee

INVITATION TO GIVE (presentation of gifts and treasure)
There's a Quiet Understanding v. 2 66SFGP

PRAYERS OF THE PEOPLE

The singing bowl invites us into prayer...

SUNG RESPONSE: Rest in God Alone 779VU

LORD'S PRAYER (Cohen)

COMMUNITY SPIRITUAL PRACTICE

***HYMN: Just To Be** w/m Colleen Fulmer

BLESSING

SUNG POSTLUDE The 59th Street Bridge Song
w/m Paul Simon

THANK YOU FOR YOUR GENEROSITY!

With your time, gifts, and treasure, help us to live into our mission of building community that cares, shares, and dares.

If you are able, we invite you to support our faith community through monthly **Pre-Authorized Remittance giving (PAR)** by **emailing our envelope steward at envelope@kucparksville.ca**, or by **leaving cash/cheques** in the basket before or after worship outside the sanctuary, through e-transfers via **acctg@kucparksville.ca**, or through the "**GIVING**" tab on our website. All gifts are gratefully received, and tax receipts are available upon request if we have your contact info.

WELCOME to LIVE-STREAMING WORSHIP!

The live stream is available directly through the **[Knox United YouTube Channel](#)**