

# The Third Sunday in Lent

March 8, 2026 ✕ 10 am

## Welcome to St. Bede's Episcopal Church

St. Bede's is a sacred place where God and the human pilgrimage meet. It is a welcoming community, characteristic of the God we serve as followers of Christ—welcoming and affirming people of every race, age, sexuality, culture, ethnicity, gender identity, education, economic circumstances, family configuration, and ability. We believe Jesus the Christ to be the incarnation of God's love—the God who is reconciling and offering hospitality to the whole world.

## Holy Eucharist The Liturgy of the Word

**Voluntary** Ciacona in f minor, P. 43

Johann Pachelbel (1653–1706)

### Welcome

**Opening Hymn** Guide me, O thou great Jehovah (*Cwm Rhondda*)

**Hymnal 690**

### Penitential Order

*One* Blessed be God who forgives all our sins.

*Many* God's mercy endures for ever. Amen

*One* Jesus said, "The first commandment is this: Hear, O Israel, God, our God, is one. You must love the Most High God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: You must love your neighbor as yourself. There is no commandment greater than these."  
*Mark 12:29–31*

*The deacon bids the confession*

Let us confess our sins to God.

*A period of silence is kept. All pray together*

God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done, and the evil done on our behalf.  
Forgive, restore, and strengthen us through our Savior Jesus Christ,  
that we may abide in your love and serve only your will. Amen.

*One* Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## Trisagion

Ho - ly God, Ho - ly and Might - y,  
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

### Collect of the Day

*Propers Working Group (2016)*

*One* God be with you.

*Many* And also with you.

*One* Together, let us pray.

Gracious God, you provide us with living water in abundance for all to share. Nourish us with this abundance, so that we may be streams of living water to those who thirst for you; through Jesus Christ, the rock of our salvation. **Amen.**

### Lesson Exodus 17:1–7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

*One* Hear what the Spirit is saying to God's people.

*Many* Thanks be to God.

### Psalms 95 sung by choir

*chant: R. Prescott Stewart*

- <sup>1</sup> O come, let us sing unto the Lord: \*  
let us heartily rejoice in the strength of our salvation.
- <sup>2</sup> Let us come before his presence with thanksgiving: \*  
and shew ourselves glad in him with psalms.
- <sup>3</sup> For the Lord is a great God: \*  
and a great king above all gods.
- <sup>4</sup> In his hand are all the corners of the earth: \*  
and the strength of the hills is his also.

- <sup>5</sup> The sea is his and he made it: \*  
and his hands prepared the dry land.
- <sup>6</sup> O come, let us worship and fall down: \*  
and | kneel before the Lord, our maker.
- <sup>7</sup> For he is the Lord our God: \*  
and we are the people of his pasture, and the sheep of his hand.
- <sup>8</sup> Today if ye will hear his voice, harden not your hearts: \*  
as in the provocation, and as in the day of temptation in the wilderness.
- <sup>9</sup> When your forefathers tempted me: \*  
proved me and saw my works.
- <sup>10</sup> Forty years long was I grieved with this generation and said: \*  
It is a people that do err in their hearts, for they have not known my ways;
- <sup>11</sup> Unto whom I swear in my wrath: \*  
That they should not enter into my rest.

**Sequence Hymn** To God with gladness sing (*Camano*)

**Hymnal 399**

**Gospel** John 4:5–42

*One* The Holy Gospel of our Savior Jesus Christ according to John.

*Many* Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I

have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

*One* The Gospel of the Lord.

*Many* Praise to you, Lord Christ.

**Sermon** The Rev'd Lynnsay A. Buehler

*A period of silence follows the sermon.*

**The Nicene Creed** *(said by all)*

We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.

For us and for our salvation he came down from heaven,  
was incarnate of the Holy Spirit and the Virgin Mary and became truly human.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## The Prayers of the People

Form VI, *Book of Common Prayer*, alt.

In peace, we pray to you O God.

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and those in need.**

For all who have died, that they may have a place in your eternal kingdom.

**For all whom we have loved, but see no more.**

For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

Let us welcome into this space our own prayers of celebration and hope ...

Let us welcome in prayers for healing and wholeness ...

Let us welcome in prayers for the Church and for the World ...

Let us welcome in prayers for those who have died and for those who mourn ...

*The one presiding concludes the prayers with the following collect for peace.*

O God, it is your will to hold both heaven and earth in a single peace. Let the design of your great love shine on the waste of our wraths and sorrows, and give peace to your Church, peace among nations, peace in our homes, and peace in our hearts; in Christ's name we pray. **Amen.**

*from A New Zealand Prayer Book (1989)*

## The Peace

*Please gently exchange the peace, perhaps with a wave or bow, as a courtesy to others.*

*One* The peace of Christ be always with you.

*Many* And also with you.

## The Liturgy of the Table

### Anthem at the Offertory

Like as the hart desireth the waterbrooks, so longeth my soul after thee, O God. My soul is athirst for God, yea, even for the living God. When shall I come to appear before the presence of God? My tears have been my meat day and night, while they daily say unto me, Where is now thy God?

words: Psalm 42:1–3

music: Herbert Howells (1892–1983)

**Presentation Hymn** Rock of ages (*Toplady*)

**Hymnal 685**

## The Great Thanksgiving

Eucharistic Prayer C, *Book of Common Prayer*

*One* God be with you.

*Many* And also with you.

*One* Lift up your hearts.

*Many* We lift them to the Lord.

*One* Let us give thanks to the Lord our God.

*Many* It is right to give our thanks and praise.

*The one presiding continues*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

## Sanctus

*Enriching Our Music 1*

Ho-ly, ho - ly, ho - ly Lord, God of pow'r and might, —

heav'n and earth are full of your glo - ry. Ho-san-na in the high - est.

The musical score consists of two systems. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature has one flat (B-flat). The first system covers the lyrics 'Ho-ly, ho - ly, ho - ly Lord, God of pow'r and might, —'. The second system covers the lyrics 'heav'n and earth are full of your glo - ry. Ho-san-na in the high - est.' The piano accompaniment features a steady bass line with chords in the right hand.

Bless-ed is the one who comes in the name of the Lord. —

Ho-san - na in the high - est, ho-san - na in the high - est.

Setting: *Missa Oecumenica*, from the *Trinitatis Choral Review*, arr. Richard Proulx,  
after Alexander Archangelsky (1846–1924), © 1999 Oregon Catholic Press.  
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*The one presiding continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, **“Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”**

After supper, he took the cup of wine, gave thanks, and said, **“Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”**

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers and Mothers: God of Abraham and Sarah, Isaac and Rebecca, Jacob, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.  
**AMEN.**

**The Lord’s Prayer**

*One* And now, as our Savior Christ has taught us, we are bold to say,

*All pray together*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power and the glory,  
for ever and ever. Amen. *The one presiding breaks the bread.*

**Fraction Anthem**

*Enriching Our Worship 1*

Lamb \_\_\_\_ of God, you take \_\_\_\_ a - way the  
sins of the world, have \_\_\_\_ mer - cy on us.  
Lamb \_\_\_\_ of God, you take \_\_\_\_ a - way the  
sins of the world, grant \_\_\_\_ us peace.

Setting: *Missa Oecumenica*, from the *Trinitatis Choral Review*, arr. Richard Proulx,  
after Alexander Archangelsky (1846–1924), © 1999 Oregon Catholic Press.  
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*The one presiding extends the following invitation to share in communion*

The Gifts of God for the People of God.

## **Announcements**

### **Post-Communion Prayer**

from *The Book of Alternative Services (Anglican Church of Canada)*

*All pray together*

God of compassion, through your Son Jesus Christ you reconciled your people to yourself. Following his example of prayer and fasting, may we obey you with willing hearts and serve one another in holy love; through Jesus Christ our Lord. Amen.

### **The Solemn Prayer over the People**

One Let us bow down before our God.

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence. Amen.

**Closing Hymn** O Love of God, how strong and true (*Dunedin*)

**Hymnal 455**

### **Dismissal**

One Our worship has concluded and now our service begins.

Let us go forth in the name of Christ.

Many Thanks be to God.

**Voluntary** Verse to play after Prayer

Anonymous British Lib. Add MS 31403

*The altar party processes out to the closing Voluntary,  
after which the people may leave the nave in silence or remain in prayer.*

## St. Bede's Prayer List

### **In our St. Bede's community, prayer has recently been requested for:**

Susan Cáceres  
Jim Helms  
Martha Robert

### **Prayer has been requested on a more long-term basis for:**

Claude Oakley	Al and Regina Studwell
Miriam Needham	Sarah Jane and Jim Ohl
Claiborne Jones	Mary Rodriguez
Margie Klein	Helen Abraham
Michele Heller	Cameron Maddox
Lynn Williams	Aree Bancroft
Jim Handsfield	Nancy Waring
Barbie Olsen	Frances Bowen
Dixie Snider	Ann Foote
David Boyd	Sue Ellen Lampros
Debhani Hernandez	

### **Prayer has also been requested for these in our wider community:**

Ed Provost, *friend of Mike and Cindy Huston*  
Dede Clemmons, *friend of Mike and Cindy Huston*  
William Gunter, *family of Doris and Jim Bushart*  
Tim and Margie Graves, *family of Doris and Jim Bushart*  
Julian Bushart, *family of Doris and Jim Bushart*  
Cristóbal Lecuna, *friend of St. Bede's*  
Brenda Wise, *friend of Suzanne Shapiro*  
Lawrence Pinson, *father of Laura Sellers*  
James Smythe, *great nephew of Molly Graves*  
Larry Sullivan, *friend of Joan Greer*  
John Borden, *friend of Joan Greer*  
Kayt Hoch, *daughter-in-law of Martha and David West*  
Reagan Koski, *friend of Beth Cannon*  
Bill Edgar, *father of Beth Cannon*  
Carol Guthrie, *sister of Ann Foote*  
Andy Matia, *friend of Ann Foote*  
Mary Robert, *sister of Martha Robert*  
Wright Coleman, *son of Jennie Couture*  
Fay Key, *friend of the St. Bede's community*  
Eleanor Pearlman, *granddaughter of Gwen Heaton*  
Anne Jones, *sister of Claiborne Jones*

### **We pray for those who have died:**

Sandy Drummond, *father of Gavin Drummond*  
George Lenaeus, *father of Julie Mizell*

### **We give thanks for those serving our country in the military:**

Josh Bowers  
Jonathan

**We give thanks for those celebrating birthdays this week**

3/9 Sherry Witt

3/10 Connie Coralli

3/10 George Shingler

3/12 Paul Werner

3/13 Aree Bancroft

Prayers of celebration for the birth of  
James Forrest Klein

On February 27

Son of Benjamin and Emmaleigh Klein

Grandson of Jody and Heidi Klein

Great-grandson of Margie Klein

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### **St. Bede's Staff**

The Very Rev'd S. Chadwick Vaughn, *Rector*  
The Rev'd Lynnsay A. Buehler, *Priest Associate*  
& *Director, The Julian of Norwich Center*  
The Rev'd Raymond Walker III, *Priest Associate*  
The Rev'd E. Claiborne Jones, *Priest Associate*  
The Rev'd Iñaki Guevara, *Deacon*  
John J. Whitt, *Organist & Choirmaster*  
Beth Cannon, *Director of Youth*  
& *Family Ministries*  
Molly Graves, *Director of Children*  
& *Family Ministries*  
Laura Pittman, *Parish Administrator*  
Ellen Hopkins, *Bookkeeper*  
Jerry Simmons, *Sexton*

### **St. Bede's Vestry**

Jim Handsfield, *Senior Warden*  
Gwen Heaton, *Junior Warden*  
Larry Bing  
Muriel Diguette  
Shane Hunziker  
Paul Martin  
Kelsey Murray  
Miriam Needham  
Martha Robert  
  
Nigel Poland, *Treasurer*  
George Shingler, *Chancellor*  
Cathe Echterhoff, *Clerk*



**ST. BEDE'S**  
EPISCOPAL CHURCH

We invite and welcome *all* to worship, serve, and grow together  
as we engage the story of the living Christ.

2601 Henderson Mill Road, NE ✕ Atlanta, Georgia 30345 ✕ [www.stbedes.org](http://www.stbedes.org)